

## Vermont Certified Area Agencies on Aging (AAA)

- **For information from anywhere in Vermont call the Senior Helpline.**  
☎ **CONTACT** 1-800-642-5119  
💻 Online at <https://www.vermont4a.org/>
  
- **Age Well**  
☎ **CONTACT** 1-800-642-5119 or 1-802-865-0360  
💻 Online at <http://www.agewellvt.org/>
  
- **Area Agency on Aging for Northeastern Vermont**  
☎ **CONTACT** 1-800-642-5119 or 1-802-748-5182  
💻 Online at <http://nekseniors.org/>
  
- **Central Vermont Council on Aging**  
☎ **CONTACT** 1-800-642-5119 or 1-877-379-2600  
💻 Online at <http://www.cvcoa.org/>
  
- **Senior Solutions-Council on Aging for Southeastern Vermont**  
☎ **CONTACT** 1-800-642-5119 or 1-866-673-8376  
💻 Online at <http://www.seniorsolutionsvt.org/>
  
- **Southwestern Vermont Council on Aging**  
☎ **CONTACT** 1-800-642-5119 or 1-802-786-5990  
💻 Online at <http://www.svcoa.org/>