



VALOR

OFFICER SAFETY AND
WELLNESS INITIATIVE

BUREAU OF JUSTICE ASSISTANCE

BJA VALOR INITIATIVE

The Bureau of Justice Assistance (BJA) helps to make American communities safer by strengthening the nation's criminal justice system. Its grants, training and technical assistance, and policy development services provide state, local, and tribal governments with the cutting-edge tools and best practices that they need to reduce violent and drug-related crime, support law enforcement, and combat victimization. To learn more about BJA, visit www.bja.gov or follow us on Facebook (<https://www.facebook.com/DOJBJA/>) and Twitter (@DOJBJA). BJA is part of the U.S. Department of Justice's Office of Justice Programs.



BJA
Bureau of Justice Assistance
U.S. Department of Justice

THE BJA VALOR INITIATIVE

The Officer Robert Wilson III Preventing Violence Against Law Enforcement Officers and Ensuring Officer Resilience and Survivability (VALOR) Initiative is an effort to improve the immediate and long-term safety, wellness, and resilience of our nation's law enforcement officers. Through a multifaceted approach that includes delivering no-cost training (professional education), conducting research, developing and providing resources, and establishing partnerships that benefit law enforcement officers, the VALOR Initiative seeks to provide our law enforcement with innovative, useful, and valuable resources and skills.

VALOR continually evolves to confront the many complex issues, concerns, and trends that law enforcement officers face and to integrate the latest research and practices to address all aspects of officer safety, wellness, resilience, and performance. These critical, ongoing, and ever-changing issues, often driven by local, state, and national events, can directly affect officers' ability to prevent or survive the rigorous challenges and threats they may face in the line of duty.

The U.S. Department of Justice and the Bureau of Justice Assistance are dedicated to helping our law enforcement officers and the communities that they serve to stay safe and well. Because officer safety and community safety are intrinsically bound, requiring a strong and positive partnership, the VALOR Initiative provides a holistic approach to addressing law enforcement officers' needs and to building those strong and positive partnerships with the communities that they serve.

COMPREHENSIVE OFFICER SAFETY AND WELLNESS

VALOR Officer Safety and Wellness Program (VALOR Program)

This is BJA's flagship officer safety and wellness program that provides in-person and Web-based training and technical assistance that focuses on recognizing indicators of dangerous situations, applying defusing techniques, implementing casualty care and rescue tactics, emphasizing professional policing standards, and improving wellness and resilience. The VALOR Program offers a suite of trainings, including Survive & Thrive™, available as one- or two-day events for all levels of law enforcement. In addition, VALOR offers a robust catalog of interactive online courses.

Field-Driven Officer Safety and Wellness Program

This training program delivers in-person and online training and resources to address wellness and safety topics not currently addressed through other VALOR Initiative programs. Resources address topics such as survivor's guilt and post-traumatic stress. The program currently offers a compassion fatigue training for officers that focuses on strengthening officer wellness.

Innovative Approaches to Strengthening Officer Wellness Program

This program delivers in-person and online trainings, tools, and resources on officer health, wellness, and safety. The program also offers a comprehensive Officer Safety and Wellness Agency Assessment tool and an Action Planning Road Map to assist agencies in implementing wellness programming.

LAW ENFORCEMENT RESILIENCE

Law Enforcement Agency and Officer Resilience Training Program

This training and technical assistance program delivers in-person and virtual resiliency concepts trainings to law enforcement. The program enhances officers' knowledge and skills in resiliency to help them deal with day-to-day challenges and stressors as well as larger critical incidents, with the goal of building more resilient officers and agencies.

LAW ENFORCEMENT SUICIDE PREVENTION

National Suicide Awareness for Law Enforcement Officers (SAFLEO) Program

This program offers a suite of in-person and online trainings and technical assistance for law enforcement that is focused on education, awareness, recognition, and prevention of law enforcement suicide. SAFLEO also provides eLearning opportunities to regularly reinforce learning concepts and uses the latest research in suicide ideation, root causes of officer suicide, risks, protective factors, and awareness in all of its resources and trainings.

National Consortium on Preventing Law Enforcement Suicide

This Consortium convenes a group of experts including researchers, sworn officers, academics, and mental health professionals to address law enforcement suicide. The Consortium has developed several resources for agencies and officers including awareness and prevention tools and recommendations on how to address and message about mental wellness and suicide.

OFFICER SAFETY AND WELLNESS RESEARCH

Using Analytics to Improve Officer Safety Program

This program seeks practical, actionable risk-reduction strategies for officers responding to calls for service. Through analysis of police incident data, the program is developing a risk assessment model to help officers in assessing risk and taking appropriate safety measures when responding to calls for service.

ROADWAY SAFETY FOR LAW ENFORCEMENT

National Law Enforcement Roadway Safety Program

This training and technical assistance program offers a suite of trainings and resources to law enforcement that focuses on a variety of traffic safety issues identified through research and data with the goal of reducing traffic-related injuries and deaths of officers.

STRENGTHENING PARTNERSHIPS

Reducing Violent Crime Campaign

This campaign is bringing awareness of the ravages of violent crime, underscoring how law enforcement and community members can work together to reduce violent crime and make their communities safer for all.

Violent Crime Reduction: Information, Messaging, and Engagement (VCRIME)

This program is a nationwide messaging, education, and community engagement program focusing on community violence reduction. To maximize the opportunity to promote its shared responsibility message, VCRIME uses a two-pronged approach: implementing an educational, messaging, and community engagement program and providing a structured implementation framework for spreading and embodying its messaging and resources at a local level.

DISCOVER WHAT THESE PROGRAMS HAVE TO OFFER

bja.ojp.gov/program/law-enforcement-officer-safety-and-wellness/overview



FOR MORE INFORMATION ON THE VALOR INITIATIVE, SCAN THE QR CODE

VALOR has conducted over **3,900** distinct trainings, including line officer, executive-/command-level, mid-level supervisor, and train-the-trainer courses. In addition, over **124,000** law enforcement individuals have been trained through the Initiative's training and technical assistance programs.

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