

# Foster Children and WIC

All foster children under age 5 are automatically eligible for WIC.

A foster child shall be considered a one person family where SCDSS is legally responsible for the child. Payments made by SCDSS for the care of the foster child shall be considered the income for the child.

WIC accepts referral data (height, length, weight, hemoglobin, etc) that is no more than 60 days old by health care providers.

WIC provides nutrition counseling tailored to meet the needs of your foster child and assigns benefits to purchase WIC-approved foods like milk, eggs, cereal, infant formula, and many more items.

## WHAT IS WIC?

WIC is a federally funded health and nutrition program that provides healthy foods and nutrition information to keep children under five healthy. WIC offers you and your foster child nutrition education, tips on healthy eating, and referrals to other health and social services.

Registered dietitians are available for high risk participants. Some special formulas are available with a prescription from a health care provider. Talk with a nutritionist for more information.

Nutrition education classes can be completed at a local clinic or online at [wichealth.org](http://wichealth.org). WIC health has more than 50 lessons in English and Spanish, 1,200 resources designed to guide parents, and so much more.

Apply for WIC now:  
1-855-4-SCDHEC  
(1-855-472-3432)

### What to bring?

- DSS foster care document
- Proof of SC residence
- Foster child or statement from health care provider.