

This brochure provides Family Independence (FI) Information and Referral Services to Supplemental Nutrition Assistance Program (SNAP) (formerly the Food Stamp Program) applicants and recipients who are below 130% of poverty.

South Carolina Department of Social Services will provide information and/or referral services to applicants that may benefit their household.

For more information, contact the Department of Social Services at:
1-888-801-1078

If you need assistance with your medical costs:

The Department of Health and Human Services may assist you in obtaining medical insurance through the Medicaid program. For more information, contact the Department of Health and Human Services, P.O. Box 8206, Columbia, SC 29202-8206 or call 1-888-549-0820.

If you need assistance in seeking child support:

The Department of Social Services can provide assistance. For more information, contact the Department of Social Services, P.O. Box 1520, Columbia, SC 29202-1520 or call 1-800-768-5858.

If you are a victim of domestic violence:

Your local domestic violence counseling agency can provide help. For more information, contact your local DSS office or the S.C. Coalition Against Domestic Violence and Sexual Assault, P.O. Box 7776, Columbia, SC 29202 or call 1-800-260-9293.

If you need assistance in securing housing:

The S.C. State Housing Finance and Development Authority can provide assistance. For more information, contact the S.C. State Housing Finance and Development Authority, 300-C Outlet Point Blvd., Columbia, SC 29210 or call (803) 896-8888.

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, religion, political beliefs, or disability.

To file a complaint of discrimination write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.

You may also file a complaint of discrimination by contacting DSS. Write DSS Office of Civil Rights, P.O. Box 1520, Columbia, SC 29202-1520; or call 1-800-311-7220, TTY: 1-800-311-7219.

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South Carolina Family Independence Information and Referral Services

Services That May Benefit Your Household

If you need nutritional assistance:

The Department of Social Services has the following programs:

- **Supplemental Nutrition Assistance Program (SNAP) (Formerly the Food Stamp Program)** – Benefits to help low-income individuals and families buy food.
- **Summer Food Service Program** – Nutritious free meals and snacks to children in low-income areas during the summer months.
- **After School Snack Program** – Nutritious snacks to children attending after-school programs in low-income areas.
- **Nutrition Education** – Classes to assist families with choosing and preparing meals that will meet their economic and health needs.
- **Child and Adult Care Food Programs** – Financial assistance to child care centers and day care homes so that they can provide nutritious meals to the children enrolled in their care.
- **Commodities Program** – Free nutritious foods distributed at food pantries throughout the state to low-income households in times of need.
- **Emergency Shelters Program** – Financial assistance to emergency shelters so that they can provide nutritious meals to children temporarily in their care.

For more information, contact the South Carolina Department of Social Services, P.O. Box 1520, Columbia, SC 29202-1520 or call 1-888-801-1078.

- The Department of Health and Environmental Control operates **WIC, a special nutrition program for Women, Infants and Children**. Vouchers are provided for specific foods needed by pregnant and/or postpartum women, infants and at-risk children up to 5 years old.

For more information, contact the Department of Health and Environmental Control, 2600 Bull Street, Columbia, SC 29201 or call 1-800-922-4406.

The Council on Aging has the following programs:

- **Congregate Meals for the Elderly** – Meals for the elderly at local sites such as housing projects and senior citizen centers.
- **Meals on Wheels** – Delivery of meals to home-bound senior citizens.

For more information, contact Health & Human Services, Office on Aging, P.O. Box 8206, Columbia, SC 29202-8206 or call 1-800-868-9095.

If you are pregnant:

The “Caring for Tomorrow’s Children” program can provide a health tips and coupon book to assist you. For more information, contact Caring for Tomorrow’s Children, Office of the Governor, 1205 Pendleton Street, Room 341, Columbia, SC 29201 or call the CARE line at 1-800-868-0404.

The Department of Health and Environmental Control may provide prenatal care. For more information, contact the Department of Health and Environmental Control, 2600 Bull Street, Columbia, SC 29201 or call the Prenatal Care Line at 1-800-868-0404.

If you are disabled:

The Department of Mental Health can provide services for individuals with mental disabilities. For more information, contact the Department of Mental Health, P.O. Box 485, Columbia, SC 29202 or call (803) 898-8581.

The Department of Disabilities and Special Needs can provide services to individuals with mental retardation, autism, head and spinal cord injury and conditions related to each of these four disabilities. For more information, contact the Department of Disabilities and Special Needs, P.O. Box 4706, Columbia, SC 29250 or call 1-888-DSN-INFO.

The Vocational Rehabilitation Department can provide services to individuals with disabilities. For more information, contact the Vocational Rehabilitation Department, P.O. Box 15, West Columbia, SC 29171-0015 or call (803) 896-6500.

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will provide information
and/or referral services
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If you need financial assistance:

The Department of Social Services has the following programs:

- **Family Independence** – Financial assistance while individuals obtain necessary tools to achieve and maintain economic independence.
- **Refugee Resettlement Program** – Financial assistance for persons who have fled their countries and are in the U.S. as refugees.

For more information regarding Family Independence, contact the South Carolina Department of Social Services, P.O. Box 1520, Columbia, SC 29202-1520 or call 1-888-801-1078.

For more information regarding the Refugee Resettlement Program, contact the South Carolina Department of Social Services, P.O. Box 1520, Columbia, SC 29202-1520 or call 1-800-922-1548.

Social Security Administration provides financial assistance to elderly and disabled individuals. For more information, contact the Social Security Administration, 1835 Assembly Street, Columbia, SC 29201 or call 1-800-772-1213.

Veterans Affairs provides financial and medical assistance to veterans of the U.S. Armed Services. For more information, contact the Department of Veterans Affairs, 1801 Assembly Street, Columbia, SC 29201 or call 1-800-827-1000.