

South Carolina Department of Social Services
DEVELOPMENTAL MILESTONES CHART

The following are developmental milestones that children attain for each age noted. These are the markers that you will look for when considering if children are on developmental age level or if there is a concern about a developmental delay.

One Month Old

- Can hold head up for several seconds,
- Look at your face,
- Gets quiet or eyes get big when hears sounds and
- Smiles.

Two Months Old

- Holds a rattle for a little while,
- Looks at lights or things that are close (8-15 inches away),
- Makes “oo” and “aa” sounds and
- Looks at you when you talk to him/her.

Three Months Old

- Interested in other people,
- Looks towards sounds,
- Smiles, laughs, and squeals,
- Turns head to look at objects moving close to face,
- Puts things in mouth, including hands and feet.

Four Months Old

- Enjoys being with people,
- Holds head up well when on tummy or held in sitting position,
- Turns head from side to side when looking at moving objects,
- Tries to turn over,
- Sits when propped up, and
- Drools (doesn't know how to swallow saliva yet).

Five Months Old

- Can hold head steady while being pulled to sitting position,
- Roll over from tummy to back,
- Looks at small objects and
- Reaches, grabs, and holds objects.

Six Months Old

- Sit with support,
- Jabbers and babbles,
- Likes to see faces hands,
- Puts objects in mouth,
- Bounce up and down when sitting,
- Bang things together, like a spoon on a pan, and
- Show fear and anger.

Seven Months Old

- Makes many new sounds with mouth and tongue,
- Can use thumb and fingers to pick up small things,
- Sits alone,
- Likes to move around, and
- May begin scooting around on tummy.

Eight Months Old

- Can drink small amounts from a cup,
- Reaches for things on purpose,
- Can pass a toy from one hand to the other,
- Likes to throw things,
- May be crawling,
- Likes to be held, and
- May be shy around strangers.

Nine Months Old

- Looks for objects that have been dropped,
- Likes to make sounds banging things together,
- May be able to find toy hidden under a pillows or cloth,
- May have favorite toy or blanket,
- Responds to his/her name, and
- Feeds self with fingers.

Ten Months Old

- Stands holding on to someone or something,
- Pulls to standing position from sitting,
- Plays peek-a-boo,
- Says “mama” or “dada.” May say one or two other words,
- Dislikes lying down unless sleepy, and
- May be afraid of things that loud noises.

Eleven Months Old

- Carefully holds and looks at objects,
- Can get to sitting position from lying down,
- Starting to understand “no,” but doesn't always obey, and
- Is interested in other babies and children.

Twelve to Fourteen Months Old

- Walks, but may still hold on to furniture,
- Likes exploring, especially open cabinets and drawers,
- Sits down without help,
- Cooperates in dressing-can put arm in sleeve, take off socks,
- Says two to four words,
- Likes to say “no,”
- Likes to eat with fingers,
- Drinks from a cup, and
- Waves bye-bye.

Fifteen to Seventeen Months Old

- Makes a tower of 2-4 blocks,
- Walks well and may be able to walk backwards,
- Says three to six words, other than “mama” and “dada,”
- Beginning to use a spoon,
- Follow simple directions,
- Points to some body parts when asked,
- Understands much of what you say; and
- May want to do things by himself/herself.

Eighteen to Twenty month old Toddler

- Walks backward,
- Throw balls,
- Says 15-20 words,
- Puts two or more words together,
- Pulls toys,
- Stacks three or more together,
- Can name simple objects or pictures in books,
- Shows affection/kisses,
- Scribbles, and
- May show interest in using the "potty."
- Physical Development
 - Weight: 20-32 pounds
 - Length: 30-37 inches
- Likes to run but cannot always stop and turn well
- Can wash hands
- Stacks 4-6 blocks
- Tosses or rolls a large ball
- Opens cabinets, drawers and boxes
- Walks up steps with help
- Begins to gain some control of bowels and bladder

Two Year Old

- Physical Development
 - Weights: 22-38 pounds
 - Height: 32-40 inches
- Has almost a full set of teeth
- Walks up and down the stairs by holding to the railing
- Experiment by touching, smelling and tasting
- Likes to push, pull, fill and dump
- Can turn pages of a book
- Scribbles with crayons or markers
- Walks without help
- Walks backwards
- Stoops and squats

Three Year Old

- Physical Development
 - Weight: 25- 44 Pounds
 - Height 34-43 inches
- Develops a taller, thinner, adult-like appearance
- Sleeps 10-12 hours at night
- Sleep through the nights without wetting the bed (occasional accidents are still quite common)
- Uses the toilet with some help (many boys may not be ready for learn until 3 and one half)
- Puts on shoes (but cannot tie laces)
- Dresses self with some help (buttons, snaps, zippers)
- Feeds self (with some spilling)
- Tries to catch a large ball
- Throws a ball overhead
- Kicks a ball forward
- Hops on one foot
- Walks short distance on tiptoe
- Climbs up and down a small slide by self
- Pedals a tricycle

Four Year Old

- Physical Development
 - Weights: 27-50 pounds
 - Height: 37-46 inches
- Uses a spoon, fork, and dinner knife skillfully
- Needs 10-12 hours sleep each night
- Dresses self without much help
- Walks a straight line
- Hops on one foot
- Pedals and steers a tricycle skillfully
- Jumps over objects 5-6 inches high
- Runs, jumps, hops, skips around obstacles w/ease
- Stacks 10 or more blocks
- Forms shapes and objects out of clay or play dough
- Threads small beads on a string
- Catches, bounces, and throws a ball w/ease