

ATTENTION SENIORS

- **ARE YOU EATING HEALTHY
NUTRITIOUS MEALS?**
- **DO YOU HAVE ENOUGH FOOD
TO LAST TO THE
END OF THE MONTH?**

If your answer is **NO**, the Department of
Social Services may be able to **HELP**.

The rules to the Food Stamp Program
have **CHANGED**.

It is now **EASIER** for you to get food stamps.

See other side for **DETAILS**.



HEALTHY HELPINGS

The U.S. Department of Agriculture (USDA) prohibits discrimination
in all its programs and activities on the basis of race, color, national origin,
gender, religion, age, disability, or political beliefs.
(Not all prohibited bases apply to all programs.)

DSS Card 3334 (MAY 01)

It is now easier to get Food Stamps.

If you have had trouble in the past, please try again.

Effective April 1, 2001, your resources **MAY** no longer keep you from getting food stamps.

You **MAY** have retirement accounts, savings accounts, own a car, own a house and still be able to get food stamps.

You **MAY** be able to deduct your medical bills, shelter costs, utility costs and work expenses from your income. This **MAY** increase the amount of food stamps you will get. If your income is low enough after these deductions, you **MAY** be eligible.

You **MAY NOT** even have to go into the office for an interview. This can be done over the telephone and will be good for two years.

Want more information?
Contact your local DSS Office

or call toll-free 1-800-768-5700
or e-mail www.healthyhelpings.org