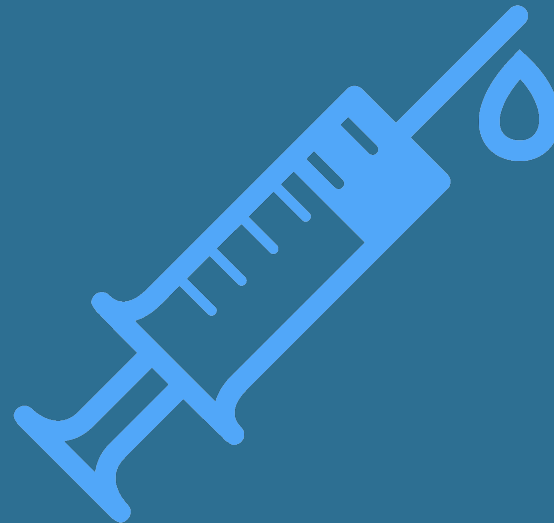


Clinical Practice Guidelines – Anal Fissure (updated recommendations include):

Anal fissure may be treated with **topical nitrates** (though headache symptoms limit efficacy) **1B**

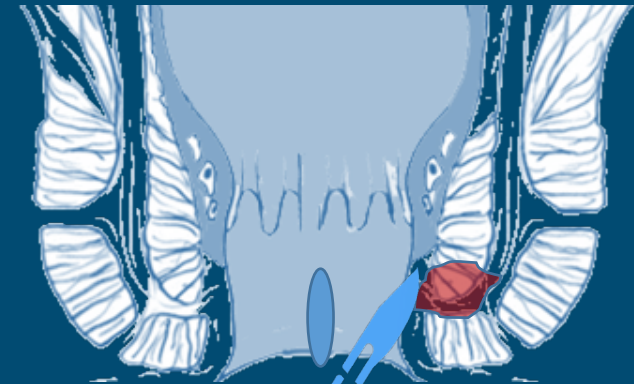


Botulinum toxin has similar results to topical therapies for chronic fissures & modest improvement in healing rates as 2nd-line Tx (following failed Tx with topical therapies) **1B**



Lateral internal sphincterotomy tailored to the length of the fissure yields similar healing rates but decreased incontinence rates

1A



Compared to topical nitrates, **Ca-Channel Blockers** have similar efficacy but superior side-effect profile, and can be used as 1st line Tx

1B



DISEASES
OF THE
COLON &
RECTUM



Dauids JS et al. *Dis Colon Rectum* 2023;66(2):190-9

