



4-H HAPPENINGS

December 2024



Hi! My name is Lucy Sorrell and I am the current Junior Vice President of the 4-H Teen Council. I have been involved in 4-H for five years and absolutely love it! I believe 4-H opens up so many opportunities such as 4-H camp, middle school retreats, clubs and much more. You get to participate in new activities, make new friends and the list goes on! I highly recommend joining our local 4-H!



The Harrison County Extension Office will be Closed December 25 - January 1

Happy Holidays

4-H Gingerbread House Contest

Categories

From a Kit:	From a Scratch:
Cloverbud (ages 5-8)	Cloverbud (ages 5-8)
Junior 4-H (ages 9-13)	Junior 4-H (ages 9-13)
Senior 4-H (ages 14-18)	Senior 4-H (ages 14-18)
Adult (ages 19+)	Adult (ages 19+)

Entries accepted December 2 - December 13
 Judging on December 16
 All entries to be picked up from December 17 - 20
 any entries left after this time will be discarded



Shannon Farrell
4-H Agent
shannon.farrell@uky.edu

CONTACT US

Harrison County Extension Office
668 New Lair Road,
Cynthiana, KY 41031
859-234-5510



Holly Laytart
4-H Program Assistant
holly.laytart@uky.edu

Cooperative Extension Service

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MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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Disabilities accommodated with prior notification.

Livestock Judging

Join the experience:

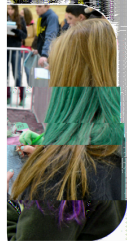
- Teamwork
- Evaluation
- Field Trips
- Competitions

***Ages 9-18 as of Jan. 1, 2025

Practice starts:

Wednesday, December 17th
6-7 PM

Harrison Extension Office



OR SCAN HERE!



4-H Art Club

4-Hers, 9-18 years old, who would like to join the 4-H Art Club at the Extension Office on Friday, December 13th from 3:30-4:30 (led by teen leaders from HCHS National Art Honor Society) and Mrs. Troxell, please visit:

<https://www.signupgenius.com/go/30E0B4DAC A72BA4F49-53275681-4hart>

Want to get a
jump start on
4-H Projects
for the county
fair?



Scan here for the
county fair
project packet



Or email/stop by office for packet

Perfect things to do on
snow days and school
breaks.

Plus, all fair entries will
receive premium money!!!

***HARRISON COUNTY FAIR
WILL BE IN JULY**

WELLNESS WORKSHOP

STRESS
ANXIETY

What: Wellness Workshop

When: Wednesday, December 17th 6:30-8:00 PM

Where: Harrison Extension Office

Who: 13-18 Year Olds

Goal: Improve teen's self-awareness of emotional wellbeing and provide educational tools to cope with managing stress.

What to Expect:

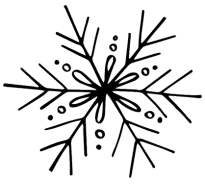
Part 2 - Therapeutic Yoga

Sign up at this link:

<https://www.signupgenius.com/go/30E0B4DACA 72BA4F49-53309414-wellness>

Or scan here





Community Corner

Spanish Resources



MCTC



LIBRARY



CHAMBER OF COMMERCE

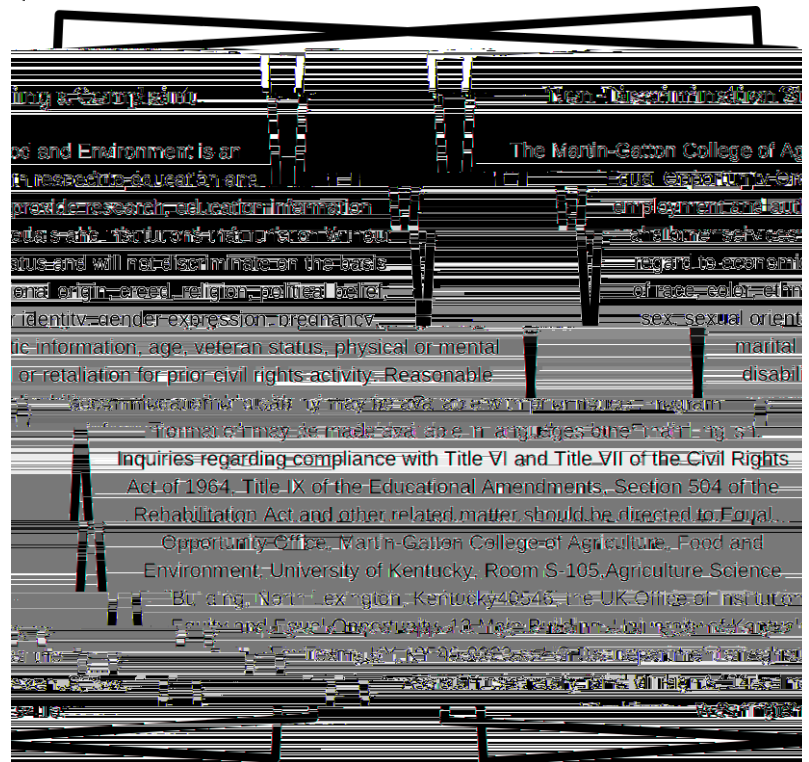


Check out what's happening in our community! Use your smart phone camera to scan the QR codes to be directed to the organization's separate website.

HC EXTENSION



As a reminder if you have not filled out a Green Sheet for new enrollment or a Blue Sheet for return enrollment this year, please do so to ensure that you are getting all messages and information about your selected clubs.



Sorghum Gingerbread Pear Muffins

1 cup whole-wheat flour	½ teaspoon ground ginger	½ cup sorghum syrup
½ teaspoon baking powder	¼ teaspoon salt	½ cup unsweetened applesauce
½ teaspoon baking soda	1 egg	1 pear, peeled, cored, and diced
½ teaspoon ground cinnamon	½ cup buttermilk	

Preheat oven to 375 degrees F. Grease 12 muffin cups or line with paper liners. In a mixing bowl, combine the flour, baking powder, baking soda, cinnamon, ginger, and salt. In a separate bowl, mix together the egg, buttermilk, sorghum syrup and applesauce until smooth. Add the egg mixture to the flour mixture and combine until the batter is just moistened. Gently fold in the diced pears. Fill the muffin cups with the

mixture. They will be full. Bake in the preheated oven until a toothpick inserted in the center of a muffin comes out clean, about 20 minutes. Yield: 12 muffins. Serving size, one muffin. Nutritional Analysis: 90 calories, 1g fat, 0g saturated fat, 0g trans fat, 15mg cholesterol, 140mg sodium, 20g carbohydrate, 2g fiber, 13g total sugars, 10g added sugars, 2g protein

4-H Summer Camp

Save the Date!!!

MAY 26-30, 2025

4-H Club Meetings

DECEMBER 2024



SUN	MON	TUE	WED	THU	FRI	SAT
1	2 4-H Skillathon 4:00-5:00	3	4 4-H Teen Council 3:30 - 4:30 pm 4-H Crochet 3:30 - 5:00 pm 4-H Tabletop Farming 5:00-6:00	5 4-H Horse Club 3:30 - 4:30 pm	6 Jr. Homemaker Club 3:30 - 5:00pm	7 4-H Knitting 10 am - noon
8	9 4-H Skillathon 4:00-5:00 4-H Cooking Club 3:30 - 5:00pm *ages 5-18	10	11 4-H Livestock Judging 6:00-7:00	12 4-H Embroidery 3:30 - 5:30pm 4-H Dog Club 6 - 7 pm	13 4-H Art Club 3:30 - 4:30 pm Ages 9-18 *Requires RSVP	14 4-H Knitting 10 am - noon
15	16 4-H Skillathon 4:00-5:00 4-H Poultry Club 5 - 7 pm	17 4-H Livestock Judging 6:00-7:00	18 4-H Wellness Workshop; 4-5:30 4-H Horticulture 3:30 - 4:30pm 4-H Crochet 3:30 - 5:00 pm	19 4-H Rabbit Club 5 - 7 pm	20	21 4-H Knitting 10 am - noon
22	23	24	25	26	27	28
OFFICE CLOSED FOR HOLIDAYS						
29	30	1	2	3	4	5
OFFICE CLOSED FOR HOLIDAYS						