



# *The Newspaper*

**University of Kentucky  
Department of Neurology  
August 2021**

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## Publications



Ebong IM, Spector AR. Words and Actions: Ensuring That an Equity, Diversity, Inclusion, and Anti-racism Pledge Promotes Meaningful Change. *Neurology*. 2021 Sep 2:10.1212, Epub ahead of print.

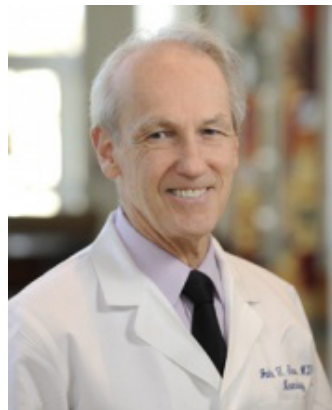
## Invited Speaker



Sally Mathias, MD, was invited to speak at the KY School Nurses Annual Conference. She presented, "Psychogenic Seizures vs Epileptic Seizures: Recognition and Treatment."

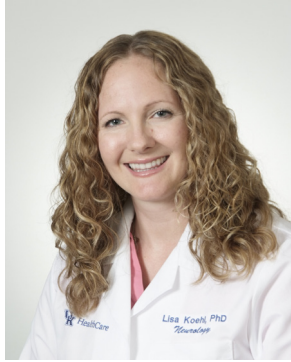
## Faculty Achievements

### VAMC Recognition



John Slevin, MD, MBA, was recognized by the VA Medical Center for 40 years of federal service.

## Faculty Achievements Cont.



Lisa Koehl, PhD, was accepted into the Provider Emerging Leader Program (PELP).



Ann Stowe, PhD, was accepted into the College of Medicine Leadership Academy.



Jessica D. Lee, MD, was selected to be the Department Quality and Safety Program Officer (DQSPO).

## Associate Dean for Clinical Research



Larry B. Goldstein, MD, Professor and Chair, was named the Associate Dean for Clinical Research.

As associate dean, Dr. Goldstein will oversee clinical research infrastructure and space; partner with clinical chairs to establish and expand on research goals; develop clinical research mentorship opportunities and enhance pipeline programs; and provide support and guidance to clinical research faculty, staff, and learners, among other responsibilities.



## Grants



Amanda Glueck, PhD, received an Early Career Investigator NRPA Pilot Grant for her study entitled, "Mixed reality training for chronic stroke patients (Merit)." The study team included Kara Kennedy, DO. Larry Goldstein, MD, will be acting as her faculty mentor.



Ann Stowe, PhD, received an NIH R56 Award, "Biomarkers to track effective interventions that delay dementia onset in participants of the risk reduction for Alzheimer's Disease (rrAD) trial."

## Staff Achievements



Emily Ashcraft, BA, R.EEGT, was accepted into the Executive Leadership Program.

## Staff Achievements Cont.



Brittany Young, APRN, was accepted into the Provider Emerging Leader Program (PELP).

Stephanie Gerall BSN, RN, CNML, Patient Care Manager Neuroscience Services, was accepted into the Executive Leadership Program.

## UK HealthCare Achievement Stroke Gold Plus award

American Heart Association.  
**Target: Stroke™**

American Heart Association.  
**Get With The Guidelines.  
Stroke**

The American Heart Association and American Stroke Association proudly recognizes

**University of Kentucky Hospital**  
Lexington, KY

**With The Guidelines® - Stroke GOLD PLUS with Honor Roll Elite Plus and Target: Type 2 Diabetes Honor Roll Achievement Award Hospital**

American Heart Association and American Stroke Association recognizes this hospital continued success in using the **Get With The Guidelines®-Stroke, Target: Stroke™** and **Target: Type 2 Diabetes** programs.

Thank you for applying the most up-to-date evidence-based treatment guidelines to improve patient care and outcomes in the community you serve.\*

  
Nancy Brown  
Chief Executive Officer  
American Heart Association

  
Donald M. Lloyd-Jones, MD, ScM, FAHA  
President  
American Heart Association

\*For more information, please visit [Heart.org/GWTGQualityAwards](http://Heart.org/GWTGQualityAwards).



## Seen and Heard



Julie Gurwell, PA-C, PhD, and Brittany Young, MSN, AGACNP-BC, APRN, were featured in *Neurology Today* in an article entitled, "On Training and Retaining Advanced Practice Clinicians in Neurology."



Sally Mathias, MD, was on a healthcast/podcast and presented, "Managing Epilepsy/Seizures in Women of Reproductive Age."



Daniel O. Lee, MD, did an interview with Spectrum Science on the new guidelines set for restless leg syndrome.



Jay Avasarala, MD, PhD, wrote an article in the Multiple Sclerosis section of the American Academy of Neurology Synapse, under Food for Thought. The article was entitled, "Diagnostic criteria for PML - time for new guidelines?"

## Seen and Heard Cont.

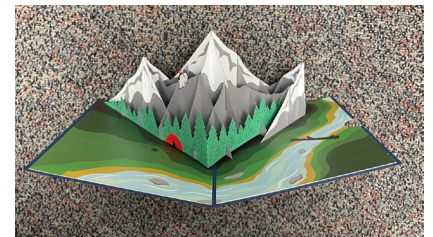
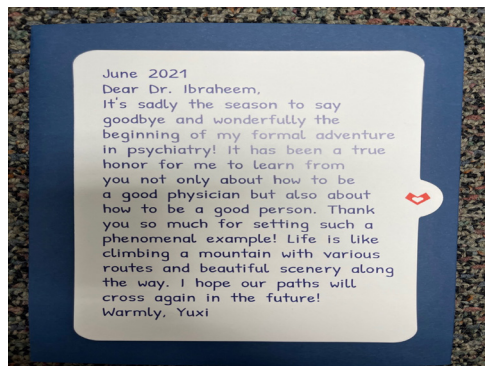


Meriem Bensalem-Owen, MD, was featured in *Neurology Today* in an article entitled, "The neurologists' verdict on the virtual meeting. Should it stay or should it go?" [Click here](#) to read the full article.

## Faculty Kudos



Zabeen Mahuwala, MD, wanted to add this nice note to the newspaper: "Thanks to Dr. Saurav Das who saved my evening, stepped in to help out at the resident clinic on August 3rd, as Dr. Ibraheem had to step away with his full show in clinic. It was an unusually busy afternoon with lengthy patient care discussions. Really appreciate this helpful gesture from both Dr. Das and Dr. Ibraheem."



Mam Ibraheem, MD, MPH, has received several notes from UK students, trainees, and alumni over the last 4 years with UK. He particularly wanted to spotlight a note he received from student Yuxi Zhang.



## Resident Kudos



Patricia Bacus, MD, PGY 1, received the BRONZE Award from the STAR Program. Erich Maul, DO, MPH, Chief, Division of Hospital Pediatrics Medical Director, Acute Care and Progressive Care, selected Dr. Bacus to receive the award.

## Departmental Trainee of the Month - August



**Rani Vasireddy, MD, PGY 2**

**Some of comments supporting this recognition:**

"Significant help with Epic signout process."

Dr. Vasireddy presented "Billing and Coding" to our residents (teamwork with Coding staff at UK and Dr. Jessica Lee).

She was selected for several UK GME committees, including the Education Committee, Review of Research Involving Housestaff, and is a GME resident elected representative. In addition, she was selected for the 2021 Resident Education

Program of the American Headache Society.

She volunteered to mentor a Neurology Acting Intern, and a Neurology incoming intern.

Dr. Vasireddy is actively involved in wellness activities, including helping to create a wellness video. She has been involved in a variety of research related activities, including projects on autoimmune epilepsy, DBS in epilepsy, and COVID vaccine status in epilepsy. She presented 2 AAN posters in 2020.



## Philanthropy

### Robert J. Baumann, MD Resident Endowment Fund

The endowment was established in honor of Dr. Baumann's skills as a clinician and educator. It provides much needed funding for resident learning opportunities and research-related needs that are not otherwise supported.

Education is one of the core missions of our department - we are always looking for ways to improve the curriculum and educational opportunities we provide. Our goal is to continue to attract the highest caliber trainees to our programs, provide comprehensive neurological education, and increase the number of neurologists available in the commonwealth capable of providing cutting edge patient care and who are dedicated to life-long learning. In 2015, the Robert J. Baumann, MD Fund for Neurology Residents was established to help us support our goals for the neurology resident program. Dr. Baumann has been a familiar face among neurology residents at the University of Kentucky for four decades. Dr. Baumann truly embodies the teaching mission of our department. His devotion to the field of medicine and training the next generation of providers is truly second to none.



In keeping with Dr. Baumann's passion for providing a strong medical education, the endowment will bolster the continued expansion of the Residency Program and ensure that our trainees have a well-rounded experience, positioning us to be among the best, and most sought out programs in the United States. Please consider contributing to the continued growth of our program and making an impact on future neurology residents by making a gift to the Robert J. Baumann MD Fund for Neurology Residents. All donations will be acknowledged and are tax deductible.

Donations can be made by contacting our Director of Philanthropy, Lisa Deaton Greer. (859-323-5374 or [lisa.greer@uky.edu](mailto:lisa.greer@uky.edu)) or by clicking here <https://neurology.med.uky.edu/neurology-alumni>.

# Wellness and Support Resources



## Wellness



## Support

The Department of Neurology provides access to various services designed specifically for faculty and trainees to receive support in dealing with the unique needs of individuals. Counseling services can help identify and resolve problems related to work, personal, career or relationships.

- [Physician Support Line](#)
- [Lexington Medical Society Physician Wellness Program](#)
- [UK Work-Life Counseling](#)
- [UK REFER Program](#)
- [Emergent Psychiatry Services](#)
- [The Ridge Behavioral System](#)

## Diversity & Inclusion



## Statement for Equity, Diversity and Inclusion

As healthcare providers, we have an obligation to do no harm. But our obligations go further to prevent harm from befalling others because of our inaction or silence. We can no longer be idle while vestigial institutions and implements of racism that perpetuate inequity remain intact. Silence for the sake of avoiding an uncomfortable truth is not acceptable and it was never acceptable. Indifference to racism makes us complicit in systems that have oppressed, marginalized, and scapegoated people for generations. In a country long heralded as the land of the free, being Black or a member of an underrepresented minority group cannot be a disqualification for enjoying the rights and privileges afforded to others.

Racism and social injustice in the United States claimed the lives of George Floyd, Breonna Taylor, Ahmaud Arbery, and countless other persons of color. Breonna Taylor, a fellow Kentuckian, UK alumna, and healthcare provider, died at the hands of people who are supposed to be keepers of the peace. Violence is but one facet of the chronic and pervasive racism that has plagued our communities. Medicine is not immune to the consequences of our nation's inequities; they affect us, our colleagues, and our patients and impair our ability to provide comfort and care. As healthcare providers, we begin addressing symptoms such as implicit bias and healthcare disparities by recognizing that they stem from hundreds of years of oppression.

We proudly stand with other members of the medical community and proclaim Black Lives Matter. We stand with the people of color and others in our community and across the United States in denouncing the abhorrent treatment that Black people, other persons of color, and other underrepresented groups have endured. We stand with others who pledge to be anti-racist and who work to tear down the pillars of institutional racism. As a Department, UK Neurology is committed to equity, diversity, and inclusivity. With only 3% of Neurologists being Black or African American and only 7% Hispanic-Latino, in an effort to counter decades of neglect, we commit to recruiting colleagues from underrepresented groups and ensuring that they thrive in an environment that is free from racism and bigotry. We commit to supporting young, underrepresented persons in our community so that we can have greater diversity among physicians in our field in the future. We must do better. We will do better.

## Events

### Welcome New Neurologists



Fatai Akemokwe, MD, PGY 1, his wife Misan, and siblings, Ethan and Salma, welcomed baby brother Eric Oritsetimeyin Akemokwe on August 6.



Shweta Mashni, MD, PGY 1, and her husband Abe Mashni, welcomed their first child, Niam who was born on July 14.



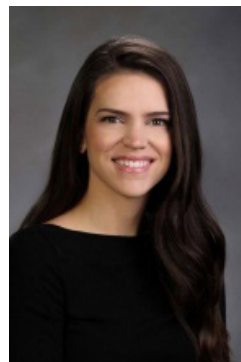
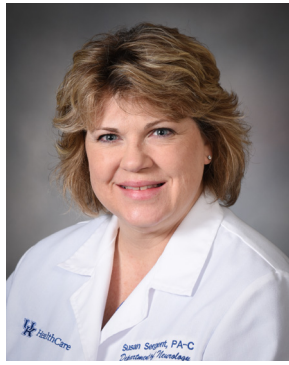
Priyanka Yadav, MD, (2015-2019), and her husband, Yatin Patel, welcomed their first child, Avik Patel, born June 28, at 7lb 3 oz.





## Events Cont.

### Donations to the Lexington Rescue Mission



Susan Sergent, PA-C, led the way with the other APP's, Lindsey Noll, PA-C, Katie Brown, PA-C, Jennifer Vice, PA-C, Darcy Taddeo, PA-C, Kenneth Baker, APRN, Maryam Mosharraf, APRN, Shasta Kessler, APRN, Brittany Young, APRN, and Lauren Ridgway, PA-C, who collected kitchen items, bathroom/bedroom items, cleaning supplies, garbage bags, and food in pop-top cans for the Lexington Rescue Mission.





## Events Cont.

### Natalie's Closet



The APP's also collected 20 bags and purchased women's personal items to be delivered to Natalie's Closet, an organization for at risk women.

### Residents Name their Laptops



The Neurology Department Education office provides laptops for our residents. A few of them decided to give their laptops a name. Meet Charcot, Duchenne, Galen, Miller Fisher, and Bell.

### Resident Outing



## Save the Dates



The poster features a blue background with a green wave-like graphic. At the top left are the logos for 'U of KY HealthCare' and 'NORTON HEALTHCARE'. Below them is the text 'STROKE CARE NETWORK'. At the top right is a green circular logo with a white lotus flower. The main text reads 'REGISTRATION NOW OPEN FOR THE 2021 SUMMIT!'. Below this is 'REGISTER HERE:' followed by the URL 'https://www.cecentral.com/live/21005' and a QR code. At the bottom, it says 'Stroke Care Network Virtual Summit' and 'October 14<sup>th</sup> and 15<sup>th</sup>, 2021'. The title of the summit is 'Cerebrovascular Disease: A Fresh Look at an Old Problem'.

U of KY HealthCare NORTON HEALTHCARE

STROKE CARE NETWORK

REGISTRATION NOW OPEN FOR  
THE 2021 SUMMIT!

REGISTER HERE:

<https://www.cecentral.com/live/21005>

Stroke Care Network Virtual Summit  
October 14<sup>th</sup> and 15<sup>th</sup>, 2021

Cerebrovascular Disease: *A Fresh Look at an Old Problem*

Rachel Ward-Mitchell, RN, BSN, would like to invite you to the virtual epilepsy support group meeting every other week via Zoom. This meeting will replace the in-person monthly meeting for now. If you would like to join the meetings please contact Rachel at 859.218.5053 or through Central Kentucky Epilepsy Network <https://www.facebook.com/CentralKentuckyEpilepsySupportNetwork>.

Please submit contributions for the September  
Newspaper to Lee Anne Rudd, ([lee.rudd@uky.edu](mailto:lee.rudd@uky.edu)).