

The Newspaper

University of Kentucky
Department of Neurology
February 2021

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Publications

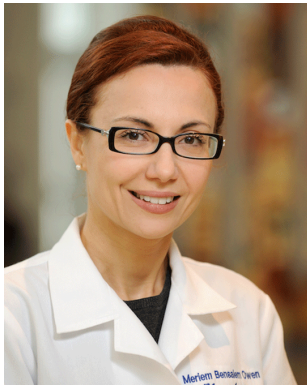


Goldstein SA, Goldstein LB. Neurologic complications of congenital heart disease in adults. *Handbook of Clinical Neurology*. 2021;177:15-22.

Larry B. Goldstein, MD, was featured in UKNow for a commentary he wrote for *JAMA*, "Screening for Asymptomatic Carotid Artery Stenosis: lack of clinical benefit, potential for harm," *JAMA* 2021; 325;443-444.

Meetings

American Clinical Neurophysiology Society



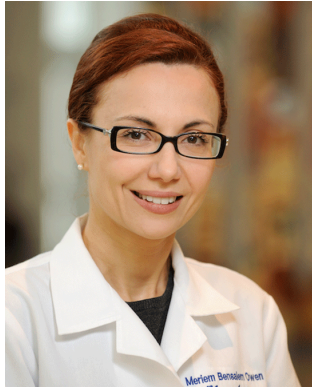
Meriem Bensalem-Owen, MD, had a very busy meeting. She co-chaired the ACNS Annual Courses. She also co-directed the course on Video-EEG cases, moderated the clinical epilepsy poster tour, and served as moderator for the career development panel breakout, "How to Set Up a Clinical Neurophysiology Laboratory." She presented the treasurers report for the ACNS annual business meeting.

Faculty Achievements



Larry Goldstein, MD, will begin a 2-year term on the American Academy of Neurology (AAN) Board of Directors, following the Annual Meeting in April.

Faculty Achievements Cont.



Meriem Bensalem-Owen, MD, was elected to serve as the President of the Board of Directors of the Epilepsy Foundation of Kentuckiana (EFKY).



Sally Mathias, MD, was appointed to serve as a member of the American Clinical Neurophysiology Society's Resident/Fellow Education Committee for a 1 year term.

Awards

Academy of Medical Educator Excellence in Medical Education Awards

Congratulations to this year's award winners, whose excellence reflects our department's dedication to our educational mission.



Mentoring



Leadership



Teaching

Awards Cont.

Academy of Medical Educator Excellence in Medical Education Awards Cont.



Teaching



Mentoring



Teaching



Teaching
& Mentoring



Teaching



Teaching



Mentoring



Teaching

Faculty Kudos



Gregory Jicha, MD, PhD, has been recognized as a 2020 Honored Caregiver through UK's Expressions of Gratitude Program. Honorees recently received a congratulatory communication from Dr. Mark Newman and Dean Robert DiPaola.

The program launched at the beginning of 2020 and gives our grateful patients and family members a way to recognize a caregiver while also supporting initiatives here at UK HealthCare.



Daniel Lee, MD, received a Silver STAR award from Dr. Jessica Lee, she wrote:

"Dr. Daniel Lee is a true servant leader. Always a shining star, Daniel has gone above and beyond that expected of any clinician or Medical Director. He addresses-- personally-- patient complaints regarding the KNI Ambulatory Clinic, often making phone calls to patients and families well into the evening.

During this recent winter storm event, he offered to see other providers' patients who might physically show up in the clinic, just so that many providers did not have to risk the unsafe driving

conditions (Unsure how many, if any, took him up on this offer, but the fact that he even made the offer is a true testament to his level of teamwork and respect for others.) He also proactively worked with clinic staff to convert as many patients to Telehealth as possible. Finally, he personally checked on staff to make sure that they arrived to clinic safely, asking if they needed assistance getting home. I can think of no stronger example of our DIRECT values than Daniel."

Larry Goldstein, MD, also selected Dr. Daniel Lee to receive the Silver STAR award. Dr. Goldstein wrote:

"During the very hazardous conditions during the snow/ice storm, Dr. Lee took the time to talk with patients in the KNI Clinic waiting area who kept their appointments despite the weather. He then also wrote his colleagues that he would stay in clinic the next day and volunteered to see any of the few patients who came so they would not need to seek transportation to the clinic and could stay safely at home. He provided his cell number to offer any assistance he could provide. His actions not only provided immediate benefit to our patients and his colleagues, but reinforces our department's collaborative, supportive environment."

Faculty Kudos Cont.



Kara Kennedy, DO, received the Bronze STAR award from Dr. Larry Goldstein.

Dr. Goldstein wrote:

"On a weekend day off, our Stroke Service had 49 patients with only one attending physician available. Dr. Kennedy volunteered and came in to round on Stroke Service patients in the Neurologic Intensive Care Unit and on the Stroke Consult Service. Her actions supported her colleagues, helped to optimize patient care, and reflected both DiRECT and our departmental values."

Dr. Kennedy also received an eCard for Teamwork from Dr. Jessica Lee. Dr. Lee wrote:

"I just wanted to thank you for voluntarily giving up your weekend day last Sunday to help Ayman out when the stroke census was so high. That was incredibly kind and thoughtful of you, and he sincerely appreciated it. I'm grateful to work with amazing colleagues!"



Edward Kasarskis, MD, volunteered to work at the COVID 19 clinic in early February, his table vaccinated about 120 people in over 5. The students pictured with him are Vanessa Fu on the left and Carter Baughman on the right.

Trainee of the Month December



Fawad Yousuf, MBBS, PGY 4

Collective Responsibility/Teamwork

"Dr. Yousuf exemplified teamwork by stepping up to cover gaps due to COVID with no complaints."

Caring/Excellence

"Dr. Yousuf brings a lot of positivity in the program."

"Clinically, he is very strong, reliable and thorough."

"Dr. Fawad Yousuf showed outstanding performance on the Child Neurology inpatient service. He was the senior resident on the team, and as an off-service resident, took great responsibility for the care of all the patients. He is very reliable and did an excellent job making sure new interns understood what their patients needed. His knowledge base is above what is expected for his level of training, and he does an excellent job at communicating with all members of the care team, as well as patients and families. Good work, Dr. Yousuf."

"Dr. Yousuf was the primary resident caring for a very complex patient with a parent who is well versed with UK and the number of healthcare workers who see patients during a hospital visit. However, she said the Neurology team and resident were on their "A" game! Everyone from Neurology who entered the room and interacted with the patient/mom knew his history very well, everyone was extremely respectful and also the plan made a lot of sense."

Trainee Kudos



Molly Bates, MD, PGY 1, and Chintan Rupareliya, MD, PGY 3, along with Greg Jicha, MD, the attending, received a nice comment from a patient through Susan Sergent, PA-C, at their hospital follow-up visit. The patient told Ms. Sergent that she received good care from her care team during her hospital stay.

Trainee Kudos Cont.



Gabriela Keeton, MD, PGY 3

Jessica Lee, MD, wrote:

"I just wanted to take the time to thank you for your engagement in the ABC workgroup. You have been an invaluable member of the team, which has been noted by many in the group! Your work on the STITCH template for the residents has been so helpful. I just wanted to thank you for all that you do!"

Padmaja Sudhakar, MD, wrote:

"Thank you for being an excellent resident and a great team player."



Kyle Darpel, MD, PGY 4, received a Silver STAR award for Teamwork from Dr. Zain Guduru.

Dr. Guduru wrote:

"Thank you for all you have done this academic year for our residency program. You have displayed excellent leadership skills as Chief Resident and did way above and beyond the expectations. Every resident in the program appreciates your help, teamwork approach and hardwork. Thank you and excellent work."

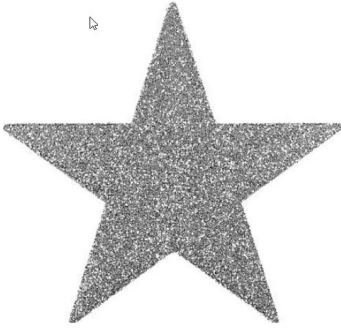
Dr. Darpel also received an eCard Full of Thanks from Dr. Padmaja Sudhakar, Dr. Sudhakar wrote: "Excellent team player and leader."



Patricia Olson, MD, PGY 3, was recognized by Dr. Jessica Lee for her Teamwork. Dr. Lee wrote:

"I just wanted to take the opportunity to say thank you for your participation in the ABC workgroup. You have been an invaluable member of the team, and it is much appreciated! Thank you for all of your efforts surrounding the inpatient thrombectomy alert in particular. And congratulations on your Resident of the Month Award! Well deserved!"

Staff Kudos



Ashley Cowan, Patient Service Coordinator, received a Silver STAR award from Dr. Mam Ibraheem. Dr. Ibraheem wrote:

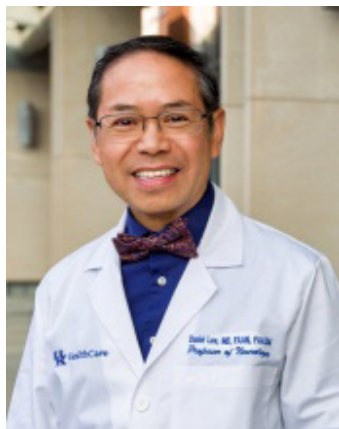
"Over 2 years, I have observed my wonderful colleague, Ms. Ashley Cowan demonstrating genuine authentic respectful interactions, compassion, collaborative teamwork, work ethics, flexibility, and dependability in doing amazing job. Before, Ms. Cowan was assigned to help me as a "Patient Service Coordinator", I struggled with keeping abreast of my dynamic schedule as a clinical

faculty. She was critical in helping me interact and timely address my patients' related requests and keeping my schedule accurate and updated. She has worked tirelessly to make my life easier as a faculty. I highly value her wonderful personality, traits, and habits. She has consistently demonstrated excellent competence and great moral values and characters consistent with UK organization values of Teamwork, Respect, and Compassion. Ashley, your help was critical for me as a clinical faculty to continue providing quality patient-centered care in our medically underserved state."

Seen and Heard



Meriem Bensalem-Owen, MD, and her team, Rachel Mitchell-Ward, Susan Hollar, Micah Philpot, and Julie Youssefi, MD, were featured in UK HealthCare, We are the Proof. [Click here](#) to read the article.



Daniel Lee, MD, was invited to speak on the TODAY show Thursday February 25, to discuss sleep disturbance among COVID patients.

Philanthropy

Robert J. Baumann, MD Resident Endowment Fund

The endowment was established in honor of Dr. Baumann's skills as a clinician and educator. It provides much needed funding for resident learning opportunities and research-related needs that are not otherwise supported.

Education is one of the core missions of our department - we are always looking for ways to improve the curriculum and educational opportunities we provide. Our goal is to continue to attract the highest caliber trainees to our programs, provide comprehensive neurological education, and increase the number of neurologists available in the commonwealth capable of providing cutting edge patient care and who are dedicated to life-long learning. In 2015, the Robert J. Baumann, MD Fund for Neurology Residents was established to help us support our goals for the neurology resident program. Dr. Baumann has been a familiar face among neurology residents at the University of Kentucky for four decades. Dr. Baumann truly embodies the teaching mission of our department. His devotion to the field of medicine and training the next generation of providers is truly second to none.



In keeping with Dr. Baumann's passion for providing a strong medical education, the endowment will bolster the continued expansion of the Residency Program and ensure that our trainees have a well-rounded experience, positioning us to be among the best, and most sought out programs in the United States. Please consider contributing to the continued growth of our program and making an impact on future neurology residents by making a gift to the Robert J. Baumann MD Fund for Neurology Residents. All donations will be acknowledged and are tax deductible.

Donations can be made by contacting our Director of Philanthropy, Lisa Deaton Greer. (859-323-5374 or lisa.greer@uky.edu) or by clicking here <https://neurology.med.uky.edu/neurology-alumni>.

Wellness and Support Resources



Wellness

[UK COLLEGE OF MEDICINE RESOURCES](#)

[WORKPLACE SAFETY](#) [PHYSICAL WELLNESS](#) [CHILDCARE](#) [FINANCIAL HEALTH](#)

[PHYSICIAN WELLNESS](#) [DIVERSITY & INCLUSION](#) [SPIRITUAL](#) [ABUSE](#)

[VICARIOUS TRAUMA TOOLKIT](#) [ADDITIONAL RESOURCES](#)

Support

The Department of Neurology provides access to various services designed specifically for faculty and trainees to receive support in dealing with the unique needs of individuals. Counseling services can help identify and resolve problems related to work, personal, career or relationships.

- [Physician Support Line](#)
- [Lexington Medical Society Physician Wellness Program](#)
- [UK Work-Life Counseling](#)
- [UK REFER Program](#)
- [Emergent Psychiatry Services](#)
- [The Ridge Behavioral System](#)

Diversity & Inclusion

[DIVERSITY & INCLUSION](#) [DIVERSITY](#) [OFFICE FOR INSTITUTIONAL DIVERSITY](#) [BUILDING THE NEXT GENERATION](#)
ROBERT S. DIPADLA, MD GME UNIVERSITY OF KENTUCKY OF ACADEMIC PHYSICIANS



Statement for Equity, Diversity and Inclusion

As healthcare providers, we have an obligation to do no harm. But our obligations go further to prevent harm from befalling others because of our inaction or silence. We can no longer be idle while vestigial institutions and implements of racism that perpetuate inequity remain intact. Silence for the sake of avoiding an uncomfortable truth is not acceptable and it was never acceptable. Indifference to racism makes us complicit in systems that have oppressed, marginalized, and scapegoated people for generations. In a country long heralded as the land of the free, being Black or a member of an underrepresented minority group cannot be a disqualification for enjoying the rights and privileges afforded to others.

Racism and social injustice in the United States claimed the lives of George Floyd, Breonna Taylor, Ahmaud Arbery, and countless other persons of color. Breonna Taylor, a fellow Kentuckian, UK alumna, and healthcare provider, died at the hands of people who are supposed to be keepers of the peace. Violence is but one facet of the chronic and pervasive racism that has plagued our communities. Medicine is not immune to the consequences of our nation's inequities; they affect us, our colleagues, and our patients and impair our ability to provide comfort and care. As healthcare providers, we begin addressing symptoms such as implicit bias and healthcare disparities by recognizing that they stem from hundreds of years of oppression.

We proudly stand with other members of the medical community and proclaim Black Lives Matter. We stand with the people of color and others in our community and across the United States in denouncing the abhorrent treatment that Black people, other persons of color, and other underrepresented groups have endured. We stand with others who pledge to be anti-racist and who work to tear down the pillars of institutional racism. As a Department, UK Neurology is committed to equity, diversity, and inclusivity. With only 3% of Neurologists being Black or African American and only 7% Hispanic-Latino, in an effort to counter decades of neglect, we commit to recruiting colleagues from underrepresented groups and ensuring that they thrive in an environment that is free from racism and bigotry. We commit to supporting young, underrepresented persons in our community so that we can have greater diversity among physicians in our field in the future. We must do better. We will do better.

Events

50 Years of Service

Robert Baumann, MD



Baumann Receiving Lifetime Achievement Award After Nearly 50 Years Dedicated to Child Neurology

Dr. Baumann was featured in UKNow regarding his upcoming award for 50 years of service. Below are some of the comments he received from friends, family, and peers!

Congratulations!

It is truly an honor and a pleasure to work alongside you! Ruta

Mazel Tov!!! Frederick A. Schmitt

Congratulations, Bob, on an amazing career! So proud to know you as colleague and friend! Jessica Lee

Having my office opposite Dr. Baumann's has been a blessing, my thought always improved with challenging thoughts and words of wisdom that make me better. Thank you very much for your continued mentorship. Congratulations. Sid

Congratulations, Dr. Baumann. Thank you so much for your teaching and mentorship. We are truly fortunate to have you as part of this team. -Ima

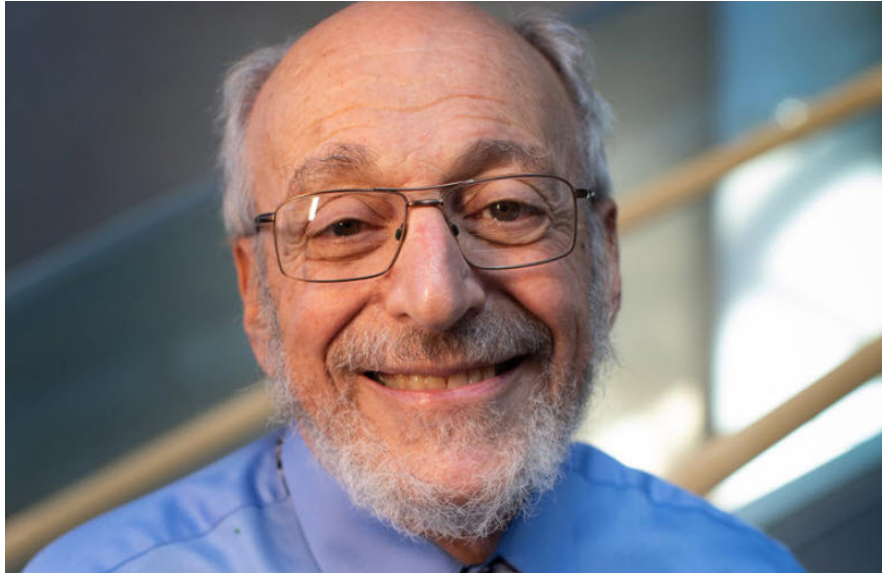
Congrats Bob on a well-deserved honor - Kevin R. Nelson, M.D.

Hats Off to our very own EXCEPTIONAL EDUCATOR, MENTOR, and LEADER, the Chicagoan, Dr. Baumann! We all greatly and especially appreciate your lifetime contributions to neurology and continued achievements! Thanks for your service with United States Air Force and many thanks for all you have done for Kentuckians since you have joined University of Kentucky in 1972! Wishing you a year filled with EXCELLENT HEALTH, HAPPINESS, and SERENITY! Yours faithfully, Mam

Events Cont.

50 Years of Service

Robert Baumann, MD - Comments



A HUGE CONGRATULATIONS to you for your passion for people and making it your life work. I smiled when I saw your picture ... thinking how people warned me of your bluntness. But I liked that. I had a good understanding of the medical piece when I left your office and didn't guess later what you could have meant. You were clear. There were times we disagreed but that was all right too, I knew I had a say in my boy's health and you listened to me. That was important. Then at the end of the office visit, I feel we always came to the best solution for each boy. I am forever thankful you came into our lives to care for Jonathon (2016) and Christopher. Kim Zeigler Family Engagement Coordinator Kentucky Deaf-Blind Project.

Congratulations on this highly deserved honor you will be receiving in Boston later this year. You have been one of my friends at UK for the longest time, and I noted that you arrived at UK just 3 years prior to Marcia and me. Your service to the folks in Appalachia has been a great benefit to those persons with whom you interacted all these years. I remember Bill Markesbery telling me about your taking a jeep or similar vehicle to manage the roads in Appalachia. I also had the privilege of meeting and getting to know David Clark. Bill M. also told me he learned a great deal from Dr. Clark on how to use "old fashioned" medicine to gain new insights into a person's brain issues by simply using a stethoscope. I wish you continued success at UK, an institution that is so much better off for having you as a long-standing faculty member. Best to you and Judy, Allan Butterfield

Congratulations Dr Baumann on this honor. Well deserved. So fortunate to have you around us!! Thank you, Zabeen Mahuwala M.D.

Congratulations Dr. Baumann. Well deserve and it's an honor to work with you. Zain Guduru.

Events Cont.

50 Years of Service

Robert Baumann, MD - Comments

Congratulations, Dr. Baumann, for your exceptional leadership...50 years!! That is remarkable! Thank you for sharing your wisdom over the years, for treating numerous Kentucky children and children from the region, and for your contributions to the field. What a legacy! Some faculty and trainees may not know that for several years you were THE only child neurologist for the entire state and taking call every day. To this day, I follow adult patients and their mid 40s who were your patients. Thanks for all your referrals. To echo Dr. Schmitt... Mazel Tov!!! Meriem.

Hi, Dr. Baumann! Just read the UK news story about your Lifetime Achievement Award. We can't thank you enough for the care you provided for many, many years to our daughter, Lindsey Bruce, before we finally had the courage to transfer to the adult team. Your smile, encouragement and honesty were always very appreciated! April and Steve Bruce.

I can't count the numbers of times I've gotten wise counsel on medical students and AAN matters from you. Thank you for all you've done and continue to do! Amy h.

Well-deserved recognition! Thanks also for being a steadfast role model, and for all the great advice you've given over the years. We are truly lucky to have you! Tritia

I saw it! So proud and I know you are too! I have requested my cme days off and blocked my schedule! Now if covid will get under control we can all celebrate! Proud to call him a mentor! The best of the best. He has built a legacy at UK and affected so many children in the surrounding areas. Thrilled he is going to be recognized for his lifetime of work at the CNS meeting and I plan to be there! (Already took off for it). Sharlisa Hutson

Thanks for sharing. I already put it in my Facebook wall and on Twitter. This is wonderful news. Dr B totally deserved this award! I hope we can see each other in Boston next October – Ana Albuja

Couldn't agree more! this was lovely and you, poppy, are a spectacular father, doctor and person. congrats dr baumann! we love you – Lauren Bauman

Wow.. congratulations! You deserve so much of CNS lifetime ward. I got another reason to attend CNS this fall. I hope we all get together non-virtually. Ilan Choi

Congratulations to my wonderfully, brilliant father-in-law! We love you! Thank you for sharing this with us. I will forward this to the kids :) Jessica Quigley

We are so proud and excited, Judy!! We're crossing our fingers for Boston! Hope you are feeling well and staying warm. I'll send some pics soon :) We miss you Valeria

Congratulations-well deserved for your devoted service to many, many children and their families. And credit to your associated healthcare providers and UK Medical Center. Best, Mike Ades

Events Cont.

50 Years of Service

Robert Baumann, MD - Comments

Congratulations to you and Dr. Bauman Very well deserved. I am so honored to be called a student of Dr. Bauman. Spending time with him and learning from him was the luckiest part of my life. He is a role model for all of us and has changed our life. Along With all his talent, wisdom, and greatness, he also lucked with such a great life partner. Looking forward to seeing you both in Boston – Muhammad Zafar

Dear Dr Baumann,
Congratulations on the well deserved recognition!
I consider it a honor being trained by you, knowing you and continuing to have you and Mrs. Judy's support and guidance at UK.
Thank you for all that you have done for the Kentucky's children with neurological problems, UK and for mentoring each of the residents and junior faculty.
With sincere gratitude and much appreciation,
Sally

Dr. Baumann's daughter, Barbara Baumann, posted the comment below on her Facebook page. There were numerous comments congratulating him on his wonderful accomplishment, too many to list!



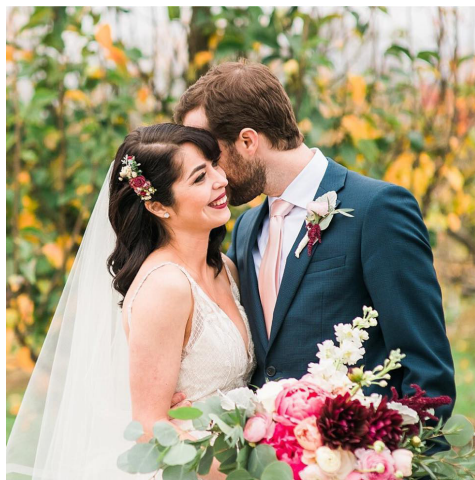
Events Cont.

Winter in KY



The Fayette Co. Sheriff's Department volunteered to make sure our providers safely made it to and from work during the ice/snow storm. Pictured on the left is Fawad Yousuf, MD, PGY 4, and on the right, Ima Ebong, MD. Dr. Ebong said her son, Seth, got a kick out of seeing mommy riding in a police car.

Congratulations



Kevin O'Connor, MD, Vasular Neurology Fellow, and Dana Ionel, DO, PGY 3, were married last fall! Best of luck!

Thank a Resident Day



Lauren Bojarski, DO, PGY 1, won a 1 night stay at the Kentucky Castle. Congratulations!

Thank You Dr. Schmitt



A hardy thank you to Dr. Fred Schmitt for the heated/full body massage chair that he donated to our department! It is located in conference J 438 in the neurology office suites.

Beauties and Wellness



Thien Nguyen, MD, created a UK Neurology Fall Foliage Theme video, highlighting our residents artistic abilities through photography. [Click here](#) to view the album.

Welcome

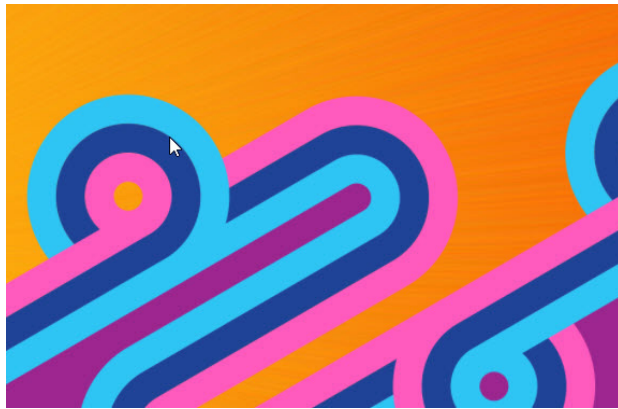


Jennifer Vice, PA-C

My name is Jennifer Vice and I am a graduate of the PA Program at UK. I also hold a degree in Nutrition/Dietetics from ECU. I have almost 10 years of experience as a PA in the Emergency Department and am looking very forward to serving as the second APP on the Good Samaritan Hospital general consult service!

I live in Richmond with my three children; Jake (21), Ethan (17), and Kate (13). My hobbies primarily center around training for triathlons. I spend spare time running, cycling, and swimming. My daughter and I also have horses and enjoy spending time at the barn.

Save the Dates



AAN 2021 Virtual Annual Meeting
April 17 - 22, 2021



International Society of Neurogastronomy
Virtual Symposium
Saturday April 24, 2021
[Click here to register](https://www.achems.org/2021/registration.php)

Rachel Ward-Mitchell, RN, BSN, would like to invite you to the virtual epilepsy support group meeting every other week via Zoom. This meeting will replace the in-person monthly meeting for now. If you would like to join the meetings please contact Rachel at 859.218.5053 or through Central Kentucky Epilepsy Network <https://www.facebook.com/CentralKentuckyEpilepsySupportNetwork>.

Please submit contributions for the March
Newspaper to Lee Anne Rudd, (lee.rudd@uky.edu).