

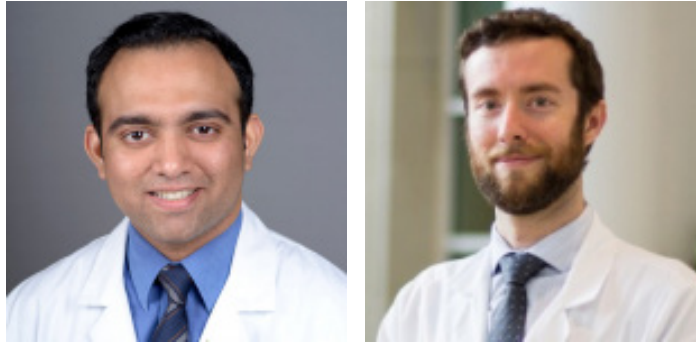
The Newspaper

**University of Kentucky
Department of Neurology
May 2022**

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Publications



Das S. Reader Response: Simulation-Based Assessment of Graduate Neurology Trainees' Performance Managing Acute Ischemic Stroke. *Neurology*. 2022;98(20):862-863.

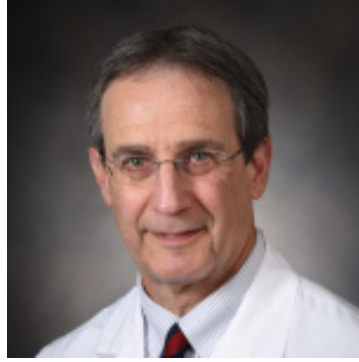
Das S, O'Connor K, McLouth C. Benefits of Being a Stroke Blogger: A Cross-Sectional Survey of Past Bloggers. *Stroke*. 2022;53(6):e234-e236.



Avasarala J, Das S, Mathias S, Qaiser S. Antibody panels for autoimmune and paraneoplastic disorders: A pandora's box for clinicians. *Multiple Sclerosis and Related Disorders*. 2022; 64:103947.

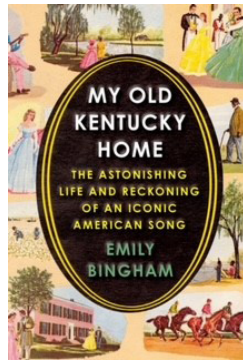
Avasarala J, McLouth C, Pettigrew LC, Mathias S, Qaiser S, Zachariah P. VAERS-reported new-onset seizures following use of COVID-19 vaccinations as compared to influenza vaccinations. *British Pharmacological Society*. 2022; May 23 (online ahead of print).

Publications Cont.



Jicha GA, Abner E, Arnold SE, Carrillo MC, Dodge HH, Edland SD, Fargo KN, Feldman HH, Goldstein LB, Hendrix J, Peters R, Robillard J, Schneider LS, Titiner JR, Weber CJ. Committee on High-quality Alzheimer's Disease Studies (CHADS) consensus report. *Alzheimer's & Dementia, The Journal of the Alzheimer's Association*. 2022; 18:1109-1118

Op-Ed



Edward Kasarskis, MD, PhD, published an article in the Herald Leader entitled, "Let's make 'My Old Kentucky Home' a teachable moment about history." [Click here](#) to read the article.

Invited Speaker Alltech ONE Conference



Dong "Dan" Han, PsyD, and Siddharth Kapoor, MBBS, were featured speakers for leading the health & nutrition track and neurogastronomy track for the 38th Alltech ONE Conference, an interdisciplinary conference representing every facet of the agri-food sector and beyond, including food production, health, nutrition, supply chain, government, academia and scientific research. There were 11,000 registrants!

53rd Annual Family Medicine Review



Sharoon Qaiser, MD, Padmaja Sudhakar, MD, and Siddharth Kapoor, MD, were all invited to give a talk at Annual Family Medicine Review at Griffin Gate Resort and Spa, on "Updates in Headache Medicine". Sally Mathias, MD, was invited to speak on "Updates in Epilepsy".

Veteran's Health Summit



Sally Mathias, MD, was invited to give a talk on "Basics of Epilepsy - What Everyone Needs to Know".

Faculty Achievements



Saurav Das, MD, was nominated to serve on the Early Career Committee of the AHA Stroke Council for a 2 year term.



Sally Mathias, MD, was re-appointed to the College of Medicine Admissions Committee. She will serve a three-year term.



Donital Lightner, MD, accepted the Clinical Skills Lead position with the College of Medicine.



Padmaja Sudhakar, MD, is now a Fellow of the North American Neuro-ophthalmology Society.

Faculty Achievements Cont.



Ruta Yard, MD, was elected as Vice Chair of the Global Health SIG for the American Epilepsy Society and is also a member of the ILAE Guidelines Task Force.

Faculty Kudos

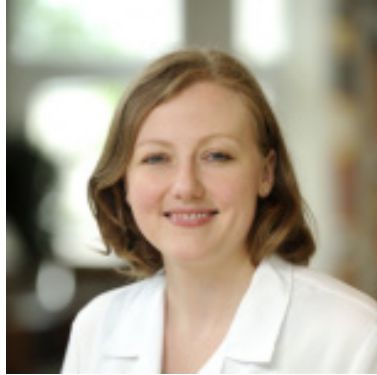


Zain Guduru, MD, received a special note from a patient.

"For about eight years I had experienced twitching in my right eye. When it became more than a nuisance, I sought counsel from my primary care physician. He tried a couple of different medications that have been successful with some patients with the condition that I have. Unfortunately, they were not helpful and the twitching was now extending. That neurologist referred me to Dr. Guduru. He has been a compassionate, listening, thorough, caring, personable physician who has gone the extra mile

several times to make sure that my condition has been adequately treated. When I questioned the efficiency of getting in touch with his office to schedule or reschedule, he gave me his email address. I've used that privilege a couple of times and he responded within the hour. That is a small, but frustrating problem for a patient; he gets exemplary marks for communication during a visit and by email. What sets him apart from others is his genuine concern in getting the Botox where it is most beneficial for the patient. He does that by listening to what is going on from the previous Botox injection and by doing neurological markers before every Botox injection. Botox injection is not a perfect science, but Dr. Guduru has made it really close. It is really scary to look up at someone about to give you injections in the eye area; but I have the utmost confidence in his ability to correctly administer the right amount of Botox in the best area for greatest results. Another amazing trait of Dr. Guduru is his personal interest of his patient once they leave his office. You always leave with your next appointment in hand and the request to call if you have a problem. I answered the phone after my last visit and it was Dr. Guduru checking on the injection!!!! Thankfully, the condition I have is not life threatening, just a big nuisance. Thanks to Dr. Guduru I will now have pictures made with family and friends with a big, normal smile on my face; I had not done that in years!"

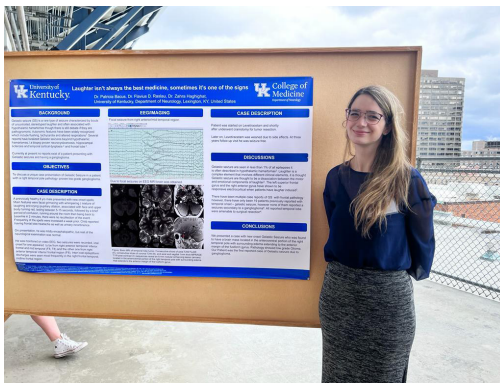
Faculty Kudos Cont.



Donita Lightner, MD, was featured in a video of a patient and his family talking about how thankful they are for the care they received from her.

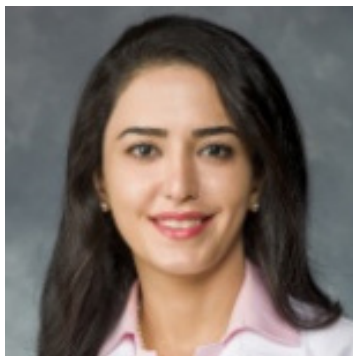
[Click here](#) to watch.

Resident Poster Presentations



Patricia Bacus, MD, PGY 2, presented a poster at the International League Against Epilepsy Conference in Montreal, Canada.

Resident Achievements



Homa Sadeghian, MD, PGY 3, passed her certification and is a US Citizen.

Staff Kudos

Special thanks to Jennifer Rosenthal and Sandy Ragle for staying way beyond their work hours to help a patient with Lennox-Gastaut syndrome get an urgent pre-auth so they could fill their anti-seizure medications. Our nurses and staff at KNI go above and beyond for our patients and we appreciate it very much!

Faculty Awards



Daniel O. Lee, MD, received the Bronze STAR Award.

Resident Awards



Patricia Olson, MD, PhD, received the Sibu Saha Award for Patient-Centered Care.



Rani Priyanka Vasireddy, MBBS, PGY 3, was awarded a travel grant to Madrid Spain for the International Congress of Parkinson's Disease and Movement Disorders.

Department Trainee of the Month - April



Mangay Thandampallayam, MBBS, PGY 4

Caring:

"I take this opportunity to write to you all about our wonderful resident Mangay. She is a true asset to our program. Despite several years of experience and training in medicine she is one of the most humble physicians that I have ever met in life. So graceful and kind in her manners. Patients and colleagues are pleased to meet her and work with her. Her communication skills are excellent and timely. She serves as a role model for junior residents. We

are truly blessed to have her as our resident. Mangay creates a positive vibe in our program."

Collective Responsibility & Excellence:

"Dr. Thandampallayam demonstrates highest professionalism in a consistent manner. She has been asset to our residency program in being a strong team player and contributes significantly to "Interesting Case Conference (ICC)." The quality and number of cases discussed in ICC has improved in the last one year and major contribution is because of Dr. Thandampallayam, in encouraging all residents to bring the cases to this platform. Every task which she was assigned, she has bestowed her full effort and attention and delivered the best. This is being reflected even in her new role as Chief Resident (strong teamwork with co-chiefs in schedule preparation and preparing for 2022-23 didactics)."

"She is a role model for all the trainees and program is fortunate to have her."

"I have had the opportunity to work with Dr. Thandampallayam in the clinic and in the inpatient setting, and I have been extremely impressed with her calm and collected approach to her patient's conditions, evaluation, and treatment. Furthermore, she is always respectful to her peers, colleagues, patients, and seniors. She has stepped up and covered for her colleagues during times of need, and no step was missed regarding patient care due to her preparation and attention to detail. She is a true example of professionalism, and I hope to be able to continue working with her in the future."

"Dr. Thandampallayam is a pleasure to work with. She is, without fail, professional, and a delight to interact with. Her attention to detail and timeliness are superb and I consider her an incredible asset to the program. I hope she knows how valued she is!"

Department Trainee of the Month - April Cont.

"Having worked with Dr Thandampallayam in multiple settings during the last 2 years, I can attest that she gives her 100% to whatever she does. She is extremely hardworking and dedicated to patient care. She has called patients several days/ weeks after their discharge from the hospital to check on them, and update the attending about how they are doing. Always prompt with her work, thorough and complete documentation! She has been soliciting cases for the Interesting Case Conference without fail every month since her PGY-2. Several times she has attended this conference at noon, and even presented when she is on night float! Such dedication is commendable and definitely deserves recognition. Perhaps her co-residents took note of this and voted for her to be the academic chief! She is always positive with a big smile on her face, and creates a sense of calmness in the residency program. She is very respectful in her communication and is very well liked by her peers. For these reasons and more, I recommend her to be the ROM. For her dedication to patient care, academics and residency program, she definitely deserves to be the GME Resident of the Month too!"

Department Trainee of the Month - May



Molly Bates, MD, PGY 3

“I am on Child Service this week and it has been the busiest and most difficult week I have had in a long time. Molly has been outstanding and I have been grateful to have her with our team this week. She is very thorough and detail oriented. She is keenly intelligent and genuinely curious. She is reading about each patient, even though there is very little time. This week has been a test of endurance for everyone, but Molly has remained energetic and focused. She has excellent communication skills with

her patients, families, and other medical teams. She is well on her way to becoming a fantastic independent Neurologist!”

“I was not on service but a very complicated patient of mine with refractory epilepsy was admitted for Ictal SPECT and we had so many issues from many aspects; everything from communication with family to the child being autistic and not tolerating any of the EEGs and scans we were planning to do! The child failed to tolerate the scan and we had to repeat everything all over again, plus this time we needed the scan to be done under sedation which would require a MIRACLE to coordinate. I do not know how, but Molly did it! Over those 48 hours, she was on the phone with our epilepsy team, nuclear medicine and me multiple times, even after hours to make sure this child would receive the care he needs! I can’t talk enough about her enthusiasm and hard work! Today when I was reviewing this child’s scan with other physicians on the team, everybody was amazed by her hard work! I just want to make sure she knows that her hard work is being seen and appreciated.”

“Dr. Bates contacted me and put a great effort in making sure that the patient get a successful Ictal SPECT/CT after a challenging unsuccessful day for all teams. It always makes us proud to know that we train such motivated and sincere physicians at UK.”

“Dr. Bates has exceptional communication skills and easily builds rapport with patients. Her presentations are at the level of a senior resident, and she always has a well thought out plan for her patients. Not only considering the medical or neurological side of the issue, but she is also very sensitive to the social aspects of patients’ lives. She is also actively involved in our wellness activities. She has represented KY in advocacy activities through the AAN’s Neurology on the Hill program.”

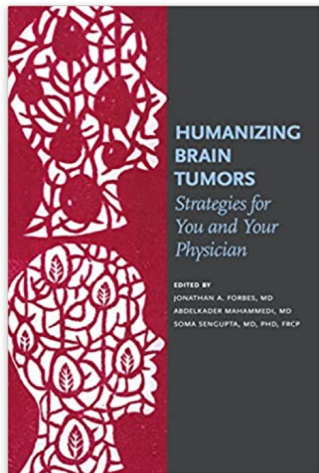
“To Dr. Bates, thank you for your extra efforts this week in managing a very complicated patient. Your communication skills and multi-tasking helped to navigate a very complicated patient with ictal spect. The care involved NINE teams and you acted as an anchor of communication. You did a good job. Keep on doing what you are doing now, stay humble and stay motivated.”

Seen and Heard



Chintan Rupareliya, MD, was featured in an article in the American Heart Association entitled "Stroke hospitalizations rising among younger adults, but deaths falling." [Click here](#) to read the story.

Alumini Corner



Heather McKee, MD, (2009-2013), sent a link for the book, "Humanizing Brain Tumors". It is free as an E-book and hardcopy is available through Amazon. She authored the section in the "Compendium on Brain Tumor Related Epilepsy".

Stroke Center Certification



**The Joint
Commission**



**American Heart
Association**
**American Stroke
Association**

We have successfully completed the Joint Commission Comprehensive Stroke Center Certification for the 5th time.

CERTIFICATION

Meets standards for

Primary Stroke Center

Philanthropy

Robert J. Baumann, MD Resident Endowment Fund

The endowment was established in honor of Dr. Baumann's skills as a clinician and educator. It provides much needed funding for resident learning opportunities and research-related needs that are not otherwise supported.



Education is one of the core missions of our department - we are always looking for ways to improve the curriculum and educational opportunities we provide. Our goal is to continue to attract the highest caliber trainees to our programs, provide comprehensive neurological education, and increase the number of neurologists available in the commonwealth capable of providing cutting edge patient care and who are dedicated to life-long learning. In 2015, the Robert J. Baumann, MD Fund for Neurology Residents was established to help us support our goals for the neurology resident program. Dr. Baumann has been a familiar face among neurology residents at the University of Kentucky for four decades. Dr. Baumann truly embodies the

teaching mission of our department. His devotion to the field of medicine and training the next generation of providers is truly second to none.

In keeping with Dr. Baumann's passion for providing a strong medical education, the endowment will bolster the continued expansion of the Residency Program and ensure that our trainees have a well-rounded experience, positioning us to be among the best, and most sought out programs in the United States. Please consider contributing to the continued growth of our program and making an impact on future neurology residents by making a gift to the Robert J. Baumann MD Fund for Neurology Residents. All donations will be acknowledged and are tax deductible.



Donations can be made by contacting our Director of Philanthropy, Lisa Deaton Greer. (859-323-5374 or lisa.greer@uky.edu) or by clicking here <https://neurology.med.uky.edu/neurology-alumni>.

Wellness and Support Resources



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Wellness



Support

The Department of Neurology provides access to various services designed specifically for faculty and trainees to receive support in dealing with the unique needs of individuals. Counseling services can help identify and resolve problems related to work, personal, career or relationships.

- [Physician Support Line](#)
- [Lexington Medical Society Physician Wellness Program](#)
- [UK Work-Life Counseling](#)
- [UK REFER Program](#)
- [Emergent Psychiatry Services](#)
- [The Ridge Behavioral System](#)

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Diversity & Inclusion



Statement for Equity, Diversity and Inclusion

As healthcare providers, we have an obligation to do no harm. But our obligations go further to prevent harm from befalling others because of our inaction or silence. We can no longer be idle while vestigial institutions and implements of racism that perpetuate inequity remain intact. Silence for the sake of avoiding an uncomfortable truth is not acceptable and it was never acceptable. Indifference to racism makes us complicit in systems that have oppressed, marginalized, and scapegoated people for generations. In a country long heralded as the land of the free, being Black or a member of an underrepresented minority group cannot be a disqualification for enjoying the rights and privileges afforded to others.

Racism and social injustice in the United States claimed the lives of George Floyd, Breonna Taylor, Ahmaud Arbery, and countless other persons of color. Breonna Taylor, a fellow Kentuckian, UK alumna, and healthcare provider, died at the hands of people who are supposed to be keepers of the peace. Violence is but one facet of the chronic and pervasive racism that has plagued our communities. Medicine is not immune to the consequences of our nation's inequities; they affect us, our colleagues, and our patients and impair our ability to provide comfort and care. As healthcare providers, we begin addressing symptoms such as implicit bias and healthcare disparities by recognizing that they stem from hundreds of years of oppression.

We proudly stand with other members of the medical community and proclaim Black Lives Matter. We stand with the people of color and others in our community and across the United States in denouncing the abhorrent treatment that Black people, other persons of color, and other underrepresented groups have endured. We stand with others who pledge to be anti-racist and who work to tear down the pillars of institutional racism. As a Department, UK Neurology is committed to equity, diversity, and inclusivity. With only 3% of Neurologists being Black or African American and only 7% Hispanic-Latino, in an effort to counter decades of neglect, we commit to recruiting colleagues from underrepresented groups and ensuring that they thrive in an environment that is free from racism and bigotry. We commit to supporting young, underrepresented persons in our community so that we can have greater diversity among physicians in our field in the future. We must do better. We will do better.

Events

Wedding



Suhas Gangadhara, MD, married Gowri Rao on May 15, 2022 in India. Congratulations!



Dr. Pettigrew's last Inpatient Service



Events Cont.

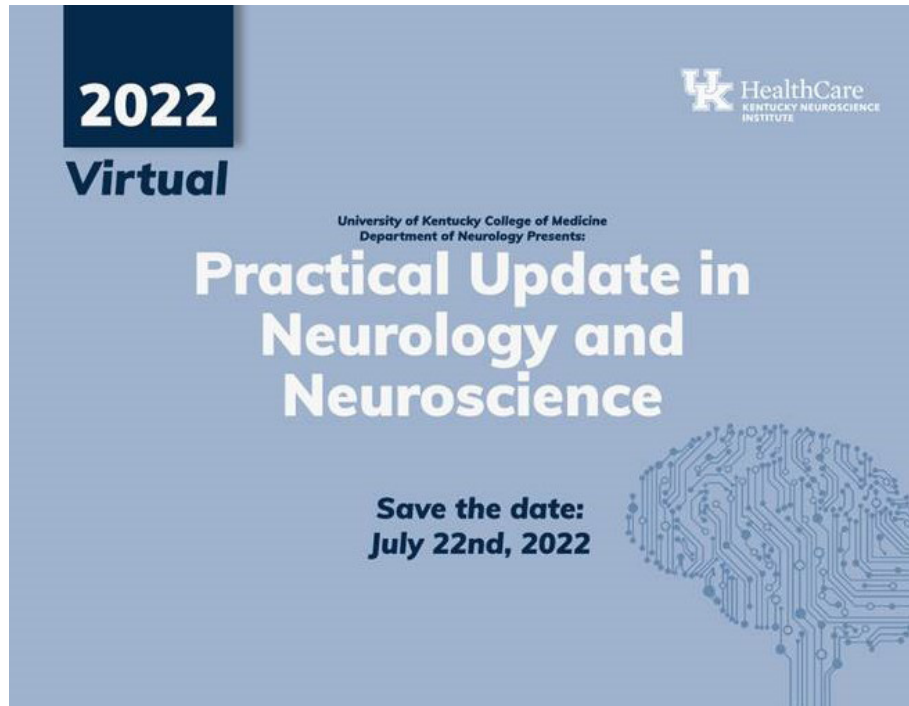
AAN Neurology on the Hill



Larry B. Goldstein, MD, and Molly Bates, MD, PGY 3, represented KY at Neurology on the Hill in Washington, DC.



Save the Dates



2022
Virtual

University of Kentucky College of Medicine
Department of Neurology Presents:

Practical Update in Neurology and Neuroscience

**Save the date:
July 22nd, 2022**

UK HealthCare
KENTUCKY NEUROSCIENCE
INSTITUTE



UK HealthCare NORTON HEALTHCARE

STROKE CARE NETWORK

INTRODUCING 2022 SUMMIT KEYNOTE SPEAKER!

Dr. Schwamm is a Professor of Neurology at Harvard Medical School and holds the C. Miller Fisher Chair in Vascular Neurology at Massachusetts General Hospital, where he serves as the Senior Clinical and Strategic Advisor to the Dept. of Neurology and Director of the Center for TeleHealth. He leads all systemwide virtual care (telehealth) activities for the Mass General Brigham Health System as Vice President of Mass General Brigham – Digital, Patient Experience and Virtual Care (synchronous and asynchronous virtual visits and consults, remote patient monitoring, virtual urgent care and online second opinions). During COVID, he led adoption efforts for 10,000 providers and 1.38 M visits, and introduced a suite of inpatient virtual solutions. He has spent two decades in telehealth, pioneering telestroke, and leading advocacy efforts (e.g., FAST Act in Congress).

He is an internationally recognized expert in stroke diagnosis, treatment, and prevention and a Fellow of the American Heart Association and American Neurological Association. He is the author of more than 450 peer-reviewed articles and has chaired many of the current practice guidelines for stroke and telehealth-enabled care delivery. He has received numerous awards for innovation, leadership, and advocacy in the field of stroke and digital health. He serves as the section editor for digital health for stroke, and is on the international advisory board for Lancet Digital Health. His research has been funded by NIH, PCORI, AHRQ, HRSA, CDC, and others. He serves on the Board of Directors of the American Heart Association.



Lee H. Schwamm, MD, FAHA, FANA
Vice President, Patient Experience & Virtual Care - Digital
Mass General Brigham
C. Miller Fisher Chair in Vascular Neurology
Massachusetts General Hospital
Professor of Neurology
Harvard Medical School

Stroke Care Network Summit

October 13 and 14, 2022
Hyatt Regency - Lexington, KY



Rachel Ward-Mitchell, RN, BSN, would like to invite you to the virtual epilepsy support group meeting every other week via Zoom. This meeting will replace the in-person monthly meeting for now. If you would like to join the meetings please contact Rachel at 859.218.5053 or through Central Kentucky Epilepsy Network <https://www.facebook.com/CentralKentuckyEpilepsySupportNetwork>.

Please submit contributions for the June
Newspaper to Lee Anne Rudd, (lee.rudd@uky.edu).