



The Newspaper

**University of Kentucky
Department of Neurology
January 2024**

Table of Contents

1. Table of Contents
2. [Publications/Poster & Presentations](#)
3. [Faculty Achievements](#)
4. [Faculty Kudos/Staff Kudos](#)
5. [Trainee of the Month/Seen and Heard](#)
6. [Seen and Heard Cont./Welcome/Department Information](#)
7. [Philanthropy](#)
8. [Wellness and Support](#)
9. [Events](#)
10. [Save the Dates](#)

Publications



Aboul-Nour H, Jumah A, Schultz L, Affan M, Gagi K, Choudhury O, Brady M, Scozzari D, Nahab F, Miller DJ, Mayer SA. New-onset as opposed to established atrial fibrillation as a risk factor for incident stroke. *Clin Neurol Neurosurg*. 2024;9;326:108106, Epub ahead of print.

Aboul-Nour H, Dolia J, Tarek MA, et al. Competitive leptomeningeal flow impact on thrombectomy reperfusion grade rating. *Journal of NeuroInterventional Surgery*. Epub ahead of print. 2024.

Posters & Presentations

American Epilepsy Society

Azeem M, Clay J, Mahuwala Z, Kapoor S, Mirza F, Ainger T, Bensalem-Owen M.

Helicopter blade sound as part of auditory aura phenomenology observed during electrical stimulation of Heschl's gyrus.

Fredwall MM, Asmar MM, Lamberta LK, Ahrens SM, Bai S, Eisner M, Lado FA, Schuele S, Clarke DF, Abdelmoity A, Davis K, Hopp JL, Koubeissi M, Bensalem-Owen M, Herman S, Ostendorf A. *Status Epilepticus Variation Across NAEC Epilepsy Centers.*

A Tale of an Unusual Artifact. Wilkerson P, Kamat Mashni S, Khan G, Haghghat Z, Bensalem-Owen, M. *Machine vs EEG: A Tale of an Unusual Artifact.*

Meriem Bensalem-Owen, MD, co-chaired the Professional Wellness in Epilepsy Care SIG: Of Health and Home- Professional Wellness After Hours

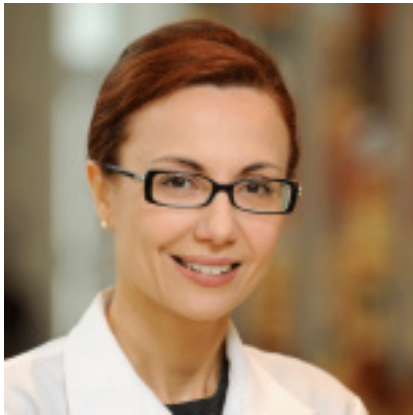
Tim Ainger, PhD, spoke at the Professional Wellness SIG. His presentation was titled, "*Taking it home: The effects of burnout on home and family life.*"

Meriem Bensalem-Owen, MD, presented at the Quality and Safety SIG: Optimizing interventions for status. Her presentation was titled, "*Interventions to aid early treatment of status epilepticus in hospital settings.*"

Faculty Achievements



Mangayarkarasi Thandampallayam Ajjea, MBBS, is now a Fellow of the North American Neuro-ophthalmology Society, (NANOS) congratulations!



Meriem Bensalem-Owen, MD, will be a member of the NAEC Guidelines Recommendations Implementation Work Group.

Faculty Kudos



Zain Guduru, MD, received a very nice compliment from a patient's family: "On behalf of my family, I want to thank you for the kindness and care you showed my father while he was a patient at UK. For my brother and sister, who did not have the opportunity to witness firsthand the interest you showed in helping dad, they only knew of what they were told, and he was always very complimentary of you and the entire staff. We are and will always be a believer in the good work UK is doing on behalf of Parkinson's patients. I will forever be grateful for the hope you gave him and for never giving up."



Jordan Clay, MD, received a very nice compliment from a patient: "Dr. Clay was very compassionate and thorough. After having an appt with him, I had a breakthrough seizure and he and his staff were back in touch within hours. This eased my mind so much and impressed me. I have great confidence that if there's an issue it will be taken care of. A doctor in another practice never even called or got back to me when I said I was having daily seizures and didn't want to have any follow up appointments. I'm so appreciative."



Kara Kennedy, MD, received a very nice compliment from a patient: "Dr. Kara Kennedy was professional, caring, thorough, and made the patient feel at ease."

Staff Kudos



The EEG Lab and the Epilepsy Monitoring Unit received the Patient Experience Award for January! Congratulations!

Trainee of the Month - January



Fatai Akemokwe, MD, PGY 3

Medical Knowledge: “Dr. Akemokwe has performed exceptionally well. He is above his PGY level in terms of medical knowledge and patient management. He is very professional and does excellent bedside patient/family discussion. He was able to describe all cases with broad differentials and management plan. In short, a very reliable physician.”

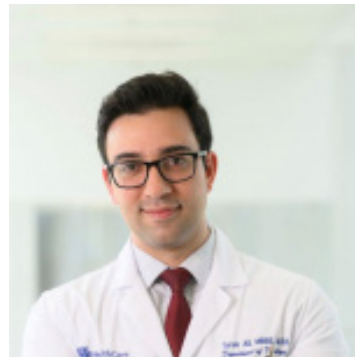
“His medical knowledge and examination skills are above his training level, yet he is always inquisitive, wanting to learn more and expand his knowledge base. Notes are always thorough and timely. “

Leadership: “Dr. Akemokwe responds admirably acting in a very mature manner and demonstrates strong leadership qualities. He is growing quickly and well into the role of senior resident and team leader.”

Teamwork: “Always goes above and beyond for his patients and his team, volunteers to take on work and help out. There are several examples with recent needs of help on inpatient service, covering sick residents on outpatient clinics, and always extending a hand to help out with tasks/e-consults, etc., at the VA.”

“Dr. Akemokwe is an outstanding resident and a caring physician. He is very thorough and humble. He enjoys teaching residents and students. He is very hardworking and always a pleasure to work with.”

Seen and Heard



Omar Al-Janabi, MD, PhD, Alumnus of the University of KY Neurology Residency Program, and Tarek Ali, MBBS, MEd, were featured in an article for UKNow entitled, "Patient finds answers and hope thanks to dedicated UK neurology team." [Click here](#) to read the story.

Seen and Heard Cont.



Larry B. Goldstein, MD, was featured in an article in UKNow entitled, " Goldstein selected to help lead statewide task force addressing heart disease and stroke." [Click here](#) to read the story.

Welcome



Judi Burgess joined the Neurology Department in November 2023, she is the Department Administrator Associate.

Judi is the primary administrative and financial manager for research within the Departments of Neurology and Neurosurgery. She oversees pre-award and post-award processes with particular focus on the management and accounting for federal, state, and privately funded awards, gift and endowment accounts, as well as clinical trials in the Kentucky neuroscience clinical research office (CRO). The CRO fosters the development of neuroscience-related translational research

and more clinical trials than any other department at UK with more than 80 projects for over 30 principle investigators. Judi has Administrative and financial management of research focused accounts that includes participation in determining faculty effort distributions, certification of effort, sourcing of salaries for payroll, and ensuring policies for the use of funds is strictly followed.

When Judi is not working, she enjoys spending time with her family, including a new grand-baby, Kayaking, and Hiking.

Department Information



Please visit the wellness bulletin board just outside the kitchen. We have posted some of the delicious recipes that were prepared for the Welcome Picnic last year, including dishes that received the most votes! Thank you again to everyone who shared their delicious food with us and for those who submitted recipes. If you would like your recipe featured please email Sheliza (sheliza.ali@uky.edu).

The dishes that received the highest votes were, Apple Pie - Kara Jackson Yaacoub, Chickpea Curry with Naan - Geeta Luthra, and Brown Butter Cornbread - Justin Karr.

Philanthropy

Robert J. Baumann, MD Resident Endowment Fund

The endowment was established in honor of Dr. Baumann’s skills as a clinician and educator. It provides much needed funding for resident learning opportunities and research-related needs that are not otherwise supported.



Education is one of the core missions of our department - we are always looking for ways to improve the curriculum and educational opportunities we provide. Our goal is to continue to attract the highest caliber trainees to our programs, provide comprehensive neurological education, and increase the number of neurologists available in the commonwealth capable of providing cutting edge patient care and who are dedicated to life-long learning. In 2015, the Robert J. Baumann, MD Fund for Neurology Residents was established to help us support our goals for the neurology resident program. Dr. Baumann has been a familiar face among neurology residents at the University of

Kentucky for five decades. Dr. Baumann truly embodies the teaching mission of our department. His devotion to the field of medicine and training the next generation of providers is truly second to none.

In keeping with Dr. Baumann’s passion for providing a strong medical education, the endowment will bolster the continued expansion of the Residency Program and ensure that our trainees have a well-rounded experience, positioning us to be among the best,

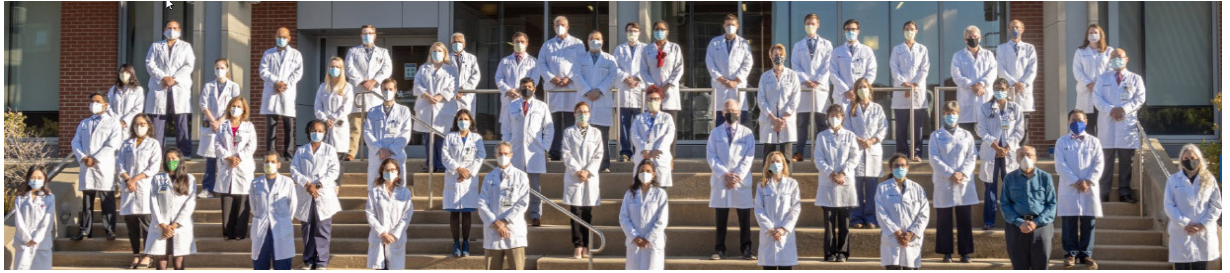


and most sought out programs in the United States. Please consider contributing to the continued growth of our program and making an impact on future neurology residents by making a gift to the Robert J. Baumann MD Fund for Neurology Residents. All donations will be acknowledged and are tax deductible.



Donations can be made by contacting Taryn Derrick at taryn.derrick@uky.edu, for Neurology Alumni Philanthropy and Beth Wells at beth.wells@uky.edu for the Grateful Patient and Family Philanthropy.

Wellness and Support Resources



[Click here to find more helpful information on our Department of Neurology website.](#)

UK Wellness Resources

Academic Resources offer a wide variety of online and in-person tips, tools, and suggestions.

Workplace Safety

UK HealthCare is committed to safety and well-being of patients, visitors, and staff in our enterprise. We take all forms of aggression, violence, and threats seriously. Sometimes frontline staff don't report these incidents, because they feel disruptive behavior is "part of the job". There is uncertainty about how and where to report.

Childcare

Several childcare facilities are located on or adjacent to the UK campus. Please note that some of these programs have a 9-10 month waiting list, so if you are interested, please talk to the directors as early as possible.

Financial Health

You and your family have access to live financial experts for guidance on financial questions, big or small.

Diversity and Inclusion

As healthcare providers, we have an obligation to do no harm. But our obligations go further to prevent harm from befalling others because of our inaction or silence.

Spiritual

Various resources are available for spiritual support through the GME program.

Abuse Response and Reporting

For procedures to report abuse, and for details of patient rights, click the title.

The Vicarious Trauma Toolkit

The *Vicarious Trauma Toolkit* (VTT) was developed on the premise that exposure to the traumatic experiences of other people—known as *vicarious trauma*—is an inevitable occupational challenge for the fields of victim services, emergency medical services, fire services, law enforcement, and other allied professionals; however, organizations can mitigate the potentially negative effects of trauma exposure by becoming vicarious trauma-informed.

Well-Being

The University of Kentucky GME Wellness In Training Committee is devoted to helping GME learners achieve their highest potential through the integration of the physical, social, emotional, environmental and economic aspects of wellness.

Physician Support Line

This is a peer-to-peer support line for physicians by physicians that is available to US based DO / MD / International equivalents at the attending, fellow, resident, intern, medical student, or research level. Any discussions are confidential and protected.

Lexington Medical Society Physician Wellness Program

Services include individual counseling, couples/family sessions, and sessions with spouse/partners alone. These confidential and free counseling services are available to anyone.

UK Work-Life Counseling

Free and confidential counseling for life stress, work performance, substance abuse concerns, and mental health.

UK REFER Program

A Family Center Counseling service provided as a benefit to UK employees that focuses on personal, couple, and/or family concerns.

Emergent Psychiatry Services

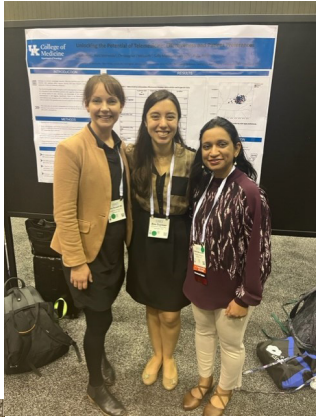
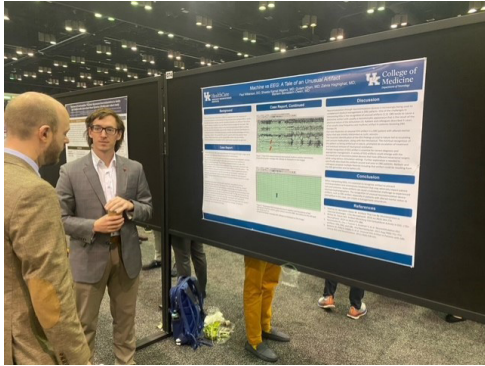
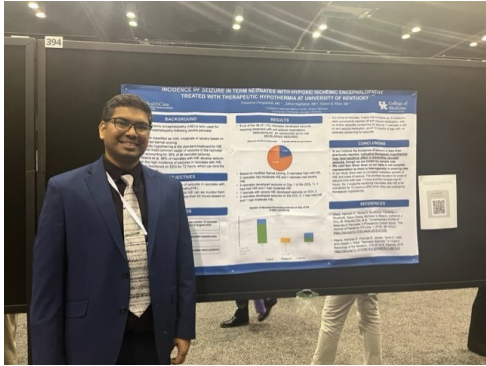
UK Department of Psychiatry Outpatient Clinic Access to confidential consultation is available through the UK Outpatient Clinic during business hours, five days per week. Call 859-323-6021 and follow the prompts for the Outpatient Clinic.

The Ridge Behavioral System

Access to confidential consultation regarding the need for emergency psychiatric services is available to 24 hours per day, seven days a week. The house staff officer is to call 859-268-6400 and ask for the Assessment Office and identify oneself as a UK resident/fellow needing immediate evaluation.

Events

American Epilepsy Society



Save the Dates



2024 Neurology Trainee Research Day

Friday, March 22, 2024

4:30 – 7:30 pm

HKRB Ground Floor Atrium & Seminar Room

Stroke Translational Research Advancement Workshop (STRAW)

April 24-25, 2024

Lexington, KY

This meeting regularly attracts researchers and clinicians interested in stroke across the Commonwealth and throughout the USA. **STRAW V: Understanding Stroke: Novel Insights into Prognostics and Treatments** will focus on a translational approach to stroke and related cerebrovascular diseases. Topics will include new insights into novel approaches to pharmacotherapies for cerebrovascular diseases, as presented and discussed by clinical and basic scientists.

As per tradition, the meeting will have no registration fee and will also include an optional excursion in the 'land of horses and bourbon', facilitating opportunities for networking with like-minded research scientists.

Location

Embassy Suites by Hilton Lexington Green

2024 SCN SUMMIT September 12 & 13

WE ARE CHANGING LOCATIONS

Marriott City Center · 121 West Vine Street · Lexington, KY

Rachel Ward-Mitchell, BSN, RN, would like to invite you to the virtual epilepsy support group via Zoom. This meeting is the first Tuesday of the month from 6:30 pm to 8 pm. If you would like to join the meetings please contact Rachel at 859.218.5053 or through Central Kentucky Epilepsy Network <https://www.facebook.com/CentralKentuckyEpilepsySupportNetwork>.

Please submit contributions for the February
Newspaper to Lee Anne Rudd, (lee.rudd@uky.edu).