

CURRICULUM VITAE

JESSE MCCANN
DEPARTMENT OF PSYCHOLOGY
111-J KASTLE HALL, UNIVERSITY OF KENTUCKY
LEXINGTON, KY 40506
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EDUCATION

Doctor of Philosophy, Clinical Psychology August 2020 – Present
University of Kentucky, Lexington, KY (APA- and PCSAS-Accredited)

Master of Science, Clinical Psychology December 2021
University of Kentucky, Lexington, KY (APA- and PCSAS-Accredited)
Thesis: “*Trauma-related shame and guilt as prospective predictors of daily mental contamination and PTSD symptoms in survivors of sexual trauma*”
Supervisor: Christal L. Badour, Ph.D.

Bachelor of Science, Psychology May 2018
Minor: Spanish
University of Delaware, Newark, DE
Cum Laude with Departmental Distinction in Psychology
Thesis: “*Do depressive symptoms moderate the link between rejection and salivary cortisol?*”
Supervisor: Lisa M. Jaremka, Ph.D.

GRANTS, FELLOWSHIPS, AND ASSISTANTSHIPS

Psychology Graduate Summer Research Assistantship May 2022
Department of Psychology, *University of Kentucky*
Total Support: \$5000

Georgia Davis Powers Research Assistantship 2021 – 2022
Office for Policy Studies on Violence Against Women, *University of Kentucky*
Total Support: \$20,800 plus out-of-state tuition

Psychology Graduate Summer Research Assistantship May 2021
Department of Psychology, *University of Kentucky*
Total Support: \$5000

Psychology Graduate Fellowship 2020 – 2021
Department of Psychology, *University of Kentucky*
Total Support: \$22,800 plus out-of-state tuition

Psi Chi Undergraduate Research Grant May 2017
Department of Psychological and Brain Sciences, *University of Delaware*
Total Support: \$3000

HONORS AND AWARDS

Ashley and Ruth Mixson Psychology Award - \$400, University of Kentucky April 2022

Undergraduate Mentor Recognition Award, University of Kentucky March 2021

ABCT Anxiety Special Interest Group Poster Award March 2021

Halsey McPhee Award for Most Outstanding Department Undergraduate, University of Delaware May 2018

Honorary Associate Research Fellow, University of Exeter, UK 2017 – 2018

Undergraduate Teacher's Assistant Award - \$200 , <i>University of Delaware</i>	August 2017
Summer Scholar Award - \$3500 , <i>University of Delaware</i>	May 2017
Dean's List Honors (multiple semesters) , <i>University of Delaware</i>	2014 – 2018

MANUSCRIPTS UNDER REVIEW

9. Badour, C. L., Tipsword, J. M., Jones, A. C., **McCann, J. P.**, Fenlon, E. E., Brake, C. A., Alvarran, S., Hood, C. O., & Adams, Jr., T. G. (under review). Obsessive-compulsive symptoms and daily experiences of posttraumatic stress and mental contamination following sexual trauma.
8. Tipsword, J. M., **McCann, J. P.**, Flores, J., Brake, C. A., & Badour, C. L. (under review). Main and interactive effects of negative posttraumatic cognitions and disgust sensitivity in predicting daily experiences of sexual trauma-related mental contamination.
7. **McCann, J. P.**, Tipsword, J. M., Brake, C. A., & Badour, C. L. (under review). Trauma-related shame and guilt as prospective predictors of daily mental contamination and PTSD symptoms in survivors of sexual trauma.

PEER-REVIEWED PUBLICATIONS

6. Badour, C. L., Flores, J., Hood, C. O., Jones, A. C., Brake, C. A., Tipsword, J. M., Penn, C. J., & **McCann, J. P.** (in press). Concurrent and proximal associations among PTSD symptoms, prescription opioid use, and co-use of other substances: Results from a daily monitoring study. *Psychological Trauma: Theory, Research, Practice, and Policy*.
5. Tipsword, J. M., Brake, C. A., **McCann, J.**, Southward, M. W., & Badour, C. L. (in press). Mental contamination, PTSD symptoms, and coping following sexual trauma: Results from a daily monitoring study. *Journal of Anxiety Disorders*.
4. Brown, L. A., Majeed, I., Mu, W., **McCann, J.**, Durborow, S., Chen, S., & Blank, M. B. (2021). Suicide risk in persons living with HIV. *AIDS Care*.
3. Brown, L. A., Mu, W., **McCann, J.**, Durborow, S., & Blank, M. B. (2021). Under-documentation of psychiatric diagnoses among persons living with HIV in electronic medical records. *AIDS Care*.
2. Tyler, J., Mu, W., **McCann, J.**, Belli, G., & Asnaani, A. (2021). The unique contribution of perfectionistic cognitions in predicting anxiety disorder symptoms in a treatment-seeking sample. *Cognitive Behaviour Therapy*.
1. Asnaani, A., Tyler, J., **McCann, J.**, Brown, L. A., & Zang, Y. (2020). Anxiety sensitivity and emotion regulation as mechanisms of successful CBT outcome for anxiety-related disorders in a naturalistic treatment-seeking setting. *Journal of Affective Disorders*.

OTHER PUBLICATIONS

1. Salerno, L., **McCann, J.**, Lieblich, S., & Tyler, J. (2019). *Is cannabis an effective treatment for anxiety disorders?* <https://www.anxiety.org/is-cannabis-an-effective-treatment-for-anxiety-what-research-shows>

SYMPOSIA

2. **McCann, J. (chair)** & Badour, C. L. (discussant; 2021, November). *Understanding and treating trauma-related guilt and shame in PTSD*. Symposium presented at the 55th Annual Convention of the Association for Behavioral and Cognitive Therapies, Virtual Meeting.
1. **McCann, J. (chair)** & Asnaani, A. (discussant; 2019, November). *Change that matters: What, why, and how meaningful change happens in CBT for anxiety-related disorders*. Symposium presented at the 53rd Annual Convention of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.

ORAL PRESENTATIONS

4. **McCann, J.**, Brake, C. A., & Badour, C. L. (2021, November). *Trauma-related shame and guilt as prospective predictors of daily mental contamination and PTSD symptoms in survivors of sexual trauma*. In J. McCann (chair) & C. L. Badour (discussant). Understanding and treating trauma-related guilt and shame in PTSD. Symposium presented at the 55th Annual Convention of the Association for Behavioral and Cognitive Therapies, Virtual Meeting.
3. Badour, C.L., Brake, C. A., Tipsword, J., Jones, A. C., Alvarran, S., Hood, C. O., & **McCann, J.** (2021, November). *OCD and PTSD in women with mental contamination resulting from sexual trauma*. In H. Ojalehto (chair), J. Abramowitz (chair), & J. Cogle (discussant). Understanding links between trauma, PTSD, and OCD: From conceptualization to treatment. Symposium presented at the 55th Annual Convention of the Association for Behavioral and Cognitive Therapies, Virtual Meeting.
2. Tyler, J., **McCann, J.**, & Zang, Y. (2019, November) *Understanding how we can improve quality of life in individuals seeking treatment for anxiety disorders: What is the role of anxiety sensitivity and emotion regulation?* In J. McCann (chair) & A. Asnaani (discussant). Change that matters: What, why, and how meaningful change happens in CBT for anxiety-related disorders. Symposium presented at the 53rd Annual Convention of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
1. **McCann, J.** & Tyler, J. (2019, October). *CTSA Clinical REDCap Data Findings*. Center for the Treatment and Study of Anxiety, Department of Psychiatry, University of Pennsylvania, Philadelphia, PA.

POSTER PRESENTATIONS

19. Dixon, R. A., Daniel, C. K., Farris, H., **McCann, J.**, Tipsword, J. M., & Badour, C. L. (2021, November). *Negative social reactions to trauma disclosure and general perceived invalidation of emotion interact with PTSD symptoms in associations with mental contamination among sexually-victimized adult men*. Poster presented at the 55th Annual Convention of the Association for Behavioral and Cognitive Therapies, Virtual Meeting.
18. Feler, B., **McCann, J.**, Murphy, S., Vaughn, J., Acierno, R., Foa, E. B., Miller, I., Weinstock, L., & Brown, L. A. (2021, November). *A preliminary evaluation of an integrated treatment for PTSD and suicide prevention: CLASP-PE*. Poster presented at the 55th Annual Convention of the Association for Behavioral and Cognitive Therapies, Virtual Meeting.
17. Leon, A., Salerno, L., Zoupou, E., **McCann, J.**, AlRabiah, R., & Tyler, J. (2021, November). *Exploring the utility of the Yale-Brown Obsessive Compulsive Scale (Y-BOCS) and related resilience in a naturalistic treatment setting*. Poster presented at the 55th Annual Convention of the Association for Behavioral and Cognitive Therapies, Virtual Meeting.
16. AlRabiah, R., Lieblich, S., Zhu, Y., **McCann, J.**, & Mu, W. (2021, March). *Resilience as a mediator of social support and PTSD symptoms*. Poster presented at the Annual Conference of the Anxiety and Depression Association of America, Virtual Meeting.
15. Majeed, I., **McCann, J.**, Tyler, J., & Brown, L. A. (2021, March). *Examining the relative contribution of rumination across anxiety diagnoses*. Poster presented at the Annual Conference of the Anxiety and Depression Association of America, Virtual Meeting.
14. **McCann, J.**, Brown, L. A., Mu, W., Majeed, I., Durborow, S., Chen, S., & Blank, M. B. (2020, November). *Suicide risk among persons living with HIV*. Poster presented at the 54th Annual Convention of the Association for Behavioral and Cognitive Therapies, Virtual Meeting.
13. **McCann, J.**, Mu, W., Belli, G., Asnaani, A., & Tyler, J. (2020, November). *The unique contribution of perfectionistic cognitions to anxiety disorder symptoms in a treatment-seeking sample*. Poster presented at the 54th Annual Convention of the Association for Behavioral and Cognitive Therapies, Virtual Meeting.
12. Zoupou, E., AlRabiah, R., **McCann, J.**, & Tyler, J. (2020, November). *The relationship between perfectionistic cognitions and posttraumatic stress symptom change during CBT in a treatment-*

- seeking trauma-exposed sample*. Poster presented at the 54th Annual Convention of the Association for Behavioral and Cognitive Therapies, Virtual Meeting.
11. **McCann, J.**, Lieblich, S., Zang, Y., Kaczurkin, A., & Foa, E. B. (2019, November). *Understanding the association between peritraumatic emotions and PTSD: The role of posttraumatic emotions and cognitions*. Poster presented at the 53rd Annual Convention of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
 10. **McCann, J.**, Zandberg, L., Zang, Y., McLean, C., Yeh, R., Simpson, H. B., & Foa, E. B. (2019, November). *Change in obsessive-compulsive symptoms mediates subsequent change in depressive symptoms during Exposure and Response Prevention*. Poster presented at the 53rd Annual Convention of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
 9. **McCann, J.**, Zang, Y., Tyler, J., & Foa, E. B. (2019, November). *Comorbid depressive symptoms in patients with anxiety and related disorders in a naturalistic treatment study*. Poster presented at the 53rd Annual Convention of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
 8. Belli, G., Schiavoni, S. P., **McCann, J.**, Tyler, J., & Foa, E. B. (2019, March). *Efficacy of Cognitive Behavioral Therapy for the treatment of anxiety-related disorders in racial minority patients*. Poster presented at the 39th Annual Conference of the Anxiety and Depression Association of America, Chicago, IL.
 7. **McCann, J.**, Wang, Y., Zang, Y., Su, Y., McLean, C. P., & Foa, E. B. (2018, November). *Predictors of excellent versus partial response to Prolonged Exposure Therapy: Who requires additional sessions?* Poster presented at the 52nd Annual Convention of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
 6. Pincus, L. E., Wakschal, E., **McCann, J.**, Foa, E. B., & Brown, L. A. (2018, November). *The relationship between skin conductance response (SCR) and PTSD symptom reduction in 60 versus 90 minutes of Prolonged Exposure Therapy for PTSD*. Poster presented at the 52nd Annual Convention of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
 5. **McCann, J.**, Connor, M., & Hopkins, L. (2018, May). *Do behavioral systems moderate the relationship between power and affect?* Poster presented at the University of Delaware Department of Psychological and Brain Sciences Poster Day, Newark, DE.
 4. **McCann, J.** & Jaremka, L. (2018, May). *The interaction of rejection and depressive symptoms predicting salivary cortisol*. Poster presented at the University of Delaware Department of Psychological and Brain Sciences Poster Day, Newark, DE.
 3. **McCann, J.** & Jaremka, L. (2017, August). *The interaction of rejection and depressive symptoms predicting salivary cortisol*. Poster presented at the University of Delaware Summer Scholars Symposium, Newark, DE.
 2. **McCann, J.**, Nadzan, M., Sunami, N., & Jaremka, L. (2017, May). *Does eating modify the link between BMI and perceived social connection?* Poster presented at the University of Delaware Department of Psychological and Brain Sciences Poster Day, Newark, DE.
 1. **McCann, J.**, Wiener, C., Nadzan, M., Sunami, N., & Jaremka, L. (2017, March). *Eating moderates the link between body mass index and perceived social connection*. Poster presented at the Mid-Atlantic Undergraduate Psychology Conference at Towson University, Bel Air, MD.

RESEARCH EXPERIENCE

Graduate Research Assistant

Stress, Trauma, and Recovery Research Collaborative

Director: Christal L. Badour, Ph.D.

August 2020 – Present

University of Kentucky

Lexington, KY

- Proposed and implemented research plans using both cross-sectional and prospective designs.
- Developed and defended master's thesis investigating the role of trauma-related shame and guilt as prospective predictors of daily mental contamination and PTSD symptoms in survivors of sexual trauma.

- Conducted an independent research project investigating the efficacy of Written Exposure Therapy (WET) in reducing mental contamination and PTSD symptoms in survivors of interpersonal violence and sexual abuse.
- Developing dissertation study testing the initial efficacy, feasibility, and acceptability of WET among individuals with comorbid PTSD and OUD.
- Trained and oversaw undergraduate research assistants in completion of study tasks.
- First-authored and co-authored multiple peer-reviewed journal articles and contributed to lab projects and responsibilities.

Post-Baccalaureate Research Assistant

Center for the Treatment and Study of Anxiety (CTSA)
Director: Edna B. Foa, Ph.D.

June 2018 – July 2020
University of Pennsylvania
Philadelphia, PA

Department of Defense (DoD)-funded multisite study, “Implementation of Prolonged Exposure in the Army: Is Consultation Necessary for Effective Dissemination?” (ClinicalTrials.gov Identifier: NCT02982538)

- Assisted in coordinating a DoD-funded multisite randomized study examining attitudes and self-efficacy of military behavioral health providers following intensive training in Prolonged Exposure (PE) therapy.
- Facilitated communications between military sites and managed study materials and research databases.
- Drafted and submitted IRB modifications and continuing reviews as well as quarterly and annual study reports to the DoD.
- Assisted in data analyses and manuscript preparation for main outcome paper.

On-site clinical trial, “Efficacy of 60-minute versus 90-minute Sessions in Treating PTSD Using Prolonged Exposure” (ClinicalTrials.gov Identifier: NCT01911585)

- Spearheaded recruitment efforts through website advertisement, clinical phone screens, flyers, and intake evaluations for study investigating differences in treatment outcome for patients receiving 60-minute versus 90-minute sessions of PE for posttraumatic stress disorder (PTSD).
- Screened participants for eligibility, consent participants, administer biweekly self-reports, and tracked patient progress throughout the study.
- Applied psychophysiological equipment measuring heart rate, skin conductance, and temperature on study participants and monitored equipment problems (Thought Technology and BIOPAC Systems).
- Trained participants on the use of between-session psychophysiological equipment for homework assignments and progress tracking (Aclaris Medical).
- Ensured data completeness, organized and entered data from self-reports and clinical interviews in SPSS, and extracted psychophysiological data assessments.
- Managed IRB protocol modifications and continuing reviews.

Community mental health center multisite study, “Coping with Long-Term Active Suicide Program and Prolonged Exposure (CLASP-PE)”

- Coordinated patient and provider enrollment for a pilot study investigating an integrated treatment program for suicide prevention in individuals with PTSD.
- Visited community mental health centers to consent provider and patient participants and collect self-report data.
- Administered diagnostic interviews assessing PTSD symptoms and suicidal history and ideation.
- Developed study database in SPSS and trained research interns to enter self-report data.

On-site clinic research project, “Habit Learning in OCD”

- Wrote standard operating procedure on use of psychophysiological equipment and computer paradigms for study measuring cognitive flexibility, habit learning, decision making, and fear

conditioning/extinction in individuals with obsessive compulsive disorder (OCD) and in healthy controls (BIOPAC Systems).

- Spearheaded recruitment efforts through website advertisement, clinical phone screens, flyers, and intake evaluations.
- Trained research interns on conducting study sessions with participants and extracting psychophysiological data for analysis.
- Developed study database in SPSS and trained research interns to enter self-report data.
- Managed IRB protocol modifications and continuing reviews.

On-site clinic research project, “Enhancing Working Memory to Reduce Undesirable and Persistent Thoughts (ERUPT)”

- Programmed software for pilot study investigating the utility of a working memory treatment program in reducing anxiety-related cognitions (E-Prime and Inquisit).
- Spearheaded recruitment efforts, screened participants for eligibility, consented participants, oversaw patient progress through the study, administered self-reports and experimental tasks.
- Monitored and diagnosed equipment problems, ensured data completeness, and managed database and IRB protocol modifications.

On-site clinic research project, “REDCap Open Clinic Study”

- Managed REDCap database for collection and analysis of self-report data at intake and over the course of treatment for all patients seeking assessment/treatment within the CTSA’s fee-for-service clinic.
- Facilitated communications between therapists, patients, and study team to ensure data completeness.
- Extracted and cleaned clinic and research datasets in SPSS and presented findings to clinic staff.
- Managed IRB protocol modifications and continuing reviews.
- Coordinated and directly assigned tasks to undergraduate students to manage project needs.

Other Responsibilities

- Supervised and mentored undergraduate research volunteers.
- Coordinated intensive week-long workshops in Prolonged Exposure (PE) therapy and Exposure and Response Prevention (Ex/RP).
- Assisted in grant application writing and IRB applications.
- Served as co-author on manuscripts for publication, aided in peer review of manuscripts being considered for publication, performed literature searches, and participated in monthly journal discussions.

Undergraduate Research Assistant
The Depression and Wellness Program
Director: Adele M. Hayes, Ph.D.

August 2017 – May 2018
University of Delaware
Newark, DE

- Coded processes of change in recorded therapy sessions of Cognitive Behavioral Therapy and Behavioral Activation Therapy for depression using the Change and Growth Experiences Scale.
- Coded patient narratives from exposure-based cognitive therapy treatment for depression.
- Coordinated data management for trial of exposure-based cognitive therapies using SPSS.
- Attended weekly lab meetings.

Undergraduate Research Assistant
Clinical Psychophysiology Lab
Director: Robert Simons, Ph.D.

August 2017 – May 2018
University of Delaware
Newark, DE

- Conducted study sessions with participants using EEG equipment to investigate the moderating effects of awareness of somatic sensations on cognitive and emotional brain processes as they relate to OCD.

Undergraduate Research Assistant

Parent and Teen Lab

Director: Roger Kobak, Ph.D.

February 2017 – May 2018

University of Delaware

Newark, DE

- Assisted in coding survey development regarding attachment injuries in relationships with mothers, fathers, friends, and romantic partners.
- Coded participant narratives to examine productive and unproductive processing of attachment injuries and their implications for young adult psychopathology, suicidality, and adjustment.
- Conducted preliminary data cleaning and analyses using SPSS.
- Attended weekly lab meetings.

Undergraduate Research Assistant

Close Relationships and Health Lab

Director: Lisa M. Jaremka, Ph.D.

February 2016 – May 2018

University of Delaware

Newark, DE

- Conducted longitudinal study sessions investigating the correlation between social support and inflammation levels over time.
- Conducted between-subjects experiment examining the effects of social support on inflammation levels.
- Designed surveys using MediaLab and Qualtrics software.
- Coded participant responses to surveys and statistically analyzed data sets using SPSS.
- Trained in collection of blood and saliva samples as well as EKG and respiration patterns.
- Attended weekly lab meetings.

Senior thesis: "Do depressive symptoms moderate the link between rejection and salivary cortisol?"

- Coordinated independent thesis research project exploring the potential moderating effects of depressive symptomatology on the relationship between rejection and salivary cortisol.
- Collected data from a college population measuring current depressive symptoms using self-report data and a novel rejection paradigm.
- Conducted independent literature review and statistical analysis and wrote manuscript.
- *Thesis Committee Members:* Lisa Jaremka, Ph.D., Roger Kobak, Ph.D., & Jaclyn Schwarz, Ph.D.

CLINICAL EXPERIENCE

Graduate Student Therapist and Diagnostic Assessor

Jesse G. Harris, Jr. Psychological Services Center

Supervisor: Mary Beth McGavran, Ph.D.

August 2021 – Present

University of Kentucky

Lexington, KY

- Administer diagnostic assessments to clients presenting with a wide range of psychopathology in a community counseling psychology clinic.
- Develop case conceptualizations and treatment plans.
- Provide individual cognitive-behavioral therapy to clients using structured and unstructured treatment modalities.

Post-Baccalaureate Research Assistant

Center for the Treatment and Study of Anxiety (CTSA)

Director: Edna B. Foa, Ph.D.

June 2018 – July 2020

University of Pennsylvania

Philadelphia, PA

Independent Evaluator

- Trained in reliability to administer the Mini International Neuropsychiatric Interview (MINI), Clinician-Administered PTSD Scale for DSM-5 (CAPS-5), Posttraumatic Stress Disorder Symptom Scale Interview for DSM-5 (PSSI-5), Columbia-Suicide Severity Rating Scale (C-SSRS), Yale-Brown Obsessive Compulsive Scale (Y-BOCS), Liebowitz Social Anxiety Scale (LSAS).

Intake Coordinator

- Screened patients interested in study participation or treatment through the CTSA's clinic. Responsibilities included providing information about center services, pitching studies, conducting preliminary assessment of current symptoms, and determining study eligibility or suitability for exposure therapy through the clinic.
- Worked directly with patients to coordinate appointments and complete self-report measures.

Other Clinical Activities

- Attended monthly group supervision for OCD and PTSD cases; served as a confederate during in-session exposures; observed patient intake evaluations.

Crisis Helpline Listener

November 2016 – June 2018

Contact Lifeline, Inc.

Wilmington, DE

Director: Jackie B. Cousin, Ed.D.

- Volunteered several times per month at Delaware's suicide prevention and crisis hotline, aiding callers in coping with current distress symptoms and connecting them to community resources.
- Completed 44 hours of Crisis Helpline and Sexual Assault Survivor's Advocate Training as well as 12 hours of crisis helpline apprenticeships.

SPECIALIZED CLINICAL TRAINING

Written Exposure Therapy: A Brief PTSD Treatment

September 28, 2021

U.S. Department of Veterans Affairs

- Completed online introductory training on the development, study, and administration of Written Exposure Therapy for PTSD (WET).

Intensive Training in Cognitive Processing Therapy for PTSD

August 11 – 13, 2020

Clinic for Emotional Health

Lexington, KY

- Attended three-day intensive workshop at the University of Kentucky Clinic for Emotional Health in Cognitive Processing Therapy (CPT) for PTSD.
- Instructor: Christal L. Badour, Ph.D.

Intensive Training in Prolonged Exposure (PE) for Adolescents with PTSD

October 25, 2019

Center for the Treatment and Study of Anxiety

Philadelphia, PA

- Attended eight-hour workshop at the Community Behavioral Health Center, providing training in Prolonged Exposure (PE) therapy for adolescents with PTSD.
- Instructor: Sandra Capaldi, Psy.D.

Intensive Training in Prolonged Exposure (PE) for PTSD

October 21 – 24, 2019

Center for the Treatment and Study of Anxiety

Philadelphia, PA

- Attended four-day intensive workshop at the Community Behavioral Health Center in Prolonged Exposure (PE) therapy for PTSD.
- Instructors: Edna B. Foa, Ph.D., Sandra Capaldi, Psy.D., Jeremy Tyler, Psy.D., & Thea Gallagher, Psy.D.

Intensive Training in Exposure & Response Prevention (Ex/RP) for OCD

July 15 – 18, 2019

Center for the Treatment and Study of Anxiety

Philadelphia, PA

- Coordinated and attended four-day intensive workshop at the Center for the Treatment and Study of Anxiety in Exposure and Response Prevention (Ex/RP) for OCD.
- Instructors: Edna B. Foa, Ph.D., Lily Brown, Ph.D., Jessica Bodie, Ph.D., Staci Berkowitz, Ph.D., Jeremy Tyler, Psy.D., Sandra Capaldi, Psy.D., & Thea Gallagher, Psy.D.

CO-REVIEWER EXPERIENCE

- Behavior Therapy (2021, 2022)
- Journal of Affective Disorders (2019)
- Journal of Traumatic Stress (2019)
- PsyCh Journal (2019)

TEACHING EXPERIENCE

Courses:

Teaching Assistant

Clinical Psychology (PSYC 481)

Spring Semester 2018

University of Delaware

Instructor: Timothy Fowles, Ph.D.

Newark, DE

- Assisted in course design, prepared instructional materials, and held exam review sessions.
- Met weekly with the course instructor to plan lessons and grading.
- Wrote, proctored, and graded exams and class assignments and attended lectures.

Teaching Assistant

Research Methods (PSYC 207)

Fall Semester 2017

University of Delaware

Instructor: Lisa M. Jaremka, Ph.D.

Newark, DE

- Facilitated review sessions for undergraduate research methods course in psychology.
- Met weekly with the course instructor to plan lessons and grading.
- Proctored exams, held weekly office hours for students, graded class assignments, and attended lectures.

Invited Lectures:

McCann, J. P. (2021, November). *Diagnosis of posttraumatic stress disorder*. Jesse G. Harris, Jr. Psychological Services Center, University of Kentucky, Lexington, KY.

McCann, J. P. (2021, July). *Assessment measures for posttraumatic stress disorder*. Jesse G. Harris, Jr. Psychological Services Center, University of Kentucky, Lexington, KY.

RELEVANT ACTIVITIES, WORK, AND LEADERSHIP

Undergraduate Student Mentor

November 2020 – Present

Center for Graduate and Professional Diversity Initiatives, *University of Kentucky*

Lexington, KY

- Held monthly mentorship meetings with undergraduate mentee at the University of Kentucky.
- Discussed application process to graduate programs, revised resume and personal statement for graduate school applications, and planned for transition into graduate program.

Student Supervisor

August 2017 – May 2018

Close Relationships and Health Lab, *University of Delaware*

Newark, DE

- Chosen by director, Lisa M. Jaremka, Ph.D., after working in her lab for three semesters.
- Delegated and oversaw completion of laboratory tasks, supervised participant recruitment for studies, trained research assistants to run experiments, monitored shift logs of all research assistants, and maintained lab's social media presence.

Social Chair

August 2016 – May 2018

Psi Chi: The International Honor Society in Psychology, *University of Delaware*

Newark, DE

- Managed activities for the honor society with over 200 members and four other executive officers.
- Evaluated applications, inducted new members, recruited speakers for research and career development, and conducted general body meetings.
- Coordinated fundraising, large activities and events, merchandising, and community service.

Peer Advisor

August 2016 – May 2017

Department of Psychological and Brain Sciences, *University of Delaware*

Newark, DE

- Selected by the Director of Undergraduate Advising for the Department, Agnes Ly, Ph.D.
- Held weekly office hours, assisted peers with course selection, schedule organization, planning of semesters, and involvement in departmental research.

PROFESSIONAL AFFILIATIONS

- Association for Behavioral and Cognitive Therapies (ABCT)
- ABCT Anxiety Disorders Special Interest Group
- ABCT Trauma and PTSD Special Interest Group
- Psi Chi: The International Honor Society in Psychology
- National Society of Collegiate Scholars

SPECIAL SKILLS

- **Computer Skills:** IBM SPSS, PROCESS Macro, REDCap, Epic Medical Record Database, Qualtrics, Zotero, Mendeley, PsycINFO, ScienceDirect, Survey Monkey, Microsoft Windows, Microsoft Office
- **Laboratory Skills:** Aclaris Medical, AcqKnowledge, Thought Technology/BIOPAC Psychophysiology, E-Prime, MediaLab, Inquisit, Clinical phone screenings
- **Additional Languages:** Spanish (*working proficiency*)