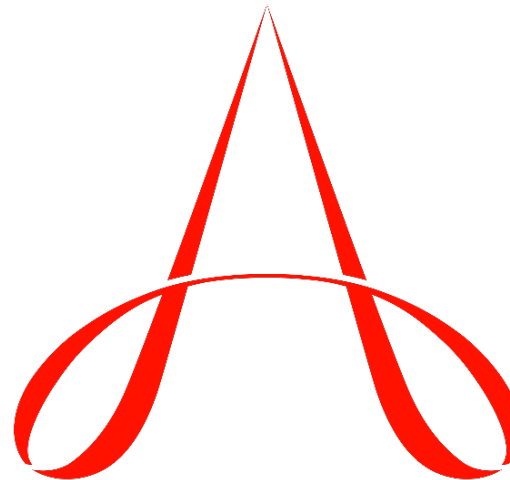




Pediatric Rehabilitation Milestones

The Accreditation Council for Graduate Medical Education



ACGME

Implementation Date: July 1, 2021
Second Revision: May 2021
First Revision: August 2014

Pediatric Rehabilitation Milestones

The Milestones are designed only for use in evaluation of fellows in the context of their participation in ACGME-accredited residency or fellowship programs. The Milestones provide a framework for the assessment of the development of the fellow in key dimensions of the elements of physician competence in a specialty or subspecialty. They neither represent the entirety of the dimensions of the six domains of physician competency, nor are they designed to be relevant in any other context.

Pediatric Rehabilitation Milestones Work Group

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American Board of Physical Medicine and Rehabilitation

Review Committee for Physical Medicine and Rehabilitation

Understanding Milestone Levels and Reporting

This document presents the Milestones, which programs use in a semi-annual review of fellow performance, and then report to the ACGME. Milestones are knowledge, skills, attitudes, and other attributes for each of the ACGME Competencies organized in a developmental framework. The narrative descriptions are targets for resident/fellow performance throughout their educational program.

Milestones are arranged into levels. Tracking from Level 1 to Level 5 is synonymous with moving from novice to expert fellow in the specialty or subspecialty. For each reporting period, the Clinical Competency Committee will review the completed evaluations to select the milestone levels that best describe each learner's current performance, abilities, and attributes for each subcompetency.

These levels *do not* correspond with post-graduate year of education. Depending on previous experience, a junior fellow may achieve higher levels early in his/her educational program just as a senior fellow may be at a lower level later in his/her educational program. There is no predetermined timing for a resident to attain any particular level. Fellows may also regress in achievement of their milestones. This may happen for many reasons, such as over scoring in a previous review, a disjointed experience in a particular procedure, or a significant act by the fellow.

Selection of a level implies the fellow substantially demonstrates the milestones in that level, as well as those in lower levels (see the diagram on page v).

Additional Notes

Level 4 is designed as a graduation *goal* but *does not* represent a graduation *requirement*. Making decisions about readiness for graduation and unsupervised practice is the purview of the program director. Furthermore, Milestones 2.0 include revisions and changes that preclude using Milestones as a sole assessment in high-stakes decisions (i.e., determination of eligibility for certification or credentialing). Level 5 is designed to represent an expert fellow whose achievements in a subcompetency are greater than the expectation. Milestones are primarily designed for formative, developmental purposes to support continuous quality improvement for individual learners, education programs, and the specialty. The ACGME and its partners will continue to evaluate and perform research on the Milestones to assess their impact and value.

Some milestone descriptions include statements about performing independently. These activities must occur in conformity to ACGME supervision guidelines as described in the Program Requirements, as well as to institutional and program policies. For example, a fellow who performs a procedure independently must, at a minimum, be supervised through oversight.

A Supplemental Guide is also available to provide the intent of each subcompetency, examples for each level, assessment methods or tools, and other available resources. The Supplemental Guide, like examples contained within the Milestones, is designed only to assist the program director and Clinical Competency Committee and is not meant to demonstrate any required element or outcome.

Additional resources are available in the [Milestones](#) section of the ACGME website. Follow the links under “What We Do” at www.acgme.org.

The diagram below presents an example set of milestones for one subcompetency in the same format as the ACGME Report Worksheet. For each reporting period, a fellow's performance on the milestones for each subcompetency will be indicated by selecting the level of milestones that best describes that fellow's performance in relation to those milestones.

Systems-Based Practice 1: Patient Safety and Quality Improvement				
Level 1	Level 2	Level 3	Level 4	Level 5
Demonstrates knowledge of common patient safety events	Identifies system factors that lead to patient safety events	Participates in analysis of patient safety events (simulated or actual)	Conducts analysis of patient safety events and offers error prevention strategies (simulated or actual)	Actively engages teams and processes to modify systems to prevent patient safety events
Demonstrates knowledge of how to report patient safety events	Reports patient safety events through institutional reporting systems (simulated or actual)	Participates in disclosure of patient safety events to patients and families (simulated or actual)	Discloses patient safety events to patients and families (simulated or actual)	Role models or mentors others in the disclosure of patient safety events
Demonstrates knowledge of basic quality improvement methodologies and metrics	Describes quality improvement initiatives at the institutional or departmental level	Participates in quality improvement initiatives at the institutional or departmental level	Demonstrates the skills required to identify, develop, implement, and analyze a quality improvement project	Creates, implements, and assesses quality improvement initiatives at the institutional or community level
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Comments: Not Yet Completed Level 1 <input type="checkbox"/>				

Selecting a response box in the middle of a level implies that milestones in that level and in lower levels have been substantially demonstrated.

Selecting a response box on the line in between levels indicates that milestones in lower levels have been substantially demonstrated as well as **some** milestones in the higher level(s).

Patient Care 1: History for Pediatric Rehabilitation Patients				
Level 1	Level 2	Level 3	Level 4	Level 5
Acquires and presents a basic pediatric psychiatric history, including medical, functional, and psychosocial elements	Acquires and presents a comprehensive pediatric psychiatric history identifying all components of functioning, including development, impairments, activities, participation, and contextual factors	Acquires and presents a relevant pediatric psychiatric history in a prioritized fashion, integrating components of functioning within the context of development	Elicits and presents key pediatric psychiatric history, including subtleties, in a prioritized and efficient fashion across a spectrum of ages and impairments	Role models the effective gathering and presentation of subtle and salient pediatric psychiatric history from patients across a spectrum of ages and impairments
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Comments:			Not Yet Completed Level 1	<input type="checkbox"/>
			Not Yet Assessable	<input type="checkbox"/>

Patient Care 2: Physical Examination for Pediatric Rehabilitation Patients				
Level 1	Level 2	Level 3	Level 4	Level 5
Performs and presents a basic pediatric psychiatric examination	Performs and presents a comprehensive, developmentally appropriate pediatric psychiatric examination	Performs and presents a hypothesis-driven pediatric psychiatric examination, with identification of subtle or atypical findings over a spectrum of ages and impairments	Efficiently performs and presents a hypothesis-driven pediatric psychiatric examination, with identification of subtle or atypical findings over a spectrum of ages and impairments	Role models a hypothesis-driven pediatric psychiatric examination that identifies subtle or atypical findings over a spectrum of ages and impairments
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Comments:			Not Yet Completed Level 1	<input type="checkbox"/>
			Not Yet Assessable	<input type="checkbox"/>

Patient Care 3: Differential Diagnosis of Pediatric Rehabilitation Medicine Patients				
Level 1	Level 2	Level 3	Level 4	Level 5
Produces a basic differential diagnosis for common pediatric psychiatric disorders and associated conditions	Generates a comprehensive differential diagnosis that includes pediatric psychiatric disorders and associated conditions	Develops a focused, age-appropriate differential diagnosis, including pediatric medical conditions and less common conditions	Produces a prioritized differential diagnosis across a spectrum of ages and impairments	Efficiently produces a focused and prioritized differential diagnosis accounting for rare conditions
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Comments:			Not Yet Completed Level 1	<input type="checkbox"/>
			Not Yet Assessable	<input type="checkbox"/>

Patient Care 4: Diagnostic Evaluation of Pediatric Rehabilitation Medicine Patients				
Level 1	Level 2	Level 3	Level 4	Level 5
Orders appropriate diagnostic studies for conditions commonly seen in pediatric physiatry (e.g., dysplastic hip), based on established guidelines or consensus	Orders comprehensive, hypothesis-driven diagnostic studies for conditions commonly seen in pediatric physiatry Identifies common pediatric assessment tools and outcome measures	Appropriately prioritizes the sequence and urgency of diagnostic testing, and begins to interpret results to guide further management Uses appropriate outcome measures and scales for diagnoses	Orders diagnostic testing and assessment tools based on cost effectiveness and likelihood that results will influence clinical management (e.g., gait analysis) Integrates knowledge of functional goals, results of pediatric assessment tools, and prognosis to optimize patient management	Streamlines testing for cost effectiveness and minimal patient and family burden Serves as a resource to others for the implementation of assessment tools and outcome measures
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Comments:			Not Yet Completed Level 1 <input type="checkbox"/>	<input type="checkbox"/>
			Not Yet Assessable <input type="checkbox"/>	<input type="checkbox"/>

Patient Care 5: Medical Management of Pediatric Rehabilitation Medicine Patients				
Level 1	Level 2	Level 3	Level 4	Level 5
Identifies and manages general medical conditions and their complications	Identifies and manages complications related to complex medical, neurological, and musculoskeletal disorders	Develops and implements a comprehensive evidence-based treatment plan that anticipates and addresses complications related to medical, neurological, and musculoskeletal disorders	Develops a treatment plan that anticipates and addresses complications across the spectrum of ages (e.g., complications that occur in adulthood from a childhood onset condition)	Role models the development and implementation of a comprehensive treatment plan, including consideration of emerging treatments
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Comments:			Not Yet Completed Level 1	<input type="checkbox"/>
			Not Yet Assessable	<input type="checkbox"/>

Patient Care 6: Rehabilitation/Functional Management of Pediatric Rehabilitation Medicine Patients – Assistive Devices and Technologies				
Level 1	Level 2	Level 3	Level 4	Level 5
Evaluates patient need for common assistive devices and technologies based on impairment	Evaluates patient need for a full range of assistive devices and technologies based on impairments, accounting for barriers, contraindications, comorbidities, issues related to growth and development, and input from other professionals	Generates a detailed prescription, in consultation with other professionals, for a full range of assistive devices and technologies, including justification and advocacy where needed	Serves as a resource to other professionals for clinical problem solving and functional challenges related to assistive devices and technologies	Involved in research/development of novel assistive devices or technologies
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Comments: <div style="text-align: right;"> Not Yet Completed Level 1 <input type="checkbox"/> Not Yet Assessable <input type="checkbox"/> </div>				

Patient Care 7: Rehabilitation/Functional Management of Pediatric Rehabilitation Medicine Patients – Rehabilitation Interventions				
Level 1	Level 2	Level 3	Level 4	Level 5
Prescribes common rehabilitation therapies for children based on impairments	Prescribes common rehabilitation therapies accounting for developmental needs and understanding expected goals	Generates specific therapy prescriptions, targeting for condition-specific goals and precautions	Monitors and adjusts the therapy interventions based on previous results and reassessment	Participates in research and development of novel therapy interventions
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Comments: <div style="float: right; text-align: right;"> Not Yet Completed Level 1 <input type="checkbox"/> Not Yet Assessable <input type="checkbox"/> </div>				

Patient Care 8: Procedural Skills in Pediatric Rehabilitation Medicine				
Level 1	Level 2	Level 3	Level 4	Level 5
<p>Demonstrates basic understanding of indications for various spasticity procedures in pediatric patients</p> <p>Performs procedures with hands-on assistance</p>	<p>Provides basic education to patients and families regarding procedure-specific information and treatment options and obtains informed consent</p> <p>Performs procedures with verbal guidance</p>	<p>Selects spasticity procedures based on individual condition; provides in-depth education to patients and families regarding procedure-specific information and treatment options</p> <p>Modifies procedures to accommodate patient's impairments and minimize discomfort; consistently performs procedures without attending direction</p>	<p>Troubleshoots spasticity interventions that are ineffective or when complications arise</p> <p>Skillfully performs a wide variety of procedures and teaches others in the safe performance of these procedures</p>	<p>Effectively uses spasticity procedures in complex clinical scenarios</p> <p>Develops a curriculum</p>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<p>Comments:</p>			<p>Not Yet Completed Level 1 <input type="checkbox"/></p> <p>Not Yet Assessable <input type="checkbox"/></p>	

Medical Knowledge 1: Psychiatric Knowledge				
Level 1	Level 2	Level 3	Level 4	Level 5
Demonstrates basic knowledge of complex pediatric medical conditions and basic preventive care	Synthesizes psychiatric knowledge of common pediatric rehabilitation disorders, secondary conditions, treatment options, and complications	Synthesizes psychiatric knowledge of complex pediatric rehabilitation disorders, secondary conditions, treatment options, and complications	Integrates psychiatric knowledge into practice across a spectrum of ages, impairments, educational and clinical scenarios	Serves as a resource for others for new and emerging concepts and investigation relevant to foundational principles of psychiatric practice
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Comments:				Not Yet Completed Level 1 <input type="checkbox"/>
				Not Yet Assessable <input type="checkbox"/>

Medical Knowledge 2: Growth and Development				
Level 1	Level 2	Level 3	Level 4	Level 5
Demonstrates knowledge of basic growth and developmental milestones	<p>Recognizes atypical growth or development (e.g., recognition of persistent primitive reflexes)</p> <p>Demonstrates knowledge of anatomy and physiology related to growth (e.g., bladder volume, skeletal immaturity, pubertal maturation)</p>	<p>Recognizes influence of development and impairment level on current functional capabilities</p> <p>Applies knowledge of pathophysiology to the growth and development of a child (e.g., precocious puberty in brain disorders, hip dysplasia with cerebral palsy)</p>	<p>Applies knowledge of developmental trajectory to provide a functional prognosis</p> <p>Synthesizes the knowledge of anatomy and physiology in the context of prevention and treatment (e.g., use of practice guidelines for osteopenia and hip dysplasia in cerebral palsy)</p>	Collaborates on the development of practice guidelines or educational resources for clinicians in the area of growth and development
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<p>Comments:</p> <p style="text-align: right;">Not Yet Completed Level 1 <input type="checkbox"/></p> <p style="text-align: right;">Not Yet Assessable <input type="checkbox"/></p>				

Systems-Based Practice 1: Patient Safety in Pediatric Rehabilitation				
Level 1	Level 2	Level 3	Level 4	Level 5
Demonstrates knowledge of common patient safety events	Identifies system factors that lead to patient safety events	Participates in analysis of patient safety events (simulated or actual)	Conducts analysis of patient safety events and offers error prevention strategies (simulated or actual)	Actively engages teams and processes to modify systems to prevent patient safety events
Demonstrates knowledge of how to report patient safety events	Reports patient safety events through institutional reporting systems (simulated or actual)	Participates in disclosure of patient safety events to patients and families (simulated or actual)	Discloses patient safety events to patients and families (simulated or actual)	Role models or mentors others in the disclosure of patient safety events
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Comments: <div style="text-align: right;">Not Yet Completed Level 1 <input type="checkbox"/></div>				

Systems-Based Practice 2: Quality Improvement in Pediatric Rehabilitation				
Level 1	Level 2	Level 3	Level 4	Level 5
Demonstrates knowledge of basic quality improvement methodologies and metrics	Describes quality improvement initiatives	Participates in quality improvement initiatives	Demonstrates the skills required to identify, develop, implement, and analyze a quality improvement project	Creates, implements, and assesses quality improvement initiatives at the institutional or community level
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Comments: <div style="text-align: right;">Not Yet Completed Level 1 <input type="checkbox"/></div>				

Systems-Based Practice 3: System Navigation for Patient-Centered Care				
Level 1	Level 2	Level 3	Level 4	Level 5
Demonstrates understanding and knowledge of care coordination	Coordinates care of patients in routine clinical situations effectively using the roles of the interprofessional team members	Coordinates care of patients in complex clinical situations effectively collaborating with members of the interprofessional teams	Role models effective coordination of patient-centered care among different professions and specialties	Analyzes the process of care coordination and leads in the design and implementation of improvements
Identifies key elements for safe and effective transitions of care and hand-offs	Performs safe and effective transitions of care/hand-offs in routine clinical situations	Performs safe and effective transitions of care/hand-offs in complex clinical situations	Role models and advocates for safe and effective transitions of care/hand-offs within and across different levels of health care and settings	Leads quality improvement of transitions of care within and across different levels of health care and settings to optimize patient outcomes
Demonstrates knowledge of population and community health needs and disparities	Identifies specific population and community health needs and inequities for the local population	Uses local resources effectively to meet the needs of the local population and community to minimize health care inequities	Participates in changing and adapting practice to provide equitable accessible and quality care for specific populations	Leads innovations and advocacy in partnership with populations and communities experiencing health care inequities to make sustainable improvements
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Comments: <div style="text-align: right;">Not Yet Completed Level 1 <input type="checkbox"/></div>				

Systems-Based Practice 4: Physician Role in Health Care Systems				
Level 1	Level 2	Level 3	Level 4	Level 5
<p>Identifies key components of the health care system, including the various venues for post-acute care</p> <p>Describes basic health payment systems (e.g., government, private, public, uninsured care) and practice models</p> <p>Identifies basic knowledge domains for effective transition to practice (e.g., information technology, legal, billing and coding, financial, personnel)</p>	<p>Describes how components of a health care system are interrelated, and how this impacts patient care</p> <p>Identifies care plan that is compatible with each patient's payment model (e.g., insurance type) and obstacles for delivery</p> <p>Demonstrates use of information technology required for medical practice (e.g., electronic health record, documentation required for billing and coding)</p>	<p>Discusses how individual practice affects the broader system (e.g., length of stay, readmission rates, clinical efficiency)</p> <p>Engages with patients and families in shared decision making, informed by each patient's payment models</p> <p>Describes core administrative knowledge needed for transition to practice (e.g., contract negotiations, malpractice insurance, government regulation, compliance)</p>	<p>Navigates the various components of the health care system to provide efficient and effective patient care and transition of care</p> <p>Advocates for patient care needs (e.g., community resources, patient assistance resources) with consideration of the limitations of each patient's payment model</p> <p>Analyzes individual practice patterns and professional requirements in preparation for independent practice</p>	<p>Advocates for or leads systems change that enhances high-value, efficient and effective patient care and transition of care</p> <p>Participates in health policy advocacy activities</p> <p>Educates others to prepare them for transition to practice</p>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<p>Comments:</p> <p style="text-align: right;">Not Yet Completed Level 1 <input type="checkbox"/></p>				

Practice-Based Learning and Improvement 1: Evidence-Based and Informed Practice				
Level 1	Level 2	Level 3	Level 4	Level 5
Demonstrates how to access available evidence	Articulates clinical questions and elicits patient preferences and values to guide evidence-based care	Locates and applies the best available evidence, integrated with patient preference, to the care of complex patients	Critically appraises and applies evidence even in the face of uncertainty and conflicting evidence to guide care, tailored to the individual patient	Coaches others to critically appraise and apply evidence for complex patients, and/or participates in the development of guidelines
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Comments: <div style="text-align: right;">Not Yet Completed Level 1 <input type="checkbox"/></div>				

Practice-Based Learning and Improvement 2: Reflective Practice and Commitment to Professional Growth				
Level 1	Level 2	Level 3	Level 4	Level 5
Accepts responsibility for professional development	Demonstrates openness to verbal feedback and other performance data	Seeks and incorporates verbal feedback and other performance data intermittently, in an open and reflective manner	Seeks and incorporates verbal feedback and other performance data consistently, with humility and adaptability	Role models consistent incorporation of verbal feedback and other performance data
Identifies and/or acknowledges gaps between expectations and actual performance	Analyzes and reflects on the factors which contribute to performance gaps	Institutes behavioral changes to narrow performance gaps	Uses data to measure the effectiveness of the learning plan to address performance gaps and modifies accordingly	Mentors others on reflective practice, including the design and implementation of learning plans
Identifies opportunities to improve	Designs and implements a learning plan, with guidance	Independently designs and implements a learning plan		
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Comments: <div style="text-align: right;">Not Yet Completed Level 1 <input type="checkbox"/></div>				

Professionalism 1: Ethical Practice				
Level 1	Level 2	Level 3	Level 4	Level 5
Approaches clinical care and educational duties with actions consistent with core ethical principles	Demonstrates consistent application of ethical principles in routine clinical practice, such as informed consent, surrogate decision making, advance directives, confidentiality, error reporting and disclosure, and stewardship of limited resources	Recognizes tensions between conflicting ethical principles in complex situations and seeks appropriate guidance to help resolve ethical dilemmas	Manages ethical dilemmas, using appropriate resources as needed to facilitate resolution (e.g., ethics consultations, literature review, risk management/legal consultation)	Serves as a resource for others to resolve complex ethical dilemmas
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Comments: <div style="text-align: right;">Not Yet Completed Level 1 <input type="checkbox"/></div>				

Professionalism 2: Professional Behaviors				
Level 1	Level 2	Level 3	Level 4	Level 5
<p>Describes when and how to appropriately report lapses</p> <p>Identifies professionalism lapses in oneself and others</p>	<p>Demonstrates professional behavior in routine situations</p> <p>Takes responsibility for one's own professionalism lapses when applicable and identifies contributing factors</p>	<p>Anticipates situations that may trigger professionalism lapses</p> <p>Takes remedial action to address lapses when applicable</p>	<p>Demonstrates professional behavior in all situations, including during times of stress</p> <p>Proactively intervenes to prevent lapses</p>	<p>Coaches others when their behavior fails to meet professional expectations</p> <p>Addresses system issues to minimize potential for professionalism lapses</p>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<p>Comments:</p> <p style="text-align: right;">Not Yet Completed Level 1 <input type="checkbox"/></p>				

Professionalism 3: Accountability				
Level 1	Level 2	Level 3	Level 4	Level 5
Responds promptly to requests or reminders to complete responsibilities	Performs tasks and responsibilities in a timely manner with appropriate attention to detail in routine situations	Performs tasks and responsibilities in a timely manner with appropriate attention to detail in complex or stressful situations	Proactively implements strategies to ensure that the needs of persons, teams, and systems are met in a timely manner	Coaches others to optimize timely task completion
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Comments: <div style="text-align: right;">Not Yet Completed Level 1 <input type="checkbox"/></div>				

Professionalism 4: Patient Care Etiquette with Patients of All Abilities				
Level 1	Level 2	Level 3	Level 4	Level 5
Recognizes the need to respect the dignity of all people regardless of impairments or disabilities	Demonstrates specific elements of verbal and physical communication that reflect respect for people with impairments or disabilities	Proactively maintains pediatric patient's comfort and dignity during clinical encounters for those with mild impairments or disabilities	Proactively maintains pediatric patient's comfort and dignity during clinical encounters for those with severe impairments or disabilities	Serves as a role model and resource by coaching others in behaviors and actions that optimize the comfort, dignity, and respect of people with impairments or disabilities
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Comments:				Not Yet Completed Level 1 <input type="checkbox"/>

Professionalism 5: Well-Being and Help-Seeking				
Level 1	Level 2	Level 3	Level 4	Level 5
Recognizes status of personal and professional well-being, with assistance	Independently recognizes status of personal and professional well-being and demonstrates appropriate help-seeking behaviors	With assistance, proposes, implements, and refines a plan to optimize personal and professional well-being	Independently develops, implements, and refines a plan to optimize personal and professional well-being	Coaches others and addresses system barriers and facilitators to optimize personal and professional well-being
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Comments: <div style="text-align: right;">Not Yet Completed Level 1 <input type="checkbox"/></div>				

This subcompetency is not intended to evaluate a fellow’s well-being. Rather, the intent is to ensure that each fellow has the fundamental knowledge of factors that impact well-being, the mechanism by which those factors impact well-being, and available resources and tools to improve well-being.

Interpersonal and Communication Skills 1: Patient- and Family-Centered Communication				
Level 1	Level 2	Level 3	Level 4	Level 5
<p>Uses language and non-verbal behavior to demonstrate respect and establish rapport</p> <p>Minimizes common barriers to effective communication (e.g., language, disability)</p> <p>Accurately communicates own role within the health care system</p>	<p>Establishes a therapeutic relationship in straightforward encounters using active listening and clear language</p> <p>Minimizes complex barriers to effective communication (e.g., health literacy, cultural differences), but has limited awareness of potential personal biases</p> <p>Organizes and initiates communication with the patient/patient's family by clarifying expectations and verifying understanding of the clinical situation</p>	<p>Establishes a therapeutic relationship in challenging patient encounters</p> <p>When prompted, reflects on personal biases while attempting to minimize communication barriers</p> <p>With guidance, sensitively and compassionately delivers medical information, elicits patient/patient's family values, goals, and preferences, and acknowledges uncertainty and conflict</p>	<p>Easily establishes therapeutic relationships, with attention to patient/patient's family concerns and context, regardless of complexity</p> <p>Overcomes personal biases while proactively minimizing communication barriers</p> <p>Independently uses shared decision making to align patient/patient's family values, goals, and preferences with treatment options to make a personalized care plan</p>	<p>Mentors others in developing positive therapeutic relationships</p> <p>Role models self-awareness practice while teaching a contextual approach to minimize communication barriers</p> <p>Practices skills including compassion and empathy for shared decision making in patient/patient's family communication including those with a high degree of uncertainty/conflict</p>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<p>Comments:</p> <p style="text-align: right;">Not Yet Completed Level 1 <input type="checkbox"/></p>				

Interpersonal and Communication Skills 2: Interprofessional and Team Communication				
Level 1	Level 2	Level 3	Level 4	Level 5
Uses respectful language that values all members of the health care team	Communicates information effectively with all health care team members	Identifies the need to adapt communication style, as needed, to fit team needs	Implements recommendations and communication from different members of the health care team to optimize patient care	Role models flexible communication strategies that value input from all health care team members, resolving conflict when needed
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Comments: <div style="text-align: right;">Not Yet Completed Level 1 <input type="checkbox"/></div>				

Interpersonal and Communication Skills 3: Communication within Health Care Systems				
Level 1	Level 2	Level 3	Level 4	Level 5
<p>Demonstrates organized and complete clinical, diagnostic and therapeutic reasoning through notes in the patient record</p> <p>Demonstrates basic knowledge of appropriate channels of communication within the institution (e.g., pager callback, timely response to emails)</p>	<p>Regularly updates the medical record, communicating clinical reasoning as care evolves (e.g., on-call evaluations, patient preferences, team/family meetings, conflict resolution, and advanced directives)</p> <p>Communicates through appropriate channels as required by institutional policy (e.g., patient safety reports)</p>	<p>Demonstrates effective and timely integration and dissemination of information among all available sources to facilitate patient-centered care, including anticipatory recommendations</p> <p>Appropriately selects direct (e.g., telephone, in-person) and indirect (e.g., progress notes, text messages) forms of communication based on context</p>	<p>Independently documents information in compliance with current regulatory health system requirements (e.g., Centers for Medicare and Medicaid Services, Joint Commission, institutional requirements)</p> <p>Produces written or verbal communication that serves as an example for others to follow</p>	<p>Serves as an expert resource in communication technology</p> <p>Guides departmental or institutional communication around policies and procedures</p>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<p>Comments:</p> <p style="text-align: right;">Not Yet Completed Level 1 <input type="checkbox"/></p>				