#### LAW OFFICES OF

## DAVID R. BACH, P.C. 1401 ROCKVILLE PIKE, SUITE 650 ROCKVILLE, MARYLAND 20852

TELEPHONE (301) 738-7655 FACSIMILE (301) 424-0124

# ADMITTED MARYLAND AND D.C. BARS

David@BachFamilyLaw.com

# **Parent Custody Checklist**

#### 1. Fitness of Parents

Adultery

Inability to hold a job

Lack of Stability

Irresponsibility

Excessive use of alcohol/Drug use

Violence

Quick temper

**Profanity** 

Poor housekeeping

Age and infirmity

Depression

Suicide threats and attempts

Indication of emotional illness

#### 2. Role to Date of Each Parent in Nurturing and Raising the Child

Who cooks, cleans, does laundry?

Who makes and takes child to dental and medical appointments?

Who attends school or extra-curricular activities?

Who puts child to bed?

Who assists child with homework?

Who takes child shopping?

Who disciplines child?

Who participates in religious activities with child?

## 3. The Relationship of the Child to Each Parent

Is the child fearful of the parent?

Does the child confide in the parent?

Does the child respect the parent?

#### 4. The Child's Preference

How old is the child(ren)?

Has the child been pressured into that "preference"?

#### 5. The Home, School and Community Environment

Is child involved in school activities? (Little League, Ballet)

Are there kids their age in community?

Will school or parents meet special needs?

Is child involved in clubs?

Is location of home suitable for children?

Where is location of school child will attend?

## 6. The Availability of Support Systems of Each Parent

Friends

Religious groups

Occupational atmosphere

Remarried

Psychologists/Psychiatrists

## 7. The Lifestyle of Each Parent as a Role Model

Occupation and work habits (balance between good worker & workaholic)

Involvement in community

Involvement in church

Excessive use of alcohol or drugs

Responsibility: who makes decisions in marriage Social life (hours kept): does s/he bring lovers home

Cleanliness

## 8. Accessability to Extended Family in Each Living Situation

Where are grandparents, aunts, uncles, cousins?

#### 9. Attitude of Each Parent Toward Visitation

Who is more likely to allow child continued contact with other parent/current custodian? Has wife/husband interfered with visitation with the child(ren)?

## 10. The Age and Sex of Each Child

Male/Female

Age

## 11. Stability and Mental Health of Each Parent

Responsibility

Suicide threats or attempts

Depression

Indications of emotional illness

Alcohol or drug abuse

## 12. Stability and Mental Health of Each Child

Special needs of child(ren)
How can each parent meet special needs?

#### 13. Preservation of Status-Quo

Who is presently living with child? How long?

## 14. Each Parent's Plans for Day-To-Day Child Care

Child care arrangements (babysitters)
Daily living patterns (work hours)

#### 15. Each Parents Goals and Values

Career goals
Educational goals
Personal goals, family
Priorities (what's most important)
Adulterous
Church-going
Involvement in civic activities and/or charity groups

## 16. Willingness and Cooperation to Include Other Parent in Lives of Child(ren)

Help make decisions Help with problems Keep informed on activities, failures and achievements

## 17. Potential of Maintaining Natural Family Relations

With parents?
With brothers and sisters? (Will there be a distance?)

# 18. Willingness to Provide Support and Maintenance of Child

Which parent can meet special needs? Which parent can meet financial burden? Has parent been helping with support?

## 19. Prior Voluntary Abandonment or Surrender

Did parent leave without children? How often dos s/he visit or contact the child(ren)?

## 20. Desire for Cooperative Parenting Agreement Between Parties

Ability/Willingness of parents to negotiate outside of court Ability to be reasonable/fair Is parent trying to antagonize?

## 21. Character and Reputation of Parties/Witnesses

Get reputable witnesses
Grandparents, relatives
Teachers, school personnel
Coaches
Neighbors
Parents of child's friends
Babysitters
Religious leaders
Activity advisors

- 22. Involvement of Each Parent in Children's Lives
- 23. Which Parent is Best Able to Meet Special Needs of Children?
- 24. Professional Opinions of Where Child Should Go

Psychologists Psychiatrists Social works

- -Who is the child most "bonded" to psychologically?
- -Is parent emotionally dependent on the child?

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