

**Certification Board for Music Therapists  
Self-Assessment Examination Bibliography**

The reference list provided here is not intended to be all-inclusive. Instead, it is designed to familiarize you with some textbooks and reference materials available for practicing music therapists. The items listed are divided according to the major content areas of the CBMT Board Certification Domains. The inclusion of books, periodicals, and other materials in this bibliography is not intended to endorse or recommend such materials by the CBMT. Candidates may also want to become familiar with issues and topics covered regularly in the *Journal of Music Therapy*, *Music Therapy Perspectives*, and other related journals and periodicals.

**I. Safety: 5 items**

American Music Therapy Association and Certification Board for Music Therapists. (2015). *Scope of Music Therapy Practice*. Silver Spring, MD and Downingtown, PA: Authors.  
"Universal Precautions" as defined by CDC – Centers for Disease Control and Prevention.

**II. Referral, Assessment, Interpretation of Assessment, and Treatment Planning: 35 items**

Adamek, M.S. & Darrow, A.A. (2010). *Music in special education*. (2<sup>nd</sup> ed.). Silver Spring, MD: American Music Therapy Association.  
Bruscia, K. E. (2014). *Defining music therapy* (3rd ed.). Gilsum, NH: Barcelona.  
Corey, G. (2013). *Theory and practice of counseling and psychotherapy*. (9<sup>th</sup> ed.). Belmont, CA: Brooks/Cole, Cengage Learning.  
Hanser, S. B. (2018). *The new music therapist's handbook* (3<sup>rd</sup> ed). Boston: Berklee.  
Hillard, R., & Brooks, J. (2005). *Hospice and palliative care music therapy: A guide to program development and clinical care*. King of Prussia, PA: Rittenhouse.  
Knight, Andrew J., LaGasse, A. Blythe, et al. (2018) *Music Therapy: An Introduction to the Profession*. Silver Spring, MD: American Music Therapy Association.  
Peters, J. (2016). *Music therapy: An introduction* (3rd ed.). Springfield, IL: Charles C Thomas.  
Thaut, M. (2005). *Rhythm, music, and the brain*. New York: Routledge.

**III. Treatment Implementation and Documentation: 68 items**

Aigen, K. (2005) *Music-centered music therapy*. Barcelona.  
Allen, J. (2013). *Guidelines for music therapy practice in adult medical care*. (1<sup>st</sup> ed.). Gilsum, NH: Barcelona Publishers.  
American Music Therapy Association. (2000). *Effectiveness of music therapy procedures: Documentation of research and clinical practice* (3rd ed., rev.). Silver Spring, MD: American Music Therapy Association.  
American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental disorders* (5<sup>th</sup> ed.). Arlington, VA: American Psychiatric Publishing.  
Benward, Bruce, & Kolosik, J. T. (2000). *Ear training: a technique for listening* (6th ed.). Madison, WI: McGraw-Hill, or a comparable text.  
Benward, B., & White, G. (1997). *Music in theory and practice*, Volume I (6th ed.). Madison, WI: Brown & Benchmark (McGraw-Hill), or a comparable text.  
Benward, B., & White, G. (1998). *Music in theory and practice*, Volume II (6th ed.). Madison, WI: McGraw-Hill, or a comparable text.  
Berkowitz, S., Fontrier, G., & Kraft, L. (1997). *A new approach to sight singing* (4th ed.). New York: W. W. Norton, or a comparable text.  
Bruscia, K. E. (1987). *Improvisational models of music therapy*. Springfield, IL: Charles C Thomas. Hodges, D. A. (Editor). (1996). *Handbook of music psychology* (2nd ed.). San Antonio: IMR.  
Borczon, R. M. (1997). *Music therapy: Group vignettes*. Gilsum, NH: Barcelona.

- Bradt, J. (2013). *Guidelines for music therapy practice in pediatric care*. (1<sup>st</sup> ed.). Gilsum, NH: Barcelona Publishers.
- Cassity, M. D., & Cassity, J. E. (1995). *Multimodal psychiatric music therapy*. St. Louis: MMB.
- Clair, A. A., & Memmott, J. (2008). *Therapeutic uses of music with older adults* (2<sup>nd</sup> ed.). Silver Spring, MD: American Music Therapy Association.
- Darrow, A. (2004). *An introduction to approaches in music therapy* (1<sup>st</sup> ed.). Silver Spring, MD: American Music Therapy Association.
- Dileo, C. (1999). *Music therapy & medicine: Theoretical and clinical applications*. Silver Spring, MD: American Music Therapy Association.
- Eyre, L., Bruscia, K. (2013). *Guidelines for music therapy practice in mental health care*. (1<sup>st</sup> ed.). Gilsum, NH: Barcelona Publishers.
- Hanser, S. B. (2018). *The new music therapist's handbook* (3<sup>rd</sup> ed.) Boston: Berklee.
- Hibben, J. (Editor). (1999). *Inside music therapy: Client experiences*. Gilsum, NH: Barcelona.
- Hintz, M. (2013). *Guidelines for music therapy practice in developmental health*. (1<sup>st</sup> ed.). Gilsum, NH: Barcelona Publishers.
- Huron, D. (1992). The ramp archetype and the maintenance of passive auditory attention. *Music Perception*, 10, 83-92.
- Hurt, C.P., & Rice, R. (1998). RAS in gait training for patients with TBI. *Journal of Music Therapy*, 35, 228-241.
- Knight, Andrew J., LaGasse, A. Blythe, et al. (2018) *Music Therapy: An Introduction to the Profession*. Silver Spring, MD: American Music Therapy Association.
- Kuhn, T. L., & Reid, H. D. (1994). *Modern folk guitar*. New York: Alfred Knopf Publishers.
- Lancaster, E. L., & Renfrow, K. (1995). *Alfred's group piano for adults book 1*. New York: Alfred, or a comparable text.
- Nordoff, P., & Robbins, C. (2007). *Creative music therapy: A guide to fostering clinical musicianship* (2<sup>nd</sup> ed.). Gilsum, NH: Barcelona.
- Robb, S. L. (2003). Coping and chronic illness: Music therapy for children and adolescents with cancer. *Music therapy in pediatric healthcare: Research and evidence-based practice* (pp. 101-136). Silver Spring, MD: American Music Therapy Association.
- Rolvjord, R. (2010). Resource-oriented music therapy in mental health care. Barcelona.
- Silverman, M.J. (2015). Music therapy in mental health for illness management and recovery. Oxford Oxford University Press.
- Stige, B. (2017). Where music helps: Community music therapy in action and reflection. Routledge.
- Thaut, M. (2014). *Handbook of Neurologic Music Therapy*. (1<sup>st</sup> ed.). New York, NY: Oxford University Press.
- Unkefer, R., & Thaut, M. (2005). *Music therapy in the treatment of adults with mental disorders. Theoretical bases and clinical interventions*. Gilsum, NH: Barcelona.
- Whitehead-Pleaux, A., Donnenwerth, A., Robinson, B., Hardy S., Oswanski, L., Forinash, M., Hearn, M., Anderson, N., York, E. (2012). *Lesbian, Gay, Bisexual, Transgender, and Questioning: Best Practices in Music Therapy*. *Music Therapy Perspectives*, 30(2), 158-166. Silver Spring, MD: American Music Therapy Association.
- Wilson, B. L. (Editor). (1996). *Models of music therapy interventions in school settings: From institution to inclusion*. Silver Spring, MD: National Association for Music Therapy.

**IV. Evaluation and Termination of Treatment: 10 items**

- American Music Therapy Association. (2000). *Effectiveness of music therapy procedures: Documentation of research and clinical practice* (3rd ed., rev.). Silver Spring, MD: American Music Therapy Association.
- Hanser, S. B. (2018). *The new music therapist's handbook*. (3<sup>rd</sup> ed.) Boston: Berklee.
- Knight, Andrew J., LaGasse, A. Blythe, et al. (2018) *Music Therapy: An Introduction to the Profession*. Silver Spring, MD: American Music Therapy Association.
- Simpson, J., & Burns D. (2004). *Music therapy reimbursement*. Silver Spring, MD: American Music Therapy Association.

**V. Professional Development and Responsibilities: 12 items**

- American Music Therapy Association. (1999). *CD-ROM: Music therapy research: Quantitative and qualitative foundations*. Silver Spring, MD: Author.
- American Music Therapy Association. (2019). *Code of ethics*. Silver Spring, MD: Author.
- American Music Therapy Association. (2013). *Professional competencies*. Silver Spring, MD: Author.
- American Music Therapy Association and Certification Board for Music Therapists. (2015). *Scope of Music Therapy Practice*. Silver Spring, MD and Downingtown, PA: Authors.
- American Music Therapy Association. (2015). *Standards of clinical practice* (revised). Silver Spring, MD: Author.
- Certification Board for Music Therapists. (2021). *Code of professional practice* (revised). Downingtown, PA: Author
- Dileo, C. (2021). *Ethical thinking in music therapy*. Cherry Hill, NJ: Jeffrey Books.
- HIPAA: Privacy rule. *Guide for music therapists* (2004). Silver Spring, MD: American Music Therapy Association.
- Hurt-Thaut, C. P., & Johnson, S. B. (2003). Neurologic music therapy with children: Scientific foundations and clinical applications. *Music therapy in pediatric healthcare: Research and evidence-based practice* (p. 83). Silver Spring, MD: American Music Therapy Association.
- Knoll, C. D., Henry, D. J., & Reuer, B. L. (1999). *Music works: A professional notebook for music therapists* (3rd ed.). Stephenville, TX: Music Works.
- Phillips, K.H. (2008). *Exploring research in music education and music therapy*. New York, NY: Oxford University Press.
- Wheeler, B. L. (Ed.). (2005). *Music Therapy Research*, Ed. 2. Gilsum, NH: Barcelona Publishers.