



JANUARY POOL SCHEDULE

Schedules may change based on manager's discretion. Pools & Fitness Center close 15 minutes before the facility closes.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00am-12:00pm Lap Swim 6 Lanes	5:30-6:00am Lap Swim 6 Lanes	5:30-8:45am Lap Swim 6 Lanes	5:30-9:45am Lap Swim 6 Lanes	5:30-8:45am Lap Swim 6 Lanes	5:30-12:00pm Lap Swim 6 Lanes	7:00-8:00am Masters Swim 5 Lanes
12:00-3:45pm Lap Swim 2 Lanes	12:00-3:45pm Open Swim	6:00-7:00am Masters Swim 4 Lanes	6:00-7:00am Lap Swim 2 Lanes	9:00-9:45am Cardio & Core Must reserve	10:00-10:45am Slow Aqua (FREE) Must Reserve	9:00-9:45am Poolates Must Reserve
		9:00-9:45am Cardio & Core Must reserve	10:00-10:45am Slow Aqua (FREE) Must Reserve	9:00-9:45am Cardio & Muscle Endurance Must Reserve	12:00-2:00pm Lap Swim 1 Lane	12:00-7:45pm Open Swim
		9:45am-12:00pm Lap Swim 6 Lanes	10:45am-12:00pm Lap Swim 6 Lanes	9:45am-12:00pm Lap Swim 6 Lanes	2:00-3:00pm Lap Swim 2 Lanes	10:00am-12:00pm Swim Lessons 2 Lanes
		12:00-2:00pm School Group	12:00-2:00pm School Group	12:00-2:00pm School Group	3:00-6:00pm Swim Lessons 1 Lane	10:00am-12:00pm Lap Swim 2 Lanes
		12:00-2:00pm Lap Swim 1 Lane	12:00-5:00pm Open Swim	12:00-5:00pm Lap Swim 2 Lanes	12:00-5:00pm Open Swim	12:00-3:45pm Lap Swim 3 Lanes
		2:00-5:00pm Lap Swim 2 Lanes	3:00-6:00pm Lap Swim 2 Lanes	3:00-5:00pm Swim Lessons 1 Lane	3:00-7:45pm Lap Swim 3 Lanes	12:00-3:45pm Lap Swim 3 Lanes
		3:00-5:00pm Swim Lessons 1 Lane	3:00-6:00pm Swim Lessons 1-2 Lanes	3:00-5:00pm Swim Lessons 1 Lane	2:00-5:30pm Lap Swim 2 Lanes	
		4:00-5:00pm Swim Team 2 Lanes	6:00-8:45pm Lap Swim 3 Lanes	4:00-5:00pm Swim Team 2 Lanes	2:00-5:30pm Open Swim	
		5:00-6:30pm Swim Team 4 Lanes	5:00-6:30pm Lap Swim 2 Lanes	5:00-6:30pm Swim Team 4 Lanes	5:30-7:00pm Swim Team 4 Lanes	
		6:30-8:45pm Lap Swim 3 Lanes	6:30-8:45pm Open Swim	6:30-8:45pm Lap Swim 3 Lanes	5:30-7:00pm Lap Swim 2 Lanes	
					7:00-8:45pm Lap Swim 3 Lanes	
					7:00-8:45pm Open Swim	



Pool Rules:

- Shower before using the pool
- No diving allowed
- No food or drinks (except water) allowed on the pool deck
- No glass bottles
- Kickboards are only to be used within the swim lanes. They are teaching and training devices--not toys
- Inflatable "floaties" are not allowed
- All pools close 15 minutes before the facility closes.

THERAPY POOL:

For availability and reservations, check out our mobile app, call 802-885-2568, or go to www.edgarmay.org

- Reservations are available for up to 3 people for an hour-long session.
- Children under 5 years of age may use the therapy pool with parental support in the water.
- Children between ages 5 to 15 are not permitted in the therapy pool unless they have a doctor's note on file prescribing its use.

- Children must be accompanied in the water by an adult when wearing a floatation device in the lap and therapy pool
- All children under the age of 10 must be accompanied and supervised by an adult

The Lifeguard on Duty will enforce all rules, posted or not. If you have questions, please ask the Lifeguard.