

# Life of Your NLI

## 3 STEPS BEFORE RECEIVING YOUR NLI FROM AN NCAA DIVISION I OR II INSTITUTION

### 1. Register with the NCAA Eligibility Center

LOG ON TO [WWW.NCAAELIGIBILITYCENTER.ORG](http://WWW.NCAAELIGIBILITYCENTER.ORG)

CREATE YOUR ACCOUNT

ACT/SAT TEST SCORES AND TRANSCRIPTS

AMATEURISM CERTIFICATION

### 2. Complete the amateurism questions

Division II requires you to provide an official or unofficial transcript to the Eligibility Center or to the institution.

### 3. NCAA Division I or II Institutional Request List (IRL)

IF YOU ARE ACTIVELY BEING RECRUITED BY A DIVISION I OR II INSTITUTION, THAT INSTITUTION WILL PLACE YOU ON ITS IRL.

IT IS AT THE DISCRETION OF THE INSTITUTION TO PLACE YOU ON AN IRL.



# 5 THINGS TO KNOW BEFORE YOU SIGN!



## 1. What is the NLI?

WHEN YOU SIGN AN NLI YOU AGREE TO ATTEND THE SIGNING INSTITUTION FOR ONE ACADEMIC YEAR IN EXCHANGE FOR THAT INSTITUTION AWARDING ATHLETICS AID FOR A MINIMUM OF ONE ACADEMIC YEAR.

THIS AGREEMENT DOES NOT GUARANTEE YOU PLAYING TIME OR A SPOT ON THE TEAM. THE ONLY GUARANTEE IS THAT THE INSTITUTION WILL PROVIDE YOU WITH ATHLETICS AID FOR THE ACADEMIC YEAR.

## 2. When and Who can sign?

THE NLI CAN ONLY BE SIGNED DURING SPECIFIC SIGNING DATES FOR YOUR SPORT.

YOU CAN SIGN AN NLI IF YOU ARE IN POSITION TO ENROLL AT THE SIGNING INSTITUTION THE UPCOMING FALL TERM.

THIS MEANS YOU ARE EITHER A:

HIGH SCHOOL SENIOR;  
PREP SCHOOL STUDENT; OR  
JUNIOR COLLEGE TRANSFER (2-4 OR 4-2-4)

## 3. How do you fulfill the NLI?

- ✓ BY ATTENDING THE SIGNING INSTITUTION FOR AT LEAST ONE ACADEMIC YEAR AS A FULL-TIME STUDENT; OR
- ✓ BY GRADUATING FROM A TWO-YEAR COLLEGE IF YOU SIGNED YOUR NLI WHILE IN HIGH SCHOOL AND LATER ATTENDED A TWO-YEAR COLLEGE.

## 4. What if there is a coaching change?

THE NLI YOU SIGNED REMAINS BINDING IF THE COACH LEAVES THE SIGNING INSTITUTION.

WHEN YOU SIGN THE NLI, YOU SIGN WITH THE INSTITUTION AND NOT WITH A SPECIFIC COACH.

## 5. What is the NLI penalty?

NLI PENALTY = SERVING ONE ACADEMIC YEAR IN RESIDENCE (2 SEMESTERS OR 3 QUARTERS) AT THE NEXT NLI MEMBER INSTITUTION AND LOSE ONE SEASON OF COMPETITION IN ALL SPORTS.

YOU CAN PRACTICE AND RECEIVE ATHLETICS AID WHILE SERVING THE NLI PENALTY.

# 5



## RULES TO REMEMBER WHEN SIGNING YOUR NLI!

### 1. Parent or Legal Guardian Signature

IF YOU ARE UNDER THE AGE OF 21, YOUR PARENT OR LEGAL GUARDIAN MUST SIGN THE NLI WITH YOU.

### 3. Signing Deadline

YOU HAVE **7** DAYS TO SIGN THE NLI FROM THE DATE ISSUED BY THE INSTITUTION.

THE INSTITUTION CANNOT WITHDRAW THE OFFER DURING THIS TIME PERIOD.

### 2. NLI Signing Dates

YOU ARE NOT PERMITTED TO SIGN OR DATE THE NLI BEFORE THE INITIAL SIGNING DATES FOR YOUR SPORT.

SIGNING DATES CAN BE FOUND ON THE NLI WEBSITE.

[WWW.NATIONAL-LETTER.ORG](http://WWW.NATIONAL-LETTER.ORG)



### 4. Signing Event



IT IS PERMISSIBLE FOR FAMILY, FRIENDS, HIGH SCHOOL ADMINISTRATORS, MEDIA, ETC. TO BE PRESENT AT YOUR SIGNING.

IT IS NOT PERMISSIBLE FOR THE SIGNING INSTITUTION'S COACHES OR ANY ATHLETIC REPRESENTATIVES TO ATTEND YOUR SIGNING EVENT.

### 5. Athletic Scholarship

IF YOU ARE NOT RECEIVING ATHLETIC AID (SCHOLARSHIP), YOU ARE NOT PERMITTED TO SIGN AN NLI.

ATHLETIC AID MUST ACCOMPANY THE NLI.



# WHAT HAPPENS AFTER SIGNING ?

## Admissions - Eligibility

IF YOU ARE DENIED ADMISSIONS TO THE SIGNING INSTITUTION OR HAVE NOT MET THE ELIGIBILITY REQUIREMENTS, YOUR NLI WILL BE DECLARED NULL AND VOID.

## NLI Recruiting Ban

ALL OTHER COACHES MUST CEASE COMMUNICATION WITH YOU ONCE YOU SIGN YOUR NLI.

IF CONTACTED BY A COACH, IT IS YOUR OBLIGATION TO LET THE COACH KNOW YOU HAVE SIGNED AN NLI.



## Failure to Enroll



IF YOU DON'T ENROLL AT THE SIGNING INSTITUTION, YOU HAVE NOT FULFILLED THE NLI AGREEMENT. THE NLI WILL REMAIN BINDING.

## Quit the Team

IF YOU VOLUNTARILY WITHDRAW FROM THE TEAM, THE NLI REMAINS BINDING EVEN IF THE SIGNING INSTITUTION CANCELS YOUR ATHLETICS AID.

## Delayed Enrollment

WHEN ELIGIBLE FOR ENROLLMENT BUT YOU CHOOSE TO DELAY YOUR ENROLLMENT AT THE SIGNING INSTITUTION, YOUR NLI REMAINS BINDING.



## Release Request

YOU CAN REQUEST A RELEASE FROM YOUR NLI BY SUBMITTING YOUR RELEASE REQUEST ONLINE AT [WWW.NATIONAL-LETTER.ORG](http://WWW.NATIONAL-LETTER.ORG)

IT IS THE SIGNING INSTITUTION'S DECISION TO GRANT THE RELEASE OR NOT.

## Transfer after Enrollment

IF YOU TRANSFER AFTER ATTENDING THE SIGNING INSTITUTION FOR ONE TERM, YOU ARE SUBJECT TO BOTH THE NLI PENALTY AND THE NCAA TRANSFER REGULATIONS.

NLI RELEASE AND NCAA TRANSFER ARE DIFFERENT RULES AND DIFFERENT PROCESSES.



[WWW.NATIONAL-LETTER.ORG](http://WWW.NATIONAL-LETTER.ORG)



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