

HONOR A NURSE A LEGACY OF GRATITUDE



Samantha Horne

Nurses impact everyone. National Nurses Week is May 6-12. Consider recognizing the nurses you know or those who have helped you through a difficult time.

Visit www.givetonursing.org/honoranurse for more information.

Leslie Kiely was an energetic and beloved physical education teacher for Swampscott Public Schools. In the spring of 2018, she wrote to *The Boston Globe* to honor **Samantha Horne, BSN, RN, OCN**, her primary nurse during her battle with ovarian cancer at Massachusetts General Hospital. “The one constant throughout this process was my nurse, Samantha. She steadied my ship,” wrote Leslie.

Later that year, after Leslie passed away, donations in her memory poured in through the American Nurses Foundation’s Honor A Nurse Program. In Leslie’s obituary, she had asked that donations be made in her memory to honor the nurses at Massachusetts General Hospital. The donors’ heartfelt messages described how bright Leslie’s personality was and expressed gratitude for the great care Samantha took of her.



Leslie Kiely and family

The number of donations in Leslie’s name showed the connection she had with so many people.

Paul Kiely, Leslie’s husband of 43 years, had only great things to say about Samantha. He also mentioned Laura Sullivan, another nurse that spent a lot of time with his family during Leslie’s battle.

Paul and his family appreciated how Samantha would take their calls at all hours. She took the time to build a personal relationship with all of them and made Leslie feel like she was more than just another patient in a hospital. “She’s just a special person. I love her to death; she made it all bearable. She never lost her focus and she always said the right things. She really cares,” said Paul.

Samantha was overwhelmed after reading Leslie’s tribute to her. It was truly gratifying for her to see what an impact simply going to work with a smile and positive attitude each day had made. Samantha wasn’t surprised by the amount of donations after Leslie’s obituary request. Leslie made such an influence on so many people’s lives and continues to in her own special way. “This is why I went into nursing; not just to care for my patients but for their families as well,” said Samantha.

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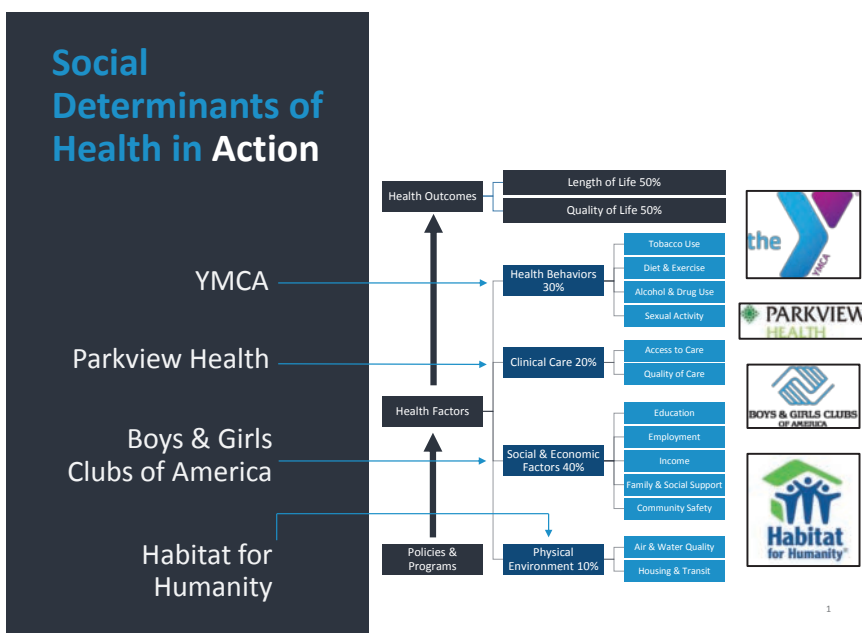
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NURSES ON BOARDS CHAMPIONING THE SOCIAL DETERMINANTS OF HEALTH

There's a simple answer to the question what boards should nurses serve on. That answer is: Any and all boards! And while nurses on ALL boards is the ultimate goal, envisioning the impact a nurse can have at a major telecommunications company, a statewide transportation board, or local community theater may be less obvious than the impact they can have on a hospital board. To address this, the Foundation is helping health systems and nurses look at organizations and the way they align with the social determinants of health. These are the social and physical environments which contribute to the health of an individual. While clinical care is one component, other factors including personal behaviors, social and economic factors, and physical environment make up over three-quarters of what determines health outcomes.

When using this lens, organizations that appear to be outside of traditional healthcare are more aligned with where nurses can use their expertise to have an impact. In presentations across the country the Foundation has used the accompanying graphic to align local chapters of organizations like the YMCA, Boys and Girls Clubs, and Habitat for Humanity to make the case to nurses on the impact they can have. A community YMCA, for example, influences an individual's healthy behaviors with access to fitness centers and other resources. Local YMCAs have board members who are active in their communities; however, most do not have a nurse. A nurse who is passionate about promoting healthy behaviors in their patients can influence the entire community by joining a YMCA board. And that is the kind of world we want to live in.

To learn more, visit nurseboardleadership.org.



WHY ARE YOU CELEBRATING NURSES THIS YEAR?

"I'm celebrating nurses because of their commitment to lifelong learning and the innovative ways that they transform patient care using evidence-based practice."

Wilhelmina Manzano, MA, RN, NEA-BC
Senior Vice President
Chief Nursing Executive &
Chief Quality Officer
NewYork-Presbyterian

"I'm celebrating nurses because nurses are committed to caring for their patients and themselves."

Gordon L. Gillespie, PhD, DNP, RN, CEN, CNE,
CPEN, PHCNS-BC, FAEN, FAAN
Co-Chair, American Nurses Foundation's
Nursing Research Grant Review Committee
Professor & Associate Dean for Research,
Deputy Director of Graduate Occupational
Health Nursing Program, University of Cincinnati

"I'm celebrating nurses because they have a positive impact on patients and families. From patients in the hospital or in their home, to schools or work places, nurses are there with the dedication to make a difference in the lives of those in need."

Amy Witkoski Stimpfel, PhD, RN
Assistant Professor, Rory Meyers College
of Nursing, New York University

Honor A Nurse

Sponsored by **American Nurses Foundation**

Take a moment to say
"Thank you" to a nurse!
May 6-12 is National Nurses Week. It's
the perfect time to celebrate that excep-
tional nurse, friend, colleague, mentor, or
educator who has touched your life!
Visit givetonursing.org/honoranurse
to honor your special nurse.

HEALTHY NURSE WE WANT NURSES TO HAVE HEALTHIER DAYS

Helping nurses have healthier days is something that the Foundation and ANA have in common with Humana Inc. That's why Humana joined the Foundation's and ANA's Healthy Nurse, Healthy Nation™ Grand Challenge in 2018 and expanded their support in 2019. Humana's Chief Nursing Officer, Kathy Driscoll, RN, CCM, puts it this way: "The well being of nurses is critical to Humana. We are committed to supporting nurses total health – physical and mental health."

In 2017, Humana's bold ambition to improve the health of their employees led to a record 1,800,000 accumulated healthy days for employees. Despite aging five years, 63 percent of employees reduced or maintained biometric health risks associated with chronic disease, reversing the expected trend.

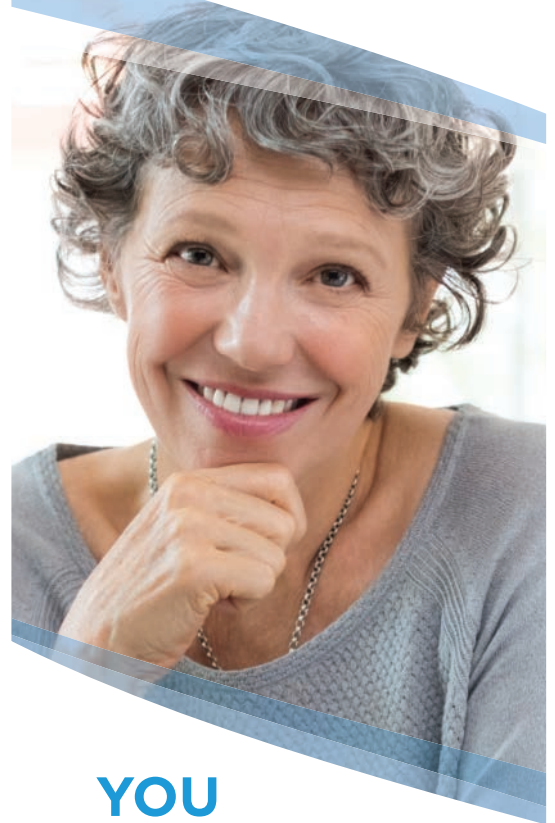
Humana's support has enabled Health Nurse's focus on physical activity and engaging nurses in health activity challenges like the Renew Challenge in March 2019 and the Move More Challenge in November 2018. Activity is one of the five key Healthy Nurse areas of focus. Activity is key to health and healthy days.

Ensuring that nurses have the resources they need to be their best healthiest selves is paramount to the Foundation's mission.

To learn more about the concept of "Healthy Days" used by the CDC and the 14 items to measure health-related quality of life visit https://www.cdc.gov/hrqol/hrqol14_measure.htm



 AMERICAN NURSES
FOUNDATION
www.givetonursing.org



YOU CAN IMPACT TOMORROW TODAY

As you consider your financial and philanthropic priorities, consider options that include your will or other assets. You can make a greater gift than you ever thought possible and leave a lasting legacy.

One great option is a gift from your IRA. There is a Congress-approved tax incentive that makes it easier and more cost effective for donors to roll over funds from their IRA accounts to nonprofit organizations such as American Nurses Foundation.

Please contact Elizabeth Franzino at 1.301.628.5305 or Elizabeth.Franzino@ana.org for more information.

Corporate Advisory Board — THANK YOU!

Thank you to the 2019 Corporate Advisory Board for your expression of commitment to transform the nation's health through the power of nursing.

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Pfizer



Educate. Empower. Repeat.

NEW BOARD MEMBER

The American Nurses Foundation welcomes Laura Leigh Ferrio, MBA, MSN, RN, CRRN, NEA-BC, to its Board of Trustees. For more than 30 years, Laura has served the Shirley Ryan AbilityLab, a global leader in physical medicine and rehabilitation for adults and children with the most severe, complex conditions. She leads philanthropy and development efforts for AbilityLab in her current role as Chief Advancement Officer and President of the Keystone Board. With philanthropic seed funding, Ferrio co-founded AbilityLab's LIFE Center, which houses the largest collection of patient education and consumer health resources for people with functional impairments.



Laura Leigh Ferrio

"Laura is an accomplished leader who brings valuable experience to our Board," said Foundation chair Tim Porter-O'Grady, DM, EdD, APRN, FAAN, FACCWS. "As a lifelong champion for nurses, she will help the Foundation meet its mission to transform the nation's health through the power of nursing."

Visit givetonursing.org to learn more.

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