



How to Apply Online for Retirement, Spouses, or Medicare Benefits

It's so easy! Just go to www.ssa.gov/retirement and select **Learn how to apply. Scroll down and select **Start application** in the Submit an Application box, then accept the terms of service to begin.**

Apply Online for Retirement/ Medicare Benefits

Select one:

- Start a New Application.
- Return to Saved Application Process.

Create or sign in to your personal *my* Social Security account

Once you start a new application online, you will be directed to create or sign in to your personal *my* Social Security account. You will need a valid email address to create your account. All new *my* Social Security customers will create a credential with one of our two credential service providers, Login.gov or ID.me. If you don't have a Login.gov or ID.me account, select the "Create an Account" link to start this one-time registration process. If you create a new Login.gov credential, we will still complete the identity verification part. You will need to provide some personal information to us.

If you are unable to create a personal *my* Social Security account, you can continue your application online. We will contact you after we receive and review your application.

Re-entry Number

If you signed in to your personal *my* Social Security account when you began your claim, you will be able to save and exit your application after the Re-entry Number screen. You can return to your application by signing in to your personal *my* Social Security account.

If you started your application without creating a personal *my* Social Security account, you may want to print your re-entry number so you can quickly continue a saved application later.

Information Needed About Your Work

- Employment.
- Self-employment.
- Military service.
- Work for a government agency.
- Work history.

Answer Questions About Your Benefits

- When do you want your Social Security benefits to start?
- If you are eligible for both retirement benefits and spouse's benefits, do you want to delay receipt of retirement benefits?
- Answer questions about your direct deposit account (where we send you benefits).
- Answer questions about Supplemental Security Income (SSI), Medicare, etc.

Review Your Information and Finish Your Application

1. Sign your application by selecting the “Submit Now” button.
2. Get a confirmation number.
3. Print the receipt for your application.
4. Learn what to do next.
5. Receive a list of documents you may need to submit.

Contacting Us

There are several ways to contact us including online, by mail, by phone, and in person. If you cannot use our online services, we can help you by phone when you call our National toll-free 800 Number.

If you don't have access to the internet, we offer many automated services by telephone, 24 hours a day, 7 days a week, so you may not need to speak with a representative. Call us toll-free at **1-800-772-1213** or at our TTY number, **1-800-325-0778**, if you're deaf or hard of hearing. We provide free interpreter services upon request. For quicker access to a representative, try calling early in the day (between 8 a.m. and 10 a.m. local time) or later in the day. **We are less busy later in the week (Wednesday to Friday) and later in the month.**



Securing today
and tomorrow

Social Security Administration
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