



2195 Harrodsburg Road, Suite 125, Lexington, KY 40504 859-323-2232, option 3

**Diabetes Self-Management Education/Training- Certificate of Medical Necessity (Patient Order Form)**

**Referral from:** Provider Name: \_\_\_\_\_ Fax #: \_\_\_\_\_

**Patient Data:** Name: \_\_\_\_\_

DOB: \_\_\_\_\_ Social Security#: \_\_\_\_\_

Address: \_\_\_\_\_

Primary Phone #: \_\_\_\_\_ Other Phone#: \_\_\_\_\_

Insurance Type \_\_\_\_\_ **(PLEASE INCLUDE COPY OF PATIENT'S INSURANCE CARD)**

\_\_\_\_ Please mark if patient has no insurance and is self-pay

**RX: Please write current ICD-10 diagnoses here \_\_\_\_\_ or, select from the list below by marking the line with a "X":**

**Diagnosis**

- \_\_\_\_ E11.8 Type 2 diabetes mellitus with unspecified complications
- \_\_\_\_ E11.9 Type 2 diabetes mellitus without complications
- \_\_\_\_ E10.8 Type 1 diabetes mellitus with unspecified complications
- \_\_\_\_ E10.9 Type 1 diabetes mellitus without complications
- \_\_\_\_ O24.410 GDM in pregnancy, diet controlled
- \_\_\_\_ O24.41 GDM in pregnancy
- \_\_\_\_ O24.01 Pre-existing DM, T1 in pregnancy
- \_\_\_\_ O24.11 Pre-existing DM T2, in pregnancy
- \_\_\_\_ R73.09 Prediabetes (abnormal fasting glucose)
- \_\_\_\_ R73.02 Prediabetes (Impaired glucose tolerance)

**SERVICE(S) TO BE PREFORMED please mark appropriate line for service requested with a "X":**

- \_\_\_\_ DIABETES SELF-MANAGEMENT TRAINING/SUPPORT (DSMT/S) and MEDICAL NUTRITION THERAPY (MNT)
- \_\_\_\_ GESTATIONAL DIABETES MELLITUS COUNSELING (Group or Individual)
- \_\_\_\_ PREDIABETES EDUCATION
- \_\_\_\_ INSULIN TEACHING/MEDICATION ADMINISTRATION ONLY →
- INSULIN TYPE: \_\_\_\_\_
- DOSE(S): \_\_\_\_\_ & TIME(S): \_\_\_\_\_
- \_\_\_\_ DSMT/S ONLY    \_\_\_\_ DIABETES MNT ONLY

**Patients with special needs requiring individual DSMT/S**

Please mark all that apply:

- \_\_\_\_ Vision    \_\_\_\_ Hearing    \_\_\_\_ Physical    \_\_\_\_ Cognitive Impairment
- \_\_\_\_ Language Limitations
- (Interpreter Needed-specify language needed) \_\_\_\_\_
- \_\_\_\_ Other: \_\_\_\_\_

**DSMT/S Medicare Requirements: Medicare coverage of DSMT/S and MNT requires providers to provide documentation of a diagnosis of diabetes based on one of the following:**

- Fasting blood glucose  $\geq$  to 126mg/dL on two different occasions; or
- 2 hour post-glucose challenge  $\geq$  to 200mg/dL on 2 different occasions; or
- A random glucose test  $\geq$ 200mg/dL for a person with symptoms of uncontrolled diabetes

**PLEASE INCLUDE OTHER LABS IF AVAIABLE ON ALL REFERRALS:**

A1C \_\_\_\_\_ BLOOD GLUCOSE \_\_\_\_\_

LIPIDS: T-CHOL \_\_\_\_\_ LDL-C \_\_\_\_\_

HDL-C: \_\_\_\_\_ TRIGLYCERIDES \_\_\_\_\_

OGTT(pregnancy): \_\_\_\_ FASTING \_\_\_\_ 1HR \_\_\_\_ 2HR \_\_\_\_ 3HR

Blood Pressure: \_\_\_\_\_

**Medicare Required Lab Results:**

**FBG** \_\_\_\_\_ and **FBG** \_\_\_\_\_ or

**2 hr OGTT:** \_\_\_\_\_ and **2 hr OGTT:** \_\_\_\_\_ or

**Random BG  $\geq$  with symptoms:** Random BG \_\_\_\_\_

\_\_\_\_ excessive thirst    \_\_\_\_ excessive urination    \_\_\_\_ excessive hunger    \_\_\_\_ blurry vision

\_\_\_\_ tiredness    \_\_\_\_ unintentional weight loss    \_\_\_\_ other: \_\_\_\_\_

**SIGNATURE REQUIRED MD/DO/APRN/PA:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

**PLEASE FAX COMPLETED FORM TO 859-257-0659**