

If you are free September 24 and can be in Ketchum, Idaho, do I have a party for you. "At the Hop" is the Senior Connections Annual fundraiser. It's at the Argyros and this year's event promises to be a fun celebration with a 1950s theme. If you can come, arrive in your best 50s attire and dance the night away. You can get tickets at <a href="https://www.seniorconnectionidaho.org/the-hop">www.seniorconnectionidaho.org/the-hop</a> They will be serving hors d'oeuvres, have a DJ and dancing and raise funds for Senior Connections.

If you can't make it to the hop, September 28 is the Senior Games, pickleball, golf tournament and cornhole tournament. It's a great way to enrich the community and helps the mission of providing exceptional service and care to seniors. You can register by calling 208-788-3468.

The Senior Connection provides nutrition both at their facility and meals on wheels program. Fitness at their facilities with both a fitness center available during center hours and instructor-guided classes. Wellness checks are provided through vision and hearing screenings. They have caregiving in the form of homemaker services, personal-care services and respite services.

Transportation services provides rides to and from the Senior Connection Mondays through Fridays. The bus was acquired through an ITD-PT grant and is booked 48 hours in advance. They have a relationship with Mountain Rides, which can deviate to the Senior Connection with two-hour advance notice. For costs and fares and times please see the website: <a href="https://www.seniorconnectionidaho.org">www.seniorconnectionidaho.org</a>

This is a fantastic place! If you know a senior in the area who would benefit or you'd like to donate time or money to a great place doing great work, please call Jovita or Brit at 208-788-3468.

