

CAMPBELL COUNTY COOPERATIVE EXTENSION

Report to the People

2023-2024

*Discover one of the best kept secrets
in Campbell County.*



Campbell County
Cooperative Extension Service
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HORTICULTURE EDUCATION



1200 Over 1200 volunteer hours from Master Gardeners to the Lakeside Commons Educational Gardens

175 Participants attended Horticulture Therapy programs offered.

300 Over 300 cut flower arrangements were donated to local nursing homes.



Campbell County Extension District Board awarded Williams Creek Management to design and lead the garden renovation project at the Campbell County Extension Lakeside Commons Educational Gardens. Construction began in Fall 2023 with the installation of a retaining wall and raised beds. Extension's focus is to create a welcoming and accessible spaces around the gardens and incorporate sustainable best management practices. This project is anticipated to have a total of four phases that will expand around the lake.

Campbell County Horticulture Team has been working with the Extension District Board, Extension Renovation Committee, Campbell County Administration, City of Highland Heights, Northern Kentucky University and SD1 to best cultivate the projects needs to be sustainable for many generations to come. We encourage folks to continue to come and enjoy the spaces in our garden during renovation and watch the transition come to life. Extension is looking forward to utilizing the new spaces to offer more educational programming to our communities.



Did you know...

Master Gardener volunteers have saved the county an estimated \$29,000 by volunteering in the Lakeside Commons Educational Gardens.



4-H YOUTH DEVELOPMENT



73 4-H members participated in the 2023 Alexandria Fair, members exhibited in over 26 project areas and had a total of 908 class entries.

700 Students, teachers and chaperones attended an agriculture awareness program called *Grow It, Eat It, Wear It*.

79 Kindergarten through 3rd graders attended our 4-H Cloverbud program, an introduction to cooperative learning and the many things they can do in 4-H.



Campbell County 4-H hosts a *Reality Store* program that reached 1086 youth. Reality Store helps students learn basic skills in financial planning, goal setting, decision making and career planning.

The 2023 Alexandria Fair had 73 4-H members participate in over 26 project areas & had a total of 908 class entries. 278 of these entries were 4-H Record Books so members reflect on what was learned and accomplished in each project area.

Over 700 fifth graders, teachers and chaperones attended *Grow It, Eat It, Wear It*. The program introduces students to where their food comes from and increases their awareness of the importance of agriculture and farms. Classes offered included Beef & Dairy Cows, Sheep and Wool, Horses, Aquaculture, Bees and Pollination and Poultry.

Over 500 youth were introduced to chick embryology this year. This project reinforced National Science Standards Science skills and taught students about incubation, life cycles and that all living things have the same basic needs.



Did you know...

4-H experienced the 2nd highest camp attendance in county and state history with 450 total campers and counselors in 2023! Our camp dates for 2024 are July 22-26.



NATURAL RESOURCES AND ENVIRONMENTAL MANAGEMENT



900 Compost bins and 150 rain barrels have been distributed to county residents since 2020.

1000 Students participated in Fall Environmental Day Camps at the Environmental Education Center from late August to mid-October.



Shiitake Mushroom Production Workshops occur annually at the Environmental Education Center in February. A recent participant provided a photograph and indicated, “It worked!”.

ReNewport Executive Director, Josh Tunning, said “Earlier in the year, *ReNewport*, City of Newport, Urban Canopy Works and the Westside Citizens Coalition/Buena Vista Historic Foundation teamed up to apply for funding through the Inflation Reduction Act Urban Forestry Program with ReNewport being the grantee. Well as it turns out we got the full funding amount (\$998,750 to be exact)! This will be the largest green/environmental investment in Newport's history! A big part of the application was showcasing the history of the neighborhood planting and taking care of trees and of course this could not have happened without the continued support of you and the Campbell County Extension Service over the years that has been supporting these efforts since day one. We wanted to send a special thank you to you and the Campbell County Extension Service for the support you've given us over the years and what it has now led to!”



Did you know...

There are over 40 miles of hiking trails at 20 locations featured in the Campbell County Trail Passport Project that is a collaborative effort among the parks and recreation departments in Campbell County.

<https://campbell.ca.uky.edu/campbell-county-trail-passport>



AGRICULTURE & NATURAL RESOURCES



21 Participants in our Artificial Insemination for Cattle School

200 Over 200 participants at our Farm & Livestock Expo

24 Participants in our Sheep & Goat Profit School representing farms with over 400 sheep and 20 goats

160 Participants for the Regional Beef Field Day at Eden Shale Farm



The Campbell County Agriculture Extension program hosted a variety of diverse events and opportunities for farmers and consumers! The Artificial Insemination School for Cattle, taught by Extension Agent, Michelle Simon, and Select Sires Mid-America, taught the procedure, reproductive physiology and estrous synchronization. The first annual Farm & Livestock Expo with Conservation was held at the fairgrounds that featured equipment vendors and demonstrations of building cattle scales, sheep shearing, hoof trimming and working cattle dogs. The Regional Beef Field Day was held at Eden Shale Farm and showed farmers winter nutrition options, handling facilities, feedlot footing, and selecting replacement heifers. Campbell County is usually known for hay, cattle, horses and agritourism but recently sheep and goats have gained popularity! The Sheep & Goat Profit School met the growing needs of these farms of 400 sheep and 20 goats. The school emphasized the importance of balancing rations for nutrition, breed selection, ideal market weights and planning marketing strategies.



Did you know...

The Campbell County Cattle Association sponsored the new *Herdsmen Award* (picture far left), in addition to the Rate of Gain Contest Award at the Alexandria Fair.



FAMILY & CONSUMER SCIENCES



106 Fourth graders attended a “food and flowers” fieldtrip, and 100% reported that they learned how to measure dry ingredients correctly. Also, 98% said they learned proper knife skills.

69 Agents, assistants, volunteers, higher education professionals, and public clients were trained in Mental Health First Aid, to increase mental health awareness and give tools on how to help someone who may be experiencing a mental health problem.



The Campbell County Family and Consumer Sciences team taught mindfulness to 81 fourth grade students and 93 third grade students over a period of four months. Topics discussed were developing a sense of self, stress management, and emotional regulation. Activities used were journaling, coloring, yoga, breathing exercises, identifying feelings, and practicing living in the present moment. 94% of the students said they were better able to identify their feelings. 89% of the students said they had practiced the mindful techniques such as deep breathing and journaling. 89% of the students stated they had better coping skills to help deal with their stresses and worries. 86% practiced having more of a growth mindset vs. a fixed mindset. 85% practiced being more present in their daily lives. 84% said they had practiced being a bucket filler of kindness. 83% said they felt they could handle their emotions in a more positive manner.



Our Kentucky Extension Homemakers Association (KEHA) is a volunteer organization that works to improve the quality of life for families and communities through leadership development, volunteer service, and education.



Did you know...

Our Flowerbuds program had 17 preschoolers and their families meet monthly for story time, explore the garden, and an engaging activity. 100% said the program helped their child with kindergarten readiness.



CAMPBELL COUNTY
COOPERATIVE EXTENSION

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Cooperative
Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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Lexington, KY 40506



Disabilities
accommodated
with prior notification.