

## Novel Coronavirus (COVID-19) Guidance for Events and Public Gatherings

### Prevention

There is currently no vaccine to prevent coronavirus disease. The best way to prevent illness is to avoid exposure.

- Avoid close contact with people who are sick (fever, cough, sneeze, and difficulty breathing). To avoid close contact, stay at least 6 feet away from others.
- Avoid touching your eyes, nose, and mouth.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash. To avoid coughing into your hands, you can cough into your elbow.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.
- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if hands are visibly dirty.
- CDC states that wearing a facemask will not protect the general public from COVID-19.

The Office of Inspector General will be placing special emphasis on infection control policies and procedures when inspecting healthcare facilities.

### People at Higher Risk for COVID-19 Complications

- Adults over 60 and people who have severe chronic medical conditions like heart, lung or kidney disease seem to be at higher risk for more serious COVID-19 illness.
- If you are at increased risk for COVID-19, it is especially important for you to take actions to reduce your risk of exposure.
  - Stay at home as much as possible.
  - Make sure you have access to several weeks of medications and supplies in case you need to stay home for prolonged periods of time.
  - When you go out in public, keep away from others who are sick, limit close contact (6 feet away) and wash your hands often.
  - Avoid crowds.
- Stay up to date at: [www.KYCOVID19.KY.GOV](http://www.KYCOVID19.KY.GOV)

### Visitation Restrictions, School Closures, Worship Services and Public Gatherings

- To protect these populations, nursing homes and prisons are advised to close to visitors.
- Schools are advised to close to in-person instruction for an initial 2-week period beginning March 16, 2020. If a school has spring break following this, stay closed for the third week.
- In general, wherever possible, avoid all densely attended public gatherings.