

# Health Promotion Matters

Newsletter of the UW Health Promotion Research Center

JUNE 2022

## Meet the New Chair of the HPRC Community Advisory Board

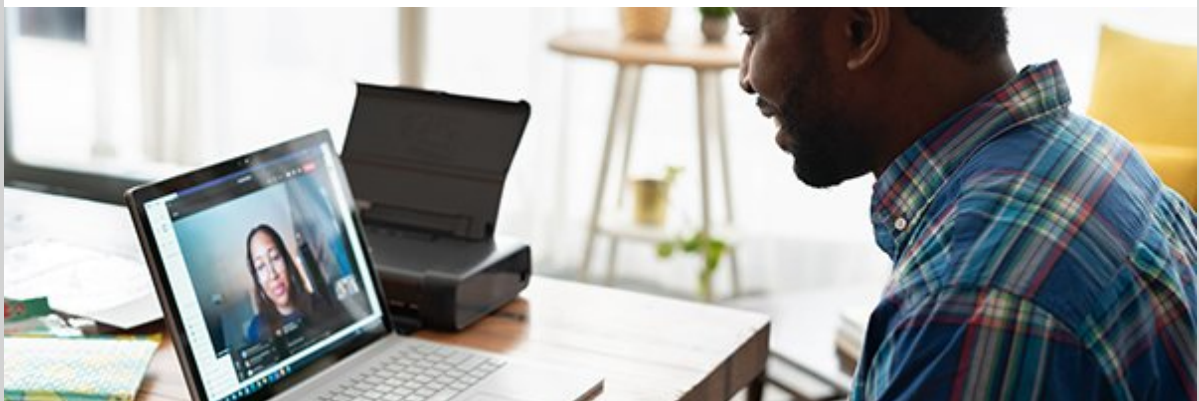


**We are proud to announce Mariel Torres Mehdipour as the newest HPRC Community Advisory Board chair.** The board includes representatives from many of our community partner organizations. Board members provide a practical perspective on community priorities and program implementation, while UW HPRC research provides a scientific base for the programs and policies developed with community organizations.

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## Adapted Training Expands Access to Depression Care for Older Adults



**The Program to Encourage Active, Rewarding Lives (PEARLS)** educates older adults about what depression is (and is not) and helps them develop the skills they need for self-sufficiency and more active lives. In order to better support accessibility and expand access to the program, the PEARLS team launched a new version of the PEARLS Coach Training that is fully remote and online. PEARLS coaches are the staff at community-based organizations who meet one-on-one with older adults to help them build the skills they need to live happier, healthier, and more independent lives.

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## STUDENT HONORED IN HUSKY 100

One of the students supporting the work of HPRC has been named to the Husky 100 — Sheharbano Jafry. Each year, UW recognizes 100 undergraduate and graduate students who are making the most of their time at the university.

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## Upcoming Events



### September Seminar

#### **Preliminary Findings for Remote Delivery of Enhance Fitness**

**Thursday, Sept 8 / 10:00 – 11:00 a.m. (PST)**

**Presenter:** Kushang Patel, UW School of Medicine, Anesthesiology and Pain Medicine

**Listen to audio by phone if needed:** 408-638-0968

**Zoom Meeting ID:** 730 693 565

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## TEAM UPDATES

### CONGRATS

- **Barbara Baquero**, HPRC faculty, was honored with the 2022 Beti Thompson Cancer Health Equity Research Award by the Fred Hutchinson Cancer Research Center's

Office of Community Outreach and Engagement. She accepted the award during the Pathways to Equity Symposium in May.

- **Miriana Duran**, a research coordinator working on the Re-Open Schools Safely and Educate Youth (ROSSEY) project, was accepted into the UW Health Systems and Population Health PhD program.
- **Linda Ko**, HPRC faculty, has been promoted from associate professor to full professor in the UW Department of Health Systems and Population Health where HPRC is housed.
- **13 students supporting the work of HPRC graduated from UW**
  - **Najma Abdi** (undergraduate)
  - **Luis Aceves** (master's)
  - **Bruce Bello** (master's)
  - **Brittany Bevis** (master's)
  - **Kelly Chadwick** (master's)
  - **Renee Codsí** (master's)
  - **Miriam Flores** (master's)
  - **Yenny Guzman** (master's)
  - **Snowy Johnson** (master's)
  - **Teyj Menon** (undergraduate)
  - **Yaniv Rait** (master's)
  - **Kayla Rodriguez** (master's)
  - **Anjali Vasavada** (master's)

## WELCOME

- **Jennifer Ci** joined HPRC in March as a graduate research assistant under the direction of Linda Ko. She will support the Re-Open Schools Safely and Educate Youth (ROSSEY) project.
- **Cinthya Garcia** joined HPRC in April as a research coordinator under the direction of Marlana Kohn. She will help support data needs across multiple research areas.
- **Lina Truong** joined HPRC in January as a graduate research assistant and supports the Re-Open Schools Safely and Educate Youth (ROSSEY) project, as well as additional projects, under the direction of Linda Ko.

## FAREWELL

- **Najma Abdi**, student assistant, said goodbye to working with HPRC this month. Najma worked on the Partnership for Vaccine Confidence project under the direction of Hendrika Meischke, a co-investigator on the project led by Barbara Baquero. Najma will be working toward her master's degree in health behavior and health communication at Johns Hopkins University.
- **Luis Aceves**, graduate research assistant, said goodbye to HPRC this month. Luis supported the Re-Open Schools Safely and Educate Youth (ROSSEY) project under the direction of Linda Ko.
- **Bruce Bello**, a graduate research assistant with the Partnership for Vaccine Confidence project, said goodbye to HPRC this month. He will be working toward his doctoral degree in the UW Epidemiology PhD program.

- **Rene Codsí**, graduate research assistant, said goodbye to HPRC this month. Rene supported older adult health promotion projects under the direction of Marlana Kohn.
- **Juan Gudino**, graduate research assistant, said goodbye to HPRC this month. Juan worked on several projects under the direction of Barbara Baquero, including the Partnership for Vaccine Confidence project.
- **Yenny Guzman**, graduate research assistant, said goodbye to HPRC this month. Yenny supported the Re-Open Schools Safely and Educate Youth (ROSSEY) project under the direction of Linda Ko.
- **Sheharbano Jafry**, student volunteer, said goodbye to HPRC this month. Sheharbano supported the Partnership for Vaccine Confidence project under the direction of Hendrika Meischke, a co-investigator on the project led by Barbara Baquero.
- **Christine Kava**, HPRC faculty, is saying goodbye to the center and University of Washington this summer. She was part of the workplace wellness team and specialized in research around tobacco in the workplace. She was also an acting assistant professor in the UW Department of Health Systems and Population Health where HPRC is housed.
- **James Kelley**, research coordinator, said goodbye to HPRC this month. He supported PEARLS Equity and will be transitioning to finance and award management in the UW Department of Health Systems and Population Health where HPRC is housed.
- **Teyj Menon**, student assistant, said goodbye to HPRC in March. He worked on the Re-Open Schools Safely and Educate Youth (ROSSEY) project under the direction of Linda Ko.
- **Gauri Nayak**, graduate research assistant, said goodbye to HPRC in March. She worked on older adult health promotion under the direction of Anne Turner.
- **Anjali Vasavada**, graduate research assistant, said goodbye to HPRC this month. Anjali supported the cancer prevention and control team and will be working toward her doctoral degree in the UW Epidemiology PhD program.
- **Lia Villaruz**, undergraduate research assistant, said goodbye to HPRC this month. She worked on the Partnership for Vaccine Confidence project under the direction of Barbara Baquero.

## Recent Publications

**[Development of a Field Guide for Assessing Readiness to Implement Evidence-Based Cancer Screening Interventions in Primary Care Clinics.](#)** Hohl SD, Melillo S, Vu TT, Escoffery C, DeGroff A, Schlueter D, Ross W, Maxwell AE, Sharma KP, Boehm J, Joseph D, Hannon PA (May 2022)

**[Partnerships to expand worksite wellness programs - A qualitative analysis of state and local health department perspectives.](#)** Kava CM, Strait M, Brown MC, Hammerback K, Harris JR, Alongi J, Hannon PA (May 2022)

[Worksite tobacco control - a qualitative study on perspectives from employers and employees at small worksites.](#) Kava CM, Ruiz RA, Harris JR, Hannon PA (May 2022)

[MORE PUBLICATIONS](#)



### **PRC Network Participant**

The UW Health Promotion Research Center is a [CDC Prevention Research Centers network member](#), building healthier communities together for more than 30 years.

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