

Health Promotion Matters

Newsletter of the UW Health Promotion Research Center

MAY 2024

Promoting Diversity in Alzheimer's Research



Hispanic/Latino individuals are 1.5x more likely to develop Alzheimer's Disease, however they continue to be underrepresented in Alzheimer's research. To address this issue, the University of Washington's Alzheimer's Disease Research Center (ADRC) partnered with researchers at the Health Promotion Research Center to increase Hispanic/Latino participation in their research.

[LEARN MORE](#)



Connect to Wellness



Many low-wage employees could not do their jobs from home during the pandemic, facing heightened risks for virus exposure, financial strain, limited access to healthcare, and new work protocols. Connect to Wellness researchers surveyed and

interviewed low-wage employees and employers across the nation to better understand their shifting workplace wellness needs post-pandemic.

[LEARN MORE](#)



RAPA Tool Has International Reach

The Rapid Assessment of Physical Activity (RAPA) tool provides a quick and reliable assessment of an individual's physical activity levels. The tool helps researchers, students, and community-based organizations gather accurate data across the globe.

[LEARN MORE ABOUT RAPA](#)



ROSSEY Community Brief

Over the past three years, the ReOpening Schools Safely and Educating Youth (ROSSEY) project has provided Yakima schools, students, and parents with information about COVID-19. This brief covers what the team has learned over the course of the project.

[LEARN MORE ABOUT ROSSEY](#)



PEARLS Featured in Harvard Series

PEARLS was highlighted in the "Public Health in Action: Mental Health Innovations" series. Watch PEARLS researchers, providers, and participants as they discuss how the program improves depression care among older adults.

[WATCH THE VIDEO HERE](#)

FOLLOW HPRC INSTAGRAM

HPRC is now on Instagram and Threads. Follow @uw_hprc to stay up to date with what's happening at the center.

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Featured

"OVERCOMING DEPRESSION, FROM HOME"

Next Avenue, a digital publication and media platform for older adults, highlighted the PEARLS program. The article highlights how working outside of traditional mental health settings increases access and lessens stigma around mental health. [READ MORE](#)



STUDENTS WORKING WITH HPRC IN HUSKY 100

María Navarro and Adriana Perez Solorio, students working with HPRC, were recognized in The Husky 100. The Husky 100 recognizes 100 undergraduate and graduate students for their leadership and impact on campus and in their communities.

[LEARN MORE](#)



TEAM UPDATES

WELCOME

- **Carolyn Lo** joined HPRC in March as a student volunteer supporting PEARLS research and dissemination activities under the direction of KeliAnne Hara-Hubbard.
- **Anya Quig** joined HPRC in February as a research coordinator supporting the mobile crisis response project under the direction of Marlana Kohn.

FAREWELL

- **María Navarro**, student volunteer, said goodbye to HPRC as she wrapped up her support of research on labor laws for agricultural workers under the direction of Érica Chavez Santos.
- **Shivani Paudel**, graduate research assistant, said goodbye to HPRC in March. Shivani supported cancer prevention and control projects under the direction of Thuy Vu.
- **Noah Segal**, research coordinator, said goodbye to HPRC in March. Noah supported a variety of projects under the direction of Sonia Bishop.

Recent Publications

[The Association Between State Characteristics and Latinx People's Treated](#)

[Hypertension in Established and New Latinx Destination States: A Multilevel](#)

[Analysis](#). Maldonado A, Laroche HH, Sewell DK, Afifi R, Hoffman RM, Baquero B, Gilbert PA (April 2024)

[FC12: Ageism and mental health stigma: key barriers to accessing mental health services among Peruvian older adults](#). Flores-Flores O, Carrión IV, Rey L,

Otero-Oyague D, Zevallos-Morales A, Parodi J, Siddharthan T, Steinman L, Hurst J, Gallo J, Pollard S (February 2024)

MORE PUBLICATIONS



PRC Network Participant

The UW Health Promotion Research Center is a [CDC Prevention Research Centers network member](#), building healthier communities together for more than 30 years.

[PREVIOUS HPRC NEWSLETTERS](#)



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