



Phil Foster Memorial Park Snorkel Trail

You don't have to venture far to discover fabulous snorkeling in Palm Beach County. Please review these tips/rules for a safe snorkeling adventure:

SNORKEL SAFELY



Do Your Homework

- Learn about fish, coral reefs and the Lake Worth Lagoon ecosystem. Knowing what you're looking at will make your snorkeling more enjoyable.

Ask Questions

- If unfamiliar with the area, ask a lifeguard or a local patron about the diving conditions.

Be Aware of Tides

- The best time to snorkel is within 2 hours before and up to the slack tide. You will need a diver's flag which can be purchased at any dive shop. The flag is red with a white stripe from the upper left corner to the lower right corner. Attach the flag to a float.

Sunscreen Safety

- Put sunscreen on at least ½ hour before entering the water so it soaks into your skin instead of being washed away by the water and adhering to sea life

Choose a Buddy

- Always snorkel with a buddy! It is more fun to share awesome experiences and if something unpredictable happens, you have somebody to help you.

and have a great time



Photo Credit: Elaine Blum



Photo Credit: Anne DuPont

Know Your Limitations

- Know your personal swimming limitations and snorkeling abilities and remain alert to them.

Stay in Control

- Be in control of your fins at all times in order to avoid kicking the coral or kicking up sand and sediment. Underwater, a frog kick is preferable to a flutter kick for this purpose.

Observe

- Observe animals exhibiting their natural behaviors rather than stimulating them to entertain yourself.

Do Not Touch

- Take photos, but don't touch anything and you are strongly discouraged from taking marine life. Photos are a great way to capture the underwater world without leaving your mark and doing harm to the environment.

Do Not Feed Fish

Do Not Step

- Do not step on coral or any hard bottom surfaces.
- Always make sure that if you step down, you are stepping on sand.
- Be aware of the sand as well. Lots of little creatures use the sandy bottom as their home.

Control Your Buoyancy

- If SCUBA diving, practice proper weight and buoyancy control to avoid disturbing the bottom.

Enjoy the Snorkel Trail and help us preserve this beautiful marine environment.

Thank You!



Learn more about the Lake Worth Lagoon at www.LWLI.com



Palm Beach County Board of County Commissioners
Parks and Recreation Department
www.pbcparcs.com

Department of Environmental Resources Management
www.pbcgov.com/erm

Spear Guns Are Not Permitted