# Ashley A. Samson, PhD

Professor, University, of Kentucky

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### **EDUCATION**:

Doctor of Philosophy in Kinesiology with a concentration in Psychological

Sciences & Pedagogy

Louisiana State University (2011)

Master of Science in Kinesiology with a concentration in Sport Psychology

University of North Texas (2007)

Bachelor of Arts in Psychology

Northwestern State University (2006)

#### **CERTIFICATIONS:**

Association for Applied Sport Psychology

Certified Mental Performance Consultant (CMPC, #566)

\*\*Approved Mentor Designation

United States Olympic and Paralympic Committee (USOPC)

Sport Psychology Registry

### **ACADEMIC AND PROFESSIONAL APPOINTMENTS:**

### **University of Kentucky**

Department of Kinesiology and Health Promotion

Professor (2023-Present)

### California State University, Northridge

Department of Kinesiology

Professor (2021-2023)

Associate Professor (2015-2021)

Assistant Professor (2011-2015)

Office of Faculty Development

Faculty Developer (2013-present)

Associate Director for 16-17 AY

Matador Athletics Department

Sport Psychology Director and Consultant (2014-present)

#### **Franklin University**

Department of Psychology

Adjunct Professor (2020-present)

Department of Exercise Science

Adjunct Professor (2020-Present)

### **Louisiana State University**

Department of Kinesiology
Graduate Teaching Instructor (2008-2011)

### **University of North Texas**

Department of Kinesiology, Health Promotion, and Recreation Graduate Teaching Fellow (2006-2007) Graduate Research Fellow (2006-2007)

# **RELEVANT TRAININGS/EXPERIENCES:** (in addition to degrees awarded)

### **Counseling Theories, Techniques and Ethical Issues:**

- Making Difficult Decisions: Enhancing Competencies in Psychopathology for a Long and Successful Career (Continuing Education workshop at the AASP Annual Conference, 2022)
- Managing decision-making dilemmas: Navigating your ethical expeditions (Continuing Education workshop at the AASP Annual Conference, 2018)
- Sexual and domestic violence in athletes: Prevention, treatment, and assessing risk (Continuing Education workshop at the AASP Annual Conference, 2017)
- Professional Ethics and Standards in Sport and Exercise Psychology (West Virginia University, 2015)
- Counseling Theories and Techniques (Louisiana State University, 2010)
- Current Problems in Individual Psychology (Louisiana State University, 2010)

#### **Supervision:**

- Mentorship circuit training: Multicultural considerations, navigating mentorship challenges, and facilitating group mentorship through a peer consultation lens (Continuing Education workshop at the AASP Annual Conference, 2021)
- Mentorship and supervision in applied sport psychology training: Strategies to promote student competence (Continuing Education workshop at the AASP Annual Conference, 2018)

### Diversity, Equity, Inclusion, Belonging, and Justice:

- Critical Race Theory and its Impact on Social Change (Continuing Education workshop offered through CSUN, 2022)
- National Center for Faculty Development and Diversity-Core Curriculum Certificate (professional member since 2015, program participant 2016, program facilitator 2017-present)

- A reliable and valid method of assessing ethnic culture of athletes for psychologists, CMPCs, trainers, and other professionals working with athletes (Continuing Education workshop at the AASP Annual Conference, 2021)
- Early Alerts Project-Team Member (program developed to increase early alert systems and protocols to better assist at-risk students of color on CSUN's campus, 2020)
- Accessibility Bootcamp Certification (certification program through CSUN after completing a 2-week summer intensive training, 2020)
- Institute for Transformative Teaching and Learning (ITTL) (program that provides an opportunity for faculty to collaborate in a multidisciplinary group to learn about and apply evidence-based practices aimed at closing race equity gaps in the teaching and learning experience, 2019 participant, 2020-2021 facilitator)
- Quality Teaching and Learning Certificate (CSU-wide program aimed at helping faculty to enhance the quality of their courses through an equity-minded lens (2018 participant, 2019-2020 peer facilitator)
- Transparent Assignments Training Course (offered at CSUN as part of the Transparency and Problem-Centered Learning project through the AACU aimed at enhancing students' success, especially that of first-generation, low-income, and underrepresented college students, 2017 participant, 2018-present co-facilitator)
- Fast Forward: Moving from what we already know to becoming more culturally competent with anti-bias conversations in sport psychology (Continuing Education workshop at the AASP Annual Conference, 2017)
- Building Connections for Success (BCFS) instructor (Program through CSUN that facilitates academic success for first-generation and at-risk college students, 2012-13 Academic Year)

#### **TEACHING EXPERIENCES:**

#### California State University Northridge

KIN 606-Graduate Seminar in Social Psychology of Sport (cross-listed in psych dept)

KIN 526/L-Graduate Seminar in Teaching Effectiveness

KIN 494-Senior Academic Internship (Research Lab Internship)

KIN 410-Psychosocial Aspects of Sport Injury

KIN 409-Advanced Sport Psychology

KIN 407-Sport, Culture, and Society

KIN 385-Women and Sport

KIN 310-Visualization in Sport

KIN 306-Psychosocial Aspects of Sport and Physical Activity (cross-listed in psych dept)

KIN 200-Foundations of Kinesiology

## Franklin University

EXCS 204-Introduction to Sport and Exercise Psychology PSYC 204-Principles of Motivation

### **Louisiana State University**

KIN 4520-Psychosocial Aspects of Physical Activity KIN 3502-Tests and Measurement in Kinesiology

KIN 2530-Sport in Society

KIN 1600-Personal and Community Health Issues

### **University of North Texas**

PHED 1200-Principles of Strength and Conditioning PHED 1000- Scientific Principles and Practices of Health-Related Fitness

### APPLIED PERFORMANCE PSYCHOLOGY EXPERIENCES:

### • Matador Athletics Department

Director of sport psychology services for the Matador athletic department, Responsible for development and implementation of all sport psychology programming for D1 student athletes (19 varsity teams, approx. 350 SA's), Provision of individual and team athlete meetings, meetings with coaches, and maintaining a working referral relationship with University Counseling Services (UCS), In conjunction with UCS, provide annual Mental Health Workshops to each individual team on campus that includes a Mental Health Screen to early identify any at-risk student athletes (held each fall), and continued development of ongoing psycho-educational programming to support student-athletes (ongoing)

### • USOPC Sport Psychology Registry Member

Serve as a consultant for Olympic athletes, including one-on-one consultations, participation in online webinars and meetings concerning the welfare of Olympic and Paralympic athletes (ongoing)

### • Strava Expert Research Consultant

Consultant for the development of research programs to inform future product development, including data analysis, interpretation of results, and application of results to product development and media campaigns (ongoing)

### • Los Angeles Psychological Society

Facilitation of workshops on utilizing principles of yoga and mindfulness in the context of sport and performance psychology consulting, continue to serve in an ongoing consulting role for matters related to sport psychology for clinical psychologists (ongoing)

### Moorpark College

Facilitation of workshops focused on the unique aspects of working with student-athletes in the counseling setting, the psycho-social aspects of sport injury, and application of performance psychology strategies for competitive success, continue to serve in an ongoing consultation role with the student counseling center, sports medicine teams, and athletics department (ongoing)

### • USA Dressage High Intensity Training Sessions (HITS)

Sport Psychology Consultant for USA Dressage Developing Young Riders, provide workshops for future Olympic equestrians, focusing specifically on the sport of dressage (ongoing)

### • Campbell Hall High School

Provision of psycho-education workshops for high school athletes and coaches related to sport and performance psychology (2019-2020)

### • Northridge Hospital

Facilitation of workshops for orthopedic surgery residents on performance psychology, specifically focusing on the stress management, mindfulness, boundary creation, and goal setting (2018)

### Oaks Christian School

Provision of psycho-education workshops for high school athletes and coaches related to sport and performance psychology (2015-2018)

#### • WISE-Within (Women in Sports Entertainment)

Facilitation of workshops and group consultations on sport psychology principles applied to careers in the sport industry, specifically focused on women in the industry (2017)

#### RESEARCH AND SCHOLARSHIP:

#### **Current Projects/ Areas of Interest:**

"Think-Aloud" Protocol in Distance Runners
Impacts of Covid-19 on Anxiety and Depression in D1 Athletes
Burnout Levels in Athletic Training Graduate Students
Self-efficacy in Distance Runners
Psychological Changes during Endurance Sport Training
Verbalization of Thoughts during Sport Tasks
Student-athlete Family Stressors

#### **Publications:**

Samson, A.& Jensen, J. (2021). "Come on legs, get me there:" An examination of distance runners' thought- processes. *Journal of Sport Behavior 44*(2), 256-272.

Shipherd, A., Renner, K., Samson, A., & Duncan, C. (2021) An Examination of the Sources of Self-Efficacy in Runners throughout Training: A Mixed Methods Study. *Journal of Sport Behavior*, 44(1), 141-164.

Samson, A. (2020). Sport and Exercise Psychology. In C. Oglesby, *Introduction to Kinesiology* (2nd Ed.). Burlington, MA: Jones & Bartlett.

Samson, A., Otten, M., & Crivello, K. (2016). The relationship between motivations, perceived control, and mental toughness in marathon runners. *Athletic Insight*, 7(3), 227-238.

Samson, A., Simpson, D., Kamphoff, C., & Langlier, A. (2015). Think aloud: An examination of distance runners' thought processes. *International Journal of Sport and Exercise Psychology*, DOI: 10.1080/1612197X.2015.1069877.

Lasky, B., Thakur, A., Golden, N., Woldemanuel, M., Samson, A., & Hessamian, G. (2015). Thriving in Academe: Reflections on helping students learn. *NEA Higher Education Advocate*, 33(4), 6-9.

Samson, A. (2015). Sport and Exercise Psychology. In C. Oglesby, *Introduction to Kinesiology*. Burlington, MA: Jones & Bartlett. (Published Jan 2017).

Samson, A., & Stewart, L. (2014). Sources of self-efficacy during marathon training: A qualitative, longitudinal investigation. *The Sport Psychologist*, 28, 164-175.

Samson, A., Solmon, S., & Stewart, L. (2013). Changes in self-efficacy and affect during a 15-week marathon training program. *International Journal of Sport Psychology*, 44 (1), 55-68. Samson, A. (2013). A Review of Exploring Sport and Exercise Psychology (3rd Edition).by Van Raalte, J. and Brewer, B. *The Sport Psychologist*, 27, 411-415.

Otten, M. & Samson, A. (2012). A Review of Measurement in Sport and Exercise Psychology by Tenenbaum, G., Eklund, R., and Kamata, A. *The Sport Psychologist*, 26, 647-649.

Otten, M. & Samson, A. (2012). "I am the greatest": How believing in yourself can influence performance. *Catalyst Magazine*, 23(1), 1-3.

Samson, A. (2011, May). Enhancing Self-efficacy in the Physical Activity Domain. *PE Links 4You* (online journal of the National Association for Sport and Physical Activity; NASPE). http://www.pelinks4u.org/articles/samson5\_11.htm.

Samson, A., & Solmon, M. (2010). Examining the Sources of Self-efficacy in Physical Activity: A Critical Review of the Literature. *International Review of Sport and Exercise Psychology*, *4*(1), 70-89.

#### **Peer-Reviewed Conference Presentations**

(\* denotes projects with student involvement)

Samson, A. (2023). "I f@\*king hate running": A longitudinal investigation utilizing the Think-Aloud Protocol in ultra-marathon runners. Oral presentation accepted for the 2023 Association for Applied Sport Psychology Annual Conference, Orlando FL, October 2023

\*Samson, A.; Maurice, S.; Fry, M.; & Economou, P. (2022). Community Outreach During a Global Pandemic?? Lessons Learned and Challenges Overcome. Workshop at the 2022 Association for Applied Sport Psychology Annual Conference, Ft Worth, TX, October 2022.

\*Samson, A. & Menze, R. (2022). The Impacts of Covid-19 on Depression and Anxiety in NCAA Athletes: A Longitudinal Investigation. Oral presentation at the 2022 Association for Applied Sport Psychology Annual Conference, Ft Worth, TX, October 2022.

Steidinger, J; Samson, A; Foston-English, M. (2022). Women who paved the way in sport psychology. (2022). Free communication at the 2022 Association for Applied Sport Psychology Annual Conference, Ft Worth, TX, October 2022.

\*Ngozi, N; Todd, T., Samson, A., Jensen, J., Miodrag, N., & Bricker, J. (2022). Exploring IFIT-M: a peer mentored mind-body fitness program among college students with & without ASD. Oral Presentation at the North American Federation for Adapted Physical Activity Annual Conference, Ontario, CA, October 2022.

Samson, A; Shipherd, A., & Conn, B. (2020). Paying it Forward: Best Practices for the Development and Implementation of Successful Community Outreach Programs. Workshop presented at the 2020 Association for Applied Sport Psychology Annual Conference, Orlando, FL, October 2020 (held virtually via zoom).

Samson, A., & Jensen, J. (2020). Signature Techniques in Applied Consulting. Oral Presentation at the 2020 Annual Performance Psychology Conference, San Diego, CA, January 2020.

\*Bird, E. & Samson, A. (2020). The Impact of Athletic Identity on the Transition out of Collegiate Sport. Oral Presentation at the 2020 Annual Performance Psychology Conference, San Diego, CA, January 2020.

Jensen, J., & Samson, A. (2019). Acting Out: Mindfulness (MSPE) Practice for the Working Actor & Performing Artist. Workshop presented at the 2019 Association for Applied Sport Psychology Annual Conference, Portland, OR, October 2019.

Samson, A., & Wooding, C. (2019) Real Talk: A Case Study Workshop for Students and Professionals. Oral Presentation at the 2019 Annual Performance Psychology Conference, San Diego, CA, January 2019.

Wooding, C., Coker-Craney, A., O'Conner, E., & Samson, A. (2018). Still Learning Together: A Case Study Workshop for Non-Certified Students and Professionals. Workshop presented at the

- 2018 Association for Applied Sport Psychology Annual Conference, Toronto, ON, October 2018.
- Samson, A. (2018). Incorporating Yoga into a D1 Athletics Sport Psychology Program. Free communication at the 2018 Association for Applied Sport Psychology Annual Conference, Toronto, ON, October 2018.
- \*Russo, T. & Samson, A. (2018). The Influence of Family and Coach Values on Division I Football and Basketball Athletes. Free communication at the 2018 Association for Applied Sport Psychology Annual Conference, Toronto, ON, October 2018.
- Shipherd, A., Duncan, C., Renner, K., & Samson, A. (2018). An Examination of the Sources of Self-Efficacy in Novice and Elite Runners throughout Training: A Mixed Methods Study. Free communication at the 2018 Association for Applied Sport Psychology Annual Conference, Toronto, ON, October 2018.
- \*Schulze, J., Katz, G., Otten, M., & Samson, A. (2018). The Role of Facilitative Interpretation of Anxiety in a Golf Putting Task. Free communication at the 2018 Association for Applied Sport Psychology Annual Conference, Toronto, ON, October 2018.
- Samson, A., (2018). Consulting in a D1 University Setting: Insider Perspectives and Signature Strategies. Oral Presentation at the 2018 Annual Performance Psychology Conference, San Diego, CA, January 2018.
- Samson, A., (2018). Incorporating Yoga into a D1 Athletics Program. Oral Presentation at the 2018 Annual Performance Psychology Conference, San Diego, CA, January 2018.
- \*Samson, A., Henry, L. & Thompson, P. (2017). The media's Portrayal of the exceptionally-Fit body and the increase in body image concerns in college-aged individuals. Free communication at the 2017 Association for Applied Sport Psychology Annual Conference, Orlando, FL, October 2017.
- Post, P., Simpson, D., Young, G., Grindstaff, J., & Samson, A., (2017). Distance runners' reported use of imagery. Free communication at the 2017 Association for Applied Sport Psychology Annual Conference, Orlando, FL, October 2017.
- \*Bepko, L. & Samson, A., (2017). Mastering the breath: A guide to the invisible key to success for athletes. Oral Presentation at the 2017 Annual Performance Psychology Conference, San Diego, CA, January 2017.
- Houston, M., Samson, A., Fifer, A., & Shannon, V. (2016). Making it work: Differing models of delivering sport psychology services within collegiate athletics. Oral Presentation at the 2016 Association for Applied Sport Psychology Annual Conference, Phoenix, AZ, September 2016.

- \*Samson, A., Sirotta, H., McKamie, V. (2016). The impact of family relationship stressors on college student athlete success. Oral Presentation at the 2016 Association for Applied Sport Psychology Annual Conference, Phoenix, AZ, September 2016.
- Samson, A., Gonzalez, S., Simpson, D., Moore, K., Moore, W., Coakley, S., & Thome, J. (2016) The Development and Execution of a Multi-Faceted Sport Psychology Community Outreach Initiative: Process Reflections and Lessons Learned. Oral Presentation at the 2016 Association for Applied Sport Psychology Annual Conference, Phoenix, AZ, September 2016.
- \*Samson, A., Sirotta, H., McKamie, V. (2016). The impact of family relationships on college student-athlete success: Coach Perspectives. Oral Presentation at the 2016 AASP West Regional Conference, Fullerton, CA, April 2016.
- Samson, A., (2016). Sport Psychology Consulting at a D1 University: Reflections from Year 2. Oral Presentation at the 2016 Annual Performance Psychology Conference, San Diego, CA, January 2016.
- \*Samson, A., Sirotta, H., McKamie, V., & Sta Maria, P. (2016). The impact of family relationships on college student-athlete success. Oral Presentation at the 2016 Annual Performance Psychology Conference, San Diego, CA, January 2016.
- \*Bisson, P., Samson, A., Otten, M., & Sweeting, T. (2015). A study of theoretical influences on motivation toward athletic performance in football athletes. Oral Presentation at the 2015 Annual Performance Psychology Conference, San Diego, CA, February 2015.
- \* Kelly, C., Samson, A., & Galli, N. (2015). Self-efficacy in collegiate athletes during a maximum strength test. Oral Presentation at the 2015 Annual Performance Psychology Conference, San Diego, CA, February 2015.
- Samson. A. & Steidinger, J. (2015). Team Spirit for Females: Practicing Collaboration and Connection. Oral Presentation at the 2015 Annual Performance Psychology Conference, San Diego, CA, February 2015.
- Samson, A. (2015). You're hired! Sport psychology consulting at a D1 university. Oral Presentation at the 2015 Annual Performance Psychology Conference, San Diego, CA, February 2015.
- Samson, A., Young, G., & Simpson, D. (2015). The relationship between experience and mental toughness in distance runners. Oral Presentation at the 2015 Association for Applied Sport Psychology Annual Conference, Indianapolis, IN, Oct 2015.
- \*Samson, A., Sirotta, H., & Salinas, G. (2015). 17 Seconds: An examination of the validity of an application-based tool for collecting self-report data in collegiate athletes. **Oral Presentation at the 2015 Association for Applied Sport Psychology Annual Conference, Indianapolis, IN, Oct 2015.**

- Jensen, J., & Samson, A. (2015). Mindless mindfulness: Using mindfulness practices to help athletes dealing with extreme anxiety. Oral Presentation at the 2015 Association for Applied Sport Psychology Annual Conference, Indianapolis, IN, Oct 2015.
- Scott, W., Knotts, G., Drew, S., Samson, A., & Jackson, M (2015). Reflections on a Learner Centered New Faculty Orientation. Workshop presented at the Professional and Organizational Development's Annual Conference, San Francisco, Nov 2015.
- \*Lee, J., Samson, A., & Simpson, D. (2014). Think Aloud: An Examination of Distance Runners' Thought-Processes. Oral Presentation at the 2014 Association for Applied Sport Psychology Annual Conference, Las Vegas, NV Oct 2014.
- \*Baxter, J., Galli, N., Samson, A., & Otten, M. (2014). Pre-Competition Anxiety Contagion among Collegiate Male Volleyball Players. Oral Presentation at the 2014 Association for Applied Sport Psychology Annual Conference, Las Vegas, NV Oct 2014. o (J. Baxter was Student Travel Grant Winner)
- \*Van Horn, S., Sarafian, R., Abusleme, G., Samson, A., & Otten, M. (2014). Playing to Win: A look into the Motivation of Athletes. Oral Presentation at the 2014 Annual Performance Psychology Conference, San Diego, CA, February 2014.
- \*Samson, A., Otten, M., & Crivello, K. (2014). The Relationship between Motivations, Perceived Control, and Mental Toughness in Marathoners. Oral Presentation at the 2014 Annual Performance Psychology Conference, San Diego, CA, February 2014.
- Samson, A., Simpson, D., Kamphoff, C., & Langlier, A. (2013). Think Aloud: An Examination of Distance Runners' Thought-Processes. Free Communication at the 2013 Association for Applied Sport Psychology Annual Conference, New Orleans, LA, Oct 2013.
- \*Maurice, S., Otten, M., & Samson, A. (2013). Playing to Win: A Look into the Motivation of Athletes. Free Communication at the 2013 Association for Applied Sport Psychology Annual Conference, New Orleans, LA, Oct 2013.
- \*McCamish, J., Samson, A., Vrongistinos, K., & Jung, T. (2013). The Effects of Aerobic Exercise on Cognitive Function in Individuals with Parkinson's Disease. Presented at the Annual International Congress of the Movement Disorder Society, Ireland, June 2013.
- \*McCamish, J., Samson, A., Vrongistinos, K., & Jung, T. (2013). The Effects of Aerobic Exercise on Cognitive Function in Individuals with Parkinson's Disease. Presented at the Annual meeting of the American College of Sports Medicine, Indianapolis, IN, May/June 2013.
- Samson. A., & Stewart, L. (2013). Changes in Runners' Motivations across Training. Oral Presentation at the 2013 AAHPERD National Conference, Charlotte, NC, March 2013.

\*Maurice, S., Samson, A., &Otten, M. (2013). Playing to Win: A Look into the Motivation of Athletes. Free Communication at the 2013 AAHPERD National Conference, Charlotte, NC, March 2013.

Samson, A. (2013). Sources of Self-efficacy in Distance Runners Training for a Marathon. Oral Presentation at the 2013 Annual Performance Psychology Conference, San Diego, CA, February 2013.

Samson, A. (2012). Self-efficacy and Affect in Distance Runners. Presented at the 2012 Association for Applied Sport Psychology Annual Conference, Atlanta, GA, Oct 2012.

\*Virgien, K., Samson, A. & Otten, M. (2012) Mental Toughness and Motivations of Marathon Runners. Free communication at the 2012 Western Psychological Association Annual Conference, April 2012, San Francisco, CA.

\*Maurice, S., Samson, A. & Otten, M. (2012). Playing to Win: A look into the Motivations of Athletes. Free communication at the 2012 Western Psychological Association Annual Conference, April 2012, San Francisco, CA.

Samson, A. (2012). Sources of Self-Efficacy in African American Distance Runners. Free communication at the 2012 AAHPERD National Conference, March 13-18, 2012, Boston, MA.

Samson, A. (2012). Multisport Training-Induced Psychological Changes: A Longitudinal Investigation. Presented at the Annual Performance Psychology Conference, February 23-24, 2012 in San Diego, CA.

Samson, A. (2011). Sources of Self-efficacy in African American Distance Runners. Free communication at the 2011 AAHPERD National Conference, March 2011, San Diego, CA.

Samson, A. (2010). Psychological Skills use and Motivational Profiles of Equestrian Athletes. Presented at the 2010 Association for Applied Sport Psychology Annual Conference, Oct 2010, Providence, RI.

Samson, A., & Solmon, M. (2010). Physical Educator's Perceptions of Obesity and Expectations of Performance for Normal and. Overweight Children. Presented at the 2010 AAHPERD National Conference, March 2010, Indianapolis.

Hamilton, J., Baker, B., Samson, A., & Gu, X. Keeping the Kids Active: Through Family and Cultural Influences. Presented at the 2010 AAHPERD National Conference, March 2010, Indianapolis, IN.

Samson, A., and Greenleaf, C. (2009). Gender Differences in Perceptions of Obesity. Free communication at the 2009 Association for Applied Sport Psychology Annual Conference, Oct 2009, Salt Lake City, UT.

Samson, A., & Domangue, E. (2009). Physical Educator's Perceptions of Obesity and Performance Expectations for Normal vs. Overweight Children. Free communication at the 2009 AAHPERD National Conference, March 2009, Tampa, FL.

Hamilton, J., Baker, B., Samson, A., & Gu, X. (2009). Cultural and Family Influences on Physical Activity. Free communication at the 2009 AAHPERD National Conference, March 2009, Tampa, FL.

#### **Grant Activities:**

Samson, A., Stevens, M., & Grech, S. (2015). The Impact on Family Stressors on Student Athlete Well-being at a Hispanic-Serving Institution. \$4,635 (CSUN Office of Undergraduate Studies).

Samson, A. (2013). Think-Aloud: An Examination of Distance Runners' Thought- Processes. Grant proposal submitted for the 2013-2014. \$4,636. (CSUN Competition for Research, Scholarship, and Creative Activity).

### **Reviewer Activities:**

International Journal of Sport and Exercise Psychology (manuscript reviewer)
Journal of Applied Sport Psychology (manuscript reviewer)
Journal of Performance Psychology (manuscript reviewer)
Association for Applied Sport Psychology (conference abstract reviewer)

#### **SERVICE ACTIVITIES:**

### **University-Level Involvement:**

- •Office of Faculty Development: Faculty Developer
- •Faculty Retreat Planning Committee Chair
- •Intercollegiate Athletics Advisory Committee (appointed by University President)
- •CSUN as One: Athletics Work Group (appointed by University President)
- •Under Armor Faculty (co-facilitator)
- •Student-Athlete Summer Bridge Facilitator
- •CSUN Student-Athlete Costa Rica Service Trip Chaperone (2017 & 2018)
- •New Faculty Orientation Committee
- •Phi Mu Fraternity Faculty Advisor
- •Student Recreation Center (SRC) Personal Trainer Orientation Facilitator
- •National Urban Alliance (NUA)
- •General Education (GE) Assessment Team
- •Holistic Athlete Welfare Committee (Matador Athletics)

### **College-Level Involvement:**

- •HHD Pillars Employee Success Committee
- •HHD College Curriculum Committee

- •Child and Adolescent Development Dept Personnel Committee (21-22 AY)
- •Environmental and Occupational Health Dept Personnel Committee (16-17AY)
- •HHD Leadership Committee
- •Kinesiology liaison for NAHS Day of Discovery

### **Department-Level Involvement:**

- •Kinesiology Majors' Club Advisor
- •Kinesiology Graduation and Awards Committees Member
- •Sport Studies Tenure-Track position search committee member (4x)
- •Kinesiology Curriculum Committee Chair

### **Professional Organization Involvement:**

- •Western Psychological Association
- •North American Society for the Psychology of Sport and Exercise
- •American Psychological Association, Division 47
- Association for Applied Sport Psychology

Hospitality Committee (Chair 2014-2018)

Community Outreach Committee Member (Chair 2017-2021)

- •American Fitness and Aerobics Association
- •American College of Sports Medicine

#### **REFERENCES:**

Rosa Angulo-Barroso, PhD Chair, Dept of Kinesiology California State University, Northridge rosa.angulobarroso@csun.edu (734) 272-9690

Doug McLaughlin, PhD Professor & Associate Chair, Dept of Kinesiology California State University, Northridge douglas.mclaughlin@csun.edu (814) 360-4558

Stefanee Maurice, PhD Assistant Professor Department of Kinesiology & Public Health Cal Poly, San Luis Obispo, CA somauric@calpoly.edu (951) 852-1144

Duncan Simpson, PhD, CMPC Director of Personal Development IMG Academy duncan.simpson@img.com (305) 899- 4890

Jacob Jensen, PhD, CMPC Associate Professor, Dept of Kinesiology California State University, Northridge jacob.jensen@csun.edu (801) 808-2611