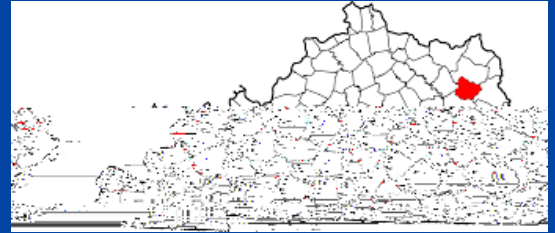


## ELLIOTT COUNTY 2023-2024

Website: <https://elliott.ca.uky.edu>

Facebook Pages: Elliott County 4-H/FCS and Elliott county Agriculture and Natural Resources



### Did you know... Elliott County has a Lavender Farm!

Jeremiah and Cindy Littleton's Lavender Farm is located on Rocky Branch Rd in Elliott County.

## Agriculture and Natural Resources



Dr. Kendra Ison Speaking on importance of Small ruminant health



Dr. Andries Demonstrating proper Hoof Trimming practices

**As Elliott County has continued to grow and diversify we have seen diversity in our agricultural practices as well! On Thursday Oct. 12th Elliott Co. Ext. teamed up with Carter Co. Ext. and the KY Sheep and Goat Council to put on a fun an educational event to help farmers in the area learn more about small ruminant health and hoof maintenance.**

Number of people impacted by Advisory Councils, community organizations, and other volunteers including County Ag Investment Program (CAIP), Chamber of Commerce, Ag Council, farm bureau, county fairs, festivals, etc.

140



## 4-H Youth Development

In 2023 we started a new program: 4-H Sewing Club! We currently have 9 youth that meet at the office biweekly and work on their sewing skills and projects. All the kids in the club had little to no sewing machine knowledge before the club. So far they have sewed pillow cases, hats, zippered pouch, tote bags, christmas stockings, and more!

The Country Ham Project is a popular in our county with youth and adults. This year, we have a record of 11 youth participating in the 4-H Country Ham Project and Contest! Each 4-Her gets 2 hams to cure and then they will be submitted to the Kentucky State Fair where they will be judged and the 4-Hers will give a ham related speech. We are happy to have several 4-Hers branching out and trying the project for the first time this year, as well as some 4-Hers that have done the project in past years.



4-H sewing club member with her projects



4-H Country Ham participants

Number of youth engaged in FCS 4-H programming

41



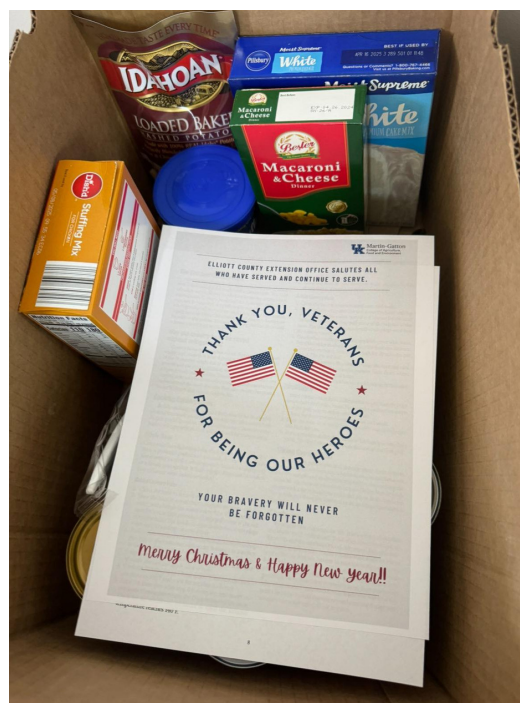
## ELLIOTT COUNTY 2023-2024

### Family and Consumer Sciences

In November, we hosted our first-ever sourdough class! We had some people in the community show interest, so we decided to host a class at our office. We had so many that wanted to participate that we ended up doing 3 more classes! Extension volunteer Dawn Holland owner of Serenity Hills Farm provided the instruction for the class. Each participant left with a starter and dough to make sourdough the next day! All the participants had a great time and we were able to reach a new audience of people coming to the extension office through this event. We also did our Veteran's Christmas Boxes program where we give out food boxes to local veterans. We reached double the amount of veterans this year compared to last year!



Sourdough class participants



Veteran's Christmas Box handed out to local veterans in need

Number of individuals who demonstrated safe handling and preparation and/or preservation of food

69

## Check out our other extension programs!

### Agriculture and Natural Resources:

BQCA, Farmers Market, Kids Bucks, Master Loggers, Small Ruminant programs, Soil Testing, CAIP Education Programs, Eastern KY Hay Contest, and Plant Orders, Root stock, Conservation and Tree Id Hikes



### 4-H Youth Development:

Livestock club, Country Ham Project, Shooting Sports club, Beekeeping club, Sewing club, Conservation club, Teen Leadership Academy, and 4-H Camp

### Family and Consumer Sciences:

God's Pantry Food Drop, Cooking Through The Calendar, Sourdough Cakes, Flower Arranging Classes, Country Ham Project, Veterans Food Boxes, Food Preservation Classes with youth, and MyPlate lessons.

