



**Minority Fellowship  
Program**

Substance Abuse and Mental Health  
Services Administration  
American Nurses Association

# 2021

## **Virtual Intensive Winter Institute**

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MARCH  
**18-20th**

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Theme: Leadership,  
Behavioral Health Policy  
and Professional Development

**Speakers and Moderators**

# SPEAKERS & MODERATORS

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THURSDAY, MARCH 18

## WELCOMING CEREMONY



**ANA President Ernest Grant,  
*PhD, RN, FAAN***

### **ANA President Ernest Grant, *PhD, RN, FAAN***

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A distinguished leader, **Dr. Grant** has more than 30 years of nursing experience and is an internationally recognized burn-care and fire-safety expert. He previously served as the burn outreach coordinator for the North Carolina Jaycee Burn Center at University of North Carolina (UNC) Hospitals in Chapel Hill. In this role, Grant oversaw burn education for physicians, nurses, and other allied health care personnel and ran the center's nationally acclaimed burn prevention program, which promotes safety and works to reduce burn-related injuries through public education and the legislative process. Grant also serves as adjunct faculty for the UNC-Chapel Hill School of Nursing, where he works with undergraduate and graduate nursing students in the classroom and clinical settings.

Grant is frequently sought out for his expertise as a clinician and educator. In addition to being a prolific speaker, he has conducted numerous burn-education courses with various branches of the U.S. military in preparation for troops' deployment to Iraq and Afghanistan. In 2002, President George W. Bush presented Grant with a Nurse of the Year Award for his work treating burn victims from the World Trade Center site. In 2013, Grant received the B.T. Fowler Lifetime Achievement Award from the North Carolina Fire and Life Safety Education Council for making a difference in preventing the devastating effects of fire and burn injuries and deaths within the state.

An active participant in professional organizations, Grant is a past chair of the National Fire Protection Association board of directors and served as second vice president of the American Burn Association board of trustees. He also holds membership in Sigma Theta Tau and Chi Eta Phi. Grant served as president of the North Carolina Nurses Association from 2009-11. In 2002, ANA honored Grant with the Honorary Nursing Practice Award for his contributions to the advancement of nursing practice through strength of character, commitment, and competence.

Grant holds a BSN degree from North Carolina Central University and MSN and PhD degrees from the University of North Carolina at Greensboro. He was inducted as a fellow into the American Academy of Nursing in 2014. He is the first man to be elected to the office of president of the American Nurses Association.



Lorretta Jemmott, *PhD, RN, FAAN*

## Lorretta Jemmott, *PhD, RN, FAAN*

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**Loretta Sweet Jemmott**, an expert in health promotion research, is one of the nation's foremost investigators in the field of HIV/AIDS prevention, with perhaps the most consistent track record of evidence-based, HIV risk-reduction interventions. She and her husband, John B. Jemmott, III, PhD, have attracted more than \$150 million in NIH funding over the past two decades to design and test interventions to reduce the risk of HIV and other sexually transmitted infections (STIs) among diverse populations in the U.S., Botswana, South Africa, Jamaica, Mexico and Puerto Rico. Publishing over 100 peer-reviewed articles, books and chapters, her studies not only reported reducing risk-associated sexual behaviors, but also the incidence of STIs.

Jemmott is an outstanding translational and community-engagement researcher. She partnered with community-based organizations, from churches and clinics to barbershops, housing developments and schools, transforming her research outcomes for use in real-world settings. To date, eight of her evidence-based interventions have been designated by the U.S. Centers for Disease Control and Prevention and the Department of Health and Human Services Office of Adolescent Health for national and international dissemination used in 48 states across the nation.

After retiring from a successful 20-year tenure at the University of Pennsylvania, she joined Drexel in 2015 as vice president for Health and Health Equity and professor in the College of Nursing and Health Professions. Here she led the We're Here Because We Care: Building Healthy Communities Together, using a qualitative, community-engaged approach to determine their health concerns and partnered with them to create health promotion initiatives. This led to the creation Drexel's Community Wellness HUB. Jemmott also works with faculty to build their program of research, co-leads the Implementation Science Research Working Group, the Fall Institute on Implementation Science Research and teaches community engagement, intervention development and implementation science courses.

## MODERATOR



Bridgette Brawner, *PhD, MDiv, APRN Chair*

## Bridgette Brawner, *PhD, MDiv, APRN Chair, MFP/ANA National Advisory Committee*

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**Dr. Brawner**, is a tenured Associate Professor of Nursing and Senior Fellow in the Center for Public Health Initiatives at the University of Pennsylvania (Penn). She graduated Cum Laude from Villanova University in 2003 with a Bachelor of Science in Nursing and she earned a Master's of Science in Nursing from Penn as a Psychiatric-Mental Health Advanced Practice Registered Nurse in 2005 specializing in working with children and families. Dr. Brawner earned a Doctor of Philosophy in Nursing from Penn in 2009 and was selected as the University's inaugural Distinguished Postdoctoral Fellow immediately upon completion of the degree. In 2011, Dr. Brawner was selected as one of four scholars from across the nation to serve as a two-year Visiting Research Fellow at the Yale University Center for

Interdisciplinary Research on AIDS (CIRA) through the Research Education Institute for Diverse Scholars (REIDS). Most recently, she completed a Master of Divinity in 2017 at the Palmer Theological Seminary of Eastern University. A recognized behavioral science and intervention development expert, she has worked on a myriad of HIV/sexually transmitted infection (STI) risk reduction programs both locally and internationally. Dr. Brawner is a dedicated community-based researcher who believes "the populations we serve must be an integral component of our work, before our grants are even written." Her clinical practice ranges from working with youth who are infected with and affected by HIV/AIDS, to partnering

with behavioral health providers to develop standardized methods of sexual health assessment and intervention for adolescents with mental illnesses.

As a young scientist, Dr. Brawner has received more than \$1 million dollars in federal funding for her research. With a passion for mental and physical health in urban populations, she recently completed a CDC-funded research study to develop a program that helps Black youth cope with their emotions and reduce their risk for HIV/STIs. Through a health equity lens, her program of research focuses on multi-level, multi-method, biobehavioral approaches to health promotion in disenfranchised populations.

Dr. Brawner is a staunch social justice advocate who believes that research can be leveraged as an advocacy tool to ensure all individuals have an opportunity to achieve their full health potential. She is internationally sought after for her comprehensive knowledge, dynamic oratory skills and ability to effect change. Her work has been featured through multiple media outlets, and she has received numerous honors and awards, including the Friends of the National Institute of Nursing Research Protégée Award in 2015. Dr. Brawner will also serve on the newly formed National Commission to Address Racism in Nursing through the American Nurses Association. She is determined to eliminate health inequities and is excited to lend her expertise in a second term as Chair of the MFP National Advisory Committee to strengthen the behavioral health workforce.



*Katie Boston-Leary, PhD, MBA, MHA, RN, NEA-BC, CCTP*

## ***Katie Boston-Leary, PhD, MBA, MHA, RN, NEA-BC, CCTP***

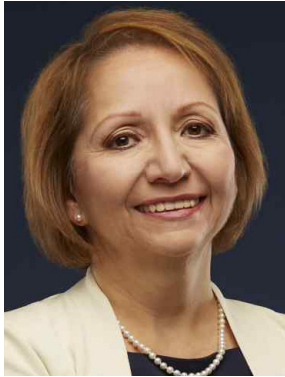
**Dr. Katie Boston-Leary** is the Director of Nursing Programs at ANA overseeing Nursing Practice and Work Environment and Healthy Nurse Healthy Nation. She has been a Registered Nurse for 27 years who is certified in Perioperative Nursing, Nursing Administration and Executive Leadership. She is a John Maxwell Trained Speaker and Coach and is also an Adjunct Faculty at University of Maryland School of Nursing teaching Doctoral Level Nursing Leadership courses and is also adjunct faculty at Frances Payne Bolton School of Nursing at Case Western Reserve University. She was recently the System Chief Nursing Officer at University of Maryland Capital Region Health (UMCRH) and was elected and served as the President of the Maryland Organization of Nurse Leaders. She

was previously the Senior Vice President and Chief Nursing Officer at Union Hospital of Cecil County in Maryland for 5 years. Katie led her team at Union to their second ANCC Pathway to Excellence designation and to win the coveted annual ANCC Pathway to Excellence award in 2017.

She also has strong partnerships with deans and chairs of nursing programs in the communities she has worked in to improve nursing curriculums and effectively preparing nurses to transition from novice to experts and has developed many nurse leaders from charge nurses to executives. She was a featured guest at the Inaugural SEHA nursing conference in Abu Dhabi which was a hospital system seeking ANCC Pathway Designation. She has also been invited to Capitol Hill in Washington DC with the American Organization of Nurse Leaders to discuss the havocs of regulatory burden on hospitals. She was recently identified in the August 2019 Health Leaders Journal as “One of Five Chief Nursing Officers Changing Healthcare”.

FRIDAY, MARCH 19

## KEYNOTE OPENING ADDRESS



Antonia M. Villarruel, *PhD, RN, FAAN*

### **Antonia M. Villarruel, *PhD, RN, FAAN***

**Professor and Margaret Bond Simon Dean of Nursing Antonia M. Villarruel, Ph.D., RN, FAAN,** is the Margaret Bond Simon Dean of Nursing at the University of Pennsylvania School of Nursing and Director of the School's WHO Collaborating Center for Nursing and Midwifery Leadership. As a bilingual and bicultural researcher, Dr. Villarruel has extensive research and practice experience with Latino populations, health promotion and disparities. Using a community-based participatory approach, she has been the PI/Co-PI of over eight RCTs on reducing high risk behaviors in teens. One program, to reduce sexual risk behavior among Latino youth – entitled *Cuidate!* was disseminated nationally. Dr. Villarruel holds many leadership positions. She is a member of the National Academy of Medicine and the

American Academy of Nursing; serves as Chair of the NAM Roundtable on the Promotion of Health Equity and the Elimination of Health Disparities and Co-chair of the Strategic Advisory Council of the AARP/RWJ Future of Nursing Campaign for Action.

## IMPACT OF BEHAVIORAL HEALTH POLICY PANEL



Barbara J. Hatcher, *PhD, RN, MPH, FAAN*

### **Barbara J. Hatcher, *PhD, RN, MPH, FAAN***

**Dr. Hatcher** is an experienced public health nurse professional who over the course of her career has provided leadership in health care policy and practice, achieving many breakthroughs such as being the first African American and nurse to sit on the March of Dimes Medical Advisory Committee. Additionally, she has served as the first chief science officer for the American Public Health Association and was the first African American and nurse to serve as secretary general of the World Federation of Health Associations. She founded the D.C. Department of Health's multimillion-dollar Healthy Start project that was focused on eradicating barriers to pre-natal care and reducing infant mortality. Finally, she served as chair of the District of Columbia Board of Nursing where she facilitated the establishment of rules and regulations that expanded nursing practice.

Dr. Hatcher is the President and CEO of Hatcher-Du Bois-Odrick Group, LLC, a public health consulting firm of the District of Columbia. Her work focuses on strategic planning and organizational effectiveness, social media and entrepreneurship. This work is global with efforts in the US, Asia, Africa, and the Caribbean. She is an adjunct professor at George Mason University College of Nursing and Health Sciences, where she teaches doctoral level courses. She is an alumna of the Minority Fellowship Program (MFP) at the American Nurses Association.



Jianghong Liu, *PhD, RN, FAAN*

## **Jianghong Liu, PhD, RN, FAAN**

**Dr. Jianghong Liu** is the Marjorie O. Rendell Endowed Professor in Healthy Transitions at the University of Pennsylvania School of Nursing, and a Fellow of the American Academy of Nursing.

Dr. Liu's interdisciplinary research is concerned with understanding how early health risk and protective factors influence emotional and behavioral development in children and adolescents, and how brain mechanisms account for these links. Factors include prenatal factors, environmental exposures, nutrition, and sleep. Her research program has three main features: a multidisciplinary and biosocial integrative approach, working in both local and international settings, and the use of longitudinal methodology.

She is the Director/PI of the NIH-funded China Jintan Child Health Project, a longitudinal study set up in 2004 which follows children into adulthood. Her current research, funded by the NIH, investigates nutritional influences on children's behavior outcomes.

Dr. Liu has published over 160 peer-reviewed journal articles in high-impact journals such as JAMA Pediatrics, American Journal of Psychiatry, International Journal of Epidemiology, Sleep, and International Journal of Nursing Studies. Many of her research findings are well-disseminated to the public via media reports and have impactful policy implications. Dr. Liu has recently been named among the Stanford University-Elsevier list of the top 2% most-cited scientists in various disciplines worldwide.

Dr. Liu is well-recognized as an ardent mentor and advisor of both doctoral and undergraduate students across major disciplines. She has received many mentoring awards, including the University of Pennsylvania Trustees Council of Penn Women's (TCPW) 7th Annual Advising Award, and the Dean's Mentoring Award for both undergraduate and PhD students.



Adrianna Nava, *PhD, MPA, MSN, RN*

## **Adrianna Nava, PhD, MPA, MSN, RN NAHN President, National Association of Hispanic Nurses (NAHN)**

**Dr. Nava** is Chief of Quality and Systems Improvement (QSI) within the Veterans Health Administration (VHA) and has been in service to our nation's Veterans for most of her nursing career. She has also served the Latino community as a member and leader within the National Association of Hispanic Nurses (NAHN). From 2011-2013, she served as the President of the Illinois Hispanic Nurses Association (IHNA), now known as NAHN-Illinois. In this role, she invested in the professional development of Latino nurses by engaging them in community health initiatives in Chicago and inspiring them to reach higher levels of success. With her leadership, IHNA, a small NAHN chapter, became the 5th largest chapter in the country in 2013. Since then, she has focused her efforts on building the leadership capacity of nurses, with a focus on Latino nurses—who continue to be underrepresented in health care leadership positions.

From 2014-2016, Dr. Nava was elected to the NAHN National Board of Directors. In this role, she oversaw membership growth and retention strategies and initiated, proposed, and saw passed the amendment of the NAHN bylaws to create a category for unlicensed health care personnel to be welcomed into the organization as affiliate members. This category of membership is vital to NAHN's mission as many Latinos work in these unlicensed roles and should be encouraged, through adequate mentorship, to continue their education into nursing. Concurrently, she served as

the 2015-2016 Vice-President of the Massachusetts Chapter where she led and created the pilot Nursing Leadership Scholars Program (NLSP). She mentored six millennial nursing mentees in a 10-month pilot program, where they learned about their role as nurse leaders in the community. Within the VHA, Dr. Nava has invested her efforts in developing the nursing workforce to improve the quality of care delivered to our Veterans.

She has an MPA'20 from the Harvard Kennedy School; PhD'19 in Health Policy from the University of Massachusetts Boston; an MSN'11 in Health Leadership from the University of Pennsylvania; and a BSN'09 from Saint Francis Medical Center College of Nursing. Dr. Nava has been awarded the 2020 Secretary of Veterans Affairs (VA) Award for Excellence in Nursing; the 2019-2020 U.S. Latino Leadership Fellowship from the Center for Public Leadership at the Harvard Kennedy School; the 2017 Outstanding Alumni-Excellence in Leadership Award from OSF Saint Francis Medical Center College of Nursing; the 2017 NAHN's 40 under 40 Recognition Award; the 2016-2018 PhD Jonas Nurse Leader Scholar; the 2015-2016 Albert Schweitzer Boston Fellowship; the 2014 Community Education Service Award from AARP-IL; the 2011 HRSA Advanced Education Traineeship Grant; and the 2011 VA Going the Extra Mile Service Award. As President-Elect of NAHN, Dr. Nava is proud to be the first millennial nurse elected to serve the membership at the national level.

## PROFESSIONAL DEVELOPMENT: MANUSCRIPT SUBMISSION AND REVIEW



Geraldine S. Pearson, *PHD, PMH-CNS, FAAN UCONN*

**Geraldine S. Pearson, *PHD, PMH-CNS, FAAN UCONN, Child and Adolescent Psychiatry Clinic Editor, Journal of the American Psychiatric Nurses Association***

**Dr. Pearson**, who is a Fellow of the American Academy of Nursing, is currently an associate professor at University of Connecticut School of Medicine, Department of Psychiatry, Child/Adolescent Division. She has been the Editor of Perspectives in Psychiatric Nursing since 2008, where her publications have focused on editorials and nursing practice issues. Dr. Pearson recently assumed the position of co-vice chairperson of the Committee on Publication Ethics (COPE), a London-based charity organization that establishes guidelines and recommendations for interdisciplinary publication ethics issues throughout the world.

Commenting on her appointment, Dr. Pearson said: "My appointment as the editor-in-chief of JAPNA presents an exciting opportunity to work with an association journal that includes a membership from all ranges of psychiatric nurses involved in practice, education, administration, and research. I hope to craft a journal that meets a broad range of member needs while maintaining a professional, evidence-based focus. While this may be challenging, I am eager to work with all who are committed to APNA, its mission, and the challenges of meeting the needs of a diverse membership."

Dr. Pearson holds a BSN (1976) and MSN (1978) from the University of Cincinnati. Her PHD (2002) is in nursing research from the University of Connecticut School of Nursing. In addition to her faculty position at the University of Connecticut, she also serves as the director of the HomeCare Program (a short-term psychiatric management program for adolescents involved in the juvenile justice system), chairperson of the School of Medicine Admissions Committee, and former assistant training director for the child psychiatry fellowship program. She also maintains a university based clinical practice as a psychiatric prescriber for children and adolescents.

## MODERATORS

### primary moderator

**Bridgette Brawner, PhD, MDiv, APRN Chair, MFP/  
ANA National Advisory Committee**

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Eugenia Millender, PhD, RN,  
PMHNP-BC, CDE

### **Eugenia Millender, PhD, RN, PMHNP-BC, CDE**

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**Dr. Eugenia Millender** is currently an Associate Professor at Florida State University College of Nursing and at the college's Center for Indigenous Nursing Research for Health Equity. She is also the graduate coordinator for the psychiatric mental health nurse practitioner certificate program. As an indigenous Afro-Caribbean Latina nurse scientist, Dr. Eugenia Millender's career has been dedicated to increasing access to mental health equity and providing culturally appropriate care.

Dr. Millender's research focus is on studying the efficacy of culturally relevant surveillance and interventions in community settings to mitigate or prevent mental health and substance abuse disparities. Her research also explores how these interventions influence trans-generational psychological and physical health disparities among minority and underserved groups.

She does so by working with community-based organizations and inter-professional teams and employing her expertise in mood disorders, such as depression, anxiety, and trauma, and how these are expressed through gene-environment interaction.

As an indigenous Afro-Latina nurse scientist, Dr. Eugenia Millender's career has been dedicated to increasing access to quality care, decreasing co-occurring mental disparities and cardiovascular disease, and providing culturally appropriate care. Armed with deep community connections and more than 20 years of experience working with and leading community-based teams, she is able to bridge the gap in health disparities across both local and international borders. In 2018, Dr. Millender founded Caring 4 All of You, Inc., a corporation that assists inter-professional teams in providing holistic care by integrating nursing, mental health, and well-being, and telepsychiatry. Thus, she adds entrepreneur to scientist, community leader, and advocate. In summary, Dr. Millender's research focus is studying the efficacy of culturally relevant mental health and substance abuse interventions in social service and primary care settings to mitigate or prevent mental health disparities. In addition, her research explores how these interventions influence trans-generational mental and physical health disparities among minority and underserved groups. She does so by working with community-based organizations and employing her expertise in mood disorders, stress, trauma, and substance abuse and how these are expressed through gene-environment interaction.

Dr. Millender currently serves on several national professional organizational Boards of Directors such as the American Psychiatric Nurses Association (APNA) as Member-At-Large. She is also a member of the Global Alliance for Behavioral Health and Social Justice Global Mental Health Task Force to promote social justice and human rights and reduce behavioral health disparities. She serves on several community boards, including the Center for Child Counseling (Vice-chair; 2013-present), EmpowHER of the Palm Beaches (advisory board; 2017-present), and the Mental Health Council of Leon County (advisory board; 2018-present).



**SATURDAY, MARCH 20**

## **HEALTH AND WELLNESS: QUARANTINE FATIGUE: COPING WITH BURNOUT**



Dr. Rick Clifton

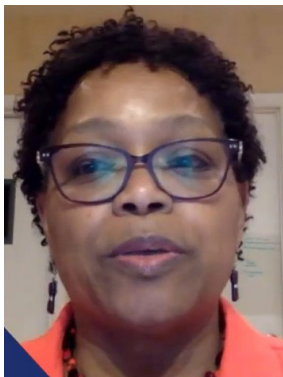
### **Dr. Rick Clifton**

**Dr. Clifton** is a retired US Army combat arms officer, former middle and high school principal, university Professor, and international educational consultant. He most recently worked as the Senior Advisor to the Minister of Defense in the Republic of Georgia and Professor of Psychology at the Georgian National Defense Academy. He spent over two years in Baghdad, Iraq, as Senior Advisor of Combat Operations to the Commanding General of the Iraqi Army, and Professor of Leadership at the Iraqi National Defense University.

Dr. Clifton holds a PhD in Psychology with a specialization in Educational Psychology, a Master of School Arts degree in Political Science. He is a graduate of the US Army Command and General Staff College, and is a diplomate of the United States Department of Defense Strategy Course.

Dr. Clifton is known for his engaging and innovative presentation style. His areas of expertise include leadership, team building, supervisor and employee development, and improving workplace communication.

## **PSYCHIATRIC MENTAL HEALTH NURSING MINORITY FELLOWSHIP GRADUATION ASSOCIATION PANEL**



Teresa Combs, PhD,  
APRN-BC

### **Teresa Combs, PhD, APRN-BC**

**Psychiatric Nurse Practitioner, CEO, Owner and Founder of Living and Growing, Dr. Combs** is a Family Psychiatric Nurse Practitioner who has been in practice in Washington, DC, for more than 20 years. She earned a PhD from The Catholic University of America, a Post-Master's Certification as a Psychiatric Nurse Practitioner from The University of Maryland, a Bachelor's Degree of Nursing and a Bachelor's Degree in Community Health from Michigan State University. She started her work in mental health at the Yale University Department of Psychiatry. In this position she was responsible for research and clinical practice associated with chronic mentally ill substance abusers. While working with this population she noticed the detrimental influence mental illness and substance abuse had on families, and specifically children. This resulted in an increase in treatment for participants and the initiation of a program for families. Once she relocated to the Washington

DC area, she secured a faculty position teaching at Howard University Division of Nursing. At Howard University she continued her research activities within the Division of Nursing as well as interdisciplinary investigations. Dr. Combs was a member of the team of nurse investigators from Howard University who participated in a five-year grant from the Agency on Toxic Substances and Drug Regulations (ATSDR) investigating the effects of environmental pollution on communities in the Mississippi Delta Region. She provided the mental health expertise on this study that resulted in a policy change in multiple community health clinics. In addition, the findings yielded a published workbook that is currently used in many nursing programs around the country.

Dr. Combs has held faculty positions at Coppin State University School of Nursing, The University of Maryland School of Nursing the Catholic University School of Nursing and the Uniformed Services

University of the Health Sciences. As an American Nurses Association SAMHSA Minority Fellow, she was a member of the working group with the Carter Center for Mental Health that provided the mark-up for the Mental Health section of the Affordable Care Act with particular emphasis on children and adolescents. Dr. Comb's research on anxiety and depression among African American youth as precursors to bullying and victimization has resulted in presentations and lectures to help change the treatment trajectory of this population.

Dr. Combs believes her training, workshops, work on inpatient psychiatric settings, the years of working with alternative schools for youth with behavior challenges, her research experience and practice where she treats individuals and families across the life span affords greater substance to treat her clients.



LaKeetra Josey, PhD,  
PMHNP-BC

## **LaKeetra Josey, PhD, PMHNP-BC, Psychiatric Nurse Practitioner**

**Dr. Josey** is the Co-Founder of YOUR Center, LLC. She is certified as a Family Psychiatric Mental Health Nurse Practitioner by the American Nurses Credentialing Center (ANCC) and works with patients across the lifespan. She is also Co-Founder and Medical Director of Phoenix Center for Health and Wellness, LLC, a Substance Use Disorder treatment program.

She is certified as a Master Psychopharmacologist from the Neuroscience Education Institute. She is the former Associate Program Director of the Psychiatric Mental Health Nurse Practitioner program at the University of Pennsylvania School of Nursing, and the former Director of Graduate Programs in the Department of Nursing in the College of Public Health at Temple University. She has a wealth of clinical experience in a variety of settings with clients of all ages and all walks of life which informs her clinical practice and her teaching of future Psychiatric Nurse Practitioners that intern in the practice. She is also the President of the Psychiatric Mental Health Nursing, Minority Fellowship Graduate Association an alumni organization of the Substance Abuse and Mental Health Services Administration (SAMHSA) / American Nurses Association Minority Fellowship Program.

Dr. Josey's practice and research philosophy is guided by Engel's Biopsychosocial Model, which provides a framework for understanding the complex interaction between the biological, psychological, and social factors that affect a person's health and mental health. Unlike other health/illness frameworks (e.g., the traditional biomedical model), this model provides a more comprehensive understanding of a person's life experiences that contribute to their health status, not just the biological basis of illness/disease. This framework is consistent with the values of nursing, where we treat a person, not a diagnosis.



Audrey Strock, DNP,  
AGPCNP-BC, PMHNP-BC,  
Owner, Strock Medical  
Group, LLC

## **Audrey Strock, DNP, AGPCNP-BC, PMHNP-BC, Owner, Strock Medical Group, LLC**

**Dr. Strock** earned a Bachelor's of Social Work with a minor in Spanish from the Colorado State University. From her work in the field, she became convinced that she could make a greater impact in improving the health and quality of life of the people she was serving by earning a degree in nursing. She earned a Bachelor's in Nursing from Regis University, a Master's of Science from the University of Colorado in the Adult and Gerontological Primary Care Nurse Practitioner specialty. Dr. Strock also earned a Master's of Science from the University of Colorado Psychiatric Mental Health Nurse Practitioner Program. She is dually certified as a PMHNP and an AGPCNP. She subsequently earned a Doctor of Nursing Practice from the University of Colorado Anschutz Medical Campus.

Dr. Strock, with her husband co-founded Strock Medical Group, LLC where they have locations in both Denver and Boulder, Colorado. They provide outpatient medication Assisted Treatment including (MAT/ Addiction Services)

Suboxone, Sublocade Injections, Oral Naltrexone, Vivitrol Injections and the Sinclair Method for alcohol addictions. They also provide a variety of psychotherapies.

Dr. Strock has recruited and employed eight MFP/ANA alumni in her practice where she provides supervision and mentoring to help them to further develop their expertise as independent PMHNPs.

## MODERATOR



Freida Hopkins Outlaw, PhD,  
RN, APRN, FAAN

### Freida Hopkins Outlaw, PhD, RN, APRN, FAAN

**Dr. Freida Hopkins Outlaw** has over forty years of experience as a clinician, researcher, educator, and policy maker in public mental health and substance abuse. She is currently the academic consultant for the SAMHSA Minority Fellowship Program at the American Nurses Association. Prior, she was an Associate Professor, Meharry Medical College and the Director of the Meharry Youth Health and Wellness Center, a health care delivery system with a special focus on LGBTQ youth. Prior to this appointment, for eight years she was the assistant commissioner, Division of Special Populations, Tennessee Department of Mental Health and Substance Abuse Services. In this role, she focused on developing policies and initiatives that improved treatment for children and adolescents with mental health and substance abuse issues. In addition, she provided leadership in securing thirty-two million dollars of federal funding to support transforming the state's mental health system for children and their families and was part of the leadership that was instrumental in passing legislation to create the Children's Mental Health Council that was required to develop a plan for a statewide system of care implementation, which continues today.

Dr. Outlaw was also an Associate Professor, and Director of the Graduate Psychiatric Mental Health Nursing Program, University of Pennsylvania School of Nursing for a number of years.

Dr. Outlaw received her Baccalaureate in Nursing from Berea College, Masters in Psychiatric Nursing from Boston College and a Ph.D. from The Catholic University of America and completed her postdoctoral study at the University of Pennsylvania.

Dr. Outlaw has written in the areas of cultural diversity, management of aggression, seclusion and restraint, the role of religion, spirituality and the meaning of prayer for people with cancer, the use of the Geriatric Depression Scale with older African Americans, Black women and depression, children's mental health, and the recruitment of African Americans into clinical trials, mental health parity and health policy. She is an editor of the 7th Edition of Policy and Politics in Nursing and Health Care which won the American Nurses Association's Book of the Year Award in 2015. Her most recent publications have focused on Adverse Childhood Experiences (ACEs) and trauma informed care, the mental health needs of minority LGBTQ youth and the social construction of racial whiteness in nursing education in historically and predominately white schools of nursing.

Dr. Outlaw is a member of the American Academy of Nursing and a member of the Psychiatric Mental Health Expert Panel.

## CLOSING TALKING CIRCLE



John R. Lowe, PhD, RN,  
FAAN (Cherokee)

### John R. Lowe, PhD, RN, FAAN (Cherokee)

**Dr. Lowe** is a professor and Joseph Blades Centennial Memorial Professorship Chair at the University of Texas at Austin. Dr. Lowe has developed and studies interventions for the prevention and reduction of substance use and other risk behaviors among Native American and Indigenous youth and young adults. These studies and other health programs are guided models that Dr. Lowe developed which include the Cherokee Self-Reliance, Native Self-Reliance, and Native-Reliance Models. Dr. Lowe also developed the first manualized Talking Circle evidence-based intervention to reduce substance use and other risk behaviors among Native American and Indigenous people. Dr. Lowe is an alumnus of the SAMHSA MFP and a Past Chair of the MFP National Advisory Committee. He was the first Native American man to be inducted as a fellow in the American Academy of Nursing.

## MFP/ANA FELLOWS TALKING CIRCLE REFLECTIONS



Griselle Estrada, MSN, RN

### Griselle Estrada, MSN, RN

**Griselle Estrada** is a psychiatric-mental health nurse, and nurse educator. Currently, she is fully dedicated to completing her PhD in Nursing with a focus on Transcultural Nursing. She expects to graduate in 2021. Ms. Estrada aims to bring additional research focus on suicide prevention and mental health promotion in the U.S. Hispanic population.

She obtained a Bachelor of Science in Nursing from the University of Puerto Rico. She began her career as a medical-surgical nurse in Puerto Rico before moving to the U.S. Years of volunteer service as a ministry leader in the faith community helped her to identify a need for Spanish-speaking mental health professionals. She changed her career path, received a Master of Science in Nursing at the University of Miami, and became a psychiatric-mental health

nurse practitioner. In 2006, Ms. Estrada recognized her love of teaching and transitioned into being a full-time nurse educator.

She is an active member of the National Association of Hispanic Nurses, serving on the Executive Board of her local chapter and on the Membership Committee at the national level. Ms. Estrada is passionate about mentoring, raising awareness about mental health issues, and serving the Hispanic community.



Joi Henry, MSN, RN, CNL

### Joi Henry, MSN, RN, CNL

Joi Breanna Henry MSN, RN, CNL is pursuing a Doctor of Nursing Practice (DNP) degree as a Psychiatric Mental Health Nurse Practitioner (PMHNP) at Rush University College of Nursing, in Chicago, IL. Her DNP quality improvement project will focus on mental health awareness and education for minority adolescents in the Chicagoland area. Ms. Henry's goal is to bolster mental health awareness for adolescent minorities through education and early intervention. Her long-term goal is to expand the availability of culturally informed mental health care and increase awareness and availability of early intervention services in minority and

underserved communities. She is also passionate about mentoring and promoting cultural diversity within the healthcare system.

She began her career as a substance abuse nurse working with patients addicted to opiates undergoing medication-assisted treatment. Currently, she works as a classroom nurse at a therapeutic day school providing individualized care to students with autism spectrum disorder as well as other social and emotional disorders. She received a Bachelors' degree in Biology at Monmouth College and a Generalist Entry Master's (GEM) degree from Rush University College of Nursing in 2016. During her time as a GEM student, she was a Robert Wood Johnson scholar as well as a mentor. As a student, she presented at the 2016 American Public Health Association's national conference and has recently published her first integrative review of fatherhood interventions.

She is a member of the Sigma Theta Tau Gamma Chapter, American Public Health Association, the American Nurses Association and the American Psychiatric Nursing Association. She is both honored and blessed to have the opportunity to become an MFP scholar and aspires to increase her professional development through training and collaboration.



Keith Carter, BSN, RN

## **Keith Carter, BSN, RN**

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**Keith Carter**, BSN, RN, is pursuing a Doctor of Nursing Practice (DNP) degree as a Psychiatric Mental Health Nurse Practitioner (PMHNP) at Rush University College of Nursing, Chicago, IL. He is in his third year of the program and anticipated graduation is August 2022. His DNP scholarly clinical project is to implement an educational module, which includes evidenced- based de-escalation and milieu management strategies to improve restraint and de-escalation practices, on a community hospital psychiatric unit on Chicago's South Side.

Mr. Carter's passion for addressing mental illness, specifically within the African American community is profound. He works actively to further understand the African American experience with mental illness and help guide future clinical implications to increase culturally sensitive care. His long-term goal is to eradicate health disparities and stigma associated with mental illness in the African American community. Mr. Carter also is working towards understanding the complexity of working with traumatized youth in the community. His research aims to learning how to better support and train providers who work with these children.

Mr. Carter graduated from Illinois Wesleyan University in 2017, becoming the first African American male recipient of the Caroline F. Rupert Nursing Award, which honors outstanding work during the four years of undergraduate study in nursing and is awarded to one student as determined by university faculty. He then began his career at Rush University Medical Center, working as an RN with children with psychiatric disorders. He provides individualized care to children with emotional and behavioral disorders, autism spectrum disorder, and learning disabilities. He also works at UChicago Ingalls Memorial Hospital on an inpatient psychiatric unit providing care to a range of acutely ill patients.

Mr. Carter is a member of the American Nurses Association and the Midwest Nursing Research Society. He is excited and grateful to have the opportunity to join the Minority Fellowship Program.

## **CLOSING MODERATOR**

**Bridgette Brawner, PhD, MDiv, APRN Chair, MFP/  
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**AUGUST  
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**2021**

# **Virtual Intensive Summer Institute**


**Theme: Advancing Behavioral Health  
Equity among Ethnic and Racial  
Minority and Indigenous Populations**



**Minority Fellowship  
Program**

Substance Abuse and Mental Health Services Administration  
American Nurses Association

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