

HON 386 allows students to satisfy the Honors Experiential Education (EXP) Requirement while doing a full-time internship during the summer without paying tuition. Full-time means at least 30 hours a week for a minimum of 6-7 weeks, or at least 200 hours total. The internship site must provide some mentoring, supervision, or training, and the work must relate to the your educational or career goals. The following checklist will help us determine if your internship qualifies for HON 386. All applications must be received by June 15 in order to be considered. No retroactive applications will be accepted. Submit your application to the DUS, Ryan Voogt, [Ryan.Voogt@uky.edu](mailto:Ryan.Voogt@uky.edu), and cc your Honors Academic Advisor.

Name: \_\_\_\_\_ SID: \_\_\_\_\_

Major(s)/minor(s): \_\_\_\_\_

Honors Academic Advisor: \_\_\_\_\_

Internship sponsor (company/agency): \_\_\_\_\_

Individual internship supervisor/mentor at the company: \_\_\_\_\_

Their email/contact info: \_\_\_\_\_

What is their title/area of expertise? \_\_\_\_\_

Describe the nature of the internship sponsor (select one):

For-profit business      Non-profit organization

Educational institution/program governmental body      Other: \_\_\_\_\_

Will the internship be paid?\*      Yes      No

\*All internships with for-profit companies must be paid, in compliance with Federal guidelines.

Dates: \_\_\_\_\_ Hours per week: \_\_\_\_\_

Total anticipated hours:      (200 minimum to qualify for 386)

Please check the boxes that accurately describe the internship program:

I will receive training from the internship sponsor

I will participate in tasks or functions that I have not done before

I will have a supervisor/mentor who will give me feedback on my performance

I will be one of multiple student interns sponsored/will work on a team with other interns

I will be exposed to a professional setting & cultural norms (i.e., through attendance at staff meetings, etc.).

Describe the internship, including major responsibilities (cut and paste company's job description if possible):

Describe how the skills used in the tasks enumerated above align with the skills emphasized by your major or minor area(s) or study. (For example: "The English major focuses on writing skills, and as an intern I will be writing /proofreading prose text")

Describe how this internship will help prepare you with some of your future goals. (You might think about this as a line on your resumé: what will you say about this internship that will help you land that future position or place in a grad program?)

How do you anticipate that this internship opportunity will challenge you to grow personally or professionally? (i.e., besides concrete skills, what do you expect to learn?)