

PENNYRILE AREA YEAR END REPORT JULY 1, 2018 – JUNE 30, 2019

The Pennyrile Area includes 9 Counties in Western Kentucky. My report will list them separately and alphabetically and include highlights of their year's activities.

Caldwell County Homemakers participate in a variety of community service activities and volunteer over 5,000 hours of their time to extension, community, KEHA and their extended families. The clubs donate to Ovarian Cancer, provide cookies at the Red Cross Blood drive each month, donate to the HOPE and COPE family resource centers, donate to project graduation, volunteer at a local doctor's office, donate to the Feeding God's Children backpack program, and work with 4-H youth. This past year, they hosted the "Souper Bowl" of Caring and collected over 300 non-perishable food items for a local food pantry.

Christian County contributed to local organizations such as CASA and Redeemed & Restored through the Mini-Grant program. Members also contributed to the Rotary Auction through the donation of baked goods for auction as well as the Sweets Shoppe. They volunteered at their local Farm to Table dinner. Their end of the year Annual Meeting "Exploring Our Christian County Heritage" included a speaker that shared many exciting "Did You Know!?" facts about their County.

Crittenden started the year with several Homemakers taking a trip to the West KY Botanical Garden in Owensboro. Homemakers also attended a Utilizing Garden Structures class presented by Ag Agent Dee Heimgartner. Club meetings began in August with the County Annual Meeting and speaker Regina Merrick, a local published author. In September they hosted their first Ovarian Cancer Tea Party and raised over \$1,000.00 for UK Ovarian Cancer Research. They sponsored their annual Apple Pie Contest at the Heritage Festival in October, raising over \$300.00 for their scholarship fund and provided desserts for the 4-H Ham and Bean Fundraiser. National Homemaker week in October was celebrated with a Twilight Walk at the city/county park and also held their annual bread and candy sale at the Marion Crittenden County Fall Festival raising over \$130.00 for the county/club treasuries. In November they welcomed their new agent Janeen Tramble and presented their Manners Are Cool program to 103 fourth graders at the County Elementary School. In December they decorated trees at the Marion Welcome Center, Crittenden County Rehab Center in addition to a tree at the Extension Office. International Week in February was celebrated with guest speaker and FCS Agent Janeen Tramble speaking on Japan, where she spent part of her life. They had 16 entries in the Pennyrile Cultural Arts Display with 5 first place entries going to the State Convention, at which 2 won blue ribbons. Janeen started a "Cooking Through the Calendar" program where she will be featuring recipes from the food nutrition calendar provided by the SNAP program. In April they donated \$100.00 to the County School Resource Center, gave a \$500.00 scholarship to a graduation senior, 6 members attended the area spring Seminar on Cooking with Herbs, hosted a County Quilt Show, donated \$25.00 to 4-H Camp and several attended a class on Ferns at the local Rusty Gate Farms Nursery. Four members and Agent Janeen Tramble attended the KEHA state meeting and helped with the Quilt Squares Display, which was the Pennyrile Area assignment. The Quilt Club visited several quilting and fabric stores in the Area and also the Paducah Quilt Museum.

Hopkins County donated over \$1,700.00 to various organizations, including the Hopkins County Library, UK Ovarian Cancer Research Fund, Coins for Change, and Baptist Health Madisonville. Members also made blankets for medically fragile children in Hopkins County and donated quilt blocks and crocheted blocks to our state causes. Individual clubs donated to local food banks, clothing drives, and participated

in recycling programs. At the annual Salad Supper, members heard from the Hopkins County Master Gardeners, fellowshiped with one another and celebrated their civic work. Our clubs are also appealing to a very wide age range, with our youngest member being 21 years old, and our most seasoned member being 102 years young.

The Livingston County Homemakers "PINS and NEEDLES" group has become quite active this year. They have facilitated and participated in the following fun sewing activities: Clothesline Mug Rugs, Magic Pillowcases, Drawstring Gift Bags, Pillowcase Dresses, Charm Bags and a Casserole Dish Carrier. They have a very active "Block of the Month" club, which gathers each month to work on their ongoing project, Pat Sloan's "In the Summertime", or they work on individual projects while together as a group. A brand new "Knit & Crochet" group has started and although a fledgling start, the group has a promising outlook.

Lyon County has four traditional clubs and a Quilt Club that meet monthly. Donations include, Backpacks for the Bags of Love program (made by Homemakers), Coupons for Soldiers, 100% donation participation for Ovarian Cancer Awareness, Dog beds to local animal shelters, scholarships for 4-H Camp, college scholarship for one graduating high school senior, over 2000 eyeglass cases made, over 20 quilt squares made and donated to the KEHA quilt square auction. Pennyriple Area Activities attended included Homemaker Annual Day, Master Clothing Volunteer workshops, Pennyriple Spring Seminar – "Herbs the Word" Cooking School, Cultural Arts Day with 29 entries (13 blue, 9 red and 3 white ribbons), and summer educational trip to Georgetown/Lexington area. Two voting delegates, area president and county agent attended the KEHA state meeting. They also worked at the Quilt Square Showcase and Auction, which was the Pennyriple responsibility. They sponsor the "Pretend Store", providing Lyon Co., head start/preschool students the opportunity to Christmas shop for their family in addition to themselves. This year they held a "Hire a Homemaker to Bake Fundraiser" and raised approximately \$500.00 in one day. The REACH program was implemented to increase participation in Homemaker activities, recruitment and reporting. County Annual Day "Hootenanny" was held and a good time was had by all who attended. Several members went on the Educational trip to the Southern Women's Show, Nashville Farmer's Market and the Frist Museum. Line dancing classes were held at the County Senior Citizens Center with several members attending and had a great time in addition to learning something new. Paper Crafters and Pinterest groups meet monthly. Additional classes scheduled include, Pies and Cobblers, Cooking through the Calendar (multiple), Car Seat Carrier Quilt Class, Beginner Quilting and AARP Driver Training. This is not intended to be a complete reporting of all activities of the Lyon County Homemakers, but a representative listing. Led by Lyon County Family Consumer Science Agent Angie York, this Homemakers group is successful and thriving.

Muhlenberg County has 6 homemaker clubs plus mailbox members. There are a total of 136 members. There are specialty clubs, Reading, Travel and Sewing, as well. A membership drive was held in August where we played cards and served ice cream. They held a bean supper in October with the proceeds and live auction being given to Ovarian Cancer Research. \$3,072.97 was raised and a total of \$3,206.00 was donated to Ovarian Cancer. They received 2 awards at the state level for Ovarian Cancer Research. They received 2nd place for counties with the largest donations and an award for contribution over \$1,000. They received recognition for 100% of their members donating to Ovarian Cancer Research. Volunteer activities include 4-H sewing class, judging 4-H demonstrations, working with one of the local

Senior Centers and a military project which resulted in 5 packages being sent to Africa. Area 4-H demonstrations were held in Muhlenberg Co. this year and Homemakers served food to the 4-H students, judges and others helping at this event. The Sit And Sew group made 30 reversible aprons and donated them to the Pennyrile Area 4-H camp to use for their cooking classes. There were 15 made and left at the UK Extension Office for the 4-H members in the cooking classes at the county level. Homemakers registered items to be judged at the County Fair, which included day and evening hours. Homemakers donated \$960.00 toward the backpack program. They had 19 blue ribbon winners at the Area cultural arts event and several blue ribbon winners at the state level. The Library gave out book marks for Homemakers reading books off the UK booklist and reading from the categories required. Homemakers gave \$75.00 to Coins for Change, Project Prom received \$200.00, a local food pantry received \$600.00 and a high school graduate received a \$500.00 scholarship. One group collected items to be donated to the local dog pound. Homemakers from several groups took a day and picked up litter and sticks at Lake Malone State Park. The travel club took several trips with one being overnight. One Club started walking with each other one day a week in April. The hope is to keep each other inspired to walk the other days for a healthier lifestyle.

Todd County has 8 clubs and 110 members. The County Association awards two \$500.00 scholarships each year to a Todd Central student planning to major in Family and Consumer Sciences, agriculture or a related field. Members raised \$995.00 for the scholarships by giving generously at the county annual meeting. Homemakers held a fundraiser in the spring to raise money for the Center for Courageous Kids in Scottsville. A homemaker who is also a KY Proud Basket Maker taught 4 basket-making classes. In December they took a cultural tour of Adsmore House in Princeton and had lunch at Adams Breezy Hill Farm. Several attended the Herb is the Word Area Seminar that was held in Christian County. Clubs continue to support their community by volunteering for or contributing to the Food Banks, Red Cross, Church, Angel Tree Project, Todd County Community Baby Shower and Community Festivals.

Trigg County hosted a "Senior Fair" at the Senior Center with samples of food and recipes given to all attending. They hosted the Pennyrile Area Annual Day, using the theme of "Hometown Proud". They participated in the County Ham Festival. Between 1500 and 2000 people came through the exhibits. Two \$500.00 scholarships were given to Trigg County Seniors. A Quilt Block was completed for the Kentucky Census Quilt. They celebrated "Christmas with Candy Cane Land" for Head Start children so they could do their Christmas shopping. Trigg County Food Bank was the recipient of food donations collected by Homemakers. Two Homemakers attended the State Meeting and volunteered in the Quilt Square and Auction Area.

As in the past, I am very proud of our Pennyrile Homemakers. They are a very busy and dedicated group. This will be my last End of The Year report and I'm happy to say I've enjoyed my term as Area President. I've had the pleasure of visiting all nine Counties and some more than once. My very best to our new President, Donna Settle. She will be a good representative of our Area and a good addition to the State Board.

Respectfully submitted,
Dixie Utter, Pennyrile Area Immediate Past President