

Lisa Rutherford
Laurel College Navigator
R.A.I.S.E.

100 University Drive
London, KY 40741
O: 606-878-4973

lisa.rutherford@kctcs.edu
somerset.kctcs.edu



COLLEGE NAVIGATOR
HELPING YOU PLAN FOR SUCCESS



Ken Corso
Outreach Specialist
Clay, Knox, Laurel & Whitley
Adult Education Programs

 (606) 878-9134
 laureladulted.org
 ken@laureladulted.org



Lorna Mangus, MPH
Research Administrative Coordinator
Laurel HARVEST Project

212 Funkhouser
Lexington, KY 40506

O: 859-257-7784

lorna.mangus@uky.edu
cph.uky.edu



Richard McQuerry
Owner | Agent

Office 859.977.9696
Direct 859.333.7724
Fax 859.422.4943
richard@mysilverbridge.com

2529 Regency Rd, Suite 102
Lexington, KY 40503



Gabrielle Wilson
Certified Community Health Worker
CHI Saint Joseph Health
gabrielle.wilson@commonspirit.org

378 Thompson Poynter Rd
London, KY 40741
P 606.330.7394
C 859.397.1959
F 606.877.3993

jamest.caldwell@ky.gov
606-878-7754



Tyler Caldwell, MPH
Public Health Services Supervisor

Laurel County Health Department • 525 Whitley Street London KY 40741
Fax: 606-864-8295 • laurelcohealthdept.org



Robin Davis
Program Assistant for
Family and Consumer Sciences
Laurel County

College of Agriculture,
Food and Environment
Cooperative Extension Service

200 County Extension Road
London, KY 40741
O: 606-864-4167
F: 606-864-4168

robin.davis@uky.edu
laurel.ca.uky.edu



Low-Income Guide for Medicare Patients 2024



LIS EXPANSION 2024

Beginning 1/1/2024
LIS eligibility
increasing from
135% FPL to **150% FPL**



939,000

Medicare members in Kentucky
20% of the state population



17.7%

Food Insecurity



\$3,000

The average monthly household
income for Kentucky seniors



Extra Help/LIS (Low-Income Subsidy)

- LIS helps cover Prescription Costs
- Covers Prescription Drug Plan premium
- Most Generics \$4.50, Brand \$11.20
- Covers Rx Deductibles
- Partial eligibility available
- Waives Late Enrollment Penalties



Avg. annual benefit of
the LIS program

\$5,100

40%

Estimate of eligible
Kentuckians not
enrolled

**HUGE EXPANSION
2024**



Extra Help/LIS limits

	Single	Married
Income Limit	\$1,822	\$2,465
Asset Limit	\$16,600	\$33,240

Members **MUST** have Medicare

Patients can apply in less than 20 minutes
over the phone by calling SilverBridge

859-977-9696



Or completing the referral link at
www.mySilverBridge.com



Did you know?

Medicare members that qualify for LIS have
the opportunity to change their Medicare Plan
outside of the Annual Enrollment Period





Low-Income Guide for Medicare Patients 2024



LIS EXPANSION 2024

Beginning 1/1/2024
LIS eligibility increasing from 135% FPL to **150% FPL**



939,000

Medicare members in Kentucky
20% of the state population



17.7%

Food Insecurity



\$3,000

The average monthly household income for Kentucky seniors



Extra Help/LIS (Low-Income Subsidy)

- LIS helps cover Prescription Costs
- Covers Prescription Drug Plan premium
- Most Generics \$4.50, Brand \$11.20
- Covers Rx Deductibles
- Partial eligibility available
- Waives Late Enrollment Penalties



Avg. annual benefit of the LIS program

\$5,100



Estimate of eligible Kentuckians not enrolled

HUGE EXPANSION 2024



Extra Help/LIS limits

	Single	Married
Income Limit	\$1,822	\$2,465
Asset Limit	\$16,600	\$33,240

Members **MUST** have Medicare

Patients can apply in less than 20 minutes over the phone by calling SilverBridge

859-977-9696



Or completing the referral link at www.mySilverBridge.com



Did you know?

Medicare members that qualify for LIS have the opportunity to change their Medicare Plan **outside** of the Annual Enrollment Period





Nurturing Children Program - Referral Form

Referral Guidelines

1. Must be pregnant and/or have children under the age of 4.
2. Willing to participate in Nurturing Parenting program. Must be willing to allow a worker to visit you at your doctor's appointments/hospital setting and/or home setting.
3. Must be willing to complete at least 12 weeks of parenting classes. Classes may need to be repeated if progress is not made.
4. Please attach copy of families' prevention and/or case plan.

Client Information

Name: _____ Telephone: _____

Address: _____

History of Substance Abuse? Yes No

Is the parent currently pregnant? Yes No

If yes, are they receiving prenatal care? Yes No

Name of worker making referral: _____

Child(ren) Name & DOB:

- | | | |
|----------|------------|--|
| 1. _____ | DOB: _____ | Experienced NAS Symptoms? <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 2. _____ | DOB: _____ | Experienced NAS Symptoms? <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 3. _____ | DOB: _____ | Experienced NAS Symptoms? <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 4. _____ | DOB: _____ | Experienced NAS Symptoms? <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 5. _____ | DOB: _____ | Experienced NAS Symptoms? <input type="checkbox"/> Yes <input type="checkbox"/> No |

If out of home, where are the children placed? _____

Does the family have transportation Yes No

Level of supervision? _____

Additional Comments

Please fax or email referral form to:

Phone: 606.330.7380

Fax: 606.878.9975

Email: MollieHarris@sj-london.org

Date Received: _____



Safe Haven Baby Box

A Baby Box is a safety device provided under Safe Haven Law and legally permits a parent in crisis to safely, securely, and anonymously surrender if they are unable to care for their newborn under 30 days old. The Safe Haven Baby Box organization staffs a 24-hour hotline ([1-866-99BABY1](tel:1-866-99BABY1)) to give women the opportunity to talk to a trained professional as they consider safely surrendering their baby.

London Fire Department
911 Fire Rescue Drive
London, KY 40741



Community Health Workers

A community health worker is a person that helps patients and their families navigate and access community services and resources.

All services are free to patients of this clinic.

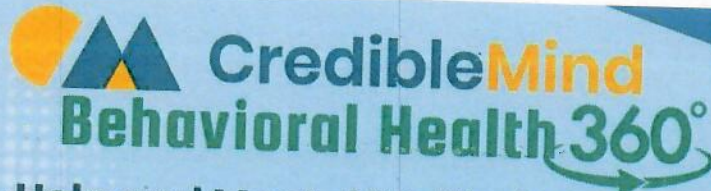
Get started by filling out the simple screener that you have been handed or ask your Doctor, nurse or front desk staff for more information.

Here is a sampling of some of the services provided.



Contact Pamela at 859.213.1678

Lending a hand because we know sometimes there are bumps in the road.



Self-Help and Mental Wellbeing Resources

- Confidential
- Anonymous
- Available 24/7

Topics

- Anxiety
- Burnout
- Coping
- Depression
- Grief and Loss
- Substance Use
- Relationships
- Many more Topics

Self-Assessments you'll find on Credible Mind include:

- Is it Job Stress or Burnout?
- What's Your Mental Health Profile?
- How Strong is Your Resilience Network?
- Is Caring for Others Taking a Toll on You?
- Is your Mind Full or Are you Mindful?
- What's Your Meditation Style?

By signing up, you will have access to: past assessment results to track improvement over time, your favorite resources, and handpicked CredibleMind resources right to your email.

Visit
lchd.crediblemind.com
or scan the QR Code to
get started



Brought to Laurel County through a partnership between:



EMPLOYMENT SERVICES FOR PEOPLE IN RECOVERY

- Job placement and follow-up
- Job training and search assistance
- Career counseling and mentoring
- Classroom training
- Financial assistance
- Life skills support services

Serving these counties: Bell, Clay, Jackson,
Knox, Laurel, Leslie, McCreary and Whitley

For more information or to make a referral, contact:

Cathy Hays, Program Manager (606) 765-3566

Jonra Collett, Workforce Dev Specialist (606) 622-5555

Sondra Davidson, Career Coach (606) 594-3575

Amy Rowland, Workforce Dev Specialist (606) 594-4694



tion



cation



Face the Future!

Laurel County Literacy Council, Inc.

Tina Cook, Director

103 South Broad Street, London, KY 40741

(An Equal Opportunity Employer M/F/D/V)

**Laurel County Literacy Council serves
Clay, Knox, Laurel, and Whitley County
Adult Education Programs.**

All services are free.

**TEAM
KENTUCKY.**

EDUCATION AND
LABOR CABINET



KYAE
KENTUCKY ADULT EDUCATION

Instructional Services

GED Preparation and GED Ready Testing (OPT)

Soft Skills and Workplace Readiness training

English as a Second Language

Post-Secondary Education Readiness (College Prep)

Basic Computer Skills as part of an Academic Skills Upgrade

Distance Learning Options

Integrated Education and Training options available

Foundational and Literacy Classes

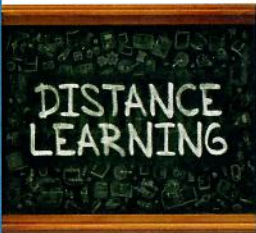
Language Arts Reading and Language Skills, Math Computation,
and Applied Mathematics

Distance Learning

We understand that some individuals may not have the time or transportation to attend classes on a regular basis, so we provide access to online study programs such as KET's Fast Forward, GED Flash by Aztec, and IXL, on a limited basis. HyFlex

classes provide students an option of Zooming into a class taught by an instructor in one of the Adult Education programs located in Clay, Knox, Laurel, and Whitley Counties. Check out HyFlexKy.com!

Students are encouraged to make an appointment and be assessed through Orientation. A course of study will then be set up with an instructor, using one or more online programs. Distance Learning students will meet with an instructor periodically for verification of understanding and progress assessments. Instructors are also available for counsel via email or telephone.



Clay County Adult Education

bit.ly/claycoae

Ryan Cornett, Lead Instructor

50 University Dr, **Manchester**, KY 40962

(606) 599-1230

Open: Mon-Thurs 8:00-7:30

Friday 8:00-4:00



Knox County Adult Education

knoxcountyae.weebly.com

Terry Newquist, Lead Instructor

133 Wall Street, **Barbourville**, KY 40906

(606) 545-6032

Open: Mon, Wed, Thurs 8:30-4:30

Tuesday 8:30-7:00

Friday 8:30-2:00

