



“As a CEO, I can set the tone for a supportive culture.”



“As a co-worker, I can listen and be a source of support to my colleagues.”

“As a manager, I can offer assistance and accommodations.”



“As a person with a mental health condition, I can ask for what I need to perform my best.”



Mental Health at Work What Can I Do?

We all have a role to play in promoting a mental health-friendly workplace.

Find tips, tools and more at [WhatCanYouDoCampaign.org](https://www.WhatCanYouDoCampaign.org)



OFFICE OF DISABILITY EMPLOYMENT POLICY
UNITED STATES DEPARTMENT OF LABOR

What can YOU do?
THE CAMPAIGN FOR
DISABILITY EMPLOYMENT