



How-to Series  
[www.vtstateparks.com/howto](http://www.vtstateparks.com/howto)

# What to Bring Camping

**CLOTHING:**

- Sneakers or hiking boots
- Regular play clothes: T-shirts, shorts, long pants, sweatshirt, socks
- Sandals, flip flops or crocs
- Wool socks
- Underwear
- Rain jacket
- Fleece or wool jacket
- Pajamas
- Bathing suits
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**CAMPING:**

- Tent, extra pegs, hammer
- Sleeping bag
- Pillow
- Air mattress or sleeping pad
- Folding chairs
- Tarp(s)
- Ice chest/cooler
- Lantern, flashlights, or headlamp plus extra batteries
- Rope & clothes pins
- Garbage bags
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**PLAY EQUIPMENT:**

- Swimming towels
- Water shoes and toys
- Water bottles
- Camera
- Reading material
- Guidebooks and maps
- Outdoor toys (Frisbee, kites, soccer ball, football, badminton, whiffle ball, etc.)
- Deck of cards
- Games
- Day packs
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**COOKING/ MEALS:**

- Plates, cups, bowls
- Utensils
- Small or medium sized pot
- Large pot
- Frying pan
- Cutting board
- Knives
- Tongs
- Spatula
- Can opener
- Foil (heavy duty)
- Paper towels
- Salt & pepper
- Cooking oil
- Bottle/wine opener
- Plastic containers and zip bags
- Dishwashing soap, sponge, towel
- 2-3 basins for dishwashing
- Lighter/matches
- Charcoal
- Cook stove
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**PERSONAL ITEMS:**

- Toiletries (soap, shampoo, sunscreen, toothpaste, deodorant, razor, lip balm, etc)
- Towels
- Quarters for showers
- Extra: shoes, socks, clothing
- First aid kit
- Sunscreen
- Sunglasses
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**ADD YOUR OWN ITEMS:**

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**MISCELLANEOUS (BUT NICE TO HAVE):**

- Insect repellent
- Wet wipes
- Wire hangers or forks for roasting
- Glow sticks
- Easy-up shade structures
- Duct tape
- Multi Tool/pocket Knife
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