Capacity Building for CBPR Partnerships in Detroit and Beyond: Addressing Social Determinants of Health and Promoting Healthy Communities

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Presenter Disclosures

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The following personal financial relationships with commercial interests relevant to this presentation existed during the past 12 months:

No Relationships to Disclose



Detroit URC 5 Goals

- 1. Foster and strengthen CBPR partnerships toward promoting health equity.
- 2. Enhance capacity to conduct and promote CBPR
- 3. Enhance capacity to engage in policy advocacy processes
- 4. Translate research findings to advance policy at all levels
- 5. Maintain, enhance, and sustain the Detroit URC



Enhancing CBPR Capacity to Promote Health Equity

- Community Rights in Research: Collaborative Research Workshops for Community- and Faithbased Organizations (since 2011)
- CBPR Partnership Academy (since 2015)



Community Rights in Research: Collaborative Research for Community- and Faith-Based Organizations

- Developed curriculum for training community-based organizations about collaborative research
- Conducted workshops with CBOs on engaging in and understanding the benefits and challenges of collaborative research
- 2019: Adapted specifically for faithbased assemblies in Michigan.





CBO Training Goals

 Facilitate understanding of collaborative research and how it can benefit CBOs

 Develop knowledge for deciding whether and how to engage in a research partnership

Familiarize participants with community-based
 participatory research – an approach to collaborative research

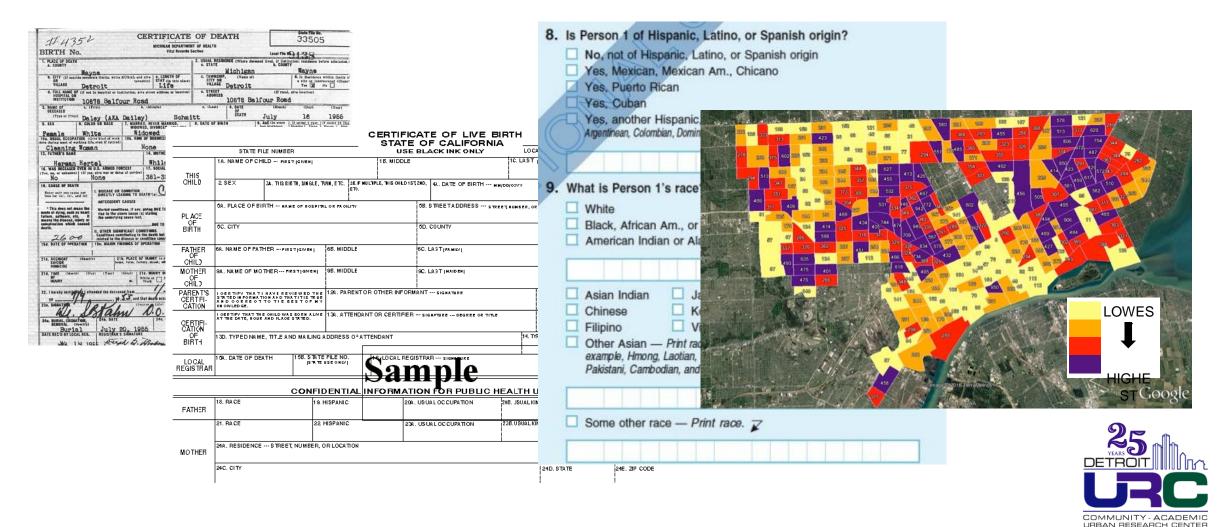
Part 1: Communities & Research

What is research and what's in it for my community?





Why is research important and how is it used?



Part 2: Ready for Collaborative Research Establishing Equitable Research Relationships





Ensuring Community Power, Participation, and Influence

- Getting started who initiates
- Ready for research? Questions to ask before getting involved
- Community rights in research
- Tools for negotiating equitable research relationships





Community Rights in Research

- Shared power and decision-making
- Equity in sharing of resources, including funds, knowledge, networks, and social/political influence
- Collaboration in a framework of mutual respect
- Attention to community's cultural, language, political and historical context
- Beneficial to the community (risks benefits)
- Access to and ownership of data
- Co-learning





Responding to a Research Request: Reading the Signals

You have been approached by a university researcher about potential involvement in a research project.

•Would you get involved with this research project?



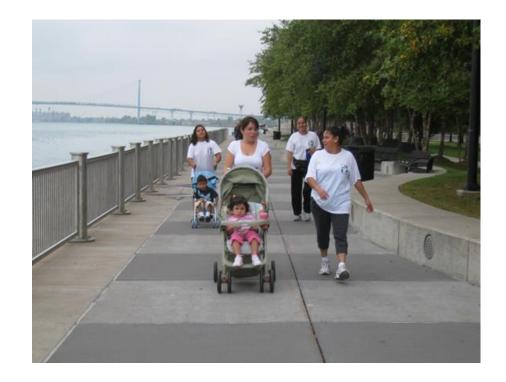
Part 3: Community-Based Participatory Research in Action: The Detroit Urban Research Center





CBPR in Action: Neighborhoods, Air Quality, Health, & Equity in Detroit





Collaborative Research Capacity Building Workshops for Faith Assemblies









Building Faith Collaboratives to Address Public Health



Evaluation Results (2012 – 2019)

Participants who agreed (N = 208)

I found the training/workshop useful. 94%

I learned new skills in the activities. 80%

I will be able to use what I learned. 88%

Most valuable/beneficial:

- "Understanding that the work that I do matters; community involvement is crucial; community has rights as related to research, and building a solid relationship (collaboration) with researchers is important to get positive outcomes."
- "Knowledge is power. Thank you for the skills today that I can use in my church."



CBPR Partnership Academy: Enhancing CBPR Capacity to Promote Health Equity

- Four-year initiative funded by NIH to enhance use of CBPR in social and behavioral sciences to improve health
- Overarching goal: Enhance capacity, knowledge and skills for creating, implementing, and maintaining successful CBPR partnerships
- Aims to increase participation of researchers from underrepresented racial and ethnic groups
- Conducted by experienced Detroit URC community and academic partners





Partnership Academy Year-Long Process

Integrated year-long learning for 12 Community + Academic Partner teams per year (3 cohorts)

- Week-long Intensive CBPR Course
- Online Interactive Forums
- Community-Academic Mentoring
- Grant Proposal Development/Implementation
- Community-Academic Scholars Network

CBPR Partnership Academy

- Intensive Week-Long Course
- Online Interactive Forums
- Expert Mentoring
- Grant Proposal Development/ Implementation

Cohort 1

Cohort 2

Cohort 3

Community-Academic Scholars Network

Scholars Network Listserv • Network Facebook Page • eNewslette

36 Teams from 18 States and 2 Tribal Nations

★ Cohort 1 Florida • Illinois (2) Massachusetts (3) • New York (2) North Carolina Oregon Washington Oneida Nation (WI) ★ Cohort 3 • California (3) Connecticut Georgia Michigan • Missouri New York North Carolina (2)

Texas

Washington

★ Cohort 2

- California (3)
- Kashia Tribe of Pomo Indians
 - Georgia (2)
 - Hawaii
 - Minnesota
 - North Carolina
 - Pennsylvania
 - Washington (2)
 - Wisconsin



Postcourse Assessment (Cohorts 1 and 2)

	<u>%Agree</u>	Cohort 1	2
Overall course was well organized.		73%	100%
I can define CBPR/explain its rationale.		100%	100%
I am confident I can sustain a partnership.		82%	96%

Most valuable/beneficial:

- "I now feel I have a family across the country that I can lean on when things aren't going as I planned or when things are going great and I can celebrate with them. Two words – energy and synergy." – Community partner
- "In the type of research I've done in the past, the community piece has usually come in at the level of recruitment or disseminating research findings. But through this course, I really learned HOW to engage the community from the beginning and how to craft research questions together and design the study together, from start to finish." Academic partner



Partnership Academy Key Barriers and Challenges

- Range of experience, expertise, knowledge, and learning needs
- Desire to do project development before partnership development
- Balance hands-on, applied learning with knowledge
- Scheduling & logistical challenges
- Time, time, time....
- Sustainability/maintaining funding



Partnership Academy Key Lessons Learned

- A highly diverse group brings an essential dimension.
- Value of in-person sharing of experiences, strategies, perspectives
- Engaging Community-Academic teams both as instructors and participants integrates CBPR and equity.
- Focus on relationship-building in all activities throughout the year.
- Continuing connections beyond the year fosters a network of peers and co-learners committed to equity.



Plans for Future Detroit URC Capacity Building Efforts

- New grant funded by NIEHS to continue the Partnership Academy for 4 years
- Continue to conduct Community Rights in Research workshops
- Continue to develop the cross-cohort interaction through Community-Academic Scholars Network
- Expand focus to address capacity building and change at institutional level
- Submit grant proposals to expand these and other capacity building efforts
- Disseminate learning model to multiple audiences and venues

Conclusion: CAPACITY BUILDING CAN...

- Increase community organizations' control and ownership
- Foster mutual trust and respect
- Enhance the ability of community organizations and academic partners to envision and implement future projects
- Lead to effective solutions that promote health equity



www.detroiturc.org

