

# Best Fishing Practices: **CATCH & RELEASE**



Hold fish horizontally without touching gills, especially when taking pictures.

Minimize time the fish is out of water. Keep in water alongside boat, if possible.

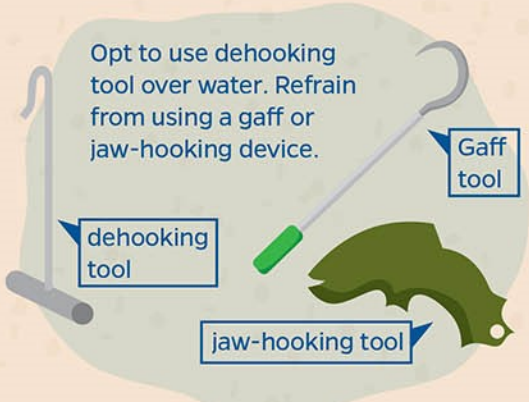


Revive exhausted fish using the figure 8 motion.



Use wet hands when handling a fish. Refrain from using rags or towels.

## Select gear that will allow you to land target species quickly.

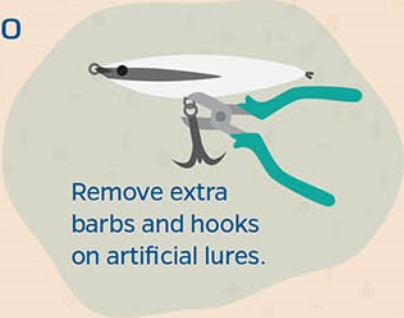


Opt to use dehooking tool over water. Refrain from using a gaff or jaw-hooking device.

Gaff tool

dehooking tool

jaw-hooking tool



Remove extra barbs and hooks on artificial lures.



Use knotless, rubber net to land fish.



Use a venting tool or descending gear when necessary.



Use non-stainless steel hooks, preferably circle hooks.