

د لویانو لپاره د واکسینونو اړوند مضاد استطباب لپاره د ارزونې معلوماتي لېست

ستاسو نوم

د زېږېدو نېټه / کال / ورځ / میاشت

د ناروغانو لپاره: لاندې پوښتنې موږ سره د دې په ټاکلو کې مرسته کوي چې تاسو ته نن کوم واکسین درکول کېدای شي. که تاسو کومې پوښتنې د "هو" ځواب ورکړئ، د دې معنا لازمي دا نه ده چې تاسو باید واکسین نه شئ. د دې معنی یواځې دا ده چې موږ اړ یو له تاسو نورې پوښتنې وکړو. که کومه پوښتنه واضح نه وي، نو مهرباني وکړئ له خپل ډاکټر څخه غوښتنه وکړئ چې درته تشریح یې کړي.

هو نه نه پوهېږم

1. آیا تاسو نن ناروغ یاست؟ هو نه پوهېږم
2. آیا تاسو د درملو، خوړو، د واکسین اجزاو یا لټیکس سره حساسیت لرئ؟ هو نه پوهېږم
3. آیا تاسو په تېر وخت کې کوم واکسین ته شدید غبرگون ښودلی دی؟ هو نه پوهېږم
4. آیا تاسو لاندې ناروغۍ لرئ: د اوږدې مودې راهیسې د زړه، سږو، پوښتورگو، یا میتابولیک ناروغي (لکه شکر)، نفس تنګي، د وینې اختلال، د توري نه درلودل، د کوچلې یا اورېدو سیستم پيوند، یا د ملا د تیر د مایعاتو ستونزه لري؟ آیا تاسو د اوږدې مودې راهیسې د اسپیرین تر درملنې لاندې یاست؟ هو نه پوهېږم
5. آیا تاسو سرطان، لوکېمیا، ایچ.آی.وی/ایډز، یا د بدن د دفاعي سیستم کومه بله ستونزه لرئ؟ هو نه پوهېږم
6. آیا ستاسو والدین، ورور یا خور د بدن د دفاعي سیستم ستونزه لري؟ هو نه پوهېږم
7. آیا په تېرو 6 میاشتو کې، آیا تاسو داسې درمل خوړلي چې ستاسو د بدن په دفاعي سیستم باندې اغېزه کوي لکه پرېډنېسن، نور سټېراډز، یا د سرطان ضد درمل؛ د ریموټیډ ارتیریتیز، کرون ناروغۍ، یا سوریا سېس درملنې لپاره کارول کېدونکي درمل؛ یا د وړانګو له لارې درملنې مو کړې دي؟ هو نه پوهېږم
8. آیا په تاسو حمله راغلې یا د مغز یا د عصبي سیستم نورې ستونزې لرئ؟ هو نه پوهېږم
9. آیا تاسو کې کله هم د زړه ناروغۍ تشخیص شوي (میوکارډیتیز یا پیریکارډیتیز) یا آیا د کووید 19 لامل کېدونکي ویروس باندې اخته کېدو وروسته تاسو د څو سیستمه التهابي سندروم (MIS-A یا MIS-C) درلودلی دی؟ هو نه پوهېږم
10. آیا په تېر کال کې تاسو د بدن د دفاعي سیستم (ګاما) گلوبلین، وینه/د وینې محصولات، یا د ویروس ضد درمل ترلاسه کړي دي؟ هو نه پوهېږم
11. آیا تاسو امېنډواره یاست؟ هو نه پوهېږم
12. آیا په تېرو 4 اوونيو کې تاسو کوم واکسین کړي دي؟ هو نه پوهېږم
13. آیا تاسو کله هم د واکسین څخه مخکې، پرمهال، یا وروسته گنګس شوي یا بې هوښه شوي یاست؟ هو نه پوهېږم
14. آیا تاسو نن د واکسین کولو په اړه اضطراب لرئ؟ هو نه پوهېږم

د فورمې د ډکېدو نېټه

د فورمې د بیاکتني نېټه

آیا تاسو خپل د واکسینو کارت له ځان سره راوړی دی؟ هو نه

ستاسو د واکسینو د شخصي سوابقو درلودل مهم دي. که تاسو شخصي سوابق نه لرئ، له خپل ډاکټر څخه غوښتنه وکړئ چې ستاسو د واکسینو سوابق تاسو ته درکړي. دا په خوندي ځای کې وساتئ او هرکله چې تاسو روغتيايي پاملرنه غواړئ نو له ځان سره یې راوړئ. ډاډ ترلاسه کړئ چې ستاسو ډاکټر ستاسو ټول واکسین په دې کې ولیکي.

Pashto translation provided by Fargo Cass Public Health



FOR PROFESSIONALS www.immunize.org / FOR THE PUBLIC www.vaccineinformation.org

www.immunize.org/catg.d/p4065-pus.pdf
"Screening Checklist for Contraindications
to Vaccines for Adults"
Item #P4065-pus Pashto (12/10/2024)



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Information for Healthcare Professionals about the Screening Checklist for Contraindications to Vaccines for Adults

Read the information below for help interpreting answers to the screening checklist. To learn even more, consult the references in **Note** below.

NOTE: For additional details, see CDC's "Adult Immunization Schedule" (www.cdc.gov/vaccines/hcp/imz-schedules/adult-age.html) and *General Best Practice Guidelines for Immunization* sections on "Contraindications and Precautions" (www.cdc.gov/vaccines/hcp/imz-best-practices/contraindications-and-precautions.html) and "Altered Immunocompetence" (www.cdc.gov/vaccines/hcp/acip-recs/general-recs/immunocompetence.html). For more details on COVID-19 vaccines, see "Use of COVID-19 Vaccines in the United States: Interim Clinical Considerations" at www.cdc.gov/vaccines/covid-19/clinical-considerations/covid-19-vaccines-us.html.

1. Are you sick today? [all vaccines]

There is no evidence that acute illness reduces vaccine efficacy or safety. However, as a precaution, all vaccines should be delayed until moderate or severe acute illness has improved. Mild illnesses with or without fever (e.g., otitis media, "colds," diarrhea) and antibiotic use are not contraindications to routine vaccination.

2. Do you have allergies to medications, food, a vaccine ingredient, or latex? [all vaccines]

Gelatin: If a person has anaphylaxis after eating gelatin, do not give vaccines containing gelatin. **Latex:** An anaphylactic reaction to latex is a contraindication to vaccines with latex as part of the vaccine's packaging (e.g., vial stoppers, prefilled syringe plungers, prefilled syringe caps). For details on latex in vaccine packaging, refer to the package insert (listed at www.fda.gov/vaccines-blood-biologics/vaccines/vaccines-licensed-use-united-states). **COVID-19 vaccine:** History of a severe allergic reaction (e.g., anaphylaxis) after a previous dose or to a COVID-19 vaccine component is a contraindication to use of the same vaccine type. People may receive the alternative COVID-19 vaccine type (either mRNA or protein subunit) if they have a contraindication or an allergy-related precaution to one COVID-19 vaccine type. Allergy-related precautions include history of 1) diagnosed non-severe reaction to a COVID-19 vaccine component; 2) non-severe, immediate (onset less than 4 hours) allergic reaction after a dose of one COVID-19 vaccine type (see **Note**). **Not contraindications:** **Eggs:** ACIP and CDC do not consider egg allergy of any severity to be a contraindication or precaution to any egg-based influenza vaccine. **Injection site reaction** (e.g., soreness, redness, delayed-type local-reaction) to a prior dose or vaccine component is not a contraindication to a subsequent dose of vaccine containing that component.

3. Have you ever had a serious reaction after receiving a vaccine? [all vaccines]

- Anaphylaxis to a previous vaccine dose or vaccine component is a contraindication for subsequent doses of the vaccine or vaccine component. (See question 2.)
- Usually, one defers vaccination when a precaution is present unless the benefit outweighs the risk (e.g., during an outbreak).

4. Do you have any of the following: a long-term health problem with heart, lung, kidney, or metabolic disease (e.g., diabetes), asthma, a blood disorder, no spleen, a cochlear implant, or a spinal fluid leak? Are you on long-term aspirin therapy? [MMR, VAR, LAIV]

LAIV is not recommended for people with anatomic or functional asplenia, a cochlear implant, or cerebrospinal fluid (CSF) leak. Underlying health conditions that increase the risk of influenza complications such as heart, lung, kidney, or metabolic disease (e.g., diabetes) and asthma are precautions for LAIV. **MMR:** A history of thrombocytopenia or thrombocytopenic purpura is a precaution to MMR. **VAR:** Aspirin use is a precaution to VAR due to the association of aspirin use, wild type varicella infection, and Reye syndrome in children and adolescents.

5. Do you have cancer, leukemia, HIV/AIDS, or any other immune system problem? [LAIV, MMR, VAR]

Live virus vaccines are usually contraindicated in immunocompromised people, with exceptions. For example, MMR vaccine is recommended and VAR may be considered for adults with CD4+ T-cell counts of greater than or equal to 200 cells/mL. See **Note**.

6. Do you have a parent, brother, or sister with an immune system problem? [MMR, VAR]

MMR or VAR should not be administered to a patient with congenital or hereditary immunodeficiency in a first-degree relative (e.g., parent, sibling) unless the patient's immune competence has been verified clinically or by a laboratory.

7. In the past 6 months, have you taken medicines that affect your immune system, such as prednisone, other steroids, or anticancer drugs; drugs for the treatment of rheumatoid arthritis, Crohn's disease, or psoriasis; or have you had radiation treatments? [LAIV, MMR, VAR]

Live virus vaccines should be postponed until chemotherapy or long-term high-dose steroid therapy concludes. See **Note**. Some immune mediator and modulator drugs (especially anti-tumor necrosis factor [TNF] agents) may be immunosuppressive. Avoid live virus vaccines in people taking immunosuppressive drugs. A list of such drugs appears in CDC's Yellow Book at wwwnc.cdc.gov/travel/yellowbook/2024/additional-considerations/immunocompromised-travelers.

8. Have you had a seizure or a brain or other nervous system problem? [influenza, Td/Tdap]

Tdap: Tdap is contraindicated in people with a history of encephalopathy within 7 days following DTP/DTaP. An unstable progressive neurologic problem is a precaution to using Tdap. For people with stable neurologic disorders (including seizures) unrelated to vaccination, vaccinate as usual. **A history of Guillain-Barré syndrome (GBS):** 1) **Td/Tdap:** GBS within 6 weeks of a tetanus toxoid-containing vaccine is a precaution; if the decision is made to vaccinate, give Tdap instead of Td; 2) **all influenza vaccines:** GBS within 6 weeks of an influenza vaccine is a precaution; influenza vaccination should generally be avoided unless the benefits outweigh the risks (e.g., for those at high risk for influenza complications).

9. Have you ever been diagnosed with a heart condition (myocarditis or pericarditis) or have you had Multisystem Inflammatory Syndrome (MIS-A or MIS-C) after an infection with the virus that causes COVID-19?

Precautions to COVID-19 vaccination include a history of myocarditis or pericarditis within 3 weeks after a dose of any COVID-19 vaccine or a history of Multisystem Inflammatory Syndrome (MIS-C or MIS-A). Myocarditis or pericarditis within 3 weeks after a dose of any COVID-19 vaccine is a precaution: the patient should generally not receive additional COVID-19 vaccine. A person with a history of myocarditis or pericarditis unrelated to vaccination may receive a COVID-19 vaccine once the condition has completely resolved. A person with a history of MIS-C or MIS-A may be vaccinated if the condition has fully resolved and it has been at least 90 days since diagnosis. Refer to CDC COVID-19 vaccine guidance for additional considerations for myocarditis, pericarditis, and MIS (see **Note**).

10. In the past year, have you received immune (gamma) globulin, blood/blood products or an antiviral drug? [MMR, VAR, LAIV]

See **Note** (schedule) for antiviral drug information (VAR, LAIV). See "Timing and Spacing of Immunobiologics" (www.cdc.gov/vaccines/hcp/imz-best-practices/timing-spacing-immunobiologics.html) for intervals between MMR, VAR and certain blood/blood products, or immune globulin.

11. Are you pregnant? [HPV, HepB, IPV, LAIV, MenB, MMR, VAR]

Live virus vaccines (e.g., LAIV, MMR, VAR) are contraindicated in pregnancy due to the theoretical risk of virus transmission to the fetus. People who could become pregnant and receive a live virus vaccine should be instructed to avoid pregnancy for 1 month after vaccination. **IPV and MenB** should not be given except to those with an elevated risk of exposure during pregnancy. **HPV** is not recommended during pregnancy.

12. Have you received any vaccinations in the past 4 weeks? [LAIV, MMR, VAR, yellow fever]

People given live virus vaccines, such as those listed above, should wait 28 days before receiving another live virus vaccine (wait 30 days for yellow fever vaccine). Inactivated vaccines may be given at the same time or at any spacing interval.

13. Have you ever felt dizzy or faint before, during, or after a shot?

Fainting (syncope) or dizziness is not a contraindication or precaution to vaccination; it may be an anxiety-related response to any injection. CDC recommends vaccine providers consider observing all patients for 15 minutes after vaccination. See Immunize.org's resource on vaccination and syncope at www.immunize.org/catg.d/p4260.pdf.

14. Are you anxious about getting a shot today?

Anxiety can lead to vaccine avoidance. Simple steps can help a patient's anxiety about vaccination. Visit Immunize.org's "Addressing Vaccination Anxiety" clinical resources at www.immunize.org/clinical/topic/addressing-anxiety.

VACCINE ABBREVIATIONS

HepB = Hepatitis B vaccine
HPV = Human papillomavirus vaccine
IIV = Inactivated influenza vaccine
ccIIV = Cell culture inactivated influenza vaccine

IPV = Inactivated poliovirus vaccine
LAIV = Live attenuated influenza vaccine
MenB = Meningococcal B vaccine
MMR = Measles, mumps, and rubella vaccine

RIV = Recombinant influenza vaccine
Td/Tdap = Tetanus, diphtheria, (acellular pertussis) vaccine
VAR = Varicella vaccine