

WHO IS TAKING CARE OF YOUR ATHLETES?



ATHLETIC TRAINERS

Who are athletic trainers?

Athletic trainers (ATs) are health care professionals who collaborate with physicians to provide:



PREVENTATIVE
SERVICES



EMERGENCY
CARE



CLINICAL
EXAMINATION
AND DIAGNOSIS



THERAPEUTIC
INTERVENTION



REHABILITATION OF
INJURIES AND MEDICAL
CONDITIONS

Emergency injuries and illnesses that ATs are trained to treat include:



CONCUSSION



HEAT
STROKE



ASTHMA
ATTACK



SICKLE CELL
CRISIS



DIABETIC
EMERGENCIES



SPINE
INJURIES



SUDDEN CARDIAC
ARREST

To Become an AT

A person must graduate from an accredited educational program and pass the certification examination.

ATs are regulated in 49 states and the District of Columbia. Efforts continue to add licensure in the state of California.

ATs Reduce Risk

Participating in any activity carries a risk. Although rare, sudden death and catastrophic injury can occur in youth sports. Having an AT onsite allows for immediate response if a life-threatening situation arises. ATs work with coaches, administrators and other school district staff to mitigate risk to student athletes and the school. The AT's primary focus is on the needs and safety of the student athlete. The AT must consistently monitor students, facilities, activities and daily procedures to ensure that any injury that can be preventable injury is avoided.

For more information about how ATs provide a safer approach to work, life and sport visit www.AtYourOwnRisk.org.

AT! YOUR OWN
RISK