



Embrace the Summer: A Nurse Researcher's Guide to Renewal and Inspiration

As nurse researchers, our dedication to advancing health care is unwavering. We delve into data, analyze trends, and strive to uncover insights that can revolutionize patient care. Yet, amidst the rigors of our noble profession, it's crucial to remember the importance of balance and rejuvenation. Summer, with its warmth and vitality, offers a perfect opportunity for us to recharge our batteries, reignite our passion, and find inspiration anew.

The rhythm of the summer season beckons us to step away from the confines of our laboratories and offices, to venture into the great outdoors, bask in the sunshine, and savor the simple joys of life. While our work is undoubtedly fulfilling, it's essential to remember that true creativity in thought often flourishes in moments of leisure and relaxation. Embracing the summer is not merely an indulgence; it's a vital investment in our well-being and productivity.

Picture yourself under a clear blue sky with the gentle caress of a warm breeze against your skin. In these moments of tranquility, your mind is free to wander, to explore new ideas, and to envision bold research initiatives. Whether you're lounging on a sun-kissed beach or hiking through a lush forest, the beauty of nature has a remarkable ability to stimulate your imagination and ignite your curiosity.

Moreover, summer offers a myriad of opportunities for personal growth and self-discovery. Perhaps you've always wanted to learn a new skill, explore a different culture, or simply reconnect with loved ones. Use this time to pursue your passions outside of the lab, to nourish your spirit, and to cultivate a sense of fulfillment beyond the realm of academia and/or practice.

In the midst of your adventures, don't forget to prioritize self-care. Just as you tend to the needs of others with compassion and diligence, remember to extend that same kindness to yourself. Whether

it's practicing mindfulness, engaging in physical activity, or indulging in your favorite hobbies, find activities that replenish your energy and nourish your soul.

As you immerse yourself in the joys of summer, don't be afraid to let go of the pressures and expectations that often weigh heavily on your shoulders. Release the need for perfection and allow yourself the freedom to embrace spontaneity and playfulness. After all, some of the most groundbreaking discoveries are born out of moments of serendipity and experimentation.

When you return to your research with a heart full of summer's warmth and inspiration, I hope you find that your work has taken on a renewed sense of vitality and meaning. You'll approach challenges with a fresh perspective, and you'll be more open to exploring innovative solutions. In essence, by allowing yourself the gift of summer, you're not only nurturing your own well-being but also enhancing your capacity to make a positive impact on the world.

I urge you all to seize the opportunity that summer presents. Embrace the season with open arms, and allow its beauty and abundance to infuse your life with joy, inspiration, and renewed purpose. Remember that your work is not just a vocation but a calling, and in order to answer that call with authenticity and passion, you must first nurture the flame within your own heart. So, go forth, my friends, and let the magic of summer ignite your spirit and propel you towards new heights of discovery and achievement in nursing research.

Happy Summer!

Charleen McNeill, PhD, MSN, RN

President

Southern Nursing Research Society



Save the Date!

We are very excited for the upcoming **39th Annual Conference** in Memphis, TN. All individuals interested in advancing nursing science, including practicing nurse researchers and dedicated nursing science students and faculty are invited to attend. Abstracts are currently open and we hope that you will submit your research today. Registration will open in the fall. If you have any questions regarding the conference, please email info@snrs.org.

Check the [website](#) for more information!

The First Call for Abstracts is now open!

The Southern Nursing Research Society Annual Conference provides an opportunity for SNRS members to report ongoing and completed research as well as theoretical, conceptual, and methodological projects to colleagues and now Scholarly Projects as posters and podiums.

To begin the abstract submission process: [Click here](#) to pay your \$25 abstract fee via the SNRS online store. You must log in to your account in order to complete the transaction in the online store otherwise you will receive an error. If you do not have an account on the SNRS portal, please create a new account. Once you have submitted your abstract fee you can start your abstract submission [here](#).

The deadline for submitting abstracts, for the first call, is August 1, 2024, at 11:59 pm ET.

Now Accepting Proposals for Pre-Conference & Conference Workshops

The Southern Nursing Research Society is now accepting proposals for pre-conference and post-conference workshops for the 2025 Annual Conference.

The goal of the workshops at the Annual Conference is to provide educational opportunities in research for SNRS members and doctoral student members. Pre-Conference sessions will be held the morning of the first conference day (Wednesday, February 19, 2025) from 8:00am-11:30am prior to the start of the Annual conference sessions and on the last day (Friday, February 21, 2025) from 1:00pm-3:00pm. The pre-conference sessions are three hours long with a 15-minute break. The post-conference sessions are 2 hours long with no break. Pre-conference sessions will be offered to registrants at an additional cost.

To learn more and begin the registration process, [please click here](#).

Call for Reviewers for the 39th Annual Conference

The Southern Nursing Research Society Annual Conference provides an opportunity for SNRS members to report ongoing and completed research as well as theoretical, conceptual, and methodological projects to colleagues and now Scholarly Projects as posters and podiums.

The SNRS Program Committee is seeking Abstract Reviewers for the SNRS 39th Annual Conference.

Qualifications:

- Current membership in SNRS
- Doctoral preparation in Nursing or a related field
- Published research findings within the past 10 years

Reviewer expectations:

- Review period:
- First call: August 8-30, 2024
- Second Call: September 10-October 1, 2024
- Expected number of abstracts to be reviewed by each reviewer: 10

Please fill out this [form](#) to submit yourself as a reviewer.



2025 SNRS Annual Conference Sponsorships Now Available!

New Sponsorships Added for 2025!

The SNRS Annual Conference is the focal point for those engaged in nursing research in the southern region. With support from industry partners and organizations like yours, we have been able to provide a unique forum for discussion and access to a variety of resources for every attendee.

There are many opportunities for partnership including: sponsorship packages, exhibit booths, and advertising opportunities. [Click here](#) to view the full sponsor prospectus.

If you have any questions regarding the conference sponsorships, please email info@snrs.org.



Congratulations to our three new members of the SNRS Leadership Academy!

To learn more about our new Leadership Academy members, [click here](#).



SNRS is seeking individuals who have been members of the Society for at least two years to serve on the 2025-2027 Board of Directors. Applicants should be passionate, enthusiastic, and energetic about the SNRS mission.

Available Officer Positions:

- Vice President
- Vice President-Elect,
- Director of Membership
- Director of Career Development/Awards
- Director of RIIGs
- Two Succession Planning and Nominations Committee positions

[Click here](#) to see the open positions, descriptions and responsibilities

APPLY NOW



Congratulations to the **2024 SNRS Dissertation Research Grant** recipient, **Kailei Yan**, from the University of South Florida.

Kailei's research, *The Mediating Effect of Cancer Coping Self-efficacy Between Symptoms and Quality of Life in Cancer Patients with High Symptoms*, will receive funding of up to \$5,000 from SNRS.

Learn more about Kailei and her research by [clicking here](#).

Congratulations to the **2023 SNRS NLN Grant Recipient**, **Cynthia Keeton Brown, MSN, RN**, University of Southern Mississippi, Doctoral Program, Northeastern Oklahoma A&M College.

Cynthia's research, *Impact Of Social Determinants Of Health On Skill Of Involvement: Differences In First Year Adn And BSN Nursing Students In The Rural Midwest*, will receive funding of up to \$5,000. SNRS will be providing \$2,500 toward the \$5,000 awarded grant amount.



MEMBER NEWS



Kim L. Larson, RN, PhD, MPH, FNAP

Kim Larson's practice and research has focused on intercultural caring both locally and globally. Kim was a US Peace Corps nurse in Honduras where she became fluent in Spanish and collaborated with Honduran nurses to improve maternal and child health. In her role at a community health center serving Black, Haitian, and Hispanic farmworkers, Kim conducted one of the first multilingual lay health advisor programs in the US. In Guatemala, Kim's research demonstrated sustainable safe drinking water for hundreds of underserved families. She considers capacity-building with community members to be her most **enduring contribution**.

Dr. Larson began her collaboration with a Polish nurse scientist in 2019, with their Global Health international virtual exchange course. During the Russian invasion of Ukraine (February 2022), the focus was on intercultural nursing with refugees from Ukraine. Subsequently, she received a **2023-2024 Fulbright US Scholar Award** to develop intercultural care guidelines for nurses working with Ukrainian refugees. During her residence in Poland, she interviewed Polish nurses and established a panel of experts to evaluate the intercultural care guidelines. Dr. Larson's research has been disseminated in over 50 publications, book chapters, clinical practice guidelines, and news outlets.



Good News Highlights

Congratulations to **Dr. Pi-Ming Yeh** on receiving an ETSU grant: Student-Faculty Collaborative Grants. The research Topic is "Factors Influence Homeless People's Psychological Well-being, Anxiety, Depression, and Suicidal Ideation."

Congratulations to **Dr. Christopher Smith** on the publication of "*Nursing Practice in Modern Healthcare Environments: A Systematic Review of Attributes, Characteristics, and Demonstrations*" in the *Journal of Advanced Nursing*.

Congratulations to **Dr. Katie Morales** for her research, *Effect of Combining an E-learning Module with Virtual Simulation on Prelicensure Nursing Students' Knowledge and Attitudes of Dementia Care: A Quasi-Experimental Study* in press with *Nurse Education in Practice*.

Congratulations to **Dr. Kathleen Stevens**, who has been named as 2024 Leaders and Legends of Texas Nursing honoree by the Texas Nurses Association (TNA).

Congratulations to **Dr. Pamela Wright** on two publications: *Exploratory factor and confirmatory analyses of the polycystic ovary syndrome health-related quality of life questionnaire (PCOSQ-50)*. *Health and Quality of Life Outcomes and Leveraging digital technology for social connectedness among adults with chronic care conditions: A systematic review*.

Do you have good news to share?

SNRS wants to hear about your accomplishments, grants awarded, articles published, research projects, and more. If it's important to you, it's important to us!

Please complete [this form](#) to let us know about your good news so we can celebrate with you in a future newsletter, on our website, and via social media.

#SNRSGoodNews



SNRS would like to welcome two new RIIGS!

Military and Veteran Health Research Interest and Implementation Group (RIIG)

RIIG Chairs

Sue Fowler

Charlene Pope

This RIIG would serve the membership by:

Expanding knowledge of Veteran-and Service Member centered care to general nursing community

Advancing nursing science to include care of Veterans and US Service members.

Allow opportunities for collaborations, publications, presentations and mentorship.

To learn more about this RIIG, [click here.](#)

Simulation Research Interest & Implementation Group (RIIG)

The new Simulation Research Interest and Implementation Group (RIIG) is guided by the International Nursing Association of Clinical Simulation and Learning (INACSL) Healthcare Standards

of Best Practice. With the rise in new technologies, the simulation research group aims to put nurses at the forefront of developing, designing, and implementing innovative simulation pedagogy.

Chair: Anita Stephen, PhD, CNL, CHSE, University of Florida – astephen@ufl.edu

Co-chair: Co-Chair: Heather S. Cole, PhD, RN, CHSE, CNE, University of Alabama - hscole@ua.edu

To learn more about this RIIG, [click here](#).

RIIG Chairs Needed!

RIIG Chairs are needed for **Psychiatric/Mental Health** and **Qualitative Research** RIIGs. If you have an interest in chairing a RIIG and would like more information, please email Kasey Mulligan at kmulligan@associationconferencegroup.com.

Join the ADDR RIIG!

New this year also to the RIIG Groups is the **Associate Deans and Directors of Research RIIG**. This RIIG is dedicated to advancing research among colleges and schools of nursing across the southern regions of the United States. The ADDR RIIG seeks to build a robust platform for research and scholarship collaboration, as well as mentoring those interested in attaining research administrative leadership positions at their universities.

For more information contact -

Chair: [Susan McBride, PhD, RN-BC, CPHIMS, FAAN](#)

Co-Chair: [Tonychris Nnaka, PhD, MPH, RN](#)



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Become a partner today in shaping the future of nursing research through your contribution to SNRS. A financial gift provides benefits for both you as a donor and SNRS by helping to maintain financial security for those seeking to increase the science of nursing through research. All donations go to fund the grants we offer throughout the year. ***If you would like your donation to be a monthly, recurring donation, please choose your monthly amount and click the box at the bottom of the donation page.***

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