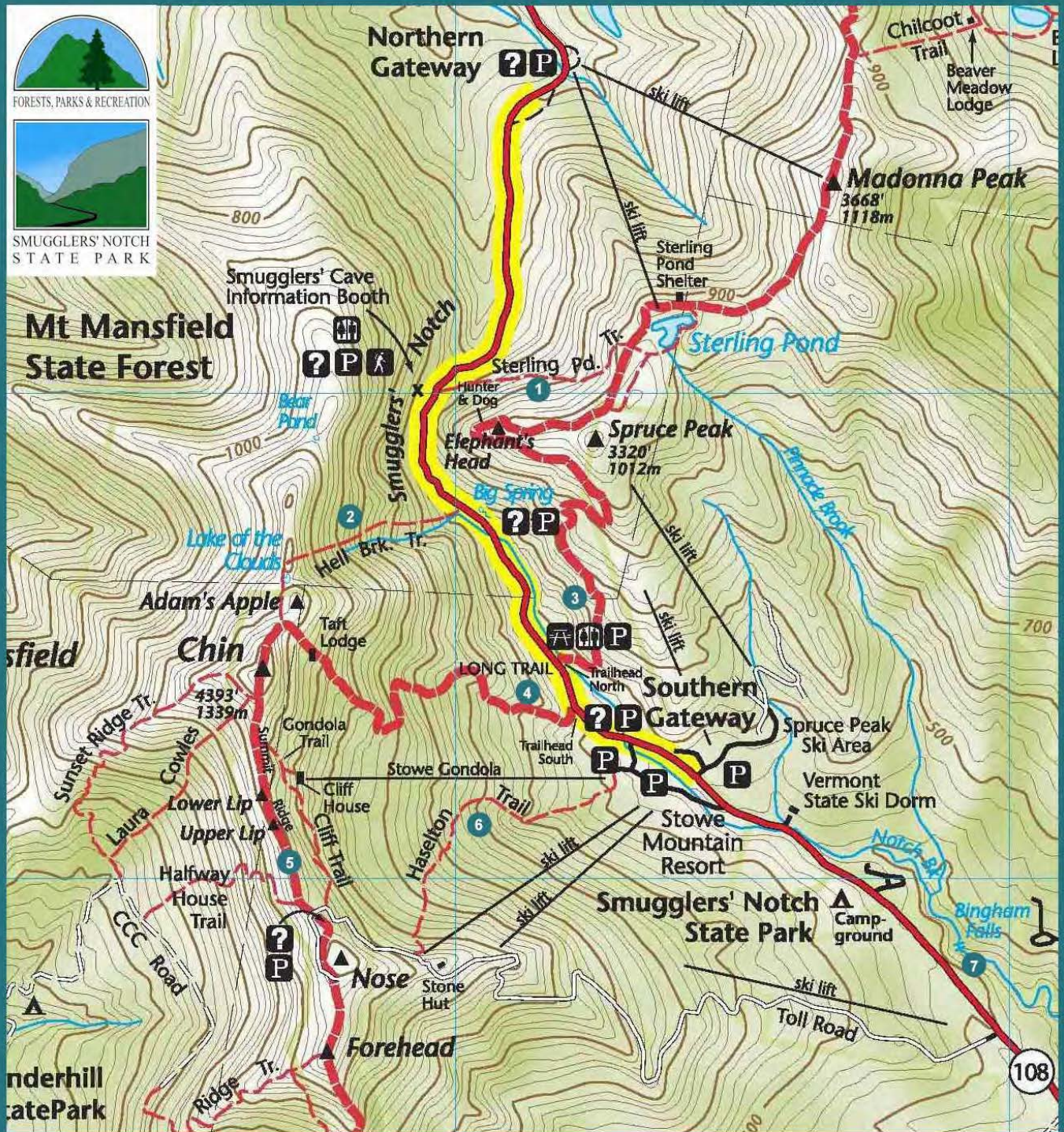




FORESTS, PARKS & RECREATION



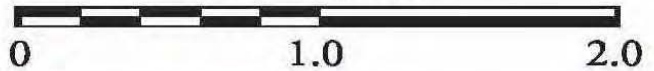
SMUGGLERS' NOTCH STATE PARK



- Scenic Highway (closed in winter)
- Paved State Highway
- Paved Town Road
- Dirt Road
- Class 4 Dirt Town or Forest Road
- The Long Trail
- Hiking or Ski Trail

SMUGGLERS' NOTCH STATE PARK

scale in miles



- Hiking
- Parking

- Information
- Restroom

# Trail Descriptions

Trails May Be Closed April 15th - Late May

## 1 Sterling Pond Trail *Difficult - 1.1m, 1000' Elv. Gain*

Follow the blue blazes from the East side of the Smugglers' Notch Information Booth to a scenic pond stocked with trout. There is an additional 1.4m easy loop around the pond.

## 2 Hell Brook Trail to Chin *Difficult - 1.8m, 2660' Elv. Gain*

This extremely challenging route can be dangerous when wet and on the descent. Most of the way up the mountain it winds along the scenic Hell Brook. Follow the blue blazes until you meet the Adam's Apple Trail (.2m) and in Eagle Pass join the Long Trail for the final .3m.

## 3 Long Trail North to Sterling Pond *Difficult - 3.4m, 1500' Elv. Gain*

Starting in the Smugglers' Notch Picnic Area just North of the Southern Gateway, this portion of the Long Trail crosses a recent rock slide and affords incredible views of the Notch below. Follow the white blazes to Sterling Pond. At the 2.3m mark there is the Elephant's Head side trail (.1m) for additional outstanding views from the top of the Elephant's Head rock formation.

## 4 Long Trail South to Chin *Difficult - 2.3m 2700' Elv. Gain*

Follow the white blazes from the parking area (just South of the Smugglers' Notch Picnic Area). This steady climb affords you access to the highest peak in the State of Vermont. At 1.7 mile you will pass the historic Taft Lodge, one of the many Long Trail lodges operated by the Green Mountain Club.

## 5 Long Trail - Nose to Chin *Moderate - 1.2, 550' Elv. Gain*

Follow the Toll Road (\$) from Route 108 starting behind the Fire Side Tavern to parking area A at the Nose. The white blazes above the tree line lead you to the summit of Mt. Mansfield. Incredible 360 degree views await.

## 6 Haselton to Mt. Mansfield Nose *Difficult - 2.1m, 2500' Elv. Gain*

Starting in the Midway Base Lodge Parking lot the first 1.6 miles follows blue blazes until it meets up with the Toll Road for the final half mile. Before it terminates at the Nose you are afforded a multitude of scenic vistas due to the ski trails transecting the Haselton.

## 7 Bingham Falls Trail *Moderate - .8m, 700 Elv. Loss*

Park on the West side of Route 108 just South of the Campground entrance (.2m) and cross to the East side and follow the trail to these incredibly beautiful set of cascading falls.

### Help Protect the Backcountry

Each year more and more individuals are discovering the stunning beauty and recreational opportunity of Smugglers' Notch State Park and Mount Mansfield State Forest. Please observe sound backcountry principles to help maintain and preserve park resources. Help protect the area by observing all signage, staying on the trails, and carrying out what you carried in. Be prepared for sudden weather changes, and bring plenty of drinking water.



For current trail closures and hiking information contact the Green Mountain Club at :  
(802)244-7037