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THE DARWINIAN THEORY.*

By his researches into the causes of expression in man and animals Mr. Darwin has thrown considerable light upon a subject which, although of extreme interest, has hitherto been but little studied. Even those who have taken it up have not made it the subject of very close investigation, scarcely considering that it was too obscure to admit of much possibility of explanation. Physiognomy, indeed, has been rather a favourite pursuit; every man dabbling in it to a certain extent, thinks himself capable of judging of another man by what he sees written in his face. More specially are women endowed with the gift of this seeing character, and surely do they fail to read right; but the signs by which they judge are permanent impressions which the workings of our inner self have by repetition so stamped on our flexible outer covering that they have become indelible and legible to all who look upon in accordance with a discerning eye. With these transient impressions Mr. Darwin's book has nothing to do. He treats of those transient emotions of which we all know the signs, but of the sure power which produces those signs—that is, how and why the motions express themselves—know nothing. In his arguments Mr. Darwin lays great stress upon facts derived from observation of animals, because, as he justly says, they are less liable to deceive us. All who are familiar with animals of any kind cannot fail to have remarked and wondered at their power of expression. Take the dog, for instance, the creature with whom we are the most familiar, and let us choose by the author to furnish a number of illustrative examples. Who does not know plainly the can, without visibility moving his tail or ears, or making any active demonstration, say his feelings of complacency or ill temper? Mr. Darwin does not allude to contempt as a canine emotion, nevertheless it is certain that dogs feel and express it. Let a dog accustomed to human society, admitted to the drawing-room, in short, one of the domestic circle, be sent about by a servant, and observe the look surprise and indignation which he will cast on the offender. We have seen it scores of times in dogs of various breeds. They have said plainly as words could do—"Who are you that pretend to dictate to me? You are not my master." We have seen this, and wondered by means of the creature thus so much expressive of its face—but, as Mr. Darwin says (speaking of dogs, but generally), "the study of expression is difficult, owing to the movements being an extremely slight and of a fleeting nature, difference may not clearly perceived, and yet may be impossible, at least I have found it so, even in what the difference consists." The cow, which is not considered to be an emotional animal, will yet show in its face not only pleasure, but sadness and obstinacy when in some way, just as clearly as it can show longing and desire for sympathy. The same may be of the donkey, with the addition that much shrewdness and sagacity are expressed by countenance, as any owner of a poor donkey be ready to testify. Mr. Darwin has therefore wise to study the movements of animals conveying emotion, even without taking into consideration his peculiar views on the subject of selection; and, as he says himself, "in observing animals we are not so likely to be biased by our preconceived notions, and we may feel safe that their actions are not conventional." How can we, however, be quite sure that the latter part of this act is correct when he also informs us in his part of the volume that the barking of the dog has been acquired since the animal was domesticated, and then inherited in different degrees in different breeds, and goes on to say—"How it first learnt we do not know, but may we not suppose that imitation has had something to do with its acquisition, owing to dogs having lived in strict association with so loquacious animal as man?" The dog, then, has not acted "conventionally" if he has endeavoured to imitate man, and his attempts hitherto have been exactly satisfactory. Still, if he has acted so far as to use sounds expressive of fear and anger, we may not hope for a further development, and look forward to the dog of the future as being able to carry on direct and intelligent intercourse with his friend and master!

Mr. Darwin's investigations have led him to the conclusion that movements which serve as means of expression had rarely or never expression for primary object, "such movements having at first either of some direct use, or the indirect effect of the excited state of the sensibility."

"An infant," he says, "may scream either intentionally or instinctively to show that it wants food, but it has no wish or intention to draw its features into the peculiar form which so plainly indicates misery; yet some of the most characteristic expressions exhibited by man are derived from the act of screaming." Three principles are cited by the author as accounting for most of the expressions and gestures involuntarily used by man and the lower animals, under the influence of various emotions and sensations:—First, the principle of servilely associated habits; secondly, the principle of antisocials; and thirdly, the principle of actions due to the constitution of the nervous system, independently from the first of the Will, and independently to a certain extent of Habit. With regard to the first, the idea is that "when any sensation, desire, dislike, &c., has led during a long series of generations to some voluntary movement, then a tendency to the performance of a similar movement will almost certainly be excited whenever the same, or any analogous or associated sensation, &c., although very weak, is experienced, notwithstanding that the movement in this case may not be of the least use."

also that when movements associated through habit with certain states of the mind are partially expressed by the will, the strictly involuntary muscles, as well as those which are least under the separate control of the will, are liable still to act; and their action is often highly expressive." Mr. Darwin gives a great many instances of associated habitual movements in animals—movements which we have probably all observed but without recognizing the causes from which they spring; such as the dog scratching the air or the ground when his back is rubbed with a stick, because his habit is to scratch himself by rapidly moving one of his hind feet; or rolling upon a piece of biscuit, because his habit is to roll himself upon carbon; the tame sheldrake gaiting the ground with his feet, as the wild one does over a wormcast upon the earth; and the kingfisher in the Zoological Gardens beating the raw meat which is given to them, just as other kingfishers, when at liberty, beat a fish until they have killed it. We have ourselves repeatedly seen a poodle trying to bury a saucer of milk by scraping at the carpet all round it, just as he would have scraped up the earth in the garden to bury a bone. And these associated movements are not confined to animals. Mr. Darwin says that he has caught himself, when in the dark and thinking of a horrid spectacle, closing his eyes firmly; and repeats Gratiolet's observation, that a man who vehemently rejects a proposition will almost certainly shut his eyes or turn away his face, but if he accepts the proposition he will nod his head and open his eyes widely, acting in the second case as if he saw the thing clearly, and in the first as if he did not or would not see it. As to the second principle—that of antisociality—Mr. Darwin thus explains it:—

"Certain states of the mind lead to certain habitual movements which were originally, or may still be, of service; and inasmuch as when a directly opposite tendency to the performance of movements of a directly opposite nature, though these have never been of any service . . . also that the performances of ordinary movements of an opposite kind, under opposite impulse of the will, are frequently observed in man and in the lower animals, so when actions of one kind have been associated with any sensation or emotion, it appears natural that actions of a directly opposite kind, though of no use, should be unconsciously performed through habits and association, under the influence of a directly opposite emotion or sensation."

Here again numerous interesting examples are given which will be studied by the reader with great pleasure. Mr. Darwin's third principle is,

that many actions recognized to be expressive of certain states of the mind are the direct result of the constitution of the nervous system, and are independent of the will and also of habit. As examples of this he instances loss of colour in the hair from grief or terror, the trembling of the muscles, the increased action of the heart, the involuntary erection of the hair, &c. Most of these systems he considers to be probably the direct result of the disturbed state of the sensorium, but partly also springing from associated habit. The author says, in reference to his theory:—

"So many expressive movements can be explained through the three principles which have now been discussed, that we may hope hereafter to see all thus explained, or by closely analogous principles. It is, however, often impossible to decide how much weight ought to be attributed in each particular case to one of our principles, and how much to another, and very many points in the theory of expression remain inexplicable."

There is no doubt that Mr. Darwin has brought together a remarkable mass of interesting facts in

support of his theories; and these facts and the reasoning based upon them are well worthy of study; it is at all events curious even, if not precisely useful, to know what complicated machinery has to be set in motion before some simple expression, say that of grief or distress, can appear upon the countenance; it is also interesting to understand the *rationales* of that "most popular and most human of expressions—blushing," to the position of which the author dedicated 37 pages, and it cannot be disputed, as he further says, that—

"The movements of expression in the face and body, whatever their origin may have been, are in themselves of much importance for our welfare. They serve as the first means of communication between the mother and her child; also between spouses, and thus strengthen their social and right pair or friend disapproval. We readily perceive sympathy in others by their expressions; sufferings are thus mitigated and our pleasures increased; and mutual good feeling is thus strengthened. The movements of expression give vivacity and energy to our spoken words. They reveal the thoughts and intentions of others, and thus the world is more easily peopled and populated. Whatever amount of truth the so-called rules of physiognomy may contain appears to depend, as Huxley long ago remarked, on different persons being more frequent user of different facial muscles according to their disposition; the development of these muscles being influenced by the frequency of their uses or forces on the face, due to their habitual exercise, being thus rendered deeper and more conspicuous."

For these reasons the public will be grateful to Mr. Darwin for having taken up the subject and done much towards its elucidation, not only by gathering together the results of his personal observations and of those of others whose attention he directed to specific questions which he desired to have answered and by means of which data concerning the expression of feeling by the savage races have been furnished from many parts of the world, but also by his reproductions of Dr. Duchenne's wonderful photographs. When, however, we are asked to believe that the study of the theory of expression confirms, even to a limited extent, the conclusion that man is derived from some lower animal form, we must beg to differ, even though the author does bring forward in evidence our uncovering the canine tooth on one side, when expressing scorn and defiance, backed by an ingenious derivation of the word "snar" from "snarl," which Wedgwood says was originally "snar" without the "l." Our own usually placid physiognomy wears a derisive and sardonic smile, when we read that "our male semi-human progenitors possessed great canines teeth" and that "men are now occasionally born having them of unusually large size, with interspaces in the opposite jaw for their reception." "If our ears," says Mr. Darwin, "had remained movable, their movements would have been highly expressive." No doubt they would, but a less demonstrative mode of displaying our feelings will amply suffice; and, with all deference to Mr. Darwin, we must decline to receive the "early progenitor" who fought with his teeth, moved his ear, and did not blush, into our family tree.

* The Expression of the Emotions in Man and Animals. B. Charles Darwin. 1 vol. London: John Murray.