



SHERWIN-WILLIAMS.



Fitness Centers Guide Specification

This Painting Schedule is furnished as a guide to select paint systems, and is not all-inclusive of available Sherwin-Williams products. Specifiers should review the contents and edit to suit the particular project and its location.

The schedule is arranged by substrates, and offers latex, acrylic, water-based epoxy, and water-based urethane. Each type also includes the available sheens.

Local and National V.O.C. (Volatile Organic Compound) regulations have been taken into consideration. However, because regulations vary by region and frequently change, specifiers should verify that the products comply with local rules. Consult with your Sherwin-Williams representative before finalizing the selection.

If you need additional product information, contact your Sherwin-Williams representative, refer to the Sherwin-Williams Painting Systems Catalog, visit sherwin-williams.com or call our Architectural Services Answer Team.

The Sherwin-Williams Company
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800-321-8194 (Telephone)
216-566-1392 (Fax)

**09 91 23 INTERIOR &
09 91 13 EXTERIOR**

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The Sherwin-Williams Company

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www.swspecs.com**

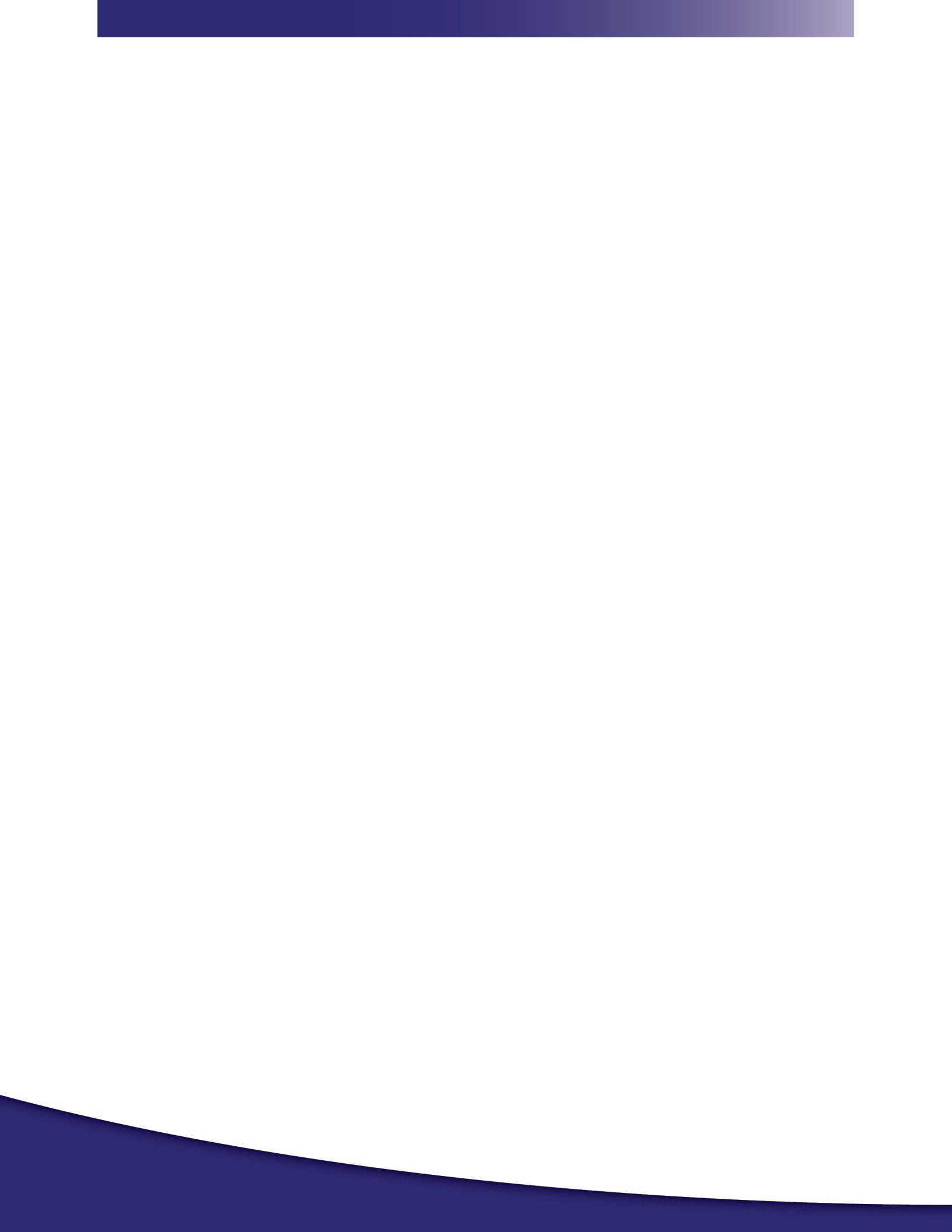


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Non-Ferrous Metal — High Performance Finish (including Handrails)

Wood — Painted Doors, Frames, Trim, or Chair Rails

Wood — Stained Trim or Chair Rails

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Gypsum Board — Walls

Gypsum Board — Ceiling

Ferrous Metal — Doors, Frames, and Miscellaneous Metals

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Wood — Painted Doors, Frames, Trim, or Chair Rails

Wood — Stained Trim or Chair Rails

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Gypsum Board — Walls

Gypsum Board — Ceiling

Ferrous Metal — Doors, Frames, and Miscellaneous Metals

Ferrous Metal — High Performance Finish

Wood — Painted Doors, Frames, Trim, or Chair Rails

Wood — Stained Trim or Chair Rails

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Gypsum Board — Walls

Gypsum Board — Ceiling

Ferrous Metal — Doors, Frames, and Miscellaneous Metals

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Gypsum Board — Walls

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Fitness Center Interior Paint Schedule

Important Surface Preparation Instructions:

Verify the existence of lead based paints on the project. Buildings constructed after 1978 are less likely to contain lead based paints. If lead based paints are suspected on the project, all removal must be done in accordance with the EPA Renovation, Repair and Painting Rule and all applicable state and local regulations. State and local regulations may be more strict than those set under the federal regulations. Verify that Owner has completed a Hazardous Material Assessment Report for the project prior to issuing of Drawings.

WARNING! Removal of old paint by sanding, scraping or other means may generate dust or fumes that contain lead. Exposure to lead dust or fumes may cause brain damage or other adverse health effects, especially in children or pregnant women. Controlling exposure to lead or other hazardous substances requires the use of proper protective equipment, such as a properly fitted respirator (NIOSH approved) and proper containment and cleanup. For more information, call the National Lead Information Center at 1-800-424-LEAD (in US) or contact your local health authority. Removal must be done in accordance with EPA Renovation, Repair and Painting Rule and all related state and local regulations. Care should be taken to follow all state and local regulations which may be more strict than those set under the federal RRP Rule.

Specifier Notes — Topcoats:

a. **ProMar® 200 Zero VOC Interior Latex** — A durable, professional quality zero VOC vinyl acrylic topcoat available in a Flat, Low Sheen, Eg-Shel, and Semi-Gloss finishes.

b. **Harmony® Interior Latex** — A durable zero VOC interior paint. Harmony also contains an anti-microbial agent that inhibits the growth of mold and mildew on the paint film — which also inhibits the growth of bacterial odors. Its Odor Eliminating Technology reduces common odors to help keep rooms smelling fresher, longer.

c. **Pro Industrial® Pre-Catalyzed Waterbased Epoxy** — A single-component, waterbased acrylic epoxy that offers the durability and resistance to stains and most cleaning solvents usually characteristic of two-component waterbased epoxies. Available in Eg-Shel and Semi-Gloss finishes.

d. **Pro Industrial Water Based Catalyzed Epoxy** — A two-component waterborne epoxy formulated to provide excellent corrosion resistance, chemical resistance, abrasion resistance, and moisture resistance. Available in Eg-Shel and Gloss finishes.

e. **Pro Industrial Acrylic Coating** — A single-component, light industrial, 100% acrylic coating that flows and levels to a smooth finish. Available in a Eg-Shel, Semi-Gloss, and Gloss finishes.

f. **ProClassic® Waterborne Interior Acrylic Semi-Gloss** — A high quality coating that provides a durable, non-yellowing finish. The excellent flow and leveling characteristics result in a smooth, rich finish equal to an alkyd enamel.

Recommended Finishes:

Ceilings and Soffits: Flat Finish
Walls: Eg-Shel or Semi-Gloss Finish
Trim: Semi-Gloss Finish (unless otherwise noted)

Miscellaneous Notes:

SURFACE PREPARATION:

- A. Proper product selection, surface preparation, and application affect coating performance. Coating integrity and service life will be reduced because of improperly prepared surfaces. Selection and implementation of proper surface preparation ensures coating adhesion to the substrate and prolongs the service life of the coating system.
- B. Selection of the proper method of surface preparation depends on the substrate, the environment, and the expected service life of the coating system. Economics, surface contamination, and the effect on the substrate will also influence the selection of surface preparation methods.
- C. The surface must be dry and in sound condition. Remove oil, dust, dirt, loose rust, peeling paint or other contamination to ensure good adhesion.
- D. Remove mildew before painting by washing with a solution of 1 part liquid household bleach and 3 parts of warm water. Apply the solution and scrub the mildewed area. Allow the solution to remain on the surface for 10 minutes. Rinse thoroughly with clean water and allow the surface to dry 48 hours before painting. Wear protective glasses or goggles, waterproof gloves, and protective clothing. Quickly wash off any of the mixture that comes in contact with your skin. Do not add detergents or ammonia to the bleach/water solution.
- E. No exterior painting should be done immediately after a rain, during foggy weather, when rain is predicted, or when the temperature is below 50°F, unless products are designed specifically for these conditions. On large expanses of metal siding, the air, surface and material temperatures must be 50°F or higher to use low temperature products.
- F. This schedule is not inclusive of all Sherwin-Williams products; other products and finishes are available.
- G. Not all products are compliant nationwide, visit related websites for CARB, OTC, SCAQMD for current VOC regulations.
 - CARB — <http://www.arb.ca.gov/coatings/coatingsrules.htm>
 - OTC — www.otcair.org
 - SCAQMD — <http://www.aqmd.gov/rules>
- H. Product names, logos, brands and other trademarks are the property of their respective trademark holders.
- I. Refer to the current MSDS/EDS for specific VOCs (calculated per 40 CFR 59.406). VOCs may vary by base and sheen.
- J. Coating Maintenance Manual: upon conclusion of the project, the Contractor or paint manufacture/supplier shall furnish a coating maintenance manual, such as Sherwin-Williams "Custodian Project Color and Product Information" report or equal. Manual shall include an Area Summary with finish schedule, Area Detail designating where each product/color/finish was used, product data pages, Material Safety Data Sheets, care and cleaning instructions, touch-up procedures, and color samples of each color and finish used.

Manager / Sales Offices, Conference Room, Pro-Shop, Misc. Storage:

Gypsum Board — Walls

Eg-Shel Finish

- Primer:** ProMar 200 Zero VOC Latex Primer, B28W2600
1st coat: ProMar 200 Zero VOC Interior Latex Eg-Shel, B20-2600 Series
2nd coat: ProMar 200 Zero VOC Interior Latex Eg-Shel, B20-2600 Series

Alternate:

- Primer:** Harmony Interior Latex Primer, B11
1st coat: Harmony Interior Latex Eg-Shel, B9 Series
2nd coat: Harmony Interior Latex Eg-Shel, B9 Series

Semi-Gloss Finish

- Primer:** ProMar 200 Zero VOC Latex Primer, B28W2600
1st coat: ProMar 200 Zero VOC Interior Latex Semi-Gloss, B31-2600 Series
2nd coat: ProMar 200 Zero VOC Interior Latex Semi-Gloss, B31-2600 Series

Alternate:

- Primer:** Harmony Interior Latex Primer, B11
1st coat: Harmony Interior Latex Semi-Gloss, B10 Series
2nd coat: Harmony Interior Latex Semi-Gloss, B10 Series

Eg-Shel — High Performance Finish

- Primer:** ProMar 200 Zero VOC Latex Primer, B28W2600
1st coat: Pro Industrial Pre-Catalyzed Waterbased Epoxy Eg-Shel, K45 Series
2nd coat: Pro Industrial Pre-Catalyzed Waterbased Epoxy Eg-Shel, K45 Series

Semi-Gloss — High Performance Finish

- Primer:** ProMar 200 Zero VOC Latex Primer, B28W2600
1st coat: Pro Industrial Pre-Catalyzed Waterbased Epoxy Semi-Gloss, K46 Series
2nd coat: Pro Industrial Pre-Catalyzed Waterbased Epoxy Semi-Gloss, K46 Series

Gypsum Board — Ceiling

Flat Finish

- Primer:** ProMar[®] 200 Zero VOC Latex Primer, B28W2600
1st coat: ProMar 200 Zero VOC Interior Latex Flat, B30-2600 Series
2nd coat: ProMar 200 Zero VOC Interior Latex Flat, B30-2600 Series

Ferrous Metal — Doors, Frames, and Miscellaneous Metals

Semi-Gloss Finish

- Primer:** Pro Industrial[®] Pro-Cryl[®] Universal Primer, B66-310 Series
1st coat: Pro Industrial Acrylic Semi-Gloss, B66-650 Series
2nd coat: Pro Industrial Acrylic Semi-Gloss, B66-650 Series

Alternate:

- Primer:** Pro Industrial Pro-Cryl Universal Primer, B66-310 Series
1st coat: Pro Industrial Pre-Catalyzed Waterbased Epoxy Semi-Gloss, K46 Series
2nd coat: Pro Industrial Pre-Catalyzed Waterbased Epoxy Semi-Gloss, K46 Series

Manager / Sales Offices, Conference Room, Pro-Shop, Misc. Storage (Cont.):

Wood — Painted Doors, Frames, Trim, or Chair Rails

Semi-Gloss Finish

- Primer:** PrepRite® ProBlock® Latex Primer/Sealer B51 Series
1st coat: ProClassic® Waterborne Interior Acrylic Semi-Gloss, B31 Series
2nd coat: ProClassic Waterborne Interior Acrylic Semi-Gloss, B31 Series

Alternate:

- Primer:** PrepRite® ProBlock® Latex Primer/Sealer B51 Series
1st coat: Pro Industrial Acrylic Semi-Gloss, B66-650 Series
2nd coat: Pro Industrial Acrylic Semi-Gloss, B66-650 Series

Wood — Stained Trim or Chair Rails

Stained Finish

- Stain:** Minwax® Wood 250 Stain
2nd coat: Minwax Waterbased Polyurethane Varnish, Satin or Gloss
3rd coat: Minwax Waterbased Polyurethane Varnish, Satin or Gloss

Hallway / Corridors / Columns:

Gypsum Board — Walls

Eg-Shel Finish

- Primer:** ProMar 200 Zero VOC Latex Primer, B28W2600
1st coat: ProMar 200 Zero VOC Interior Latex Eg-Shel, B20-2600 Series
2nd coat: ProMar 200 Zero VOC Interior Latex Eg-Shel, B20-2600 Series

Alternate:

- Primer:** Harmony Interior Latex Primer, B11
1st coat: Harmony Interior Latex Eg-Shel, B9 Series
2nd coat: Harmony Interior Latex Eg-Shel, B9 Series

Semi-Gloss Finish

- Primer:** ProMar 200 Zero VOC Latex Primer, B28W2600
1st coat: ProMar 200 Zero VOC Interior Latex Semi-Gloss, B31-2600 Series
2nd coat: ProMar 200 Zero VOC Interior Latex Semi-Gloss, B31-2600 Series

Alternate:

- Primer:** Harmony Interior Latex Primer, B11
1st coat: Harmony Interior Latex Semi-Gloss, B10 Series
2nd coat: Harmony Interior Latex Semi-Gloss, B10 Series

Eg-Shel — High Performance Finish

- Primer:** ProMar 200 Zero VOC Latex Primer, B28W2600
1st coat: Pro Industrial Pre-Catalyzed Waterbased Epoxy Eg-Shel, K45 Series
2nd coat: Pro Industrial Pre-Catalyzed Waterbased Epoxy Eg-Shel, K45 Series

Semi-Gloss — High Performance Finish

- Primer:** ProMar 200 Zero VOC Latex Primer, B28W2600
1st coat: Pro Industrial Pre-Catalyzed Waterbased Epoxy Semi-Gloss, K46 Series
2nd coat: Pro Industrial Pre-Catalyzed Waterbased Epoxy Semi-Gloss, K46 Series

Gypsum Board — Ceiling

Flat Finish

- Primer:** ProMar 200 Zero VOC Latex Primer, B28W2600
1st coat: ProMar 200 Zero VOC Interior Latex Flat, B30-2600 Series
2nd coat: ProMar 200 Zero VOC Interior Latex Flat, B30-2600 Series

Ferrous Metal — Doors, Frames, and Miscellaneous Metals

Semi-Gloss Finish

- Primer:** Pro Industrial® Pro-Cryl® Universal Primer, B66-310 Series
1st coat: Pro Industrial Acrylic Semi-Gloss, B66-650 Series
2nd coat: Pro Industrial Acrylic Semi-Gloss, B66-650 Series

Alternate:

- Primer:** Pro Industrial Pro-Cryl Universal Primer, B66-310 Series
1st coat: Pro Industrial Pre-Catalyzed Waterbased Epoxy Semi-Gloss, K46 Series
2nd coat: Pro Industrial Pre-Catalyzed Waterbased Epoxy Semi-Gloss, K46 Series

Hallway / Corridors / Columns (Cont.):

Ferrous Metal — High Performance Finish (Including Handrails)

Eg-Shel or Gloss Finish

Primer: Pro Industrial Pro-Cryl Universal Primer, B66-310 Series

1st coat: Pro Industrial Water Based Catalyzed Epoxy Eg-Shel, B73-360 Series or Gloss, B73-300 Series

2nd coat: Pro Industrial Water Based Catalyzed Epoxy Eg-Shel, B73-360 Series or Gloss, B73-300 Series

Non-Ferrous Metal — Galvanized/Aluminum

Semi-Gloss Finish

Primer: Pro Industrial Pro-Cryl Universal Primer, B66-310 Series

1st coat: Pro Industrial Acrylic Semi-Gloss, B66-650 Series

2nd coat: Pro Industrial Acrylic Semi-Gloss, B66-650 Series

Alternate:

Primer: Pro Industrial Pro-Cryl Universal Primer, B66-310 Series

1st coat: Pro Industrial Pre-Catalyzed Waterbased Epoxy Semi-Gloss, K46 Series

2nd coat: Pro Industrial Pre-Catalyzed Waterbased Epoxy Semi-Gloss, K46 Series

Non-Ferrous Metal — High Performance Finish (Including Handrails)

Eg-Shel or Gloss Finish

Primer: Pro Industrial Pro-Cryl Universal Primer, B66-310 Series

1st coat: Pro Industrial Water Based Catalyzed Epoxy Eg-Shel, B73-360 Series or Gloss, B73-300 Series

2nd coat: Pro Industrial Water Based Catalyzed Epoxy Eg-Shel, B73-360 Series or Gloss, B73-300 Series

Wood — Painted Doors, Frames, Trim, or Chair Rails

Semi-Gloss Finish

Primer: PrepRite® ProBlock® Latex Primer/Sealer B51 Series

1st coat: ProClassic® Waterborne Interior Acrylic Semi-Gloss, B31 Series

2nd coat: ProClassic Waterborne Interior Acrylic Semi-Gloss, B31 Series

Alternate:

Primer: PrepRite® ProBlock® Latex Primer/Sealer B51 Series

1st coat: Pro Industrial Acrylic Semi-Gloss, B66-650 Series

2nd coat: Pro Industrial Acrylic Semi-Gloss, B66-650 Series

Wood — Stained Trim or Chair Rails

Stained Finish

Stain: Minwax® Wood 250 Stain

2nd coat: Minwax Waterbased Polyurethane Varnish, Satin or Gloss

3rd coat: Minwax Waterbased Polyurethane Varnish, Satin or Gloss

Lobby / Registration / Waiting Area:

Gypsum Board — Walls

Eg-Shel Finish

- Primer:** ProMar 200 Zero VOC Latex Primer, B28W2600
1st coat: ProMar 200 Zero VOC Interior Latex Eg-Shel, B20-2600 Series
2nd coat: ProMar 200 Zero VOC Interior Latex Eg-Shel, B20-2600 Series

Alternate:

- Primer:** Harmony Interior Latex Primer, B11
1st coat: Harmony Interior Latex Eg-Shel, B9 Series
2nd coat: Harmony Interior Latex Eg-Shel, B9 Series

Semi-Gloss Finish

- Primer:** ProMar 200 Zero VOC Latex Primer, B28W2600
1st coat: ProMar 200 Zero VOC Interior Latex Semi-Gloss, B31-2600 Series
2nd coat: ProMar 200 Zero VOC Interior Latex Semi-Gloss, B31-2600 Series

Alternate:

- Primer:** Harmony Interior Latex Primer, B11
1st coat: Harmony Interior Latex Semi-Gloss, B10 Series
2nd coat: Harmony Interior Latex Semi-Gloss, B10 Series

Eg-Shel — High Performance Finish

- Primer:** ProMar 200 Zero VOC Latex Primer, B28W2600
1st coat: Pro Industrial Pre-Catalyzed Waterbased Epoxy Eg-Shel, K45 Series
2nd coat: Pro Industrial Pre-Catalyzed Waterbased Epoxy Eg-Shel, K45 Series

Semi-Gloss — High Performance Finish

- Primer:** ProMar 200 Zero VOC Latex Primer, B28W2600
1st coat: Pro Industrial Pre-Catalyzed Waterbased Epoxy Semi-Gloss, K46 Series
2nd coat: Pro Industrial Pre-Catalyzed Waterbased Epoxy Semi-Gloss, K46 Series

Gypsum Board — Ceiling

Flat Finish

- Primer:** ProMar[®] 200 Zero VOC Latex Primer, B28W2600
1st coat: ProMar 200 Zero VOC Interior Latex Flat, B30-2600 Series
2nd coat: ProMar 200 Zero VOC Interior Latex Flat, B30-2600 Series

Ferrous Metal — Doors, Frames, and Miscellaneous Metals

Semi-Gloss Finish

- Primer:** Pro Industrial[®] Pro-Cryl[®] Universal Primer, B66-310 Series
1st coat: Pro Industrial Acrylic Semi-Gloss, B66-650 Series
2nd coat: Pro Industrial Acrylic Semi-Gloss, B66-650 Series

Alternate:

- Primer:** Pro Industrial Pro-Cryl Universal Primer, B66-310 Series
1st coat: Pro Industrial Pre-Catalyzed Waterbased Epoxy Semi-Gloss, K46 Series
2nd coat: Pro Industrial Pre-Catalyzed Waterbased Epoxy Semi-Gloss, K46 Series

Ferrous Metal — High Performance Finish

Eg-Shel or Gloss Finish

- Primer:** Pro Industrial Pro-Cryl Universal Primer, B66-310 Series
1st coat: Pro Industrial Water Based Catalyzed Epoxy Eg-Shel, B73-360 Series or Gloss, B73-300 Series
2nd coat: Pro Industrial Water Based Catalyzed Epoxy Eg-Shel, B73-360 Series or Gloss, B73-300 Series

Lobby / Registration / Waiting Area (Cont.):

Wood — Painted Doors, Frames, Trim, or Chair Rails

Semi-Gloss Finish

- Primer:** PrepRite® ProBlock® Latex Primer/Sealer B51 Series
1st coat: ProClassic® Waterborne Interior Acrylic Semi-Gloss, B31 Series
2nd coat: ProClassic Waterborne Interior Acrylic Semi-Gloss, B31 Series

Alternate:

- Primer:** PrepRite® ProBlock® Latex Primer/Sealer B51 Series
1st coat: Pro Industrial Acrylic Semi-Gloss, B66-650 Series
2nd coat: Pro Industrial Acrylic Semi-Gloss, B66-650 Series

Wood — Stained Trim or Chair Rails

Stained Finish

- Stain:** Minwax® Wood 250 Stain
2nd coat: Minwax Waterbased Polyurethane Varnish, Satin or Gloss
3rd coat: Minwax Waterbased Polyurethane Varnish, Satin or Gloss

Conference / Multi-Purpose Room, Family Fun Center, Children Day Care / Activity Center:

Gypsum Board — Walls

Eg-Shel Finish

- Primer:** ProMar 200 Zero VOC Latex Primer, B28W2600
1st coat: ProMar 200 Zero VOC Interior Latex Eg-Shel, B20-2600 Series
2nd coat: ProMar 200 Zero VOC Interior Latex Eg-Shel, B20-2600 Series

Alternate:

- Primer:** Harmony Interior Latex Primer, B11
1st coat: Harmony Interior Latex Eg-Shel, B9 Series
2nd coat: Harmony Interior Latex Eg-Shel, B9 Series

Semi-Gloss Finish

- Primer:** ProMar 200 Zero VOC Latex Primer, B28W2600
1st coat: ProMar 200 Zero VOC Interior Latex Semi-Gloss, B31-2600 Series
2nd coat: ProMar 200 Zero VOC Interior Latex Semi-Gloss, B31-2600 Series

Alternate:

- Primer:** Harmony Interior Latex Primer, B11
1st coat: Harmony Interior Latex Semi-Gloss, B10 Series
2nd coat: Harmony Interior Latex Semi-Gloss, B10 Series

Eg-Shel — High Performance Finish

- Primer:** ProMar 200 Zero VOC Latex Primer, B28W2600
1st coat: Pro Industrial Pre-Catalyzed Waterbased Epoxy Eg-Shel, K45 Series
2nd coat: Pro Industrial Pre-Catalyzed Waterbased Epoxy Eg-Shel, K45 Series

Semi-Gloss — High Performance Finish

- Primer:** ProMar 200 Zero VOC Latex Primer, B28W2600
1st coat: Pro Industrial Pre-Catalyzed Waterbased Epoxy Semi-Gloss, K46 Series
2nd coat: Pro Industrial Pre-Catalyzed Waterbased Epoxy Semi-Gloss, K46 Series

Gypsum Board — Ceiling

Flat Finish

- Primer:** ProMar[®] 200 Zero VOC Latex Primer, B28W2600
1st coat: ProMar 200 Zero VOC Interior Latex Flat, B30-2600 Series
2nd coat: ProMar 200 Zero VOC Interior Latex Flat, B30-2600 Series

Ferrous Metal — Doors, Frames, and Miscellaneous Metals

Semi-Gloss Finish

- Primer:** Pro Industrial[®] Pro-Cryl[®] Universal Primer, B66-310 Series
1st coat: Pro Industrial Acrylic Semi-Gloss, B66-650 Series
2nd coat: Pro Industrial Acrylic Semi-Gloss, B66-650 Series

Alternate:

- Primer:** Pro Industrial Pro-Cryl Universal Primer, B66-310 Series
1st coat: Pro Industrial Pre-Catalyzed Waterbased Epoxy Semi-Gloss, K46 Series
2nd coat: Pro Industrial Pre-Catalyzed Waterbased Epoxy Semi-Gloss, K46 Series

Conference / Multi-Purpose Room, Family Fun Center, Children Day Care / Activity Center (Cont.):

Ferrous Metal — High Performance Finish

Eg-Shel or Gloss Finish

Primer: Pro Industrial Pro-Cryl Universal Primer, B66-310 Series

1st coat: Pro Industrial Water Based Catalyzed Epoxy Eg-Shel, B73-360 Series or Gloss, B73-300 Series

2nd coat: Pro Industrial Water Based Catalyzed Epoxy Eg-Shel, B73-360 Series or Gloss, B73-300 Series

Wood — Painted Doors, Frames, Trim, or Chair Rails

Semi-Gloss Finish

Primer: PrepRite® ProBlock® Latex Primer/Sealer B51 Series

1st coat: ProClassic® Waterborne Interior Acrylic Semi-Gloss, B31 Series

2nd coat: ProClassic Waterborne Interior Acrylic Semi-Gloss, B31 Series

Alternate:

Primer: PrepRite® ProBlock® Latex Primer/Sealer B51 Series

1st coat: Pro Industrial Acrylic Semi-Gloss, B66-650 Series

2nd coat: Pro Industrial Acrylic Semi-Gloss, B66-650 Series

Wood — Stained Trim or Chair Rails

Stained Finish

Stain: Minwax® Wood 250 Stain

2nd coat: Minwax Waterbased Polyurethane Varnish, Satin or Gloss

3rd coat: Minwax Waterbased Polyurethane Varnish, Satin or Gloss

Men / Women Locker Rooms, Men / Women Toilets, Massage, Tanning, Yoga:

CMU (Wet Areas)

Semi-Gloss Finish

Primer: Kem Cati-Coat® HS Epoxy Filler/Sealer B42W400/B42V401
1st coat: Macropoxy® 646-100 Fast Cure Epoxy B58-620/B58V620
2nd coat: Macropoxy 646-100 Fast Cure Epoxy B58-620/B58V620

Alternate:

Primer: Cement-Plex 875 B42W200/B42V201
1st coat: Macropoxy 646-100 Fast Cure Epoxy B58-620/B58V620
2nd coat: Macropoxy 646-100 Fast Cure Epoxy B58-620/B58V620

Gypsum Board — Walls

Eg-Shel Finish

Primer: ProMar 200 Zero VOC Latex Primer, B28W2600
1st coat: ProMar 200 Zero VOC Interior Latex Eg-Shel, B20-2600 Series
2nd coat: ProMar 200 Zero VOC Interior Latex Eg-Shel, B20-2600 Series

Alternate:

Primer: Harmony Interior Latex Primer, B11
1st coat: Harmony Interior Latex Eg-Shel, B9 Series
2nd coat: Harmony Interior Latex Eg-Shel, B9 Series

Semi-Gloss Finish

Primer: ProMar 200 Zero VOC Latex Primer, B28W2600
1st coat: ProMar 200 Zero VOC Interior Latex Semi-Gloss, B31-2600 Series
2nd coat: ProMar 200 Zero VOC Interior Latex Semi-Gloss, B31-2600 Series

Alternate:

Primer: Harmony Interior Latex Primer, B11
1st coat: Harmony Interior Latex Semi-Gloss, B10 Series
2nd coat: Harmony Interior Latex Semi-Gloss, B10 Series

Eg-Shel — High Performance Finish

Primer: ProMar 200 Zero VOC Latex Primer, B28W2600
1st coat: Pro Industrial Pre-Catalyzed Waterbased Epoxy Eg-Shel, K45 Series
2nd coat: Pro Industrial Pre-Catalyzed Waterbased Epoxy Eg-Shel, K45 Series

Semi-Gloss — High Performance Finish

Primer: ProMar 200 Zero VOC Latex Primer, B28W2600
1st coat: Pro Industrial Pre-Catalyzed Waterbased Epoxy Semi-Gloss, K46 Series
2nd coat: Pro Industrial Pre-Catalyzed Waterbased Epoxy Semi-Gloss, K46 Series

Gypsum Board — Ceiling

Flat Finish

Primer: ProMar 200 Zero VOC Latex Primer, B28W2600
1st coat: ProMar 200 Zero VOC Interior Latex Flat, B30-2600 Series
2nd coat: ProMar 200 Zero VOC Interior Latex Flat, B30-2600 Series

Ferrous Metal — Doors, Frames, and Miscellaneous Metals

Semi-Gloss Finish

Primer: Pro Industrial Pro-Cryl Universal Primer, B66-310 Series
1st coat: Pro Industrial Acrylic Semi-Gloss, B66-650 Series
2nd coat: Pro Industrial Acrylic Semi-Gloss, B66-650 Series

Free Weights, Cardio, Spinning, Aerobics, Basketball Courts, Running Track:

Gypsum Board — Walls

Eg-Shel Finish

- Primer:** ProMar 200 Zero VOC Latex Primer, B28W2600
1st coat: ProMar 200 Zero VOC Interior Latex Eg-Shel, B20-2600 Series
2nd coat: ProMar 200 Zero VOC Interior Latex Eg-Shel, B20-2600 Series

Alternate:

- Primer:** Harmony Interior Latex Primer, B11
1st coat: Harmony Interior Latex Eg-Shel, B9 Series
2nd coat: Harmony Interior Latex Eg-Shel, B9 Series

Eg-Shel — High Performance Finish

- Primer:** ProMar 200 Zero VOC Latex Primer, B28W2600
1st coat: Pro Industrial Pre-Catalyzed Waterbased Epoxy Eg-Shel, K45 Series
2nd coat: Pro Industrial Pre-Catalyzed Waterbased Epoxy Eg-Shel, K45 Series

Semi-Gloss Finish

- Primer:** ProMar 200 Zero VOC Latex Primer, B28W2600
1st coat: ProMar 200 Zero VOC Interior Latex Semi-Gloss, B31-2600 Series
2nd coat: ProMar 200 Zero VOC Interior Latex Semi-Gloss, B31-2600 Series

Alternate:

- Primer:** Harmony Interior Latex Primer, B11
1st coat: Harmony Interior Latex Semi-Gloss, B10 Series
2nd coat: Harmony Interior Latex Semi-Gloss, B10 Series

Semi-Gloss — High Performance Finish

- Primer:** ProMar 200 Zero VOC Latex Primer, B28W2600
1st coat: Pro Industrial Pre-Catalyzed Waterbased Epoxy Semi-Gloss, K46 Series
2nd coat: Pro Industrial Pre-Catalyzed Waterbased Epoxy Semi-Gloss, K46 Series

Gypsum Board — Ceiling

Flat Finish

- Primer:** ProMar 200 Zero VOC Latex Primer, B28W2600
1st coat: ProMar 200 Zero VOC Interior Latex Flat, B30-2600 Series
2nd coat: ProMar 200 Zero VOC Interior Latex Flat, B30-2600 Series

Ferrous Metal — Doors, Frames, and Miscellaneous Metals

Semi-Gloss Finish

- Primer:** Pro Industrial Pro-Cryl Universal Primer, B66-310 Series
1st coat: Pro Industrial Acrylic Semi-Gloss, B66-650 Series
2nd coat: Pro Industrial Acrylic Semi-Gloss, B66-650 Series

Break Room, Juice Bar, Lounge:

Gypsum Board — Walls

Eg-Shel Finish

- Primer:** ProMar 200 Zero VOC Latex Primer, B28W2600
1st coat: Pro Industrial Pre-Catalyzed Waterbased Epoxy Eg-Shel, K45 Series
2nd coat: Pro Industrial Pre-Catalyzed Waterbased Epoxy Eg-Shel, K45 Series

Eg-Shel or Gloss — High Performance Finish

- Primer:** ProMar 200 Zero VOC Latex Primer, B28W2600
1st coat: Pro Industrial Water Based Catalyzed Epoxy Eg-Shel, B73-360 Series or Gloss, B73-300 Series
2nd coat: Pro Industrial Water Based Catalyzed Epoxy Eg-Shel, B73-360 Series or Gloss, B73-300 Series

Semi-Gloss Finish

- Primer:** ProMar 200 Zero VOC Latex Primer, B28W2600
1st coat: Pro Industrial Pre-Catalyzed Waterbased Epoxy Semi-Gloss, K46 Series
2nd coat: Pro Industrial Pre-Catalyzed Waterbased Epoxy Semi-Gloss, K46 Series

Gypsum Board — Ceiling

Flat Finish

- Primer:** ProMar 200 Zero VOC Latex Primer, B28W2600
1st coat: ProMar 200 Zero VOC Interior Latex Flat, B30-2600 Series
2nd coat: ProMar 200 Zero VOC Interior Latex Flat, B30-2600 Series

Ferrous Metal — High Performance Finish

Eg-Shel or Gloss Finish

- Primer:** Pro Industrial Pro-Cryl Universal Primer, B66-310 Series
1st coat: Pro Industrial Water Based Catalyzed Epoxy Eg-Shel, B73-360 Series or Gloss, B73-300 Series
2nd coat: Pro Industrial Water Based Catalyzed Epoxy Eg-Shel, B73-360 Series or Gloss, B73-300 Series

Non-Ferrous Metal — Galvanized/Aluminum

Semi-Gloss Finish

- Primer:** Pro Industrial Pro-Cryl Universal Primer, B66-310 Series
1st coat: Pro Industrial Acrylic Semi-Gloss, B66-650 Series
2nd coat: Pro Industrial Acrylic Semi-Gloss, B66-650 Series

Alternate:

- Primer:** Pro Industrial Pro-Cryl Universal Primer, B66-310 Series
1st coat: Pro Industrial Pre-Catalyzed Waterbased Epoxy Semi-Gloss, K46 Series
2nd coat: Pro Industrial Pre-Catalyzed Waterbased Epoxy Semi-Gloss, K46 Series

Non-Ferrous Metal — High Performance Finish

Eg-Shel or Gloss Finish

- Primer:** Pro Industrial Pro-Cryl Universal Primer, B66-310 Series
1st coat: Pro Industrial Water Based Catalyzed Epoxy Eg-Shel, B73-360 Series or Gloss, B73-300 Series
2nd coat: Pro Industrial Water Based Catalyzed Epoxy Eg-Shel, B73-360 Series or Gloss, B73-300 Series

Indoor / Outdoor Pool, Therapy Pool:

Pool Deck — Waterproofing Deck Coating

Please contact your local Sherwin-Williams Sales Representative to evaluate the project for the most complete product recommendation.

CMU — Interior Walls in Pool Area & Chemical Storage

Eg-Shel or Gloss — **High Performance Finish**

Filler coat: Loxon Block Surfacers, A24W200

1st coat: Pro Industrial Water Based Catalyzed Epoxy Eg-Shel, B73-360 Series or Gloss, B73-300 Series

2nd coat: Pro Industrial Water Based Catalyzed Epoxy Eg-Shel, B73-360 Series or Gloss, B73-300 Series

Gypsum Board

Eg-Shel or Gloss — **High Performance Finish**

Primer: ProMar 200 Zero VOC Latex Primer, B28W2600

1st coat: Pro Industrial Water Based Catalyzed Epoxy Eg-Shel, B73-360 Series or Gloss, B73-300 Series

2nd coat: Pro Industrial Water Based Catalyzed Epoxy Eg-Shel, B73-360 Series or Gloss, B73-300 Series

CMU (Wet Areas)

Semi-Gloss Finish

Primer: Kem Cati-Coat® HS Epoxy Filler/Sealer, B42W400/B42V401

1st coat: Macropoxy® 646-100 Fast Cure Epoxy, B58-620/B58V620

2nd coat: Macropoxy 646-100 Fast Cure Epoxy, B58-620/B58V620

Alternate:

Primer: Cement-Plex 875, B42W200/B42V201

1st coat: Macropoxy 646-100 Fast Cure Epoxy, B58-620/B58V620

2nd coat: Macropoxy 646-100 Fast Cure Epoxy, B58-620/B58V620

Ferrous Metal — Doors, Frames, Miscellaneous Metals including Handrails and Columns

Gloss Finish

Primer: Pro Industrial Pro-Cryl Universal Primer, B66-310 Series

1st coat: Pro Industrial Water Based Catalyzed Epoxy Gloss, B73-300 Series

2nd coat: Pro Industrial Water Based Catalyzed Epoxy Gloss, B73-300 Series

Overhead Galvanized Decking

Eg-Shel Finish — **Low Odor Low VOC Topcoat**

Primer: Pro Industrial Pro-Cryl Universal Primer, B66-310 Series

1st coat: Pro Industrial Water Based Catalyzed Epoxy Eg-Shel, B73-360 Series

2nd coat: Pro Industrial Water Based Catalyzed Epoxy Eg-Shel, B73-360 Series

Gloss Finish — **Low Odor Low VOC Topcoat**

Primer: Pro Industrial Pro-Cryl Universal Primer, B66-310 Series

1st coat: Pro Industrial Water Based Catalyzed Epoxy Gloss, B73-300 Series

2nd coat: Pro Industrial Water Based Catalyzed Epoxy Gloss, B73-300 Series

Concrete Floors — Pigmented Coating Systems:

Light Duty (Foot Traffic)

- 1st coat:** ArmorSeal® Tread-Plex™
2nd coat: ArmorSeal Tread-Plex

Concrete Floors — Decorative Coating Systems:

Sherwin-Williams, offers a full line of patching materials, basecoats and high-performance floor finishes. Sherwin-Williams has a coating solution for most surfaces.

Please contact your local Sherwin-Williams representative for detailed information and specifications.

Exposed Ceilings and Decking:

Ferrous Metal Decking — Including Bar Joists

Flat, Eg-Shel, or Semi-Gloss Finish

- Primer:** Pro Industrial Pro-Cryl Universal Primer, B66-310 Series
1st coat: Pro Industrial Waterborne Acrylic Dryfall, Flat, Eg-Shel, Semi-Gloss, B42-80 Series
2nd coat: Pro Industrial Waterborne Acrylic Dryfall, Flat, Eg-Shel, Semi-Gloss, B42-80 Series

Non-Ferrous Metal Decking

Flat, Eg-Shel, or Semi-Gloss Finish

- 1st coat:** Pro Industrial Waterborne Acrylic Dryfall, Flat, B42-181 Series, Eg-Shel, Semi-Gloss, B42-80 Series
2nd coat: Pro Industrial Waterborne Acrylic Dryfall, Flat, B42-181 Series, Eg-Shel, Semi-Gloss, B42-80 Series

Fitness Center Exterior Paint Schedule

Concrete & Masonry Vertical Surfaces — Smooth:

Satin Finish

- Primer:** Loxon Concrete & Masonry Primer Sealer, A24W8300
1st coat: A-100 Exterior Latex Satin, A82 Series
2nd coat: A-100 Exterior Latex Satin, A82 Series

Flat Finish

- Primer:** Loxon Concrete & Masonry Primer Sealer, A24W8300
1st coat: A-100[®] Exterior Latex Flat, A6 Series
2nd coat: A-100 Exterior Latex Flat, A6 Series

Flat Finish — High Build Coating

- 1st coat:** Loxon XP Waterproofing Coating, A24-1400 Series
2nd coat: Loxon XP Waterproofing Coating, A24-1400 Series

Textured Finish

- Primer:** Loxon Concrete & Masonry Primer Sealer, A24W8300
1st coat: UltraCrete Textured Masonry Topcoat Fine, Medium, Extra Coarse, A44-800 Series
2nd coat: UltraCrete Textured Masonry Topcoat Fine, Medium, Extra Coarse, A44-800 Series

Exterior CMU & Block Areas (Porous):

Satin Finish

- Filler:** Loxon Block Surfacer, A24W200
1st coat: A-100[®] Exterior Latex Satin, A82 Series
2nd coat: A-100 Exterior Latex Satin, A82 Series

Flat Finish

- Filler:** Loxon Block Surfacer, A24W200
1st coat: A-100[®] Exterior Latex Flat, A6 Series
2nd coat: A-100 Exterior Latex Flat, A6 Series

Flat Finish — High Build Coating

- Filler:** Loxon XP Waterproofing Coating, A24-1400 Series
1st coat: Loxon XP Waterproofing Coating, A24-1400 Series

Elastomeric

- Filler:** Loxon Block Surfacer, A24W200
1st coat: ConFlex XL Elastomeric High Build Coating, A5-400 Series
2nd coat: ConFlex XL Elastomeric High Build Coating, A5-400 Series

Plaster / Stucco / EIFS:

Satin Finish

Primer: Loxon Concrete & Masonry Primer Sealer, A24W8300
1st coat: A-100 Exterior Latex Satin, A82 Series
2nd coat: A-100 Exterior Latex Satin, A82 Series

Flat Finish

Primer: Loxon Concrete & Masonry Primer Sealer, A24W8300
1st coat: A-100 Exterior Latex Flat, A6 Series
2nd coat: A-100 Exterior Latex Flat, A6 Series

Flat Finish — **High Build Coating**

1st coat: Loxon XP Waterproofing Coating, A24-1400 Series
2nd coat: Loxon XP Waterproofing Coating, A24-1400 Series

Wood:

Gloss Finish

Primer: Exterior Latex Wood Primer, B42W8041
1st coat: A-100 Exterior Latex Gloss, A8 Series
2nd coat: A-100 Exterior Latex Gloss, A8 Series

Satin Finish

Primer: Exterior Latex Wood Primer, B42W8041
1st coat: A-100 Exterior Latex Satin, A82 Series
2nd coat: A-100 Exterior Latex Satin, A82 Series

Ferrous Metals:

Gloss — High Performance Finish

- Primer:** Pro Industrial Pro-Cryl Universal Primer, B66-310 Series
1st coat: Waterbased Acrolon® 100 Polyurethane Gloss, B65-720 Series
2nd coat: Waterbased Acrolon 100 Polyurethane Gloss, B65-720 Series

Semi-Gloss Finish

- Primer:** Pro Industrial® Pro-Cryl® Universal Primer, B66-310 Series
1st coat: Pro Industrial Acrylic Semi-Gloss, B66-650 Series
2nd coat: Pro Industrial Acrylic Semi-Gloss, B66-650 Series

Non-Ferrous Metals:

Gloss — High Performance Finish

- Primer:** Pro Industrial Pro-Cryl Universal Primer, B66-310 Series
1st coat: Waterbased Acrolon® 100 Polyurethane Gloss, B65-720 Series
2nd coat: Waterbased Acrolon 100 Polyurethane Gloss, B65-720 Series

Semi-Gloss Finish

- Primer:** Pro Industrial Pro-Cryl Universal Primer, B66-310 Series
1st coat: Pro Industrial Acrylic Semi-Gloss, B66-650 Series
2nd coat: Pro Industrial Acrylic Semi-Gloss, B66-650 Series





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