

## Health Status Indicators

	VT 2018	District Trend	Most Recent District % <sup>^</sup>	Estimated # of Adults in District <sup>**</sup>
Have Personal Health Care Provider	86%		86%	29,000
Have Health Insurance, Ages 18-64	92%		89%	22,000
General Health Status is Fair or Poor	14%		12%	4,000
Poor Physical Health	12%		11%	4,000
Poor Mental Health	12%		11%	4,000
Did Not Visit Doctor Due to Cost	8%		9%	3,000

## Preventative Behaviors and Health Screening

	VT 2018	District Trend	Most Recent District % <sup>^</sup>	Estimated # of Adults in District <sup>**</sup>
Routine Doctor Visit, in Last Year	76%		78%	26,000
Cholesterol Screened, in Last Five Years <sup>*^</sup>	83%		77%	25,000
Dental Visit in Last Year <sup>*^</sup>	73%		66%	21,000
Met Physical Activity Recommendations <sup>*^</sup>	60%		61%	18,000
Ever Tested for HIV	38%		39%	12,000
Colorectal Cancer Screening, Ages 50-75 <sup>*^</sup>	71%		75%	11,000
Cervical Cancer Screening, Women 21-65 <sup>*^</sup>	86%		91%	10,000
2+ Daily Fruit Servings <sup>*^</sup>	32%		34%	10,000
Met Strength Building Recommendations <sup>^</sup>	31%		31%	9,000
Pneumococcal Vaccine, Ever, Ages 65+	75%		81%	6,000
Breast Cancer Screening, Women 50-74 <sup>*^</sup>	77%		73%	6,000
Any Teeth Extracted, Ages 45-64 <sup>^</sup>	48%		48%	6,000
5+ Daily Fruit & Vegetable Servings <sup>*^</sup>	20%		23%	6,000
3+ Daily Vegetable Servings <sup>*^</sup>	20%		22%	6,000
Flu Shot in the Last Year, Ages 65+	54%		59%	5,000
Feel Community is Not Safe for Walking <sup>^</sup>	9%		4%	1,000

■ Statistically different from Vermont ◆ No Change ● Measure moving in right direction ● Measure moving in wrong direction

\*Percent is age-adjusted to the U.S. 2000 population.

\*\*Estimated counts are rounded to the nearest thousand and not age-adjusted.

<sup>^</sup> Measures with data years other than 2017-2018. See [District Profile – Methodology](#) for details.

N/A = Value suppressed because sample size is too small or relative standard error (RSE) is >30.

# White River Junction District Profile – Adult Health

Risk Behaviors	VT 2018	District Trend	Most Recent District % <sup>^</sup>	Estimated # of Adults in District**
No Leisure Time Physical Activity*	18%		21%	7,000
Binge Drinking	17%		18%	6,000
Marijuana Use	17%		16%	5,000
Cigarette Smoking* Made Quit Attempt in Last Year*	15%		15%	5,000
Adverse Childhood Experiences, Four or More <sup>^</sup>	57%		65%	3,000
Heavy Drinking	14%		14%	5,000
Prescription Drug Misuse, Ever <sup>^</sup>	8%		9%	3,000
Smokeless Tobacco Use	8%		7%	2,000
E-Cigarette Use <sup>^</sup>	3%		3%	1,000
			'16-'17: N/A	
<b>Disease Prevalence</b>				
High Cholesterol <sup>^</sup>	28%		35%	10,000
Arthritis	28%		31%	10,000
Overweight, Ages 20+*	33%		30%	10,000
Hypertension* <sup>^</sup>	25%		23%	10,000
Obese, Ages 20+*	29%		25%	8,000
Depressive Disorder	21%		21%	7,000
Asthma, Current Diagnosis	12%		12%	4,000
Falls in Last Year, Ages 65+ <sup>^</sup>	33%		33%	3,000
Non-Skin Cancer Diagnosis	8%		9%	3,000
Diabetes	9%		8%	3,000
Cardiovascular Disease	8%		8%	3,000
Skin Cancer Diagnosis	7%		8%	3,000
Chronic Obstructive Pulmonary Disease	6%		6%	2,000
<b>Select Demographics</b>				
Ages 65+	24%		25%	9,000
Any Disability	24%		21%	7,000
LGBT <sup>^</sup>	9%		7%	2,000

2011-2012  
2012-2013  
2013-2014  
2014-2015  
2015-2016  
2016-2017  
2017-2018



Data points in the trend line are aggregated with two years of data.

For more information on methodology, and data years for specific measures, see [District Profile – Methodology](#).

For more information about Vermont towns in White River Junction Health District, please visit [www.healthvermont.gov/local/white-river-junction](http://www.healthvermont.gov/local/white-river-junction).