

Example 1

Curriculum Vitae

Amanda Fitzberg

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Education Humboldt State University (HSU), Arcata, CA

Bachelor of Arts Degree in **Psychology**, December 2008 **Leadership Studies** Coursework Major GPA: 3.66

Career Center Experience **Humboldt State University Career Center**

Internship Peer Advisor (IPA)

Arcata, CA

Aug. 2007- Present

Presentations

Presented 19 workshops and 10 academic class presentations to over 300 students on how to research internships, develop self-marketing tools and in promotion of the Career Center and IPA program.

Resource Development

Developed print and web resources for students in specific topics such as; resume writing, how to find career-related experience in social advocacy, with animals, in law and theatre therapy.

Counseling

Conducted 50 one-on-one appointments with fellow students to help them research internships, encourage them to find internships, create resumes, cover letters and network with potential employers.

New Student Programming

Humboldt Orientation Program (HOP)

Operations Leader Cabinet Member Orientation Counselor Arcata, CA

Nov. 2007- Oct. 2008 Oct. 2006- Oct. 2007 Summer 2005- Spring 2009

Counseling

Counseled students about their course schedule and aided them through the computer course registration process. Taught over 300 students one-on-on and in groups about Humboldt State University and degree requirements.

Programming

Coordinated all social programming for new students during the summer, including an end of the summer concert. Worked with a social programming budget of \$3000 to entertain over 1800 people throughout 5 summer orientation sessions. Booked musical Entertain-ment, designed room layouts, managed staff and delegated staff duties during the events. Reserved and coordinated the usage of over 160 large event spaces and rooms on campus for 6 orientation sessions during summer 2008. Planned and implemented a staff banquet for 36 people.

Hiring

Hired 33 people to counsel seven orientation sessions during the 2008 spring & summerthrough reviewing each candidate's resume & cover letter, and by conducting both group and individual interviews. Hired 4 cabinet members to assist during the 2007-2008 year.

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New Student • Fundraising (cont.)

Programming Contacted local businesses to collect donations for drawings at social programs. Co-planned and volunteered for fundraising events to raise money for 7 people to attend the National Orientation Directors Association. Fundraising events included selling coffee at football games and selling desserts in the university quad.

Training

Co-taught a training course during the spring semester for potential counselors about the University and degree requirements; in addition to providing social justice and group dynamic education. Graded assignments and co-created curriculum for students. Co-coordinated a 2-day training retreat for 40 members of HOP. Organized a day long staff orientation to complete necessary employee paperwork and to have staff media trained.

Residence Life Experience

Humboldt State University Housing Arcata, CA

President, Residence Hall Association May 2006- May 2007 Chair, Legislative & Advocacy Board May 2005- May 2006 **Chair, Residence Programming Board** May 2005- May 2006 **Vice President Residence Hall Association** May 2005- May 2006 Vice President, Hill Council Nov. 2004- May 2005

Programming

Coordinated and planned a \$500 carnival, coordinated RHA week consisting of a social program daily in a different residence hall area, chaired the programming board which implemented 12 programs throughout the year and allocated to designated programmers. Acted as liaison between Directors of Dining and Housing for programming purposes.

Group Facilitation

Facilitated weekly meetings as chair and president of councils ranging from 6-25 members; created agendas and led meetings though the use of parliamentary procedure.

Training

Created print resources for executive council members in 10 RHA councils, organized 2 day long training retreats for council members. Trained members in how to increase resident involvement, use of parliamentary procedure, marketing, social programming, executive member duties, how to write legislation and understand the council's constitutions.

Marketing

Created a newspaper to advertise RHA week that went to 1300 residents, created posters, table tents, handouts and flyers to advertise social events and council meetings throughout the year.

Research Experience

"Virtual Communication" - Pilot Study

Senior Project Course, Fall 2008, Humboldt State University

"MvSpace"

Culture Course, Fall 2008, Humboldt State University

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Research Experience "Family Structure in Contemporary USA"

xperience: (cont.) Social Problems Course, Summer 2007, West Hills Community College

"Child Care for Children 10 Years & Older"

Changing Family Course, Spring 2007, Humboldt State University

Associated

Humboldt State University

Arcata, CA

Students Experience

College of Professional Studies Representative

May 2006- Dec. 2006

Met with Dean of the College to discuss improvements for communication between administration and students. Designed a peer advisor program for major advising. Acted as liaison between Film Festival

Program and Associated Students.

University Committees

University

Humboldt State

- University Center Board of Directors, Aug. 2005- May 2008
- Program and Facilities Advisory Committee, Aug. 2007- May 2008
- Commercial Services Committee, Aug. 2006- May 2007
- Student Fee Advisory Committee, Sept. 2006- May 2008
- Finance Committee, Aug. 2005- May 2006

Business Experience **United Systems**

New York, NY

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Human Resources Intern

Summer 2007

Qualified leads for sales, trained in Salesforce software, sourced for qualified candidates, interviewed candidates, wrote & posted job descriptions; put together fax broadcasts for marketing.

Conference Presentations Pacific Affiliate College & University Residence Halls

Nov. 2006

Central Washington University

Ellensburg, WA

"How can we make our Residence Hall Association better?"

Facilitated a round table discussion about issues that concern residence hall associations; issues such as, resident involvement, parliamentary procedure, event planning, event marketing, etc.

North Coast Education Summit Feb. 2006 Humboldt State University Arcata, CA

"What's Wrong With You?"

Presented a full sensory experiential workshop where participants learned about issues surrounding depression, anxiety, stress, self-image and learning disabilities among students.

Pacific Affiliate College & University Residence Halls Nov. 2005 San Jose State University San Jose, CA

"Effective Marketing"

Presented a workshop on how to encourage more residence involvement in programming and how to effectively advertise.

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Conference Pacific Affiliate College & University Residence Halls Nov. 2004 Presentations

Humboldt State University Arcata, CA

(cont.) "Ho'olaule'a"

Co-Presented on how to put on the Hawaii & Native American Cultural Program called Ho'olaule'a in

their residence hall.

Training **Humboldt State** University

Asset-Based Community Development, Fall 2008

Social Justice Summit, Spring 2008 & 2009

- Diversity Conference, Spring 2005, 2006 & 2007
- Act to End Sexualized Violence, Spring 2007
- Leaderships Conference, Fall 2004 & 2005

Performing **Run-a-Muck Productions**

> Arts **Actress/Co-Director** Aug. 2005 & Aug. 2006

Acted in and co-directed two 90-minute plays with 10 other performers and stage crew for two single evening showings.

Pasadena, CA

Drumline/Colorguard Walnut, CA

Performer Mar. 2001- May 2004

Played marimba, xylophone, bells and base #1 in Drumline. Co-Captained Colorguard for one year and performed in over 30 field shows and 40 competitions around California and Nevada for the Verdugo Hills High School (VHHS) Marching Band.

Drama Club Play Production Walnut, CA

Set Builder Sept. 2002- Dec. 2003

Built sets for three plays at VHHS over the course of 1 ½ years and made sure props were accounted for before the shows.

- Awards Michael Wilcoxen Chapter of the National Residence Hall Honorary, Fall 2006 Awarded to top 1 percent of all HSU residents
 - Governor's Scholar, 2001 & 2002 Awarded for science and math achievement

- Customer Old Navy, Cashier, Hundred Oaks, CA (May 2005- Jul. 2005)
 - Service Staples, Cashier, Eastlake Village, CA (Summers 2005 & 2006)
 - Seven Hills Café, Manager, Walnut, CA (Feb. 2004-Aug. 2004