



BlueCare Dental Enhanced BenefitSM

Enhanced Dental Benefits for Special Health Issues



Do you have heart disease or diabetes? Or are you pregnant? Poor dental health can complicate these conditions...and evidence shows that unmanaged diabetes can also worsen an existing periodontal condition. Blue Cross and Blue Shield of New Mexico (BCBSNM) offers additional dental benefits that can keep you healthier and reduce your overall health care costs by lowering the chance of more serious complications.

What Does the Program Offer?

The program helps reduce financial barriers to receiving additional dental care. If you have heart disease, diabetes or are pregnant, the Enhanced Benefit program offers an additional one of the following after your regular benefits have been used:

ROUTINE CLEANING		PERIODONTAL MAINTENANCE CLEANING
PERIODONTAL SCALING AND ROOT PLANING		SIMPLE DENTAL SERVICES CAN HELP MANAGE YOUR MEDICAL CONDITION AND SAVE MONEY, TOO.

BlueCare Dental ConnectionSM

The Enhanced Benefit program works with BlueCare Dental Connection, providing tips and information to help you learn about dental health.

BlueCare Dental Connection provides:

- Targeted mailings/emails to teach you about the link between gum disease and other health problems
- 24/7 use of the online Dental Wellness Center[®], which provides facts and tools to help you learn about oral care*

To access the Dental Wellness Center, log in to Blue Access for MembersSM at **bcbsnm.com** and click on the **My Health** tab.

The Dental Wellness Center lets you:

- Ask dental questions through **Ask a Dentist**
- Find a dentist using **Provider Finder[®]**
- Search the **Dental Dictionary** to find the definitions of common dental terms

Call the number on the back of your ID card to learn more about the BlueCare Dental Enhanced Benefit program.

*The Dental Wellness Center is a service provided by Dental Network of America, a separate and independent company from Blue Cross and Blue Shield of New Mexico. Dental Network of America is solely responsible for the products or services it offers.