

COACHING (COA)

COA 405 - Advanced Concepts in Coaching. 3 Credits.

Prereq., junior or senior undergraduate status or graduate status. This class will introduce students to a solid foundation in coaching to include: coaching theories, competitive coaching strategies, training methods and techniques. This course will cover the requirements for the bronze level of the American Sport Education Program (ASEP). Course graded credit/no credit or for a letter grade. The class is appropriate for coaches at all levels but will focus on basic skills of coaching for youth through high school. Level: Undergraduate-Graduate

COA 494 - Workshop. 1-6 Credits.

(R-6) Special courses experimental in nature dealing with a relatively narrow, specialized topic of particular current interest. Credit not allowed toward a graduate degree. Level: Undergraduate