



CAREER TRACK: MARRIAGE, COUPLE, AND FAMILY THERAPY

“Marriage and Family Therapists (MFTs) are mental health professionals trained in psychotherapy and family systems, and licensed to diagnose and treat mental and emotional disorders within the context of marriage, couples, and family systems.”
 ~ American Association for Marriage and Family Therapy

Suggested 4-Year Plan

Year 1 (32 credit hours)

Fall Semester (16 credit hours)

UK Core: Composition & Communication I (elective)
 UK Core: Natural, Physical, and Mathematical Sciences (elective)
 SOC 101: Introduction to Sociology
 PHI 120: Introduction to Logic
 GEN 100: Issues in Agriculture, Food, and Environment
 UK 101: Academic Orientation

Spring Semester (16 credit hours)

UK Core: Composition & Communication II (elective)
 UK Core: Humanities (elective)
 UK Core: Arts and Creativity (elective)
 PSY 100: Introduction to Psychology
 DHN 101: Human Nutrition and Wellness

Year 2 (30 credit hours)

Fall Semester (15 credit hours)

ECO 201: Principles of Economics I
 FAM 252: Introduction to Relationships, Marriages, & Families
 FAM 253: Human Sexuality
 FAM 254: Life Course Human Development
 Professional Support^a

Spring Semester (15 credit hours)

STA 210: Introduction to Statistical Reasoning
 COM 252: Introduction to Interpersonal Communication
 FAM 250: Dating and Long-term Romantic Relationships
 FAM 251: Personal and Family Finance
 FAM 360: Introduction to Family Intervention

Year 3 (30 credit hours)

Fall Semester (15 credit hours)

UK Core: Global Dynamics (elective)
 FAM 354: Contemporary Family Diversity
 Upper-Level Elective^b
 Professional Support^a
 Free Elective

Spring Semester (15 credit hours)

FAM 390: Introduction to Research Methods
 FAM 473: Family Life Education
 Upper-Level Elective^b
 Professional Support^a
 Professional Support^a

Year 4 (28 credit hours)

Fall Semester (13 credit hours)

FAM 357: Adolescent Development
 FAM 497: Pre-internship in Family Sciences
 Professional Support^a
 Professional Support^a
 Upper-Level Elective^b

Spring Semester (15 credit hours)

FAM 499: Internship in Family Sciences
 Professional Support^a
 Upper-Level Elective^b
 Upper-Level Elective^b
 Free Elective

Note. UK requires a minimum of 120 credit hours, including a minimum of 45 upper-level courses (i.e., those numbered 300 or higher) to graduate. FAM majors satisfy UK’s graduation composition and communication requirement (GCCR) by the combination of FAM 357, FAM 360, and FAM 390.

^a**Professional Support Suggestions:** Minor in communication, psychology, or sociology.

^b**Upper-Level Elective Suggestions**

- A-E 515: Introduction to Art Therapy
- CED 520: Foundations of Professional Counseling
- CED 530: Social and Cultural Foundations of Counseling
- CED 540: Addiction and Substance Use Counseling
- COM 313: Interpersonal Communication in Close Relationships
- COM 314: The Dark Side of Interpersonal Comm. and Relationships
- COM 317: Communication in Family and Marital Relationships
- FAM 473: Family Life Education
- FAM 502: Families and Children Under Stress
- KHP 576: LGBTQ* Health Promotion
- PSY 311: Learning and Cognition
- PSY 312: Brain and Behavior
- PSY 313: Personality and Individual Differences
- PSY 314: Social Psychology and Cultural Processes
- PSY 323: Developmental Psychology
- PSY 331: Psychology of Adjustment
- PSY 333: Abnormal Psychology
- SOC 334: Sociology of Families
- SOC 335: Sociology of Gender
- SOC 338: Family Violence
- SOC 432: Race and Ethnic Relations
- SW 519: Understanding Intimate Partner Violence

Current UK students: Please login to myUK.uky.edu to access your personalized major map and degree audit via the Graduation Planning System (GPS). This major map is the suggested curriculum map for completion of the degree program and positioning yourself for the identified career track for those beginning college-level coursework; it is not a personalized audit based on your completed coursework.