



Race and Equity
List of Topic Areas

- Self-Knowledge, Self-Awareness, and Reflective Practice

- Culturally-specific strengths and resources that aid in recovery
 - Including a discussion of recovery capital
 - Awareness of and caution to not reinforce any stereotyping bias

- Culturally-specific barriers and risks (awareness and how to address)
 - Systemic/structural inequities
 - Intersectionality
 - Implicit bias and microaggressions
 - Historical, intergenerational, collective, and migration trauma
 - “War on drugs” failures

- Evidence-based culturally responsive care
 - Evidence-based approaches tested with racially diverse populations
 - Adapting evidence-based approaches to be responsive to individual, family, and community culture and context
 - Model programs

- Cultivating and sustaining diverse organizations
 - Hiring, supporting, retaining, and promoting diverse teams

- The above list is not comprehensive, but is to provide guidance on racially equitable and culturally responsive knowledge, skills and practices for a counselor to obtain.

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Race and Equity
List of Possible Sources of Trainings

- National Association of Social Workers
See website's list of continuing education under Racial Justice Training
<https://www.socialworkers.org/Practice/Ethnicity-Race/Racial-Justice/Training>
- Netsmart
Cultural Competence: The Immigrant Experience, Ethnicity and Families
<https://www.mylearningpointe.com/StoreViewDetail.asp?SID=&cID=1892512&bID=0&rootClassId=0>
- Netsmart
Cultural Competence: The Immigrant Experience, The Impact of Migration on Families
<https://www.mylearningpointe.com/StoreViewDetail.asp?SID=&cID=1892531&bID=0&rootClassId=0>
- Relias Academy
Understanding and Addressing Racial Trauma in Behavioral Health
<https://reliasacademy.com/rls/store/browse/productDetailSingleSku.jsp?&productId=c1110646>
- Southeast ATTC
See website for possible upcoming events/courses
<https://attcnetwork.org/centers/southeast-attc/home>
- US Department of Health & Human Services
Improving Cultural Competency for Behavioral Health Professionals
<https://thinkculturalhealth.hhs.gov/education/behavioral-health>
- University of Illinois Chicago
See website for possible upcoming events/courses
<https://socialwork.uic.edu/community-impact/training-institute-for-school-social-work-professionals/>

- The above list of sources of trainings is not comprehensive or mandatory. It has been developed as a resource for possible options to obtain the race and equity education hours. The Illinois Certification Board will continue to research other available sources to add to the list for applicants.

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