



**DSCYF**  
Department of Services for  
Children, Youth & Their Families

**PREVENTION & BEHAVIORAL  
HEALTH SERVICES**

**Boys & Girls Clubs of Delaware, Milford, Laurel and Western Sussex locations**

Ages 8 to 17

Tuesday to Thursday, 4-7 p.m. Teen Nights Friday, 7-10 p.m.

Triple Play: Mind, Body & Soul program. Youth will engage in structured, recreational prosocial activities, healthy habits (Fit4All- yoga, meditation, dance). Teen workforce development program (Wowzers!). EBP SMART Moves: Nicotine Module to be incorporated into programming.

Call 302-382-3416 or email [shiraesave@bgclubs.org](mailto:shiraesave@bgclubs.org).

**Center for Structural Equity, Wilmington**

Ages 17 and younger

Monday to Friday, 8 a.m. to 8 p.m. (One Friday a month, open until 10 p.m.)

Youth Empowerment Solutions (YES) program empowers youth to make positive change in their communities by providing opportunities for meaningful involvement in preventing youth violence and creating community change. Live Respect Delaware A Call to Men's Live Respect curriculum. This gender-specific, evidence-informed program is designed to decrease dating violence, sexual assault and bullying. The program also utilizes Botvin Life Skills Training, substance use prevention EBP.

Call 302-476-8902 or email [darrylchambers@structuralequity.org](mailto:darrylchambers@structuralequity.org)

**Christina Cultural Arts Center, Wilmington**

Ages 9 to 14

Monday to Thursday, 3 to 7 p.m. Summer program June-July

"Heart Under the Hoodie" Youth Violence Prevention Program, links Urban Improv with evidence-based school drama program. Incorporates yoga, mindfulness, music, dance, academic enrichment and art into the program.

Call 302-652-0101x234 or email [sedwards@ccacde.org](mailto:sedwards@ccacde.org)

**Cause the World, North Wilmington**

Ages 14 to 17

Monday to Thursday, 3 to 6 p.m. and occasional weekends

Digital media production. Certified Prevention Specialists to deliver evidence-based substance use prevention program (Botvin, LionsQuest or Too Good for Drugs). Community service projects, creation of PSAs focusing on prevention messaging.

Call 215-593-7713 or email [scott@causetheworld.com](mailto:scott@causetheworld.com)

**Duffy's Hope, Inc., Wilmington**

Ages 13 to 17

Monday, Wednesday and Thursday, 5 to 8 p.m. Second Saturday of the month from 9 a.m. to 1 p.m.

Ambassador Mentoring and Prevention Program utilizing the Phoenix Curriculum Gang Prevention Program and Trauma Awareness Suicide Prevention Program (TASP). Employment skills, college prep and career success. Summer basketball league.

Call 302-652-3532 or email [duffyshopeinc@verizon.net](mailto:duffyshopeinc@verizon.net)

### **Inner City Cultural League, Dover**

Ages 3<sup>rd</sup> to 12<sup>th</sup> grades

Monday through Wednesday, 2:30 to 8 p.m. and the first Friday of the month. Special events on Saturdays.

EBPs: Botvin Life Skills, Too Good for Drugs and Violence. Homework help, community service activities, family engagement, American Lung Association Vaping prevention, community outreach to families residing in local hotels.

Call 302-883-2180 or email [sanicaaf@comcast.net](mailto:sanicaaf@comcast.net)

### **Kingswood Community Center, Inc., Wilmington**

Ages 5 to 17

Weekdays, 3 to 7 p.m. Teens (ages 13 to 17) from 7 to 9 p.m. on weekdays at Teen Warehouse. Twice-monthly teen nights on Saturdays.

EBP: Too Good for Drugs and Violence. Academic enrichment, sports and recreation, arts (music, dance, crafts, fine arts), field trips and outings. Program will train teens from TWH to work with youth at Kingswood and deliver programming.

Call 302-764-9022 or email [jbieber@kgwcc.org](mailto:jbieber@kgwcc.org)

### **Latin American Community Center, Wilmington**

Ages middle and high school

Monday to Friday, 5:30 to 8 p.m. One Saturday a month, 10 a.m. to 4 p.m.

Youth Achievement Center incorporates the EBP, Too Good for Drugs and Violence. Academic achievement, leadership development, health and wellness for Hispanic students.

Call 302-655-7338 or email [Wburgos-rincon@thelatincenter.org](mailto:Wburgos-rincon@thelatincenter.org)

### **PAL - Delaware City**

Ages 5<sup>th</sup> to 8<sup>th</sup> grades

Monday to Friday, 2:30 to 7 p.m. Two Fridays a month until 10 p.m. Two Saturdays a month, 6 to 10 p.m.

SAVE Program: Suicide and Violence Education Program and STEAAAM: Science, Technology, Engineering, Athletics, Arts, Agriculture and Math

Call 302-382-0451 or email [Alexa.vari@palde.org](mailto:Alexa.vari@palde.org)

### **PAL - New Castle**

Ages 8 to 17

Monday to Friday, 2:30 to 6 p.m. Two Fridays and two Saturdays a month, 6 to 10 p.m.

SAVE Program: Suicide and Violence Education Program (Committee for Children), Growing Leaders Habitudes, National Crime Prevention Council- McGruff and Community Works. Homework assistance, STEAM, mindfulness (certified "Kidding Around Yoga" instructor), recreation

Call 302-382-0451 or email [Alexa.vari@palde.org](mailto:Alexa.vari@palde.org)

### **PAL – Wilmington**

Ages 10 to 18

Monday to Friday, 3:30 to 7:45 p.m. Monthly five-hour sessions on Saturdays. Two Friday night sessions per month, 8 to 11 p.m.

LifeSAVERS program: incorporates EBPs: Botvin Life Skills (substance misuse prevention), Second Step (SEL) also offer homework help, STEM, art, cultural enrichment, suicide and violence prevention and recreational activities.

Call 302-764-6170 or email [Joel.harris@palw.org](mailto:Joel.harris@palw.org)

### **Pathways of Delaware, Wilmington**

Ages 12 to 17

Monday, Wednesday and Friday, noon to 5 p.m. One Saturday per month, 10 a.m. to 2 p.m.

Utilizes EBPs: Coaching Boys Into Men (CBIM- Wilm) and Phoenix Gang Prevention. IM40 Developmental Assets. Programs focus on violence and gang prevention. Sports, drumming, dance, Rites of Passage programs (gender specific), academic enrichment and pathways to employment. Substance misuse groups to be offered to participants by clinical staff.

Call 302-573-5073 or email [Coley.harris@pathways.com](mailto:Coley.harris@pathways.com)

### **Pathways of Delaware, Dover**

Ages 12 to 17

Tuesday and Thursday, 3 to 6 p.m.

Utilizes EBPs: Youth Empowerment Solutions (Dover) and Phoenix Gang Prevention. IM40 Developmental Assets. Programs focus on violence and gang prevention. Sports, drumming, dance, Rites of Passage programs (gender specific), academic enrichment and pathways to employment.

Substance misuse groups to be offered to participants by clinical staff.

Call 302-573-5073 or email [Coley.harris@pathways.com](mailto:Coley.harris@pathways.com)

### **University of Delaware, Newark**

Ages 6<sup>th</sup> to 8<sup>th</sup> grades

Monday to Thursday, 2 to 5 p.m. Summer, two weeks

Incorporated EBP< Botvin Life Skills Training (substance abuse prevention), Kickin Nutrition and mindfulness education into Kirk's afterschool program. Program supports academic and social/emotional skills and enhances tech skills (robotics, media arts, computer science), offers photography, STEAM, Civic engagement opportunities.

Call 302-831-3634 or email [amlutz@udel.edu](mailto:amlutz@udel.edu)

### **West End Neighborhood House, Wilmington**

Ages 13 to 17

Monday through Friday, 9 a.m. to 5 p.m. in July and August

Too Good for Drugs and Violence. Botvin Life Skills Training. Family engagement (open houses, monthly workshops, parent nights and podcasts), Chill out zones, on-site MH screening and counseling, Youth Leadership groups, Homework assistance and tutoring, College and Career Club, Field trips, community awareness activities (suicide and violence prevention, engagement at local sporting events), Launcher Entrepreneurship program, multiple partnerships to provide other activities and opportunities to youth.

Call 302-658-4171x177 or email [wdavis@westendnh.org](mailto:wdavis@westendnh.org)

**YMCA - Sussex Family, Rehoboth**

Teen program

Monday to Thursday, 10 a.m. to 3 p.m.

Utilizes EBP: SPORT PPW. Focus on Substance misuse prevention, health/wellness, goal setting. Summer: teen leadership program, community service

Call 302-571-6962 or email [mclements@ymcade.org](mailto:mclements@ymcade.org)

**YWCA Delaware, Inc., statewide**

Ages 11 to 17

Programs and times vary.

YW Girl, ESTEEM, Teen Dating Violence and Consent, YW Leaders programs. Focus on Middle and High School aged females on dating violence, promoting healthy relationships, SEL, college/career readiness and building self-esteem/positive self-image. Specifically work with homeless youth in their Home Life Management Center.

Call 302-65-0039 x234 or email [MJohnson@ywcade.org](mailto:MJohnson@ywcade.org)